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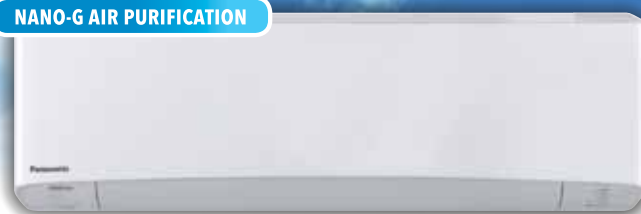


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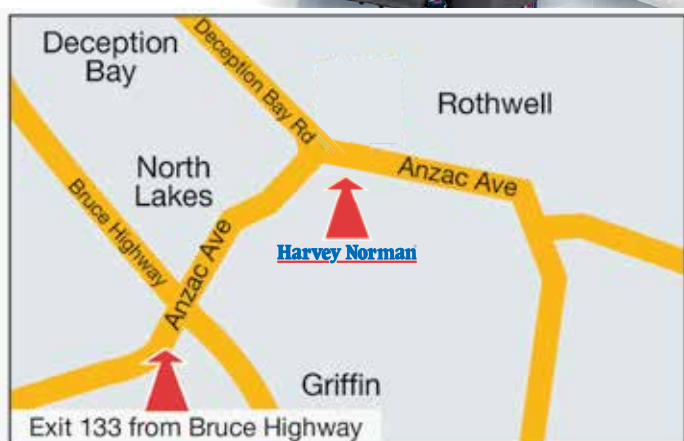
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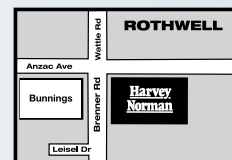
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MATT PRESTON COOKS FOR NORTH LAKES

Television and food writing celebrity Matt Preston visited IKEA North Lakes on Valentine's Day for an intimate kitchen and cooking workshop, kicking off a nation wide tour.

12 months in the planning, the Masterchef judge shared his passion for food and simplifying kitchen tricks with IKEA Family members.

The workshop began with Mr Preston encouraging those in attendance to get to know the people near them by introducing themselves and sharing their food passion.

Alongside classically trained chef and sidekick Warren Mendes, Mr Preston showed us how to create three dishes using IKEA's Swedish Market ingredients (including those famous meatballs) and common supermarket produce to create menu that fused Swedish flavours, with flourishes of Mexican, Italian and Vietnamese.

Mr Preston's three dishes were a simple bolognese sauce, an ice cream sandwich using IKEA's iconic cinnamon scrolls, and a Mexican style meatball taco with scorched corn salsa. Everyone in the packed room tried the meatball taco, even

the Messenger, and can attest it was a delicious symphony of flavours in a handheld meal. The recipe for Mr Preston's meatball taco is available online (details below).

Suggesting that all dishes created in this workshop were simple enough for kids to make, Mr Preston was a charming and funny host, stopping to take selfies and chat briefly with literally everyone in the crowd, before joining IKEA staff for lunch.

For the workshop, the team partnered with Foodbank, an organisation aiming to eradicate food waste by re-resourcing the food industry's surplus food and making up shortfalls in the welfare sector. You can read about what the good people at Foodbank do here: www.foodbank.org.au

Mr Preston is touring all of IKEA's Australian stores so if you missed out and don't mind the drive to Logan, keep an eye on www.ikea.com/au for those details (date TBA).

Mr Preston has released the recipe for meatball tacos. You can try it for yourself by following the simple steps at www.ikea.com/au/MattPreston

VIP Guests Sandy and Hayley



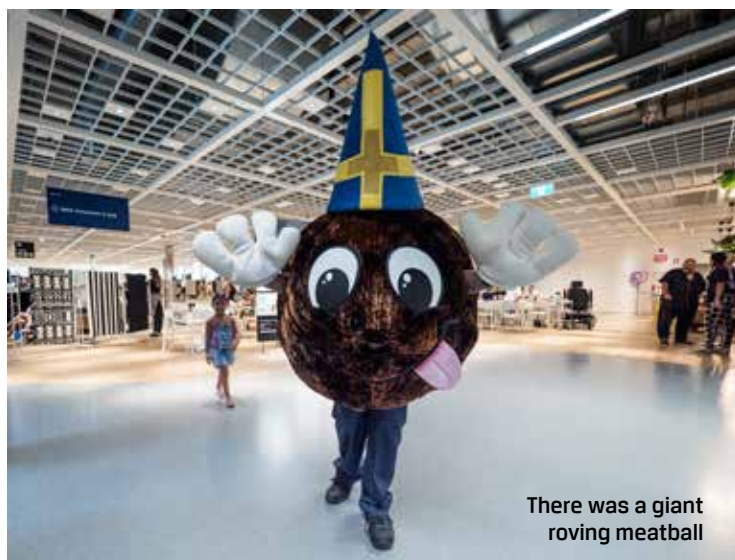
Even with simple food, balancing of flavours is key



IKEA® × Matt Preston



Everyone in the room
tried Mr Preston's
meatball taco



There was a giant
roving meatball



Guests were
encourage d to
interact during
the informal
workshop



Mr Preston was
gracious about meeting
every guest in the room



PICNIC IN THE GREAT INDOORS

LOVE PICNICS BUT NOT A FAN OF THE GREAT OUTDOORS?

If you love picnics but hate sand, grass and other elements that come to dining outdoors or at the beach, Cabana Bar, Kitchen + Garden at Redcliffe has you covered.

Their freshly launched picnics for two, include a styled picnic set up with a low set table, over a rug, assorted cushions for comfort and floral table centrepiece. Perfect for hens parties, romantic lunches, birthdays or baby showers.

Catch up with friends over grazing foods served to table will include soft and hard cheeses, gourmet dip, cured meats, grilled vegetables and flatbread as well as cheese and truffle arancini and tomato bruschetta. Includes a bottle of sparkling water and a bottle of sparkling to share.

There is no cleaning, carrying picnic baskets, or organising needed!

Packages start from \$100pp Contact events@monkomohotel.com.au or 3284 6520 to book.

PHOTOGRAPHY MASTERCLASS AT REDCLIFFE

Have you ever wondered what those other settings on your camera are used for? If you want to find out you can join professional photographer Mark Rayner for an in-depth introduction to SLR photography at the Cultivate the Arts Masterclass: Photography with Mark Rayner this Saturday at the Redcliffe Art Gallery.

Running from 9.30am - 4pm, Saturday 23 February 2019 guests will enjoy a trek along Humpybong

Creek, testing test out new skills and camera functions before returning to the classroom for a basic introduction to editing your captured images.

Participants will need their own camera capable of adjusting manual settings like aperture, shutter speed/ISO), their camera manual and spare batteries and practical outdoor walking items such as bottled water, hat, sunglasses, comfortable shoes and sunscreen.

The event costs \$20 and will meet and conclude at the Redcliffe Art Gallery. Bookings are essential. Phone: 07 5433 3811.

TOUGHER SENTENCES FOR CONVICTED KILLERS

Criminals who kill will face harsher sentences, if convicted, under new state government legislation to be introduced to Parliament this week.

The *Criminal Code and Other Legislation Amendment Bill 2019* would expand the definition of murder and provide greater protection for Queenslanders and in particular child killers.

The Bill will add an aggravating factor to manslaughter of a child under 12 which will effectively lengthen sentences and increases the maximum penalty for providing the necessities of life to someone in your care.

DRUG TESTING ON OUR WATERWAYS

Last week a trial of on-water drug testing and enforcement was announced by the Queensland Police Service.

While on water drug testing has been undertaken during joint operations with the Road Policing Unit



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BRIEFS

since 2010, the QPS trial aims to provide Water Police with the equipment, training and capacity to undertake their own on-water drug testing independent of these joint operations.

Officer in Charge of Water Police Brisbane, Senior Sergeant David Edden said this trial would increase the effectiveness of crime prevention in Queensland, as well as improving safety on the waterways and open sea.

"Alcohol and drugs potentially increase the risk of you having a marine incident, and with this new Water Police capability to test in more places more often, drug drivers of vessels will be caught," Senior Sergeant Edden said.

KIDS DISCOVER THE NATURAL WORLD

Local children are encouraged to unplug and roam free in the wild with Moreton Bay's free 2019 Wild Kids program, kicking off on 23 February at Kumbartcho Sanctuary, Eatons Hill.

"Facilitated by Journey Outdoors in Nature, kids between the age of 4 and 14 will have the opportunity to discover the natural world," Council's Lifestyle and Amenity Spokesperson Denise Sims said.

"This is a fantastic way to get kids from behind the screens to the outdoors to discover our beautiful natural assets.

"Interacting with natural environments is not only a great way for children to get outside, it's also a great way to learn valuable skills including creativity and problem solving.

"If you are curious about all things nature then I

encourage you to join in all the fun at these outdoor workshops.

The program is free and runs through to November. Details of the program for the first six months are included below.

Bookings are required and budding environmentalists can book in for as many sessions as they'd like.

There are five Wild Kids event planned:

- 23 February 2019, 9.30am to 11.30am - Kumbartcho Sanctuary, 15 Bunya Pine Court, Eatons Hill
- 23 March 2019, 9.30am to 11.30am - Caboolture Region Environmental Education Centre (CREEC), 150 Rowley Road, Burpengary
- 12 April 2019, 9.30am to 11.30am - Osprey House Environmental Centre, 975 Dohles Rocks Road, Griffin
- 25 May 2019, 9.30am to 11.30am - Redcliffe Botanical Gardens Henzell Road, Redcliffe
- 22 June 2019, 9.30am to 11.30am - Kumbartcho Sanctuary, 15 Bunya Pine Court, Eatons Hill

For more information head to www.moretonbay.qld.gov.au/events/

DOLLAR MILK IS DONE

Woolworths has now removed \$1 per litre fresh milk from sale in an effort to benefit Dairy farmers.

The move will see the supermarket sell two and three litre varieties of Woolworths branded fresh milk for \$2.20 and \$3.30 respectively. Every cent of the increase will end up with Australian dairy farmers.



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VIOLENCE AND CONTROL, TOO SCARED TO LEAVE

Hi Miss Leonie,

My niece has found herself in an abusive relationship where there is violence and control. She is a scared and frightened young woman who has lost all her confidence.

She wants to leave but feels that she won't be successful in getting away from him and the consequences will be terrible if she tries to run. She doesn't have a phone and this monster sits and watches when I visit so I can't talk to her to plan a way to get her out.

He doesn't work and is like her shadow. I even saw him ask her to leave the toilet door opened. She refused and he punched the kitchen cabinet.

They have no children which is a blessing and to tell you the truth I'm scared of him too. I am so scared that something terrible will happen.

Her mother (my sister) died many years ago and her dad's whereabouts is unknown. I am happy for her to come live with me, but he knows where I live. Even so, I'm willing to move to get her to safety.

I've tried calling a domestic violence line. How can I get her out of there when we can't be alone to make plans?

Name withheld/Sandgate

Hello,

I suggest that you go to the police station and ask that they go with you to get her out. Make sure they know she wants to get out but that he won't let her near a phone. Let's see how brave this guy is with a couple of cops present.

Make sure that she gets all her papers and important documents as well as her clothes while the police are there. Help her pack her things quickly and quietly.

DON'T WAIT ANOTHER DAY TO TAKE ACTION

Take suitcases and bags with you so that you can be as fast as possible. Don't respond to anything this guy says just keep moving. If she has a pet, make sure you get the pet out at the same time.

Once she is out, get advice on getting a Domestic Violence protection order. I know you have tried before but I encourage you to call the 24-hour National Domestic Violence Hotline on 1-800-799-7233 to see if they will help you explore her options for

other support pathways.

It is very common for victims of domestic violence to be paralysed with fear. Often the perpetrator will make threats about what they will do if a victim leaves including killing the victim, children and pets. Sometimes they may say they will kill themselves and say something like the blood will be on the victim's hands if they leave. There may also be internal fears such as having nowhere to go and how are they going to support themselves.

In your niece's case, she is fortunate to have you and I believe that she will be eligible for social security support.

I know that it's unfair but consider taking your niece to an unknown location for a while just so she can rest her nervous system and feel safe. There are few things as nerve rattling as escaping from a violent person and then hearing a car door in the dead of night or an unexpected banging on the door.

Once your niece is out, she can start rebuilding her self esteem and confidence and move towards a safe and brighter future.

My advice is if you are sure she wants out and that she will go with you, don't wait another day to take action.

Til next week, Leonie

E-mail: leonieschilling@bigpond.com
Leonie Schilling is a qualified private practitioner at

North Lakes Counselling Services

For appointments please phone 3886 2715 or 0423 653 841
www.northlakescounsellingservices.com.au

CATCH LEONIE'S RADIO SHOW ALTERNATE MONDAYS AT 11.00AM ON 99.7 BRIDGE FM



ABOUT LEONIE

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.





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A DARE TO DREAM

Written by Dalya Shaw

How many of us I wonder would admit to ever having had a dream? By a dream I mean the type that makes us feel energised and excited and allows our mind to imagine what life might look like if it came true. I am talking about the dream that pushes us out of our comfort zone, to take that first step towards it and maybe even to set a goal or two. The type of dream that makes our heart beat that little bit faster with excitement when we think about it and how things will be when we are successful and have achieved it.

I smile and nod as I write this. Ah yes, we have almost all had a dream or desire like that at some point in our lives, probably more than once and then something happened ... and the dream didn't.

In trying to figure this out, I concluded that as we grow up and get older a couple of things happen. Priorities and distractions for one thing, take their firm positions. Responsibilities and commitments to other activities monopolise the little time that we feel we have left in the day. We become increasingly busy filling our timeslots with errands and chores, trying to get everything done, meeting all the deadlines, running from here to there, and sometimes just being so busy, yet often feeling unfulfilled. Can anyone else relate to this?

Somewhere along our journey we forget what our dream was in the first place, despite once being so excited about it. It is usually around this time that we might wake up, with life well underway, feeling confused and questioning, "What happened? How did I get here? My life was NOT supposed to turn out this way."

Pre-schoolers and young children have such exciting answers to the question "What do you want to be when you grow up?". I have always felt a better question might be and the one I prefer to ask, 'How do you want your life to look when you grow up...?' So often we get answers like a Superhero, Palaeontologist, Pop Star or Astronaut to name a few. It is interesting to note

here that a survey taken in 2017 showed that media such as TV, movies and online streaming like YouTube, are now the top influencers for at least the career dreams of our children. Thank goodness there are still those that want to be a Dragon keeper, a Ninja, a Cat Lady and of course the Ice cream man at Costco.

When we are very young, we have no inhibitions and it never even occurs to us what other people will think, or how crazy our ideas could be seen to be. We believe them to be perfectly logical and totally doable. Afterall why wouldn't they be? So, when we are asked, "What do you want to be when you grow up?" we answer with complete confidence and no filter, describing the most wonderful and exciting opportunities and painting the most colourful and vibrant pictures of life in the future. What if we were to keep this attitude as an adult?

Dreams and desires are part of what keep us going through life, dreams for ourselves and for our loved ones, giving us a feeling of hope and excitement when we dare to think about them.

So, what happens? How do 'mind weeds' take over our beautiful dreams? And what happens to these precious seeds that we planted so long ago, that we were so sure would grow into a magnificent and bountiful life?

I have learnt that weeds of the mind are the masters of disguise. They can be very tricky and often hard to manage. They are like chameleons and can take on a variety of forms. Mind weeds appear when we are not looking. They grow whether we want them to or not.

These weeds or diversions take up the space once reserved for activities towards growing our dream and achieving our goals. They all fall under the umbrella of 'distractions'. Some are called TV, Facebook, Instagram or YouTube. Others take the form of long work hours in a job

we are not passionate about, complacency, procrastination or a gradual deep seating lack of confidence.

It is no wonder that it's sometimes hard to see our dream at all and we often mistake our once beautiful plant for just a bunch of weeds. However underneath all those distractions I am here to tell you your dream still lives!

I read once that Chinese bamboo can die if the watering and fertilising process is stopped, BUT in the fifth year the bamboo finally breaks through the ground and can grow nearly 90 feet in six weeks. So, the question is, does it take six weeks or five years to grow bamboo?

Often, we don't start something new because we don't really believe we can do it. Alternatively, we research our decision to death and then succumb to 'paralysis by analysis'. Sometimes we must ride on the coattails of someone who believes in us more than we do... until we have the same level of belief in ourselves.

So, let me share with you something that I know for certain. We cannot create something new with the same thinking we currently have. We need to think differently. What if we were to just replace "I can't" with "How can I?"

As you go out today and decide for yourself whether you will rekindle your old dream or create a brand new one, let me arm you with these thoughts. We are what we 'think' we are and so our thoughts create our reality. It is possible for you to have the life you dreamed of and you deserve to make it happen.

This is your life and your story and you are worth a great one!

*Much love
Dalya ♥ xx*



You can read more of Dalya's blogs at www.dalyashaw.com



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NO SUCH THING AS A HEALTHY TAN

There's no such thing as a healthy tan. Yet despite the known risks of skin cancer, summer always sees thousands of sun lovers heading to the beach in the search of that perfect golden glow and challenging the 'tanned ideal' is an uphill battle.

Now, breakthrough research from the University of South Australia is showing how social media interventions can swiftly change people's attitudes and behaviours to tanning, providing new strategies for skin cancer education and prevention.

Lead researcher, UniSA's Dr John Mingoia says this is the first study to disseminate media literacy education on a social networking site to address skin cancer risk factors.

"Social media is a great influencer, both positively and negatively," Dr Mingoia says.

"On the one hand, it can expose people to unrealistic and unsafe body ideals, such as tanned skin; yet on the other hand, it can be extremely effective in turning these beliefs around to encourage better sun-safe behaviours, as well as health and beauty ideals."

The UniSA research assessed the impact of daily interactive Facebook posts – incorporating a combination of photos, videos, infographics and text about the risks of tanning – to a group of 84 Caucasian women, aged 18-29 years, over a two-week period.

The posts included: a model sharing her experience of the true cost of posting ideal photos on social media to her physical and psychological health; images of women pre and post tanning as they aged; what goes into the perfect selfie; and images that showed the process of digital editing.

Exposure to these interventions increased participants' critical thinking and scepticism of images presented on social media and decreased their desire for tanned skin. It specifically found that participants were significantly less inclined to internalise a 'tanned ideal', to engage in self-comparisons with images on social media, and to engage in tanning activities.

Dr Mingoia says the research addresses growing concerns that health messages about tanning and skin cancer are not reaching young Australian women.

A glowing tan is still seen by many as a healthy ideal.

"All you have to do is scroll through your social media feed to be inundated by tanned, smiling faces of models and celebrities," Dr Mingoia said.

"Images like these make young women believe that tanned skin is healthier and more beautiful than pale skin and, as a result, they're intentionally rejecting sun protection messages.

"The danger for youth is that they believe they're infallible; the reality is skin cancer does not discriminate."

Tanning is a sign that your skin has been exposed to UV radiation, with sunburn causing 95 per cent of melanomas, the most deadly form of skin cancer. One in eight adults and one in five teenagers in Australia are sunburnt on an average summer weekend.

Across Australia, more than 2000 people die from skin cancer each year, with the Cancer Council estimating that Australia spends more than \$1 billion per year treating the disease. Alarming, the Cancer Council also found that that 67 per cent of girls believe their friends think a tan is a good thing.

Dr Mingoia says that as most skin cancers are preventable via good sun protection, the ongoing desire for a tan is concerning.

"It's vital that we find effective means to address and change the harmful tanning beliefs and behaviours of Australians. Through this study, we've made important headway to show how social media can change how people think about tanning and how it can contribute to ongoing skin cancer prevention efforts."

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LAWYERS

LOCAL STUDENT WINS BEST ACTRESS AWARD AT TROPFEST JUNIOR 2019

Tropfest is Australia's most prestigious short film festival and one of our most iconic cultural events. It is also the largest short film festival in the world.

Founded in 1993 by film director John Polson as a small screening for family and friends at Sydney's Tropicana Café, the Festival now attracts a national audience of around 150,000 people.

The short film competition is unique in that every film must be made specifically for Tropfest, to premiere at Tropfest Australia and must include the Tropfest Signature Item, which changes each year. This year's signature item was 'pizza'.

Trop Jr is a short film festival featuring films produced by Australians aged 15 years and younger was introduced in 2008 with a goal to inspire the next generation of filmmakers. This year's event was held on the 9th of February in Parramatta, Sydney.

Like its older sibling, Tropfest Jr selects 16



finalists from hundreds of entries and on of them was the local production **Hollow**. The short follows a teenage boy struggling with anorexia and the effects that has on the loved ones around him.

Local student Tyallah Bullock (age 16, pictured) was announced as winner of the Tropfest Jr 2019 Best Actress Award last Saturday for her role in 'Hollow', the short film she co-wrote, produced and starred in.

Hollow was selected as a finalist in the Tropfest Jr 2019 alongside the short film **Own You** that

both Tyallah and her sister Nykiyah starred in.

Brisbane school student William Kasper also won Best Actor Award for his portrayal of Max, opposite Tyallah, as the depressed teen with anorexia, in Hollow.

All finalists in the 2019 Tropfest Jr awards, including Hollow, should be available on Youtube by the time you read this via www.youtube.com/user/TROPFEST if you'd like to check it out.

For more information about Tropfest and Tropfest Jr visit www.tropfest.org.au or follow along on social media.

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Greetings from "the happiest Lions Club in Australia".

Back again for another year of helping our community via our Lions Club. As we are still in the early stages of organizing and planning which projects we're going to tackle in 2019, most of our regular readers would be aware that 2018 was an enormous year for us, helping and assisting our local community, in addition to lending a hand to others in surrounding areas.

CLEAN UP AUSTRALIA DAY

One of activities we do each year in our club is a "Clean Up Australia Day" working bee at the Aurora Boulevard Park in North Lakes. Members will gather for a couple of hours on Sunday morning the 3rd of March 2019. We encourage any interested members of the public to come along and assist in the park clean up.

BUNNING'S BBQ

Bunning's will once again this year be very high on our visibility list and we will be serving behind the counter at the BBQ at North Lakes Bunning's store, on Saturday the 13th of April, so please come along and have our members look after you with a sizzling sausage and a drink

We would like to thank and acknowledge the great support given to our club by the Bunning's North Lakes Activities Organizer Narelle Short



WHAT LIONS CAN DO FOR YOU

Many of us in the Lions Club community come from different walks of life and a myriad of occupations and professions. No matter what you do, people seem to have some spare time occasionally which can be allocated to helping someone less fortunate than yourself by giving that time, compassion and experience to benefit others. I am sure that there are lots of people in our immediate area who'd love to lend a helping hand, still have much to offer, but just don't know how, or where to start.

I'll let you in on a little secret: Join our Lions Club - problem solved.

BECOME A MEMBER

Please be aware you can become a member of the North Lakes Lions Club. Call our Membership Officer Lion Sean Hughes directly, on 0427 477 990. He'll answer any initial questions and invite you to our next Dinner meeting. Come and join our club and experience first-hand our many hands make lite work ethic. If you're new to the area, you can make new friends, integrate into our community, whilst helping others with your individual skills.

Till next time, Lion Chris.

NORTH LAKES SPORTS CLUB

what's on

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TUESDAY NIGHTS PARM A RAMA <small>Beef, chicken or pork schnitzel topped with ham, Napoli sauce & mushrooms, served with chips & salad</small> \$14.90 members <small>\$16.90 non-members</small>	WEDNESDAY NIGHTS RUMP and PRAWNS <small>250gms Rump & garlic prawns, served with chips, salad & choice of sauce</small> \$14.90 members <small>\$16.90 non-members</small>

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New Laundromat **NOW OPEN** in North Lakes

A Laundromat revolution hits our area and it was all started with two local ladies who have changed the Laundromat industry right here in North Lakes

Liz Considine and Janet Snelgar have brought major changes to the laundromat industry. Their new laundry the **Executive Laundromat** is located at **Shop 3 College Street North Lakes** and brings new ideas to the laundry industry.

Direct Chemical Injection - our customers no longer need to bring detergent or softener. Our system directly injects 5 star quality products into the washing machines. In fact our clients can see the detergent and softener being pumped into the washers and we also have a **dedicated washer for all your pet blankets and rugs** so you won't have to worry about pet fur going through your wash.



The Executive Laundromat has **mobile payments**! You can simply use your mobile device, ipad or tablet to pay. No need to worry if you don't have coins! No need to worry about having data on your device or phone! No need to worry that your battery is running flat! We have you covered with our **FREE WIFI** and **usb charging ports**. And to make it even more user friendly, Liz and Janet have discounted the prices for customers using the **mobile payment system -PAYPONT**.

All our machines are industrial grade and can be used by the public or business's. Small business's can use our laundromat for any commercial work and reduce their costs over using a full industrial laundry. We have the giant washers and dryers to handle king size



blankets, sheets and doonas. All our machines are stainless steel and **eco friendly**.

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REVIEW



QUEENSLAND THEATRE'S DEATH OF A SALESMAN

Queensland Theatre has just opened their 2019 season with a production of the epic Arthur Miller classic *Death of a Salesman* at QPAC's The Playhouse.

Death of a Salesman debuted on Broadway almost 70 years ago to the day (February 10, 1949). Now considered a masterpiece, 'Salesman' has been performed all around the world won some of theatre's highest prizes including a Pulitzer and a Tony Award. It has been adapted for cinema and television and revived on Broadway four times.

Ostensibly an account of the death of American optimism, *Salesman* has stayed relevant internationally because it's really a tale about family. The themes of familial discord transcend the foreign and foregone context.

Queensland Theatre's set is imposing but the house that fills the entire Playhouse stage may as well disappear when the cast arrives because *Salesman* is about character. Once revealed (with true theatre magic) the impressive set's only purpose is to yield to its actors.

Although *Salesman* features an all-star cast of stage and screen including **Charles Allen** (*True West*, *Hoges: The Paul Hogan Story*), **Kevin Hides** (*Composing Venus*, *A Conversation*), **Jackson McGovern** (*The Owl* and *the Pussycat*, *Rent -The Musical*), **Sarah Ogden** (*The Crucible*, *Moth*), **Ilai Swindells** (*SLiDE*, *Harrow*), **Gemma Willing** (*Tidelands*, *Wuthering Heights*) and seasoned director **Jason Klarwein** (*My Name is Jimi*, *Much Ado About Nothing*) at the helm and a star-

studded cast featuring - there are three reasons why you should see this version of *Salesman*. Their names are Kowitz, Milliken and Larkin.

Twice AFI awarded Best Actress **Angie Milliken** (MDA, *My Brother Jack*) plays long-suffering wife and mother Linda Loman. Linda Loman's role is hard to internalise but easy to associate with and makes for some sorrowful viewing. You'll be hard pressed to walk away from Milliken's outing in *Salesman* without being affected.

Oldest son Biff Loman is played by Matilda-nominated actor **Thomas Larkin** (*The Wider Earth*, *RUSH*), who threatens at times, threatens to steal the show. Larkin's Biff is nuanced character that careens between familial love, something that's not love, and familial duty. It's a delicate but defining aspect of the character that could easily be glossed over but Larkin as Biff - even on opening night - was flawless.

For many though, there is only one way to look at *Salesman*; as an exploration of Willy Loman's decay into his own neuroses via frustrated ambitions. Willy Loman should have it all by now. We find the eponymous travelling salesman - once a success - on the slippery downward slope of the golden era. Willy Loman's character is considered Playwright Arthur Miller's masterstroke - the bottled essence of manic bravado in face of escalating failure.

Willy's character is positively preyed upon by one of Australia's most accomplished actors, **Peter Kowitz** (*The Long Way Home*, *The Floating World*). While Willy's character devolves into a harrowing decline, Kowitz' portrayal is triumphant.

During the two hours and 40 minutes (with interval) Kowitz expertly defines the minutiae of Willy's decay. That Kowitz can manage to conjure Willy so intricately seems like the work of an auteur. Kowitz presents an agonizing character study as Willy lurches between hubris and decay and Kowitz' portrayal of the vastly flawed character is potent. It's an award winning performance.

Death of a Salesman is a production that requires a trace element approach to character and one that the audience may not fully interpret until they've long gone home. If taking something home is something you want from theatre then Queensland Theatre's *Salesman* has it in spades. It's a powerful and heartbreaking interpretation of Miller's classic and a bold start to season 2019.

Death of a Salesman shows nightly (except Sundays) with matinees on Wednesdays, until March 2 at the Playhouse, QPAC.

Pictured: Jackson McGovern as Happy Loman, Peter Kowitz as Willy Loman and Thomas Larkin as Biff Loman.

★★★★★ DAN FIDLER

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FROM LONDON'S WEST END TO NORTH LAKES

The Things I Could Never Tell Steven
Queensland premiere at North Lakes

Australian composer, lyricist, author and producer Jye Bryant will be making a visit to local theatre company, Moreton Bay Theatre, for the Queensland premiere of his acclaimed production *The Things I Could Never Tell Steven*.

The Penrith based creative has recently returned from overseas where his work has been performed on London's West End in a new musical showcase and also in New York in *Broad Views On Broadway*. The one-act musical is also being performed centre stage as part of the 2019 Mardi Gras Festival.

The Things I Could Never Tell Steven is a 70 minute one-act revue style musical centered around four characters: Stevens wife, mother, father and ex-boyfriend. Although the audience never gets to physically meet Steven, the characters share intimate details about their life with him and the things they struggle to tell him. In turn they learn secrets hidden by Steven, secrets that could tear the family apart.

It has been described as a "touching emotional rollercoaster" and one that will make you "laugh hysterically, you will be brought to tears, you will



get angry!"

Directed by Matthew Bapty, with musical direction from Lily Colmer, the young, emerging production team along with a talented cast of local performers will be premiering the show from February 22nd to March 3rd at NeverLand Theatre, 5A 4-6 Burke Crescent, North Lakes.

Tickets are available now from the Moreton Bay Theatre website mbtc.com.au

Pictured: The cast of *The Things I Could Never Tell Steven* is Mother - Sarah Port, Father - Stephen Smith, Wife - Emma Venzke, Ex Boyfiend - Alex Lamont

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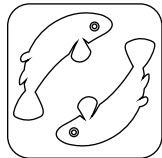


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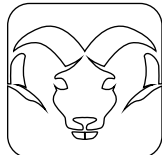
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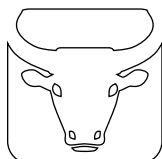
AQUARIUS. (Jan. 21 - Feb. 19): An adversary's remorse makes you hesitate. Reflect on the grief this person caused. You're right to close the door and to keep it closed.



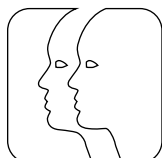
PISCES. (Feb. 20 - March 20): Think twice before speaking for someone else. This person may not be as committed to seeing a project through and you don't need another headache.



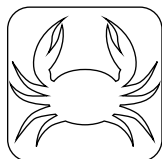
ARIES. (March 21 - April 20): Don't be worried about landing a client or customer. If anything, you want to play it cool. The more blasé you look, the higher the offer goes.



TAURUS. (April 21 - May 21): Someone in a position to help won't be able to after all. It's best to move on to Plan B. Be polite about it because s/he meant well.



GEMINI. (May 22 - June 21): Before you begin rationalizing why you've been shortchanged, point it out. The oversight may be completely unintentional.



CANCER. (June 22 - July 23): Take a closer look at that rule or clause. What prohibits others does not necessarily apply to you. Tiptoe your way around an impasse.



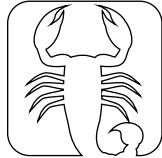
LEO. (July 24 - Aug. 23): Honor and obey don't always go hand in hand. Do what you feel is right in your heart - even if you know someone else won't like it. They'll appreciate it later.



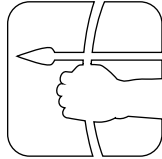
VIRGO. (Aug. 24 - Sept. 23): Don't get stuck going from one patch-up job to the next. An in-depth analysis of what's wrong and what needs to be done to fix it convinces a client to stop penny pinching.



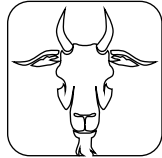
LIBRA. (Sept. 24 - Oct. 23): Why put off a simple obligation? You could take care of it in a fraction of the time you spend obsessing over it.



SCORPIO. (Oct. 24 - Nov. 22): You're given an opportunity to settle a financial matter once and for all. By all means resolve it. Anything is favorable at this point.
LIBRA. (Sept. 23 - Oct. 22): Why put off a simple obligation? You could take care of it in a fraction of the time you spend obsessing over it.



SAGITTARIUS. (Nov. 23 - Dec. 21): You tried a lot of possibilities and came up short. Combine a couple. It could make the difference.



CAPRICORN. (Dec. 22-Jan. 20): You don't like it when things are made easy, but cut yourself some slack. Besides you'll have more than enough to contend with in your near future.

THE Messenger

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NINE

6.00 Ellen DeGeneres. (PG) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Destination WA. **12.30** Kevin Can Wait. (PG) **1.00** The Truth About Sleep. (PG) **2.15** Movie: Dirty Rotten Scoundrels. (PG) (1988) **4.30** Love Shack. (PG) Return. **5.00** News. **5.30** Getaway. (PG) **6.00** Nine News Saturday. **7.00** David Attenborough's Dynasties. (PG) **8.10** Movie: Forrest Gump. (PG) (1994) Tom Hanks, Robin Wright, Sally Field. A kind-hearted man recalls his life story. **10.55** Travel Guides. (PG) **11.50** 2 Broke Girls. (M) **12.15** Real Detective. (M) **1.10** Love Shack. (PG) **1.35** Destination WA. **2.00** TV Shop. **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

GO!

6.00 Children's Programs. **10.00** Ben 10. (PG) **10.30** Gumball. **11.00** Fanshew & Crundnut. **11.30** Heidi. **12.00** Captain Flinn. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Over The Garden Wall. (PG) **3.00** Be Cool, Scooby-Doo! (PG) **4.00** Uncle Grandpa. (PG) **5.00** The New Looney Tunes. **5.20** Movie: Space Chimps. (PG) (2008) **7.00** Movie: Journey To The Centre Of The Earth. (PG) (2008) **9.00** Movie: The Hunger Games. (M) (2012) **12.00** Adult Swim. (M) **1.00** Tattoo Fixers. (MA15+) **2.00** Ghost Adventures. (M) **3.00** Most Terrifying Places In America. (MA15+) **4.00** Uncle Grandpa. (PG) **4.50** My Little Pony: Friendship Is Magic. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **11.30** Horse Racing. Blue Diamond Stakes Day and Silver Slipper Stakes Day. **4.30** Seven News At 4.30. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: 2012. (PG) (2009) John Cusack, Amanda Peet. A global cataclysm threatens the world. **10.00** Movie: 13 Hours: Secret Soldiers Of Benghazi. (MA15+) (2016) John Krasinski, James Badge Dale, Pablo Schreiber. Six ex-military operatives engage with Islamist extremists. **1.00** Grey's Anatomy. (M) Alex and Jo take a road trip to Iowa. **2.00** Shopping. **4.00** Sons And Daughters. (PG) Alison smells a rat. **4.30** Sons And Daughters. (PG) **5.00** The Great Outdoors.

7TWO

6.00 Shopping. **8.00** Travel Oz. (PG) **9.30** NBC Today. **11.30** Harry's Practice. **12.30** Selling Houses Aust. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. (PG) **3.00** Qld Weekender. **3.30** The Great Day Out. **4.00** SA Weekender. **4.30** Cruise Ship Adv. (PG) **5.30** Air Crash Investigation. (PG) **7.30** The Yorkshire Vet. (PG) **8.30** Escape To The Country. Jules Hudson heads to the North Wessex Downs area of outstanding natural beauty. **11.30** Air Crash Investigation. (PG) **1.30** The Great Australian Doorstep. (PG) **2.00** Qld Weekender. **2.30** The Great Day Out. **3.00** Escape To The Country. **4.00** Crash Investigation Unit. (PG) **4.30** Travel Oz. (PG)

TEN

6.00 What's Up Down Under. **6.30** WhichCar. (PG) **7.00** RPM: Summer Series. **7.30** Escape Fishing. **8.00** iFish Summer. **9.00** Healthy Homes. **9.30** St10. (PG) **12.00** Foodie Adventures With Ash Pollard. (PG) **12.30** The 48-Hour Destination. **1.00** Everyday Gourmet. **1.30** Cook's Pantry. **2.00** The Renovation King. **2.30** The Home Team. **3.00** The Living Room. (PG) **4.00** What's Up Down Under. **4.30** 15-Min Meals. **5.00** News. **6.00** David Attenborough's Natural Curiosities. **6.30** Bondi Rescue. **7.00** Bondi Rescue. (PG) **7.30** Changing Rooms. **8.30** Ambulance Australia. (M) **9.30** NCIS: New Orleans. (M) **10.30** NCIS: New Orleans. (M) **11.30** Sherlock Holmes: Elementary. (M) **12.30** Shopping. **5.00** Hour Of Power.

10 BOLD

6.00 Shopping. **8.00** Cheers. (PG) **9.00** Hogan's Heroes. **10.00** Mission: Impossible. (PG) **11.00** iFish Summer. **11.30** The 48-Hour Destination. (PG) **12.00** Places We Go. **12.30** Jake And The Fatman. (PG) **1.30** Diagnosis Murder. (PG) **2.30** Reel Action. **3.00** Undercover Boss. (PG) **4.00** WhichCar. (PG) **4.30** Planes Gone Viral. (PG) **5.30** Escape Fishing With ET. **6.00** Cops. (PG) **6.30** Soccer: A-League. Round 20. Melbourne Victory v Melbourne City. From Marvel Stadium, Melbourne. **9.30** Movie: Forced Vengeance. (1982) Chuck Norris, Camila Griggs, Mary Louise Weller. **11.30** Scorpion. (PG) **12.30** 48 Hours. (M) **1.30** Cops. (PG) **2.00** RPM: Summer Series. **2.30** Monster Jam. **3.30** The Doctors. (M) **5.30** Hogan's Heroes.

ABC

6.00 Rage. (PG) **10.00** Rage. (PG) **11.05** Grand Designs Australia. **12.00** ABC News At Noon. **12.30** Father Brown. (M) Final. **1.15** Redesign My Brain With Todd Sampson. (PG) **2.15** Life At 9. (PG) **3.15** Flying Miners. (PG) **4.35** Landline. **5.05** Escape From The City. (PG) **6.00** The Heights. (PG) **6.30** The Heights. (PG) **7.00** ABC News. **7.30** Death In Paradise. (M) **8.30** Agatha Raisin. (M) **9.20** Miniseries: The Cry. (M) **10.20** Miniseries: The Ice Cream Girls. (MA15+) **11.10** Rage. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **4.50** Thomas. **5.05** Noddy Toyland Detective. **5.15** Shaun The Sheep. **5.40** Peppa Pig. **5.50** Bluey. **6.00** Rusty Rivets. **6.15** Octonauts. **6.25** Peter Rabbit. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? (PG) **8.30** Live At The Apollo. (M) **9.20** To Be Advised. **9.45** Comedy Up Late. (M) **10.15** Comedy Next Gen. (MA15+) **11.10** Kitty Flanagan: Charming And Alarming. (M) **12.15** Penn & Teller: Fool Us. (PG) **12.55** Live At The Apollo. (M) **1.45** News Update. **1.50** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Figure Skating. ISU European Championships. **4.25** This Is Greece With Michael Scott. **5.25** Who Do You Think You Are? **6.30** News. **7.35** Aerial Asia. **8.30** Yeti: Man, Myth Or Beast? (PG) **9.55** Movie: Whiplash. (MA15+) (2014) **11.55** Cyberwar. (PG) **12.25** Soccer. EPL. Bournemouth v Wolverhampton Wanderers. **3.20** 24 Hours In Emergency. (M) **4.20** Poh's On The Road. **4.50** Destination Flavour China Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **8.00** Romanian News. **8.30** Macedonian News. **9.00** Croatian News. **9.30** Serbian News. **10.00** Dutch News. **10.30** Hungarian News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Insight. **1.00** Front Up. **1.30** Rivals. (PG) **2.20** Abandoned. (PG) **3.10** Needles And Pins. (PG) **4.05** PBS News. **5.05** Does America. (PG) **5.35** Back In The Soviet Bloc. **6.05** Chinese Dating With The Parents. (PG) **7.30** If You Are The One. **8.30** Movie: Iceman. (M) (2014) **10.25** Movie: Mr Six. (M) (2015) **12.55** Movie: Fearless Vampire Killers. (M) (1967) **2.50** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.30pm The Big Sick (2017) Comedy. Kumail Nanjiani, Zoe Kazan. (M) **Masterpiece** **8.30pm** Kodachrome (2017) Drama. Jason Sudeikis, Ed Harris. (M) **Masterpiece** **10.20pm** Tea With The Dames (2018) Documentary. Judi Dench, Maggie Smith. (M) **Masterpiece** **GENERAL** **9.30pm** Crashing. (MA15+) FOX Showcase **10.00pm** High Maintenance. (MA15+) FOX Showcase

DOCUMENTARY

7.30pm Fatal Attraction. (M) **Crime & Investigation** **8.30pm** Africa's Deadly Kingdom. (PG) **National Geographic Wild** **9.30pm** In The Executioner's Shadow. (M) **Crime & Investigation** **SPORT** **9.00am** Hockey. Women's Pro League. Fox Sports 505 **4.45pm** Football. AFL Women's. Round 4. Geelong v Carlton. Fox Footy **7.50pm** Soccer. A-League. Round 20. Melbourne Victory v Melbourne City. Fox Sports 505

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.



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WHAT'S ON

EASILY SUBMIT YOUR EVENT ON OUR HOMEPAGE WWW.NORTHLAKESMESSENGER.COM.AU Please direct questions about this free service to editor@northlakemesseenger.com.au



BRISBANE COMEDY FESTIVAL

Date: February 22 to March 24, 2019

Location: Various

Brisbane will be plunged into hysterics when the city's largest ever lineup of the best Aussie and international acts lay comical siege to three venues – Brisbane Powerhouse, Brisbane City Hall and new venue SunPAC – as part of Brisbane Comedy Festival 2019.

The tenth outing of Australia's fastest growing comedy festival will bring more than 75 stellar comedians to Brisbane. Leading the pack of internationals are Ross Noble, Jeff Green and Rod Kemp; Scotsmen Danny Bhoy, Daniel Sloss and Larry Dean; Canadian DeAnne Smith; New Zealander Paul Williams; and Venezuelan Ivan Aristeguieta.

Aussie exports Ronny Chieng and Felicity Ward are flying in and national treasures and hometown heroes including Dave Hughes, Tom Ballard, Tim Ferguson, Nazeem Hussain, Lawrence Mooney, Mel Buttle, Damien Power and Becky Lucas also sharpening their razor wit for audiences.

Complementing a strong roster of stand-up shows, squads of funny people will gang up for a series of hilarious stage shows while a dedicated family program will provide laughs for all ages.

Tickets are on sale now via www.brisbanecomedysfestival.com

**22 FEB
- 24
MAR**



ROAR ACADEMY, MADAGASCAR JR

Date: February 1 - 3, 2019

Location: Redcliffe Entertainment Centre

Take a journey out of the zoo and onto the stage with your favourite crack-a-lackin' friends from the blockbuster DreamWorks film.

Join Alex the Lion, Marty the Zebra, Melman the Giraffe, Gloria the hip hip Hippo and, of course, those hilarious, plotting penguins as they bound onto your stage in the musical adventure of a lifetime. Based on the smash DreamWorks animated motion picture, Madagascar – A Musical Adventure JR. follows all of your favourite crack-a-lackin' friends as they escape from their home in New York's Central Park Zoo and find themselves on an unexpected journey to the madcap world of King Julien's Madagascar.

Running for four shows only, tickets are on sale now via www.roaracademy.com

**1-3
MAR**



CIRCUS PARADISE MUSIC FESTIVAL

Date: Sunday March 10, 2019

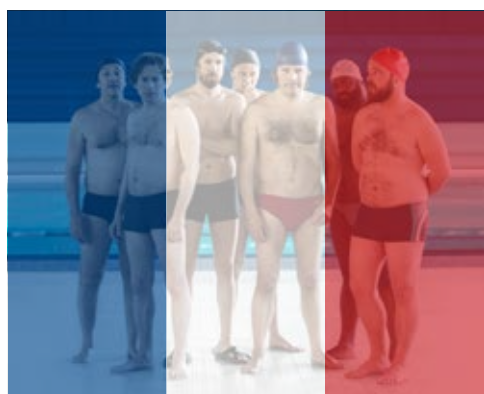
Location: Broadwater Parklands, Gold Coast

Circus Paradise will deliver 35+ carefully selected acts covering all spectrums of electronic dance music. It will feature world class international artists and DJs as well as many local acts performing live across four stages.

Headed up by the world's number one female DJ, Belgian techno giant Charlotte de Witte. Co-headlining is party starter Hot Dub Time Machine plus, for the first time in Queensland, Sydney's Bag Raiders will perform their brand new 5-piece live show. Also featuring is Aria chart topper Dom Dolla, veteran German techno producer Oliver Huntemann, Adelaide via Baghdad and Sweat It Out alumni Motez, and a DJ set from UK electronic legends Leftfield.

Tickets are on sale now : www.outix.co/tickets/event/circus-paradise-music-festival-2019

**10
MAR**



BRISBANE FRENCH FILM FESTIVAL

Date: March 14 to April 14

Location: Palace Barracks and Palace James Street

Screening at Palace Cinemas across Brisbane, the 30th anniversary of Australia's most tantalising multi-cultural movie event is the Alliance Française French Film Festival.

Artistic Director, Philippe Platel, has lovingly selected a superlative line-up of 54 features and documentaries – the biggest in the Festival's proud history.

In addition to the film screenings there will be four ticketed Special Events throughout.

Tickets for screenings, the special events and full festival details are available at www.affrenchfilmfestival.org

**14 MAR
- 14
APR**

NINE

6.00 Great Escapers. (PG) **7.00** Weekend Today. **10.00** Surfing Australia TV. **10.30** To Be Advised. **11.30** Al McGlashan's Fish'n With Mates. **12.00** Women's Footy. (PG) **1.00** Kevin Can Wait. (PG) **1.30** World's Greatest Journeys. **2.30** Airport 24/7: Miami. (PG) **3.00** Ultimate Airport Dubai. (PG) **4.00** The Embassy. (PG) **4.30** Helloworld. **5.00** News. **5.30** Customs. (PG) **6.00** Nine News. **7.00** Married At First Sight. (PG) **8.30** 60 Minutes. **9.30** Confessions Of A Serial Killer. With Piers Morgan. (M) New. **10.30** Killer On The Line. (M) **11.25** Major Crimes. (M) **12.15** Real Detective. (M) **1.05** Surfing Australia TV. **1.35** Al McGlashan's Fish'n With Mates. **2.00** TV Shop. **2.30** Global Shop. **3.00** TV Shop. **4.00** Great Escapers. (PG) **5.00** News. **5.30** Today.

GO!

6.00 Children's Programs. **9.30** Teen Titans Go! (PG) **10.00** Ben 10. (PG) **10.30** Gumball. **11.00** Ninjago. (PG) **11.30** Nexo Knights. (PG) **12.00** My Little Pony: Friendship Is Magic. **12.30** Polly Pocket. (PG) **1.00** Beyblade Burst Evolution. **1.30** Over The Garden Wall. (PG) **2.30** Be Cool, Scooby-Do! (PG) **4.00** Uncle Grandpa. (PG) **5.00** American Ninja Warrior. (PG) **7.00** Big Bang. (PG) **9.00** Movie: American Sniper. (MA15+) (2014) **11.35** Big Bang. (PG) **12.00** Adult Swim. (MA15+) **1.00** Cold Water Cowboys. (M) **2.00** Ghost Adventures. (M) **3.00** Most Terrifying Places In America. (MA15+) **4.00** Uncle Grandpa. (PG) **4.50** My Little Pony: Friendship Is Magic. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** To Be Advised. **1.30** To Be Advised. **3.00** To Be Advised. **4.30** To Be Advised. **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** My Kitchen Rules. (PG) Hosted by Pete Evans and Manu Feildel. **8.30** Sunday Night. Current affairs program, hosted by Melissa Doyle. **9.30** Andrew Denton: Interview. (PG) Former Silverchair frontman Daniel Johns joins Andrew in an exclusive interview. **10.30** The Blacklist. (M) **11.30** Never Seen A Doctor. (M) **12.30** Harry's Practice. (PG) **2.00** Oz. (PG) **1.30** Travel Oz. (PG) **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** Hour Of Power. **9.00** Shopping. **9.30** Mums At The Table. (PG) **10.00** The Great Outdoors. **11.00** NBC Today. **12.00** Jump Off. (PG) **1.00** The Great Australian Doorstep. (PG) **1.30** Vasil's Garden. (PG) **2.00** To Be Advised. **4.00** The Yorkshire Vet. (PG) **5.00** Escape To The Country. **6.00** Mighty Ships. (PG) **7.00** Motorway Patrol. (PG) **7.30** Highway Cops. (PG) **8.00** Border Security USA. (PG) **8.30** Border Security. (PG) **9.30** River Monsters. (PG) **10.30** To Be Advised. **11.30** Border Security. (PG) **12.30** Border Security USA. (PG) **1.00** The Great Outdoors. **3.00** Late Programs.

TEN

6.00 Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** Escape Fishing. **8.30** Foodie Adventures With Ash Pollard. **9.00** Places We Go. (PG) **9.30** St10. (PG) **12.00** Luxury Escapes. (PG) **12.30** Everyday Gourmet. **1.00** To Be Advised. **2.30** To Be Advised. **3.30** WhichCar. (PG) **4.00** RPM. **5.00** News. **6.00** Bondi Rescue. **6.30** The Sunday Project. **7.30** Chris & Julia's Sunday Night Takeaway. New. Hosted by Dr Chris Brown and Julia Morris. **9.00** NCIS. (M) After a girl is found hiding in a storage unit, the team suspects she is the daughter of a missing navy recruit. **10.00** NCIS. (M) A vice admiral's laptop is infected with a virus. **11.00** The Sunday Project. **12.00** Shopping. **4.30** CBS Morning.

10 BOLD

6.00 Shopping. **7.30** Key Of David. (PG) **8.00** Rugby Union. Super Rugby. Round 2. Brumbies v Chiefs. **10.00** Escape Fishing With ET. **10.30** The Home Team. **11.00** Red Bull Air Race Season Preview. **12.00** Escape Fishing With ET. **12.30** Pooches At Play. **1.00** The Doctors. (PG) **2.00** Monster Jam. **3.00** Bondi Rescue. (PG) **4.00** Fishing Edge. **4.30** Fishing Australia. **5.00** What's Up Down Under. **5.30** iFish Summer Series. **6.00** Planes Gone Viral. (PG) **7.00** Sea Patrol UK. **8.00** 48 Hours: NCIS. (M) **9.00** Movie: Flightplan. (M) (2005) Jodie Foster, Peter Sarsgaard, Sean Bean. **11.00** NCIS. (M) **12.00** Diagnosis Murder. (PG) **1.00** Diagnosis Murder. (M) **2.00** RPM. **3.00** 48 Hours. (M) **4.00** The Doctors. (M)

ABC

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offshoots. **10.30** World This Week. **11.00** Compass. **11.30** Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Aust. **2.30** War Paint: The World According To George Gittoes. (M) **3.00** Deception By Design. (PG) **4.00** The Mix. **4.30** Making Child Prodigies. **5.00** Aust Story. **5.30** Hard Quiz. (PG) **6.00** Catalyst. **7.00** ABC News Sunday. **7.40** Magical Land Of Oz. **8.40** Miniseries: The Cry. (M) **9.40** Miniseries: Mrs Wilson. (PG) **10.40** Death In Paradise. (M) **11.40** Movie: Against The Law. (M) (2017) **1.05** Grantchester. (M) **1.50** Rage. (MA15+) **3.15** The Traffickers. (PG) **4.00** Tattoo Tales. (M) **4.30** Tony Robinson's Time Walks. **5.00** Insiders.

ABC COM

6.00 Children's Programs. **5.40** Peppa Pig. **5.50** Bluey. **6.00** Rusty Rivets. **6.15** Octonauts. **6.25** Peter Rabbit. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? (PG) **8.30** Penn & Teller: Fool Us. (PG) **9.15** Joan Rivers: Don't Start With Me. (MA15+) **10.25** Adam Hills: The Last Leg. **11.05** Would I Lie To You? (PG) **11.35** Upstart Crow. (M) **12.05** W1A. (M) **12.35** Black Books. (PG) **1.05** Alan Partridge's Mid-Morning Matters. (M) **1.50** News Update. **1.55** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 WorldWatch. **9.30** Soccer. EPL. Bournemouth v Wolverhampton Wanderers. Replay. **12.00** WorldWatch. **1.00** Speedweek. **3.00** Cycling. Herald Sun Tour. Women's Road Race. Highlights. **4.00** Cycling. Herald Sun Tour. Highlights. **5.00** Railway Journeys UK. **5.35** Hitler's World: The Post War Plan. (PG) **6.30** News. **7.30** Secrets Of The Pyramids. **8.30** Lockerbie: The Unheard Voices. **10.15** Rupert Everett: 50 Shades Of Gay. (MA15+) **11.10** Feu: Crazy Horse Paris. (MA15+) **12.45** Mardi Gras Movies Home Grown. (M) **1.15** Mardi Gras Movies Home Grown. (M) **1.50** Mardi Gras Movies Home Grown. (MA15+) **2.20** Movie: Tamara. (MA15+) (2016) **4.25** Poh's Kitchen Lends A Hand. (PG) **5.00** WorldWatch.

SBS VLND

6.00 WorldWatch. **9.00** Croatian News. **9.30** Serbian News. **10.00** Portuguese News. **10.50** Urdu News. **11.35** Hindi News. **12.00** PopAsia TV. (PG) **1.00** Front Up. (PG) **1.30** Vs Arashi. **2.25** Lee Lin Chin's Fashionista. **2.35** The Feed. **3.35** The Feed. **4.35** Tough Young Teachers. (PG) **5.40** The Business Of Life. (PG) **6.05** Cold Fusion: Let There Be Light. **7.35** Ultimate Airport Dubai. (PG) Final. **8.30** Behind Closed Doors. (M) **9.35** Movie: Hard Paint. (2018) **11.45** Movie: A Moment In The Reeds. (2017) **1.40** VICE Guide To Film. (M) **2.05** VICE Guide To Film. (M) **2.35** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.20pm King Arthur: Legend Of The Sword (2017) Action. Charlie Hunnam, Astrid Berges-Frisbey. (M) Action

8.30pm Skyscraper (2018) Action. Dwayne Johnson, Neve Campbell. (M) Premiere

10.30pm Going In Style (2017) Comedy. (M) Comedy

GENERAL
7.00pm Fresh Off The Boat. (PG) FOX8
9.30pm Chicago Fire. (M) FOX8

DOCUMENTARY
8.30pm A Place In The Sun. Lifestyle Home

8.30pm The Secret Life Of 4 And 5 Year Olds. (PG) Lifestyle

8.30pm Inside The Mind Of A Serial Killer. (M) Crime & Investigation

SPORT
10.45am Cricket. Women's One-Day International Series. Australia v New Zealand. Game 2. Fox Cricket
4.00pm Football. AFL Women's. Round 4. Melbourne v North Melbourne. Fox Footy
7.00pm Soccer. A-League. Round 20. Western Sydney Wanderers v Perth Glory. Fox Sports 505

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2402

Fighting to save North Lakes Golf Course for you

Luke HOWARTH MP
Federal Member for **Petrie**

Authorised by Lincoln Felo, Liberal National Party of Queensland, 86-88 Bowen Street, Spring Hill QLD 4000. Printed by Civic Media, 35 Flinders Parade, North Lakes QLD 4509.



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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.00** The 91st Annual Academy Awards. (PG) **2.30** News Now. **3.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) **9.00** Bad Mothers. (M) **10.00** Botched. (M) **11.00** Chicago Justice. (M) **12.00** Major Crimes. (M) **1.00** Extra. **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **10.00** Dawson's Creek. (PG) **11.00** Friends. (PG) **12.00** Young Sheldon. (PG) **1.00** Xena: Warrior Princess. (M) **2.00** Hercules. (M) **3.00** Pokémon. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** Be Cool, Scooby-Doo! (PG) **4.30** Tom And Jerry. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **9.00** Movie: Rambo: First Blood Part II. (M) (1985) **11.00** Big Bang. (PG) **12.00** Meet The Hackers. (M) **12.30** Friends. (PG) **1.30** Aqua Teen Hunger Force. (MA15+) **2.00** China, IL. (MA15+) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Polly Pocket. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** Pokémon. **4.50** Shopkins. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** My Kitchen Rules. (PG) Perfect strangers Milly and Karolina team up to try to impress the other contestants and the judges. **9.00** Instant Hotel. (PG) Homeowners compete for the title of the Best Instant Hotel by renting out their properties as accommodation. **10.15** Crazy On A Plane. (M) Dramatic mid-air stories caught on camera. **11.15** The Latest: Seven News. **11.45** Hooked On The Look. (MA15+) **12.15** Mistresses. (M) **1.15** Travel Oz. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** It's Academic. **7.30** Match It. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **10.30** NBC Press. **11.30** Vassili's Garden. (PG) **12.00** The Great Outdoors. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** To Be Advised. **6.30** Bargain Hunt. **7.30** Doc Martin. (PG) Mrs Tishell takes drastic action. **8.30** Lewis. (M) Lewis and Hathaway investigate a student's death. **10.30** Cold Feet. (M) **11.30** Medical Emergency. (PG) **12.00** Bargain Hunt. **1.00** Auction Squad. **2.00** The Great Outdoors. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** To Be Advised. **3.00** Judge Judy. (PG) **3.30** Ent. Tonight. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) Hosted by Mark Humphries and Dr Andrew Rochford. **6.30** The Project. **7.30** Dancing With The Stars. (PG) Aussie celebrities are partnered with professional dancers in a ballroom dancing competition. **9.30** The Graham Norton Show. Guests include Laura Linney, Saoirse Ronan, Timothée Chalamet, Stephen Mangan and The 1975. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

10 BOLD

6.00 Home Shopping. **8.00** RPM. **9.00** Monster Jam. **10.00** Cheers. (PG) **11.00** Sea Patrol UK. **12.00** Mission: Impossible. (PG) **1.00** Nash Bridges. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** NCIS. (M) **8.30** Law & Order: SVU. (M) **10.30** 48 Hours. (M) **11.30** Super Rugby Wrap. **12.30** Home Shopping. **2.00** Mission: Impossible. (PG) **3.00** Nash Bridges. (M) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (M)

ABC

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. Final. **11.00** Ask The Doctor. (PG) **11.30** Back Roads. **12.00** ABC News At Noon. **1.00** Landline. **2.00** Grantchester. (M) **3.00** The Cook And The Chef. **3.25** Julia Zemiro's Home Delivery. (PG) **4.00** Think Tank. (PG) **5.00** Grand Designs New Zealand. **6.00** The Drum. **7.00** ABC News. **7.30** 7.30. **8.00** Australian Story. **8.30** Four Corners. **9.15** Media Watch. (PG) **9.35** Q&A. **10.40** ABC Late News. **11.10** The Business. **11.30** Magical Land Of Oz. **12.25** Miniseries: The Cry. (M) **1.25** Grantchester. (M) **2.25** Stargazing Live. **3.25** Back To Earth: Stargazing Live. (PG) **4.00** Tony Robinson's Time Walks. (PG) **4.30** The Drum. **5.30** One Plus One.

ABC COM

6.00 Children's Programs. **6.25** Peter Rabbit. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Agony Of Modern Manners. (M) **8.30** The Office. (PG) **8.50** The Office. (PG) **9.15** The Good Place. (PG) **9.35** The Good Place. (PG) **10.00** Idiotsitter. (M) **10.20** 30 Rock. (PG) **10.45** Parks And Recreation. (PG) **11.05** Reno 911! (M) **11.30** The Office. (M) **11.50** The Office. (PG) **12.15** 30 Rock. (PG) **12.35** Parks And Recreation. (PG) **1.00** Reno 911! (M) **1.20** Shaun Micallef's MAD AS HELL. (M) **1.50** News Update. **1.55** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 WorldWatch. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Al Jazeera. **2.00** Look Me In The Eye. **3.05** Ball And Boe: One Night Only. **4.05** Hidden Restaurants With Michel Roux Jnr. **5.00** The Supervet. (PG) **6.00** Letters And Numbers. **6.30** News. **7.35** The Kennedys. New. **8.30** Michael Mosley: Guts. (M) **9.30** 24 Hours In Emergency. (M) **10.25** SBS News. **10.55** The World Game. **11.30** Home Ground. (M) **12.30** Being Transgender. (MA15+) **1.30** Frisky Business. (MA15+) **2.30** Frisky Business. (MA15+) **3.25** Frisky Business. (MA15+) **4.20** Poh's Kitchen Lends A Hand. **4.55** Spice Journey Turkey Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Movie: Suzanne. (M) (2013) **1.40** Search Party. (M) **2.05** Search Party. (M) **2.30** Nathan For You. (M) **2.55** It's Suppertime! (PG) **3.20** PopAsia TV. (PG) **4.20** Vs Arashi. (PG) **5.15** If You Are The One. (PG) **6.10** The Ice Cream Show. (PG) **6.35** MythBusters. (PG) **7.30** RockWiz Salutes. (M) **8.30** Housos. (MA15+) **9.00** Adam Looking For Eve VIP. (MA15+) **10.00** Taboos And Subcultures. (MA15+) New. **10.55** You're The Worst. (MA15+) **11.25** You're The Worst. (M) **11.55** Raised By Wolves. (M) **12.20** Raised By Wolves. (M) **12.50** Raised By Wolves. (M) **1.15** King Of The Road. (MA15+) **2.05** Drunk History UK. (M) **2.35** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** WorldWatch.



MOVIES

6.45pm The Commuter (2018) Action. Liam Neeson, Vera Farmiga. (M) *Premiere*
10.30pm Murder On The Orient Express (2017) Drama. Kenneth Branagh, Daisy Ridley. (M) *Premiere*
12.00am Love On The Slopes (2018) Romance. Katrina Bowden, Thomas Baudooin. (PG) *Romance*

GENERAL

1.00pm True Detective. (MA15+) *FOX Showcase*
9.30pm Mr Mercedes. (MA15+) *FOX Showcase*
9.30pm Siren. (M) *FOX8*

DOCUMENTARY

8.30pm Jamie & Jimmy's Food Fight Club. (PG) *Lifestyle Food*
8.30pm Casualty 24/7. (M) *Lifestyle*
9.30pm Hell's Kitchen USA. (MA15+) *Lifestyle Food*

SPORT

6.00am Snooker. Shoot Out. Final day. *Eurosport*
7.00pm Cricket. Second Test. South Africa v Sri Lanka. Day 5. *Fox Cricket*
10.30pm Cycling. UCI World Tour. UAE Tour. Stage 1. *Eurosport*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2502



Fun Reading 🐾 Reading for Life

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Story Dogs
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Would you be interested in a **voluntary position** where you go into a school with your pet dog and have approximately four chosen children come out, individually to read to your dog?

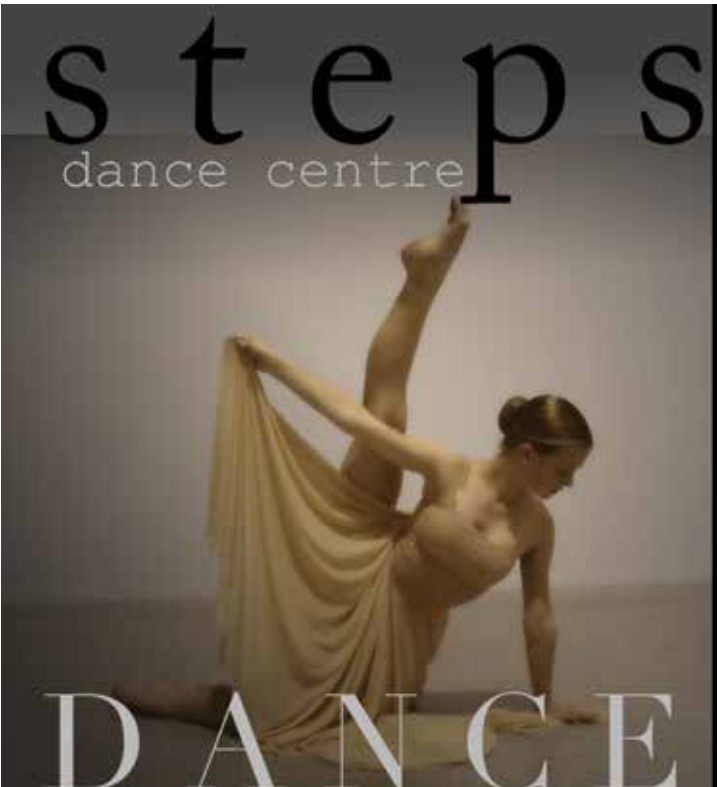
Your dog needs to be suitable for the job. So, if your dog is over or around 1 year, fairly calm and comfortable around people and children and has an intermediate level of obedience then please consider. Our volunteers and their dogs generally find the work enjoyable and rewarding. You do need to have time yourself. **The commitment is around 2 hours weekly during school terms.**

Go to www.storydogs.org.au to read all the information.

Julie Hadlum (area co-ordinator) will get a group together and find a suitable place to conduct the training & assessments there. If you are interested please contact Julie.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Married At First Sight. (M) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) **9.00** Travel Guides. (PG) **10.00** True Story With Hamish & Andy. (PG) **10.30** Better Late Than Never. (PG) **11.25** Chicago Justice. (M) **12.25** Major Crimes. (M) **1.15** Extra. **1.35** The Hold Down. (PG) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **10.00** Dawson's Creek. (PG) **11.00** Friends. (PG) **12.00** Big Bang. (PG) **1.00** Xena: Warrior Princess. (M) **2.00** Hercules. (M) **3.00** Children's Programs. **4.05** Be Cool, Scooby-Doo! (PG) **4.30** Tom And Jerry. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. **7.00** Big Bang. (PG) **7.30** Young Sheldon. (PG) **8.30** Movie: The 5th Wave. (M) (2016) **10.45** Big Bang. (PG) **11.10** Young Sheldon. (PG) **12.05** Science Of Stupid. (M) **12.30** Friends. **1.30** Robot Chicken. (MA15+) **2.00** Superjail! (MA15+) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Polly Pocket. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** Pokémon. **4.50** Shopkins. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Willow tries to pull through a second operation. **7.30** My Kitchen Rules. (PG) Group 1 returns with the power to send the second team home at the elimination cook-off. **9.15** The Good Doctor. (M) The new chief of surgery, Dr Jackson Han, believes Dr Shaun Murphy is a liability more than an asset. **10.15** The Resident. (M) Bell's confidence in Quovadis wavers. **11.15** The Latest: Seven News. **11.45** Me, Myself & I. (PG) New. **12.15** Movie: Running Home. (M) (1999) **2.30** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** It's Academic. **7.30** Match It. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** The Great Outdoors. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** To Be Advised. **6.30** Bargain Hunt. **7.30** Jonathan Creek. (M) **8.30** Crime Investigation Australia: Most Infamous. (MA15+) Takes a look at the murders of six young men in South Australia between 1979 and 1983. **10.00** To Be Advised. **11.00** Crimes That Shook The World. (MA15+) **12.00** Bargain Hunt. **1.00** Auction Squad. **2.00** The Great Outdoors. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** Ambulance Australia. (M) **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** Ambulance Australia. Return. **8.30** Hughesy, We Have A Problem. (M) Guests include Charlie Pickering, Em Rusciano, Dave O'Neil and Denise Scott. **9.30** NCIS: LA. (M) Callen and Sam pursue a spy who has obtained an arsenal of bomb materials. **10.30** NCIS: LA. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

10 BOLD

6.00 Home Shopping. **8.00** Super Rugby Wrap. **9.00** Jake And The Fatman. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** Mission: Impossible. (PG) **1.00** Nash Bridges. (M) **2.00** Jake And The Fatman. (PG) **3.00** Super Rugby Wrap. **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** NCIS. (M) **8.30** CSI: Miami. (M) **10.30** The Mentalist. (M) **12.30** Home Shopping. **2.00** Mission: Impossible. (PG) **3.00** Nash Bridges. (M) **4.00** Cheers. (PG) **5.00** The Doctors.

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Grand Designs NZ. **11.00** Ask The Doctor. (PG) **11.30** Back Roads. **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Grantchester. (M) **3.00** Poh's Kitchen. **3.30** Julia Zemiro's Home Delivery. (PG) **4.00** Think Tank. (PG) **5.00** Grand Designs NZ. **6.00** The Drum. **7.00** ABC News. **7.30** 7.30. **8.00** Foreign Correspondent. **8.30** Catalyst. Final. **9.30** Forces Of Nature With Brian Cox. **10.30** ABC Late News. **11.00** The Business. **11.15** Q&A. **12.25** Grantchester. (M) **1.25** Stargazing Live. **2.25** Back To Earth: Stargazing Live. (PG) **2.55** Forces Of Nature With Brian Cox. **4.00** Tony Robinson's Time Walks. **4.30** The Drum. **5.30** One Plus One.

ABC COM

6.00 Children's Programs. **5.50** Bluey. **6.00** Rusty Rivets. **6.15** Octonauts. **6.25** Peter Rabbit. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Adam Hills: The Last Leg. **8.40** Black Books. (PG) **9.05** The Office. (PG) **9.30** The Office. (PG) **9.50** Hang Ups. (M) New. **10.15** Man Like Mobeen. (M) **10.40** 30 Rock. (M) **11.05** Parks And Recreation. (M) **11.25** Reno 911! (M) **11.45** The Office. (PG) **12.10** The Office. (PG) **12.30** 30 Rock. (PG) **12.55** Parks And Recreation. (PG) **1.15** Reno 911! (M) **1.35** News Update. **1.40** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 WorldWatch. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Look Me In The Eye. (PG) **3.00** Who Do You Think You Are? (PG) **4.05** Hidden Restaurants With Michel Roux Jr. **5.00** The Supervet. (PG) **6.00** Letters And Numbers. **6.30** News. **7.35** Michael Portillo's Abandoned Britain. (PG) **8.30** Insight. **9.30** 8 Out Of 10 Cats Does Countdown. (M) **10.30** SBS News. **11.00** Ride Upon The Storm. (MA15+) **12.10** Spiral. (MA15+) **1.20** Gender Revolution With Katie Couric. (M) **3.05** Survival Of The Fabulous. (PG) **4.00** Frisky Business. (MA15+) **4.50** Destination Flavour China Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **10.30** Nepali News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** The Rise And Rise Of Bitcoin. (M) **1.50** Royal Navy School. (M) **2.40** It's Supertime! (PG) **3.05** States Of Undress. (PG) **4.00** PBS News. **5.00** If You Are The One. **6.10** News. **6.35** MythBusters. **7.30** The Business Of Life. **7.55** Rise. (M) **8.40** Payday. (M) **9.30** Scientology And The Aftermath. (M) **10.25** Dopesick Nation. (MA15+) **11.20** Wild Ride. (M) **11.50** Wild Ride. (M) **12.20** Movie: Plan B. (MA15+) (2016) **2.05** Drunk History UK. (M) **2.35** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

8.30pm The Breaker Upperers (2018) Comedy. Madeleine Sami, Jackie van Beek. Two women set up an agency to break couples up. (M) **Premiere**
9.55pm Downsizing (2017) Comedy. Matt Damon, Christoph Waltz. (M) **Premiere**
10.25pm Wind River (2017) Drama. Jeremy Renner, Elizabeth Olsen. (MA15+) **Masterpiece**
GENERAL
7.30pm SALLY4Ever. (MA15+) FOX Showcase
8.00pm Camping. (MA15+) FOX Showcase
8.30pm Marvel's Runaways. (M) FOX8
DOCUMENTARY
7.30pm Trace Of Evil. (MA15+) Crime & Investigation
8.30pm The Great British Bake Off. (PG) Lifestyle Food
8.30pm Vanity Fair Confidential. (M) Crime & Investigation
SPORT
1.00pm Basketball. College. Big 12
Conference. Kansas v Kansas State. ESPN
5.00pm AFL 360. Fox Footy
10.30pm Cycling. UCI World Tour. UAE Tour. Stage 2. Eurosport

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2602

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Married At First Sight. (M) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) **9.00** New Amsterdam. (M) **10.00** True Medical. (M) **11.00** Rizzoli & Isles. (MA15+) **11.55** Cold Case. (M) **12.45** Real Detective. (M) **1.35** Extra. **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **8.30** Ninjago. (PG) **9.00** Shopkins. **9.30** Surprises. **10.00** Dawson's Creek. (PG) **11.00** Friends. **12.00** Mom. (M) **1.00** Xena: Warrior Princess. (M) **2.00** Hercules. (M) **3.00** Pokémon. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** Be Cool, Scooby-Doo! (PG) **4.30** Tom And Jerry. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie: xXx. (M) (2002) **11.00** Big Bang. (PG) **12.00** BattleBots. (PG) **1.00** Friends. (PG) **1.30** Robot Chicken. (MA15+) **2.00** Superjail! (MA15+) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Polly Pocket. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** Pokémon. **4.50** Shopkins. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** My Kitchen Rules. (PG) Group 1 and 2 face off for the first time in a challenge celebrating the most memorable dishes in the show's history. **9.00** Undercurrent: Real Murder Investigation. (M) The continued investigation into the January 27, 2009 disappearance of Bob Chappell. **10.05** The Taxi Cab Rapist. (MA15+) **11.05** The Latest: Seven News. **11.35** Robbie Coltrane's Critical Evidence. (M) **12.35** Marvel's Agent Carter. (M) **1.30** Harry's Practice. **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** It's Academic. **7.30** Match It. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** The Great Outdoors. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** To Be Advised. **6.30** Bargain Hunt. **7.30** Pie In The Sky. (PG) **8.30** The Inspector Lynley Mysteries. (M) The body of a British child who was abducted 15 years ago is discovered in the grounds of an Italian country villa. **10.30** To Be Advised. **11.30** Medical Emergency. (PG) **12.00** Bargain Hunt. **1.00** Auction Squad. **2.00** Shopping. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** Bondi Rescue. **8.00** Bondi Rescue. (PG) **8.30** Law & Order: S.V.U. Fin teams up with an old colleague to track down the proprietor of a "pop-up" brothel. **9.30** Law & Order: S.V.U. (M) Detective Odafin "Fin" Tutuola investigates a man's claim that his sister was gang raped. **10.30** Hawaii Five-O. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

10 BOLD

6.00 Home Shopping. **8.00** Star Trek: Voyager. (PG) **9.00** Jake And The Fatman. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** Mission: Impossible. (PG) **1.00** Nash Bridges. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** NCIS. (M) **8.30** NCIS: Los Angeles. (M) **10.30** NCIS. (M) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Mission: Impossible. (PG) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (PG)

ABC

6.00 Morning Programs. **11.00** Ask The Doctor. (PG) **11.30** Back Roads. (PG) **12.00** ABC News At Noon. **12.30** Press Club. **1.30** Compass. **2.00** Grantchester. (M) **3.00** The Cook And The Chef. **3.25** Julia Zemiro's Home Delivery. (PG) **4.00** Think Tank. (PG) **5.00** Grand Designs NZ. **6.00** The Drum. **7.00** ABC News. **7.30** 7.30. **8.00** Hard Quiz. **8.30** Rosehaven. (PG) **9.00** Get Krackin'. (MA15+) **9.30** Would I Lie To You? **10.00** Adam Hills: The Last Leg. **10.45** ABC Late News. **11.15** The Business. **11.30** Four Corners. **12.15** Media Watch. (PG) **12.35** Grantchester. (M) **1.20** Rage. (MA15+) **2.35** Stargazing Live. **3.35** Back To Earth: Stargazing Live. (PG) **4.00** Tony Robinson's Time Walks. (PG) Final. **4.30** The Drum. **5.30** One Plus One.

ABC COM

6.00 Children's Programs. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Absolutely Fabulous. (PG) **8.30** Upper Middle Bogan. (M) **9.00** The Office. (PG) **9.20** The Office. (PG) **9.45** Sick Of It. (M) **10.10** Asian Provocateur: Mum's American Dream. (M) **10.40** 30 Rock. (PG) **11.00** Parks And Recreation. (PG) **11.25** Reno 911! (M) **11.45** The Office. (PG) **12.05** The Office. (PG) **12.30** 30 Rock. (M) **12.55** Parks And Recreation. (M) **1.15** Reno 911! (M) **1.40** Would I Lie To You? (PG) **2.10** News Update. **2.15** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 WorldWatch. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Look Me In The Eye. (PG) **3.00** Insight. **4.00** Hidden Restaurants With Michel Roux Jnr. **5.00** The Supertv. **6.00** Letters And Numbers. **6.30** News. **7.30** Gourmet Farmer. (PG) **8.00** Railway Journeys UK. **8.35** Secrets Of The Toy Shop: Inside Hamleys. **9.30** McMafia. (M) **10.40** SBS News. **11.00** Berlin Station. (M) **12.00** Movie: Hide And Seek. (MA15+) (2014) **1.35** Ride Upon The Storm. (M) **2.45** Scrum. (MA15+) **3.50** Poh's Kitchen Lends A Hand. (PG) **4.25** Poh's Kitchen. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Soccer. EPL. Chelsea v Tottenham Hotspurs.

SBS VLND

6.00 WorldWatch. **9.00** Croatian News. **9.30** Serbian News. **10.00** Dutch News. **10.30** African News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Norwegian Ninja. (M) (2010) **1.25** Release The Hounds. (M) **2.20** The Spoils Before Dying. (M) **2.45** It's Suppertime! (PG) **3.10** Huang's World. (PG) **4.00** PBS News. **5.00** If You Are The One. **6.10** News. **6.35** MythBusters. (PG) **7.30** RockWiz Salutes. (M) **8.35** Movie: Jaws: The Revenge. (1987) **10.20** Movie: Troll 2. (M) (1991) **12.05** Heartless. (MA15+) **12.55** Heartless. (MA15+) **1.45** Heartless. (M) **2.35** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

8.30pm Darkland (2017) Action. (MA15+) **Masterpiece** **8.30pm Kingsman: The Golden Circle** (2017) Action. (MA15+) **Action** **11.00pm Tomb Raider** (2018) Adventure. Alicia Vikander. An adventurous young woman travels to an island to seek answers over the disappearance of her father. (M) **Premiere**

GENERAL

7.30pm Empire. (MA15+) **FOX Showcase** **8.30pm Strike Back.** (MA15+) **FOX Showcase** **9.00pm Teachers.** (MA15+) **Comedy** **DOCUMENTARY** **7.30pm Unmasking A Killer.** (M) **Crime & Investigation** **7.30pm Heavy Metal: The Evolution Of The Naval Warship.** (PG) **History** **9.30pm Location Location Location.** (PG) **Lifestyle**

SPORT

2.30pm Basketball. NBA. Denver Nuggets v Oklahoma City Thunder. **ESPN** **6.30pm AFL 360.** **Fox Footy** **10.30pm Cycling.** UCI World Tour. UAE Tour. Stage 3. **Eurosport**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Married At First Sight. (M) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Young Sheldon. (PG) **8.00** Young Sheldon. (PG) **8.30** Australian Crime Stories. (M) **9.30** Bad Mothers. (M) **10.30** To Be Advised. **11.30** Manifest. (M) **12.30** Imposters. (M) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **10.00** Dawson's Creek. (PG) **11.00** Friends. (PG) **12.00** Big Bang. (PG) **12.30** Mom. (M) **1.00** Xena: Warrior Princess. (M) **2.00** Hercules. (M) **3.00** Children's Programs. **4.30** Tom And Jerry. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Survivor: Edge Of Extinction. (PG) **8.30** To Be Advised. **10.30** Big Bang. (PG) **11.00** Kevin Can Wait. (PG) **12.00** WWE Raw. (MA15+) **1.00** Friends. (PG) **2.00** Superjail! (MA15+) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Polly Pocket. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** Pokémon. **4.50** Barbie: Dreamhouse Adventures. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) The bay farewells Coco to Cairns. Seeing Ziggy in hospital may be the wake-up call that Brody needs. **8.30** Ms Fisher's Modern Murder Mysteries. (M) When a pop star and his back-up singer are electrocuted, Peregrine's ex-boyfriend becomes a suspect. **10.30** The Latest: Seven News. **11.00** Autopsy USA. (M) A look at the death of George Michael. **12.00** Powerless. (PG) **12.30** Powerless. (PG) **1.00** Grey's Anatomy. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** It's Academic. **7.30** Match It. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** The Great Outdoors. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** To Be Advised. **6.30** Bargain Hunt. **7.30** Father Brown. (M) A murder occurs during a treasure hunt. **8.30** Murdoch Mysteries. (M) Murdoch meets a man claiming to be Sherlock Holmes while searching for a murderous gang of armed robbers. **11.30** Medical Emergency. (PG) **12.00** Bargain Hunt. **1.00** Auction Squad. **2.00** The Great Outdoors. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** Show Me The Movie! Hosted by Rove McManus. **8.30** Gogglebox. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. **9.30** Blue Bloods. (M) Danny encounters a robbery in progress and is forced to use his weapon while off duty. **10.30** Blue Bloods. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

10 BOLD

6.00 Home Shopping. **8.00** Star Trek: Voyager. (PG) **9.00** Jake And The Fatman. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** Mission: Impossible. (PG) Final. **1.00** Nash Bridges. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** NCIS. (M) **8.30** Hawaii Five-0. (M) **9.30** Madam Secretary. (M) **10.30** NCIS. (M) **11.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Mission: Impossible. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Cheers. (PG)

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Grand Designs NZ. **11.00** Ask The Doctor. (PG) **11.30** Back Roads. **12.00** ABC News At Noon. **1.00** Adam Hills: The Last Leg. **2.00** Grantchester. (M) **3.00** The Cook And The Chef. **3.25** Julia Zemiro's Home Delivery. (PG) **4.00** Think Tank. (PG) **5.00** Grand Designs NZ. **6.00** The Drum. **6.55** Sammy J. **7.00** ABC News. **7.30** 7.30. **8.00** Escape From The City. **9.00** Grand Designs Australia. **9.50** The Tunnel: Sabotage. (MA15+) Final. **10.45** ABC Late News. **11.15** The Business. **11.30** Wentworth. (M) **12.20** Rage. (MA15+) **1.20** Press Club. **2.20** The Tunnel: Sabotage. (MA15+) **3.15** Wentworth. (M) **4.00** Catalyst. **4.30** The Drum. **5.25** Sammy J. **5.30** One Plus One.

ABC COM

6.00 Children's Programs. **6.15** Octonauts. **6.25** Peter Rabbit. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Tomorrow Tonight. (PG) **8.30** Utopia. **9.00** Sammy J. **9.05** The Office. (PG) **9.25** The Office. (PG) **9.50** Get Krack!n. (MA15+) **10.20** The Good Place. (PG) **10.40** The Good Place. (PG) **11.05** 30 Rock. (PG) **11.25** Parks And Recreation. (PG) **11.50** Reno 911! (M) **12.10** The Office. (PG) **12.35** The Office. (PG) **12.55** 30 Rock. (PG) **1.20** Parks And Recreation. (PG) **1.40** Reno 911! (M) **2.05** News Update. **2.10** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 Soccer. EPL. Chelsea v Tottenham Hotspurs. Continued. **8.20** WorldWatch. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Soccer. EPL. Chelsea v Tottenham Hotspurs. Replay. **4.30** VICE World Of Sports. **5.00** The Supervet. (PG) **6.00** Letters And Numbers. **6.30** News. **7.30** Henry IX: The Lost King. **8.35** Secrets of Harrods Department Store. **9.30** Miniseries: Trust Me. **10.35** Counterpart. **11.40** SBS News. **12.00** The Good Fight. (M) **12.45** The Good Fight. (M) **1.45** The Night Manager. (M) **2.40** The Night Manager. (M) **3.30** The Night Manager. (M) **4.25** Poh's Kitchen Lends A Hand. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **9.30** Serbian News. **10.00** Dutch News. **10.30** Somali News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Firestarter. (M) (1984) **2.00** Release The Hounds. (M) **3.00** Dead Set On Life. (PG) **3.30** Woman With Gloria Steinem. (PG) **4.00** PBS News. **5.00** VICE. (PG) **5.30** News. **6.00** Soccer. Cup of Nations. Australia v New Zealand. **8.30** MythBusters. (PG) **9.30** The Feed. **10.30** Sex Diaries. (M) **11.25** Living With The Enemy. (M) **12.25** Movie: Unresolved Sexual Tension. (MA15+) (2010) **2.05** Drunk History UK. (MA15+) **2.30** Deutsche Welle. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.25pm Girls Trip (2017) Comedy. Queen Latifah, Jada Pinkett Smith. (MA15+) **Comedy**
8.30pm Super Troopers 2 (2018) Comedy. Jay Chandrasekhar, Kevin Heffernan. (MA15+) **Premiere**
10.10pm Killing Gunther (2017) Action. Arnold Schwarzenegger. (MA15+) **Premiere**

GENERAL
8.30pm Flack. (MA15+) FOX
Showcase
9.00pm Future Man. (MA15+) Comedy Channel
9.30pm Legacies. (M) FOX8

DOCUMENTARY

7.30pm SCREEN. Foxtel Arts
8.30pm Grand Designs New Zealand. (PG) Lifestyle
8.30pm The Day The Rock Star Died. Foxtel Arts

SPORT

6.30pm Football. JLT Community Series. Carlton v Essendon. Fox Footy
7.00pm Soccer. Cup of Nations. Australia v New Zealand. Fox Sports 505
10.00pm Tennis. ATP World Tour. Dubai Championships. Quarter-finals. ESPN2

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Stolen. (M) (2012) Nicolas Cage, Malin Akerman, Josh Lucas. A former thief searches for his missing daughter who has been locked in the trunk of a taxi. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** RBT. (PG) **8.30** Movie: Gladiator. (M) (2000) Russell Crowe, Joaquin Phoenix, Connie Nielsen, Oliver Reed. After a successful Roman general is betrayed and his family murdered by the emperor's heir, he seeks revenge. **11.40** New Amsterdam. (M) **12.35** Cold Case. (M) **1.30** TV Shop: Home Shopping. **4.00** Global Shop. **4.30** The Avengers. (PG) **5.30** A Current Affair.

GO!

6.00 Children's Programs. **9.30** Surprises. **10.00** Dawson's Creek. (PG) **11.00** Friends. (PG) **12.00** Mom. (M) **1.00** Xena: Warrior Princess. (M) **2.00** Hercules. (M) **3.00** Pokémon. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** Be Cool, Scooby-Doo! (PG) **4.30** Tom And Jerry. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.30** To Be Advised. **8.30** Movie: My Super Ex-Girlfriend. (M) (2006) **10.30** Movie: Elektra. (M) (2005) **12.30** WWE Smackdown. (MA15+) **1.30** Tattoo Fixers. (MA15+) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Polly Pocket. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** Pokémon. **4.50** Barbie: Dreamhouse Adventures. **5.10** Kate And Mim-Mim. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Better Homes. Host Johanna Griggs and the team demonstrate some terrific ideas for the house, garden and the kitchen. **8.30** Movie: The Martian. (M) (2015) Matt Damon, Jessica Chastain, Kristen Wiig. Believed to be dead by his crew, an astronaut is stranded on Mars and has to rely on his ingenuity to survive. **11.30** To Be Advised. **12.45** Grey's Anatomy. (M) Final. The doctors attend Alex and Jo's wedding. **2.00** Shopping. **4.00** The Great Outdoors. Jennifer takes a Queensland island resort masterclass. **5.00** NBC Today.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** It's Academic. **7.30** Match It. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** House Of Wellness. (PG) **1.00** The Great Outdoors. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** To Be Advised. **6.30** Bargain Hunt. **7.30** Border Security: Int. (PG) A woman's Jamaican holiday ends in a cell. **8.30** Selling Houses Aust. A gravedigger wants to sell his house. **10.30** Property Ladder UK. (PG) **11.30** Medical Emergency. (PG) **12.00** Bargain Hunt. **1.00** Auction Squad. **2.00** The Great Outdoors. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. A look at the day's news. **7.30** Changing Rooms. Couples transform three rooms of a home they swapped with their family, friends or neighbours. **9.00** The Graham Norton Show. Guests include Dame Judi Dench, Sir Kenneth Branagh, Anthony Joshua, Greg Davies and Noomi Rapace. **10.00** To Be Advised. **11.00** The Project. **12.00** Stephen Colbert. (PG) **1.00** Shopping.

10 BOLD

6.00 Home Shopping. **8.00** Star Trek: Voyager. (PG) **9.00** Jake And The Fatman. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** The Mentalist. (M) **1.00** Hogan's Heroes. **1.30** Motor Racing. Supercars Championship. Round 1. Adelaide 500. Practice and Qualifying. From Adelaide Street Circuit. **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **11.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Nash Bridges. (M) **3.00** Walker, Texas Ranger. (M)

ABC

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Grand Designs New Zealand. **11.00** Ask The Doctor. Final. **11.30** Back Roads. (PG) **12.00** ABC News At Noon. **1.00** One Plus One. **1.30** Foreign Correspondent. **2.00** Miniseries: Mrs Wilson. (PG) **3.00** Poh's Kitchen. **3.25** Julia Zemiro's Home Delivery. (PG) **4.05** Think Tank. (PG) **5.00** Grand Designs New Zealand. (PG) **6.00** The Drum. **7.00** ABC News. **7.30** Gardening Australia. **8.30** The Heights. (PG) **9.00** The Heights. (PG) **9.25** The Split. (PG) **10.25** ABC Late News. **10.55** The Business. **11.10** Rosehaven. (PG) **11.35** Planet America. **12.20** Rage. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **6.15** Octonauts. **6.25** Peter Rabbit. **6.40** Ben And Holly. **6.50** Dino Dana. **7.05** Andy's Wild Adventures. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Hard Quiz. **8.30** Rosehaven. (PG) **9.00** The Office. (PG) **9.20** The Office. (PG) **9.45** Upstart Crow. (PG) **10.15** W1A. (M) **10.45** Alan Partridge's Mid-Morning Matters. (PG) **11.00** 30 Rock. (PG) **11.25** Parks And Recreation. (PG) **11.45** Workaholics. (M) **12.10** The Office. (PG) **12.30** The Office. (PG) **12.55** 30 Rock. (PG) **1.15** Parks And Recreation. (PG) **1.40** Reno 911! (M) **2.00** News Update. **2.05** Close. **5.00** The WotWots. **5.10** Bottle Top Bill. **5.20** Postman Pat Special Delivery Service. **5.35** Wiggle, Wiggle, Wiggle.

SBS

6.00 WorldWatch. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** The Point. **3.00** NITV News Week In Review. **3.30** Back In The Soviet Bloc. **4.00** Hidden Restaurants With Michel Roux Jnr. **5.00** The Supervet. **6.00** Letters And Numbers. **6.30** News. **7.30** Coast New Zealand. **8.30** Movie: Pride. (M) (2014) Bill Nighy. **10.40** SBS News. **11.10** The Feed. **12.10** Movie: In Bed With Victoria. (M) (2016) **1.55** Versailles. (MA15+) **3.00** Versailles. (MA15+) **4.00** Poh's Kitchen Lends A Hand. (PG) **4.30** Poh's Kitchen. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Goodbye First Love. (M) (2011) **2.00** PopAsia TV. (PG) **3.00** Human Resources. (PG) **3.25** Legally Brown. **3.55** PBS News. **4.55** If You Are The One. **6.05** News. **6.30** Munchies Guide To Northern England. (PG) **7.20** Monty Python's Flying Circus. (PG) **7.55** Monty Python's Flying Circus. **8.30** Brooklyn Nine-Nine. **9.00** The Orville. **9.55** The Erector. **10.55** Caso Cerrado. **11.45** Caso Cerrado. Final. **12.35** Spotless. (MA15+) **1.35** Spotless. (MA15+) **2.40** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR

MOVIES
8.30pm Shock And Awe (2017) Drama. Woody Harrelson, James Marsden. (MA15+) *Premiere*
8.30pm The Female Brain (2017) Comedy. Whitney Cummings, Toby Kebbell. (M)
Romance
10.05pm Unsane (2018) Thriller. Claire Foy, Joshua Leonard. (MA15+) *Premiere*
GENERAL
8.30pm Broad City. (MA15+) *Comedy Channel*
8.30pm Last Man Standing. (PG) *FOX8*
9.00pm The Cool Kids. (M) *FOX8*
DOCUMENTARY
7.30pm Paramedics: On The Front Line. (M) *Crime & Investigation*
7.30pm Discovering Britain. (PG) *History*
9.30pm Surviving R Kelly. *Crime & Investigation*
SPORT
9.00am Motor Racing. Supercars Championship. Round 1. Adelaide 500. *Fox Sports 506*
7.00pm Football. JLT Community Series. West Coast v Geelong. *Fox Footy*
7.50pm Soccer. A-League. Round 21. Sydney FC v Adelaide United. *Fox Sports 505*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

Our Guest speaker this week was Louise Macgregor from Emmaus Health and Wellness. Louise spoke of the benefits of the services and products that she provides.

After morning tea we played a fun game of TV knowledge which led to lots of chatting and laughter.

Tuesday February 26th . Lunch at Lawnton Tavern. Bookings closed.

Tuesday March 5th. Monthly General Meeting. Shrove Tuesday Pancake Morning Tea. Visitors welcome.

Tuesday March 12th . Guest Speaker. Kylie Fuad from Aussie Housesitters. Visitors welcome.

Tuesday March 19th. TBA.

For further information please contact Trish 0447 071 221 or Sue 0418 785 944.

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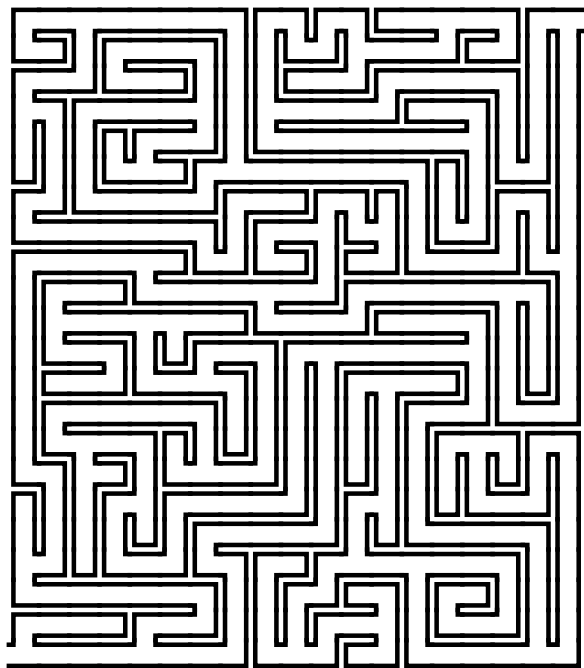
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AMAZING MAZES



CROSSWORD SOLUTION FROM LAST ISSUE

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CROSSWORD 1904

Crafted by the skilled hands of Laurie Stibbe

ACROSS

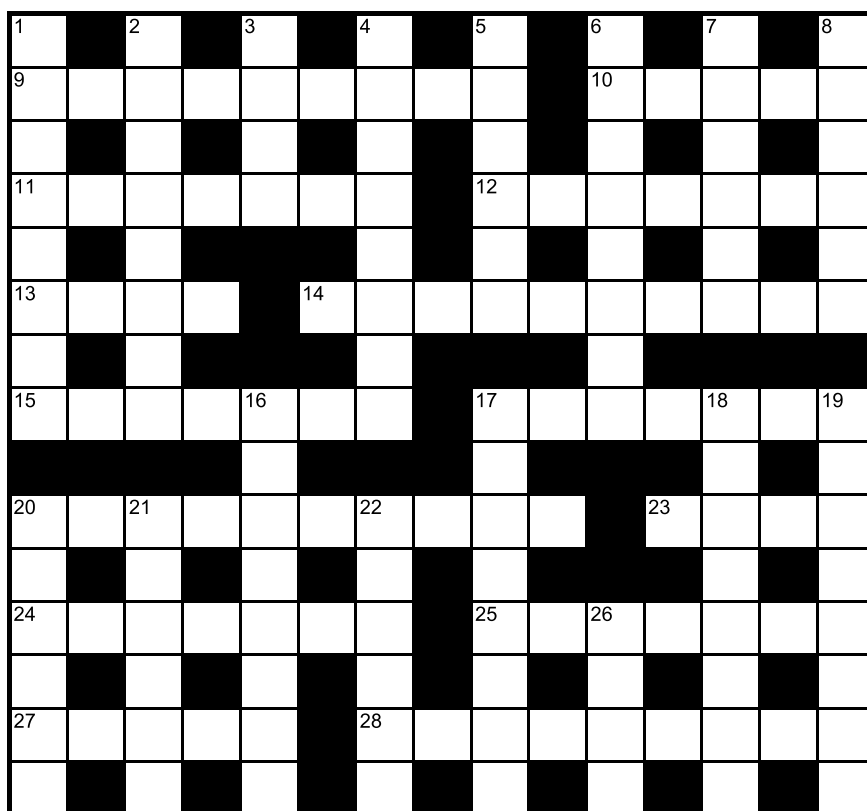
- 9 Graceful dancer
10 Plunder, ransack
11 Mineral pitch used on roads
12 Envisage
13 25.4mm
14 Deluge
15 Heavy particle of atomic nucleus
17 Wind jackets or marijuana joints
20 Puzzles like this one
23 Gas operated machine gun
24 Frying pan
25 Rear portion of a motor mower
27 Growing old gracefully
28 Make mathematical task

* The answer is ALOPECIC.

It's the only word that would fit.

DOWN

- 1 Erosion by friction
2 * Pertaining to loss of hair
3 6th letter of Greek alphabet
4 Combined sporting event
5 Large white Australian stork
6 Preliminary introduction
7 Salted sturgeon roe
8 Misleading falsehood
16 Green fodder kept in a silo
17 Derision
18 Man of this world
19 Lookouts
20 Natural and unstudied
21 Inception
22 Eyes
26 Consistent with fact



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To post email: community@northlakesmessenger.com.au

- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise

INVESTORS FACE UNCERTAINTY IN 2019

DUE TO REVIEW OF THE RESIDENTIAL TENANCIES AND ROOMING ACCOMMODATION ACT, SAYS REIQ

While the Queensland property market is poised for a solid performance in 2019, investors are facing uncertainty as they stare down the twin threats of legislative reform at state and federal levels.

The State Government is set to finalise its ongoing review of the Residential Tenancies and Rooming Accommodation Act in the first half of this year, with a range of potential measures that are concerning to landlords.

"The public rhetoric around this review seems to focus on eroding landlord rights and creating severe imbalance with disproportionate levels of power weighted in favour of tenants," Ms Mercorella said.

"The legislation must serve both parties equally, rather than give all the rights to one party and disadvantage the other. Distorted laws serve no one and will only create dysfunction in the rental sector," Ms Mercorella said.



"This concerns us because more than 34 per cent of Queenslanders rent and that number is rising, and if we lose investors we may face a rental accommodation shortage."

Equally concerning to investors are the flagged changes to the negative gearing provisions from federal Labor.

"The negative gearing policy was first announced in 2015 when Sydney and Melbourne house prices were growing at double-digit rates. It

was seen as a way to limit investor activity in the market and make way for owner occupiers, creating less competition for stock and, as a result, soften price growth.

"However, prices in Sydney and Melbourne are now falling. This raises the question - does the nation really need a policy that is designed to push house prices down? What purpose do these changes serve now?" Ms Mercorella said.

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Sebastian Markart

Seller of 15 Chilton Crescent



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Sarah & Scott

Sellers of 72 Palmerston Street, North Lakes



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62 McNeill Road, Kallangur

Offers over \$449,000 4  2  1 




12 Rainbird Circuit, Kallangur

Offers over \$625,000 4  2  2 






8 Willandra Parade, North Lakes

Offers over \$569,000 4  2  2 






117 Phillip Parade, Deception Bay

Auction 6  3  3 






1026 Dohles Rocks Road, Griffin

Motivated Seller 4  2  1 



28/10-22 Blyth Road, Murrumba Downs

Offers over \$249,000 3  2  1 






53 Dickson Crescent, North Lakes

Offers over \$429,000 4  2  2 






4 Pandorea Circuit, North Lakes

Interest over \$419,000 4  2  2 



23 Starling Street, Mango Hill

\$699,000+ 4  2  2 





17 Cascade Court, Murrumba Downs

\$605,000 4  2  2 






9 Barrington Close, Murrumba Downs

Offers over \$499,000 4  2  2 



40 Parkside Drive, Kallangur

\$389,000 3  1  1 



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- If you were to stretch a Slinky out until it's flat, it would measure 87 feet long.
- Al Capone's business card said he was a used furniture dealer.
- There are more collect calls on Father's Day than on any other day of the year.
- Banging your head against a wall burns 150 calories an hour.
- 95% of people text things they could never say in person.
- A crocodile can't poke its tongue out. It is physically impossible for pigs to look up into the sky.
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