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Lakes, Bay & Region · October 27, 2018

## FOR THE SAKE OF OUR CHILDREN IT'S TIME TO SWITCH OFF

Parental use of mobile  
devices depriving children  
of vital interaction and life-  
development opportunities

LEONIE ON: HOW CAN I MAKE MY DREAMS A REALITY?

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CONTACT

## THE Messenger

Now in its twelfth year, the Messenger is your free weekly publication. Wholly owned, operated and produced locally. Proudly independently published.

ABN 129 5493 7979.

### NEWSROOM/EDITORIAL/SUBMIT A STORY

The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education. Email reports and pictures to Editor Dan Fidler via:

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*The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, past, present and emerging.*

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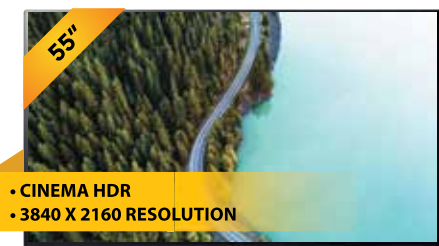
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# “Breathe Easy” Air Treatment Solutions

by James Scott, Assistant Manager at Harvey Norman Rothwell

**Air Purification** - Most commonly air purification is a reactive purchase to a problem. People with allergies, Asthma and even skin sensitivities will most often seek a solution to a pre-existing condition. But why would people without these conditions consider purifying the air they breathe at home?

Air Purifiers do just that, they clean and purify the air in your home that you and your family breathe all day. From pollens to dust, bacteria's and mould/spore build up all the way to the odours

left behind by your beloved family pets. Air Purifiers will cleanse the environment that you live in so that you can “breathe easy” knowing that the air in your home is free from any impurities that are left behind after regular cleaning.



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If you experience dry and sensitive skin a Humidifier is the perfect way to relieve the discomfort of the dry seasons. No more static shocks, humidifiers produce a constant level of humidity to condition the air. Humidifiers can



also suppress airborne viruses transmitted by coughing, making your home healthier, happier and more comfortable.



## Dehumidifiers -

People in tropical climates know all too well the effects of a high humidity environment.

High moisture levels in the air can make your home environment quite uncomfortable. However the benefits of a

Dehumidifier go further than just making you home comfortable, they also provide a range of health benefits making your home less hospitable to allergens such as dust mites,

**Diffusers** – Using a diffuser is one of the most effective ways to disperse essential oils in your home. Essential oils provide your home with numerous health benefits. Citrus to boost immunity, Peppermint to open airways or relieve headaches and Lavender to boost your mood and help you to relax. Three great examples of how essential oils can change the environment in your home.





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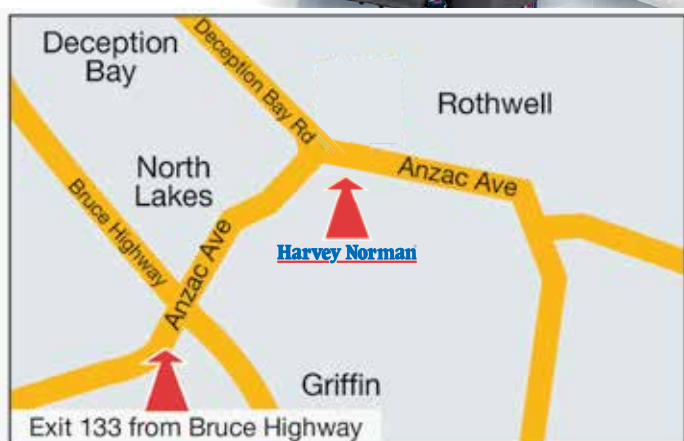
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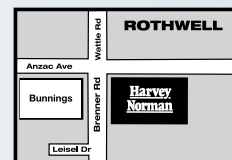
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# PARENTS: IT'S TIME TO SWITCH OFF

Parents are depriving their children of vital interaction and life-development opportunities by failing to recognise how much time they spend glued to their mobile devices



In a study that puts parents under the microscope, Master of Educational and Developmental Psychology and PhD candidate, Carrie Ewin, says children are in real danger of losing their primary caregivers to mobile devices which can have long-term consequences for parent-child interactions.

Carrie conducted an observational study of 70 parents using mobile phones and electronic tablets in the company of their children at food courts and play areas in shopping centres. This involved detailed notes being taken by an observer sitting close to the parents and their children.

Parents were closely watched to identify how they used their devices while caring for their children. The way that children reacted when their parents

used a mobile phone and how this affected their interactions was also noted. This included the tapping, swiping and speaking habits of parents plus their children's behaviour, body language and conversation.

"The reason for conducting an observational study was to help understand how parents use mobile devices and how kids respond, in real every day moments," Carrie said.

"Very little research has investigated this issue in Australia and mobile devices are now a staple in our lives so it's important that we understand how they affect parent-child relationships. Many parents honestly have no idea how much time they spend on their phones when their children are with them."

Early findings of the study show that of the 70 child-caregiver groups observed, nearly 82% included a caregiver that used a mobile device for more than 10 minutes. One caregiver was observed spending nearly two hours absorbed in their mobile device.

Some parents also missed signs of danger, such as their children falling or wandering off, and many parents offered very little conversation or engagement.

"One parent was so engrossed in their device – for more than 30 minutes – that they didn't notice their son hitting play equipment or crawling over furniture. Another caregiver didn't see their baby standing up and falling out of a pram," Carrie said.

"Another child was observed sitting silently and fiddling with a strap, without sharing any conversation, laughter or smiles, for 20 minutes until she tried to get her father's attention by giving him a hug. Even then, the parent still didn't look up."

A surprising observation was that a vast majority

of children recognised their parents were 'busy', yet chose to not play with or use a mobile device during the observed period. Instead, they opted to play with their siblings or occupied themselves in another way.

However, some children attracted attention through provocative behaviours – including climbing over furniture, raising voices, calling out and aggravating siblings. Despite being well-intentioned, the majority of parents' responses were flippant or ignored their child's needs. Some parents remained silent for some time while their children were behaving poorly.

"There has been a lot of commentary about parents losing connection to their children as mobile devices take hold of their lives. This study reveals that parents struggle to engage with their children when they have a mobile device and often model the absorbed and distracted behaviour that children are criticised for," Carrie said.

"This research calls on parents to balance their device use and actively engage with their children during everyday moments like eating and playing.

"High levels of parental absorption with mobile devices may significantly impact parental responsiveness, non-verbal gestures and shared language. Parent-child language is essential for the formation of children's early language skills and also has many other developmental benefits such as bonding and learning to regulate emotions."

"Given the important role that parents have in the development of young children's language, social, emotional and cognitive competence, it is critical we understand what influences parents to interact positively and what might impede or distract positive parent-child interactions," Dr Reupert said.

The study will be completed in 2020.

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# HISTORIC CHANGE TO ABORTION LAWS

## Abortion will be legal in Queensland for the first time in 119 years

In Queensland abortion is currently defined as unlawful in the Queensland Criminal Code and both women and doctors can be prosecuted. Abortion is only legal when physical or mental health is a serious concern.

The Termination of Pregnancy Bill 2018 was drafted based on the Queensland Law Reform Commission's detailed review of current legislation, and repeals on those specific sections of the Criminal Code which currently made terminations a crime.

Last week, in one of the state's largest ever legislative reforms, those 1899 criminal codes were scrapped in the *Termination of Pregnancy Act 2018*.

Premier Anastacia Palaszczuk said the Termination of Pregnancy Act 2018 will ensure women can access services and health professionals can provide these services without fear or stigma.

"This is an historic day for Queensland. The Palaszczuk Government is proud to deliver on our election commitment to modernise and clarify the laws around termination of pregnancy," Ms Palaszczuk said.

"We now join other jurisdictions, both in Australia and around the world, in recognising termination

as a health matter.

"These changes affirm the Palaszczuk Government's commitment to respecting the rights and autonomy of women."

Health Minister Steven Miles said the new laws would protect health workers doing their job and going to and from work.

"Nobody should have to wonder every day if they are breaking the law, nobody should be harassed going to work, least of all our hardworking doctors and nurses who are looking after Queenslanders," he said.

*IN ONE OF THE STATE'S LARGEST EVER LEGISLATIVE REFORMS, 1899 CRIMINAL CODES WERE SCRAPPED IN THE TERMINATION OF PREGNANCY ACT 2018*

"These laws provide our doctors and nurses with that certainty."

Deputy Premier Jackie Trad said in adopting the laws recommended by the Queensland Law Reform Commission, the Parliament recognised their extensive work in drafting evidence based, best practice legislation.

"The QLRC has provided government and this parliament with the reform design that we need to decriminalise abortion and regulate it as a health matter for the benefit of Queensland women and medical and health practitioners," Ms Trad said.

"I am incredibly proud of what we have achieved

today. The right of women to control their own reproduction, their own bodies is such an important part of equality in our society.

"I particularly thank the community that has been part of this campaign. It has been a community that has been assembled over the last 40 years."

Attorney General Yvette D'Ath said that these laws would finally bring Queensland into the 21st Century.

"I am so proud, as the Attorney-General of this state, as a woman, as a mother, to witness this significant reform which provides long-needed clarity," Ms D'Ath said.

"We've done this for our mothers, our sisters, our daughters, our friends. For women who have fought long and hard for the right to autonomy over their own bodies.

"Termination is never an easy option for any woman, and no one ever makes this decision lightly, but all women across Queensland should have the right to make the decision for themselves and without fear of criminal prosecution."

Queensland Health will now roll out a comprehensive implementation plan for health professionals.

This includes establishing a women's helpline, so that all Queensland women will have access to trusted information from Queensland Health about their rights and the support and services available to them.

The Act will commence on 3 December 2018



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Deliverers must be available on Thursdays between the hours of 9am and 4pm and have their own transport. It's an opportunity to get fit and have fun while getting paid.

Email your interest now to [distribution@northlakesmessenger.com.au](mailto:distribution@northlakesmessenger.com.au)

## NORTH BRISBANE GOLDEN OPEN CHAMPIONSHIPS

There is a massive martial arts tournament coming up soon in North Lakes that will attract martial artists from all around the country and overseas.

The North Brisbane Golden Open Championships will be held on November the 4th in Flinders parade and is a family friendly event, showcasing the best martial artists in the country right.

Local gym Elite Martial Arts has had a string of success this year in every tournament thus far with Golden Gloves boxing champions, K1 WAKO champions and ISKA gold medal champions and will compete on the day.

The all ages championships will host competitors range from the age of 8 right through to adults.

One of the competitors on the day will win an all expenses paid golden ticket to Ireland for the World Championships in 2019.



ELITE TO COMPETE

Weigh in will begin at 8am on the day, spectator tickets cost; Adults \$40, Children (5 to 16) \$20, Family pass \$80 (2 parents 2 kids) and available via [www.smoothcomp.com/en/event/1034](http://www.smoothcomp.com/en/event/1034) or at the door on the day.

## FREE TRAVEL EXTENDED FOR VETERANS

Veterans and their families will receive free public transport travel on Remembrance Day to recognise the Centenary of Armistice next month.

Ahead of this year's Remembrance Day on November 11, the State Government has announced uniformed serving Australia Defence Force personnel and veterans wearing their service medals can now gain free public transport access to and from services, except on the Airtrain.

Uniformed serving Australian Defence Force personnel and veterans wearing their service medals will enjoy free public transport access to and from services on TransLink bus, train, ferry and tram services (except the Airtrain).

Accompanying family members wearing service medals also travel free. The announcement brings Remembrance Day travel into line with the recognition our veterans already receive on Anzac Day.

Free travel arrangements would continue on Remembrance Day beyond this year, during TransLink off-peak times.

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### COMMUNITY GROUP GRANTS FOR WOMEN'S WEEK

Community groups who want to help make the 2019 Queensland Women's Week celebrations a big success are invited to apply for a share of \$150,000 worth of grants.

Community organisations can apply for grants of up to \$3000 to hold celebrations during the week, acknowledging the achievements of women and girls.

Queensland Women's Week will run from 2-10 March 2019, providing a strong platform to continue efforts to create real gender equality and tackle the causes of inequality.

Grants are available to eligible applicants, which include not-for-profit groups, local government entities, and Parents & Citizens Associations.

Applications for the grants close at 5pm on Sunday 11 November 2018.

For more information about Queensland Women's Week and the grants process visit: <https://www.qld.gov.au/womensweek>

### MANGO HILL WOUNDING APPEAL FOR INFORMATION

Do you recognise the vehicle to right? It is believed to be linked to a recent indecent where a man was stabbed at Mango Hill.

The 46-year-old man attended a property on Lamington Road around 12.30pm on October 10

when his vehicle was prevented from passing by a white hatchback parked on the roadway with a man standing beside it.

The victim exited his vehicle to speak with the man when another two vehicles pulled up behind, blocking him in as the man approached him armed with a knife.

Investigations indicate at this point the man lunged at the victim a number of times, striking him in the torso.

The victim was transported to Royal Brisbane and Women's Hospital with a serious but non-life-threatening stab wounds.

Police are appealing for anyone who may have seen a small white sedan or similar model in the area around the time of the incident to come forward.

It is believed the vehicle sustained a smashed rear window during the incident and was reportedly missing a rear registration plate.

Police are also concerned for the health of the man due to possible injuries sustained during the incident.

If you have information for police, contact Policelink on 131 444 or provide information using the online form 24hrs per day quoting this reference number: QP1801883527

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## HOW CAN I MAKE MY DREAMS A REALITY?

**Hello Leonie,**

I was very interested in your article about the 'Mean Time'. I think that my parents have always lived in the mean time and I don't want to follow in their footsteps.

I am 25 and I really would like to raise alpacas in the country and raise my family there. I have a few small qualifications in animal husbandry but can't seem to get any kind of direction.

How can I make my dreams a reality? And what should I avoid doing so that I don't end up like my parents who are always playing the victim in life?

**Kiri/Aspley**

**Hi Kiri,**

There are lots of people out there who just cruise along day by day, living pay day to pay day but somehow believe that their dreams such as owning a small business, writing a novel or travelling the world in retirement will just magically happen. They will go to fortune tellers and ask "Do you see a big lotto win in my future?" some examples of not contributing to making dreams become a reality include;

Dreaming of a great retirement but not doing anything to breathe life into that dream such as starting a solid saving plan, making calculated financial investments or depositing non- compulsory contributions into Superannuation. Dreaming of living in a big opulent home but not saving for a house deposit or realising that you have to work hard and maybe start with a little "dog box" house just to get into the property market and then trade up over a number of years until you can afford that big opulent house.

A big part of realising a dream is the formation of short and long term goals. As you achieve each small goal, you start moving towards your larger goal (dream). You put in the effort and you get a result. By putting a plan in place and making the required effort you give your dream life. Let's look at an example;

Let's say a girl wants to get into nursing in a major hospital and that's her dream. The first goal might be choosing the right subjects to study in high school, the second goal might be to get the required OP score to go to Uni, and the third goal

might be gaining entry into the Uni of her choice by submitting a successful application. THEN begins a whole new set of smaller goals. E.g. finishing each subject on time and getting the required mark for a passing result. And so on it goes til finishing the course and gaining a placement at a major hospital.

In your case Kiri, you may choose to start with a small business course and then spend some time scouting the alpaca industry to learn all you can. Perhaps visit a productive farm and volunteer there to learn the process step by step. I find its best to just keep your eyes on the next required goal without looking too far ahead as it can get overwhelming. Just keep setting the next small goal and moving forward. There is an old saying that we hear in the life coaching business, "Failing to plan is planning to fail"

Now if things don't work out, you will have given it your best shot and then you can reset your compass and move towards a new dream.

**Til next week, Leonie**

E-mail: [leonieschilling@bigpond.com](mailto:leonieschilling@bigpond.com)  
Leonie Schilling is a qualified private practitioner at

**North Lakes Counselling Services**

For appointments please phone 3886 2715 or 0423 653 841  
[www.northlakescounsellingservices.com.au](http://www.northlakescounsellingservices.com.au)

**Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM**



### ABOUT LEONIE

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.





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It was the era notorious for hitting high watermarks, high shoulder pads, and high hair and now it makes its triumphant return to Moreton Bay Region

The 1980s were fluorescent bold, innovative and at times disheartening; the first mobile phone was born, Wall Street crashed, the Berlin Wall came down and - now Moreton Bay Regional Council wants you to relive all the hair-raising moments from that technicolour era in an upcoming exhibition provisionally entitled The 80s.

Set to open May 2019 at Pine Rivers Heritage Museum, the exhibition will look at four major themes in the 80s - politics, events, fashion and culture, and the home - building on existing collections and items sourced from the community.

Council is inviting residents to contribute their memories of the 80s through images, objects, and stories from the 1980s to the exhibition by holding a special Engagement Day on Friday 16 November at Pine Rivers Heritage Museum.

Moreton Bay Regional Council's Lifestyle and Amenity Spokesperson Councillor Denise Sims said the 1980s held many important milestones for Queensland and the Moreton Bay Region.

"This was the decade that saw Queensland's first Commonwealth Games and World Expo 88," she said.

"Many residents from our region had the opportunity to travel from Moreton Bay to attend these big events. It would be fantastic to see learn what their memories were of those events through pictures and videos.

## BY THE POWER OF GRAYSKULL...

**Contribute your images, objects, and stories from the 1980s to an 80s exhibition on Friday 16 November**



"It's long been established that our region's growth is outpacing the rest of South East Queensland and it seems the same can be said 40 years ago.

"Throughout the 1980s, our region grew from a start of 133,000 people to over 200,000 by 1991. This is a rate of growth unseen since.

"By asking the community to share their own collections, we can learn what life was like in our communities back in the 80s.

"We want to see your photos of local festivals, activities and events held by council such as the Bicentenary as well as First Settlement Day.

"Fitness was huge in the 80s, while parachute

pants and acid washed jeans were signature looks of the period. So, if you have any textiles or treasured clothing from that era be sure to share them with us.

"We want to learn about life in the 80s in this region and with your help we can relive all the fervour and excitement of that time through videos, photographs and any other objects or collections you have."

For more information on how to share your 80s photographs, items and stories please go to <https://www.moretonbay.qld.gov.au/the-80s/> or call (07) 3480 6021.

To register for the Engagement Day head to: [www.moretonbay.qld.gov.au/the-80s/](http://www.moretonbay.qld.gov.au/the-80s/)

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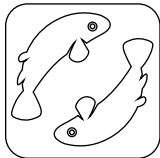




## YOUR STARS



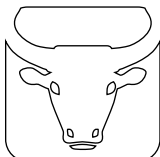
**AQUARIUS.** (Jan. 21 - Feb. 19): Dismissing details won't make them go away - especially when someone else is looking to ensnare you. It pays to read the fine print.



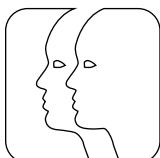
**PISCES.** (Feb. 20 - March 20): One solution won't fit all. You'll have to sift your way through the particulars and treat each one as if you're looking at it for the first time.



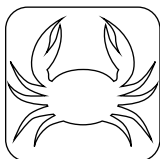
**ARIES.** (March 21 - April 20): Instead of responding to fire with fire, take the high road instead. Self-control in the face of increasing provocation wins admiration and respect.



**TAURUS.** (April 21 - May 21): You know those things you said that you'd get to one day? Well, today's the day you should get to them.



**GEMINI.** (May 22 - June 21): Loved ones are being flippant, but this may be good. You've been wound a little too tight lately and good-humored prodding is exactly what you need.



**CANCER.** (June 22 - July 23): Property concerns are your top priority for the next couple of weeks. Fight for your turf and people will learn that you're nobody's welcome mat.



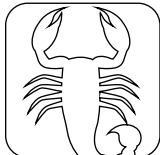
**LEO.** (July 24 - Aug. 23): Don't let yourself backslide. You've just gotten your house in order and though things are still shaky, you must force yourself to carry on.



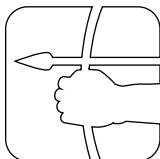
**VIRGO.** (Aug. 24 - Sept. 23): Ending a downward spiral may not seem like much of a victory, but consolidating debts is the first step to a complete recovery.



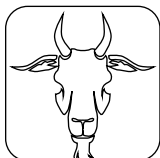
**LIBRA.** (Sept. 24 - Oct. 23): What looks like more trouble than it's worth soon proves otherwise. Keep struggling with that burden. One day it will become a boon.



**SCORPIO.** (Oct. 24 - Nov. 22): Resurrecting a friendship can feel stilted, but this person's worth it. You'll eventually find your way back to the bond you once shared.



**SAGITTARIUS.** (Nov. 23 - Dec. 21): You're thrilled to win a prize, but less than happy about sharing it. Be a good sport because next time it will be yours and yours alone!



**CAPRICORN.** (Dec. 22 - Jan. 20): You feel like you should play each card as soon as it's dealt, but wait to see what comes your way. You don't want to give away a winning hand.

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## NINE

**6.00** The Ellen DeGeneres Show. (PG) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Destination Happiness. (PG) **12.30** Anna Gare's Cab Fare. **1.00** Who Do You Think You Are? (PG) **2.00** The Block. (PG) **3.30** The Block. (PG) **4.30** The Garden Gurus. **5.00** News: First At Five. **5.30** Getaway. (PG) **6.00** Nine News Saturday. **7.00** Hay Mate: A Concert For The Farmers. (PG) **10.30** To Be Advised. **1.00** Anna Gare's Cab Fare. **1.30** Destination Happiness. (PG) **2.00** TV Shop: Home Shopping. **4.30** Global Shop. **5.00** TV Shop: Home Shopping. **5.30** Wesley Impact.

## GO!

**6.00** Children's Programs. **11.00** Captain Flinn. **11.30** Heidi. **12.00** Pirate Express. **12.30** Surfing. World League: Women's Tour. Vans US Open. Final day. **1.30** Basketball. NBL. Round 3. Perth Wildcats v Melbourne United. **4.00** Ben 10. (PG) **4.30** Clarence. (PG) **5.00** Scooby-Doo! Mecha Mutt Menace. **5.30** Scooby Doo! And The Spooky Scarecrow. **6.00** Movie: Aliens In The Attic. (PG) (2009) **7.45** Movie: Goosebumps. (PG) (2015) **9.45** Movie: Dark Shadows. (M) (2012) **12.00** Adult Swim. (M) **12.30** Squidbillies. (MA15+) **12.45** Moral Orel. (MA15+) **1.00** Total Divas. (M) **2.00** Step Dave. (M) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** Beyblade Burst. **5.10** Yu-Kai. (PG) **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **11.00** Horse Racing. Cox Plate Day and Spring Racing on Cox Plate Day. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: Harry Potter And The Order Of The Phoenix. (PG) (2007) Daniel Radcliffe, Rupert Grint. **9.40** Movie: X-Men Origins: Wolverine. (M) (2009) Hugh Jackman, Liev Schreiber, Ryan Reynolds. A mutant avenges the death of his girlfriend. **11.45** The Goldbergs. (PG) Adam breaks his arm. **12.15** Grey's Anatomy. (M) Meredith is attacked by a patient. **1.05** Grey's Anatomy. (M) **2.00** Shopping. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

## 7TWO

**6.00** Shopping. **8.00** NBC Today. **10.00** Trilogy Of The Turf. New. **11.00** Travel Oz. (PG) **12.30** Selling Houses Aust. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. (PG) **3.00** Qld Weekender. **3.30** The Great Day Out. **4.00** Creek To Coast. **4.30** SA Weekender. **5.00** The Zoo. **5.30** Air Crash Investigation. (PG) **7.30** Mighty Cruise Ships. (PG) Takes a look at the Celebrity Solstice. **8.30** Escape To The Country. Jonnie Irwin is on a multi-generational property mission to help a mother and son find rural harmony. **11.30** Air Crash Investigation. (PG) **1.30** SA Weekender. **2.00** The Zoo. **2.30** Harry's Practice. **3.30** House Of Wellness. (PG) **4.30** Travel Oz. (PG)

## TEN

**6.00** Escape Fishing. **6.30** Reel Action. **7.00** Places We Go. **7.30** Luxury Escapes. **8.00** Creative Generation. **9.30** St10. (PG) **12.00** The 48 Hour Destination. **12.30** Motorcycle Racing. MotoGP. Race 17. Australian Grand Prix. Qualifying. **3.55** Rugby Union. Bledisloe Cup. Game 3. Australia v New Zealand. **6.00** To Be Advised. **7.30** To Be Advised. **8.30** NCIS: New Orleans. (M) Return. While Pride fights for his life, the team scours the city for the hit woman who attempted to assassinate him. **9.30** NCIS: New Orleans. (M) The team searches for a former IRA bomb maker who was smuggled into the city. **10.30** To Be Advised. **11.30** To Be Advised. **12.30** Shopping. Shopping program. **5.00** Hour Of Power.

## ONE

**6.00** Shopping. **8.00** The Doctors. **9.00** Cheers. **10.00** Hogan's Heroes. **10.30** Jake And The Fatman. **11.30** Fishing Edge. **12.00** Snap Happy. **12.30** Diagnosis Murder. **1.30** ST: Next Gen. (PG) **2.30** Star Trek: Voyager. (PG) **3.30** Fishing Aust. **4.00** The Offroad Adventure Show. **5.00** News. **6.00** Cops. **6.30** Soccer. A-League. Round 2. Sydney FC v Western Sydney Wanderers. **9.30** Hawaii Five-0. (M) **10.30** Movie: Once Upon A Time In Brooklyn. (MA15+) (2013) **1.00** 48 Hours. (M) **2.00** Motor Racing. Formula 1. Race 18. United States Grand Prix. Highlights. **3.00** Motorcycle Racing. MotoGP. Race 16. Japanese Grand Prix. Replay. **4.30** The Doctors. (M) **5.30** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **10.00** Rage. (PG) **11.00** Gardening Australia. **11.30** Invictus Games Today. (PG) Final. **12.00** ABC News At Noon. **12.30** Father Brown. (PG) **1.15** Tim Winton's The Turning. **1.30** Miniseries: The Secret River. (M) **3.00** Save Your Life Tonight. **3.30** Outback ER. (PG) **4.00** Landline. **4.30** Tony Robinson's Time Walks. **4.55** Invictus Games. Sydney 2018. Day 7. Highlights. From Sydney. Presented by Amanda Shalala and Niav Owens. **6.00** Compass. **6.30** Back Roads. (PG) **7.00** ABC News. **7.30** Invictus Games Sydney 2018: Closing Ceremony. (PG) **9.15** Pine Gap. (MA15+) **10.15** Thirteen. (M) **11.15** Wentworth. (M) **12.00** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **5.10** Rusty Rivets. **5.25** Hey Duggee. **5.30** Peppa Pig. **5.35** Peter Rabbit. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Dot. **6.40** Dino Dana. **6.50** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? (M) **8.30** Mock The Week. (M) **9.05** Live At The Apollo. (PG) **9.50** Russell Howard's Stand-Up Central. (M) **10.15** Comedy Up Late. (M) **10.40** Dara O'Brain: Crowd Ticker. (M) **11.35** Penn & Teller: Fool Us. (PG) **12.15** Buzzcocks. (M) **12.50** Live At The Apollo. (PG) **1.35** Russell Howard's Stand-Up Central. (M) **2.00** News. **2.05** Close. **5.00** Boj. **5.10** Arthur. **5.35** This Is Scarlett And Isaiah. **5.40** Bottle Top Bill. **5.55** The Day Henry Met.

## SBS

**6.00** WorldWatch. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Basketball. WNBL. Round 3. Townsville Fire v Sydney Uni Flames. **4.00** Small Business Secrets. **4.30** Greater Mekong. **5.00** Gymnastics. FIG Trampoline World Cup Series. **5.30** Tony Robinson's Wild West. (PG) **6.30** News. **7.35** Cruising With Jane McDonald. **8.30** The Wine Show. **9.30** Mystery Of The Roman Skulls. (PG) **10.30** Life On Us. (M) **11.30** Soccer. EPL. Liverpool v Cardiff City. **12.20** Life On Us. (PG) **3.20** One Born Every Minute UK. (M) **4.20** Poh's Kitchen. **4.55** Shane Delia's Moorish Spice Journey Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.00** Croatian News. **9.30** Serbian News. **10.00** Dutch News. **10.30** Hungarian News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Insight. **1.00** Front Up. (PG) **1.30** Travel Man. **1.55** Travel Man. **2.25** Travel Man. **2.50** Travel Man. **3.20** States Of Undress. (PG) **4.10** Woman With Gloria Steinem. (PG) **4.40** PBS News. **5.35** MythBusters. (PG) **6.35** Chinese Dating With The Parents. **7.35** If You Are The One. (PG) **8.35** Movie: Moon. (M) (2009) **10.30** Movie: Iron Sky. (M) (2012) **12.10** Movie: Little White Lies. (MA15+) (2010) **2.50** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.00pm Wonder Woman** (2017) Action. Gal Gadot, Chris Pine, Robin Wright. (M) **Action** **8.30pm Detroit** (2017) Drama. John Boyega, Will Poulter, Anthony Mackie. (MA15+) **Masterpiece** **10.30pm Star Wars: Episode VIII – The Last Jedi** (2017) Action. Daisy Ridley, Mark Hamill, John Boyega. (M) **Premiere**

## GENERAL

**6.30pm The X Factor UK**. (PG) FOX8

**7.30pm Casualty**. (M) BBC First

## DOCUMENTARY

**6.30pm Dr Jeff: Rocky Mountain Vet**. (PG) Animal Planet

**8.30pm Unraveled**. (M) TLC

## SPORT

**11.50am Motorcycle Racing**. Moto2. Race 17. Australian Grand Prix. Fox Sports 506

**5.00pm Rugby Union**. The Rugby Championship. Round 1. Bledisloe Cup. Game 1. Australia v New Zealand. Fox Sports 503

**5.35pm Soccer**. A-League. Round 2. Central Coast Mariners v Melbourne City. Fox Sports 505

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## SWINGALICIOUS BIG BAND AND MULTITUDE CHOIR

Date: Saturday 27 October, 7.30pm

Location: Sandgate Town Hall

If you love the big band sound and lots of bright and happy music, make sure you're at Sandgate Town Hall on Saturday evening 27th October when The Swingalicious Big Band from Brighton and Multitude Choir come together to present a concert titled Music Fusion.

Swingalicious is a 17 piece group, playing a variety of music styles from the 1940's -2000's, including, swing, funk, rock, blues, Latin and pop.

Multitude are a contemporary choir who will entertain with songs such as 'Tuxedo Junction', the Motown classic 'I Heard it through the Grapevine' and you won't want to miss their version of 'Bohemian Rhapsody'

Entry \$20, \$15 concession, under 12's free, supper included.

Book at [www.trybooking.com/418491](http://www.trybooking.com/418491). Tickets also available at the door.

27  
OCT



## QUEENSLAND THEATRE'S HEDDA

Date: 10 November to 8 December, 2018

Location: Bille Brown Theatre, Queensland Theatre

Hedda Gabler is railing against her life. She didn't marry bogan drug slinger George Tesman so she could play housewife in a monstrous Gold Coast mansion with white leather couches, bling chandeliers and endless rounds of Aperol Spritz.

She wants something much more. Now her old flame, Ejler Løvborg, is out of prison and off the junk. Is he about to slice off a piece of George's empire? Maybe Hedda can pull some strings to work this to her advantage.

Logie Award-winning actor Danielle Cormack (Wentworth, Rake) is the Hedda we've all been waiting to see. Melissa Bubnic gives us a local version of the Henrik Ibsen classic that is as dangerous and surprising as its heroine.

Tickets: Tickets at [queenslandtheatre.com.au](http://queenslandtheatre.com.au) or by calling 1800 355 528

10 NOV  
- 8 DEC



## ESA CHRISTMAS FAIR

Date: Saturday 17th November 2018, 8.30am to 2pm

Location: CWA Hall, The Esplanade, Redcliffe

ESA Redcliffe is holding a Christmas Fair to raise money to support local organisations and to purchase items for hampers distributed to support people needing help at Christmas time. Plenty of stalls selling a variety of gift ideas for Christmas.

17  
NOV



## EVENT RESCHEDULED - ENVIRO EXPLORERS PICNIC IN THE PARK

Date: CREEC, 150 Rowley Rd, Burpengary

Location: Museum of Brisbane, 64 Adelaide Street, Level 3, City Hall

Due to wet weather conditions, the recent Caboolture Region Environmental Education Centre, with Enviro Explorers Picnic in the Park has been escheduled to 9am to 1pm on Sunday 18 November 2018.

Explore native wildlife, creepy crawlies, snakes, reptiles and little critters with live shows, interactive displays and workshops. Take a stroll through the macadamia plantation, or jump on board the trackless train for a guided tour of the creek-side nature reserve.

With free rides, market stalls and plus plenty to see and do for the parents - CREEC Picnic in the Park is a must-do for every little explorer. CREEC's also has a new all abilities playground, featuring a wheelchair accessible play area, sensory walls, flying foxes and slides.

For more info visit: [www.moretonbay.qld.gov.au/events/council-community/](http://www.moretonbay.qld.gov.au/events/council-community/)

18  
NOV

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## NINE

**6.00** World's Greatest Natural Wonders. **7.00** Weekend Today. **10.00** Sports Sunday. (PG) **11.00** Catching The Chase: Barra Nationals. (PG) **11.30** Athletics. Melbourne Marathon. Highlights. **12.30** Cybershack. (PG) **1.00** Ultimate Airport Dubai. **2.00** Stop, Search, Seize. (PG) **3.00** Patriot Games. **4.00** Delish Destinations. (PG) **4.30** Helloworld. **5.00** News. **5.30** Customs. (PG) **6.00** Nine News. **7.00** The Block. (PG) Final. **8.30** 60 Minutes. **9.30** Armed And Deadly. (M) **10.30** See No Evil. (M) **11.30** Conspiracy. (M) **12.30** Patriot Games. **1.30** Getaway. (PG) **2.00** TV Shop: Home Shopping. **3.00** TV Shop: Home Shopping. **4.00** Delish Destinations. (PG) **4.30** Helloworld. **5.00** News. **5.30** Today.

## GO!

**6.00** Children's Programs. **9.30** We Bare Bears. **10.00** Ben 10. (PG) **10.30** Tom And Jerry. **11.00** Ninjago. (PG) **11.30** Ninjago: Masters Of Spinjitzu – Day Of The Departed. (PG) **12.30** Nexo Knights. (PG) **1.00** Beyblade Burst Evolution. **1.30** Basketball. NBL. Round 3. Sydney Kings v Cairns Taipans. **4.00** Clarence. (PG) **4.30** Power Rangers Super Ninja Warrior. (PG) **7.00** Big Bang. (PG) **8.30** Movie: Jack Reacher. (M) (2012) **11.05** Big Bang. (PG) **12.00** Adult Swim. (MA15+) **12.30** Squidbillies. (MA15+) **12.45** Moral Orel. (MA15+) **1.00** Balls Of Steel. (MA15+) **1.40** Can't Pay? We'll Take It Away. (PG) **4.30** Beyblade Burst. **5.10** Yo-Kai. (PG) **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** Women's Health Women In Sport Awards. **2.00** Jump Off. **3.00** Movie: Harum Scarum. (G) (1965) **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** All Together Now – The 100. (PG) **8.15** Sunday Night. Current affairs program, hosted by Melissa Doyle. **9.15** Deadly Airspace: The MH17 Disaster. (PG) Examines the Malaysia Airlines Flight 17 disaster in July of 2014 that claimed the lives of 298 people. **10.15** In Cold Blood: The Chris Lane Story. **11.45** Criminal Confessions. (M) **12.45** Black-ish. (PG) **1.15** Black-ish. (PG) **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. **8.00** David Jeremiah. (PG) **8.30** Sydney Weekender. **9.00** Shopping. **9.30** Harry's Practice. **10.00** House Of Wellness. (PG) **11.00** NBC Today. **12.00** Malaysia Kitchen. **12.30** Sean's Kitchen. (PG) **1.00** The Outdoor Room. **1.30** Escape To The Country. **4.30** Intolerant Cooks. (PG) **5.00** Mighty Cruise Ships. (PG) **6.00** Mighty Ships. (PG) **7.00** Border Security: Int. (PG) **8.00** Border Patrol. (PG) **10.00** Border Security: Int. (PG) **11.00** Border Patrol. (PG) **11.30** Mighty Ships. (PG) **12.30** Intolerant Cooks. (PG) **1.00** Travel Fantasy. **2.00** Malaysia Kitchen. **3.30** Sean's Kitchen. (PG) **3.00** Late Programs.

## TEN

**6.00** Mass. **6.30** Hillsong. **7.00** Australia By Design: Architecture. **7.30** Joel Osteen. **8.00** Everyday Gourmet. **8.30** The Living Room. (PG) **9.30** St10. (PG) **11.30** Motorcycle Racing. MotoGP. Race 17. Australian Grand Prix. **4.00** The 48 Hour Destination. **4.30** 15-Min Meals. **5.00** News. **6.00** Bondi Rescue. (PG) **6.30** The Sunday Project. **7.30** Game Of Games. Hosted by Grant Denyer. **9.00** NCIS. (M) Gibbs helps locate a fugitive believed to be hiding near the cabin in the woods where he is holidaying. **10.00** Sherlock Holmes: Elementary. (M) Bell is the victim of a bioterrorism attack. **11.00** Sherlock Holmes: Elementary. (M) **12.00** The Sunday Project. **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Shopping. **8.00** Rugby Union. Bledisloe Cup. Game 3. Australia v New Zealand. Replay. **10.05** Whacked Out Sports. **10.30** Escape Fishing. **11.00** Fishing Edge. **11.30** Merv Hughes Fishing. **12.00** 4x4 Adventures. **1.00** Air Racing. Red Bull Series. Round 8. Highlights. **1.30** Snap Happy. **2.00** The Doctors. **3.00** Monster Jam. **4.00** Pooches At Play. **4.30** What's Up Down Under. **5.00** I Fish. **6.00** Gorillas Revisited With David Attenborough. (PG) **7.00** Alaska Air Crash Investigations. (PG) **8.00** Ambulance Australia. (M) **9.00** Movie: Reservoir Dogs. (MA15+) (1992) **11.05** 48 Hours. (M) **12.05** CSI: Miami. (M) **1.05** Monster Jam. **2.05** Operation Repo. **2.35** Nash Bridges. **3.35** The Doctors. **5.35** Whacked Out Sports.

## ABC

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** The World This Week. **11.00** Compass. **11.30** Songs Of Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Australia. **2.00** Family Confidential. (PG) **2.30** Invictus Games Sydney 2018: Closing Ceremony. (PG) **4.00** The Mix. **4.30** Everyone's A Critic. (PG) **5.00** Ask The Doctor. (PG) **5.30** Hard Quiz. (PG) **6.10** The Queen's Green Planet. **7.00** ABC News Sunday. **7.40** Kevin McCloud's Top 10. (PG) **8.35** Pine Gap. (M) **9.35** Vera. (PG) **11.05** Blood + Thunder: The Sound Of Alberts. (PG) **12.05** Line Of Duty. (M) **1.05** Indian Summers. (M) **1.55** Rage. (MA15+) **4.15** Pointless. **5.00** Insiders.

## ABC COM

**6.00** Children's Programs. **5.40** Wanda And The Alien. **5.50** Little Roy. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Dot. **6.40** Dino Dana. **6.50** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Penn & Teller: Fool Us. (M) **8.40** Chris Ramsey All Grown Up. (M) **9.25** Adam Hills: The Last Leg. (M) **10.05** Alan Davies: As Yet Untitled. (MA15+) **10.50** Would I Lie To You? (M) **11.20** Absolutely Fabulous. (PG) **11.55** The Catherine Tate Show. (M) **12.25** Blackadder The Third. (PG) **12.55** I'm Alan Partridge. (M) **1.25** Chandon Pictures. (M) **1.55** News Update. **2.00** Close. **5.00** Boj. **5.10** Arthur. **5.35** This Is Scarlett And Isaiah. **5.40** Bottle Top Bill. **5.55** The Day Henry Met.

## SBS

**6.00** WorldWatch. **7.00** Small Business Secrets. **7.30** WorldWatch. **9.30** Soccer. EPL. Liverpool v Cardiff City. Replay. **12.00** WorldWatch. **1.00** Speedweek. **3.00** Basketball. WNBL. Round 3. Townsville Fire v Sydney Uni Flames. Replay. **5.00** Small Business Secrets. **5.30** True Evil: The Making Of A Nazi. (PG) **6.30** News. **7.30** Ancient Invisible Cities. **8.30** The 2000s. New. **9.30** The 2000s. **10.25** The Nineties. (M) **11.15** The Nineties. (M) **12.05** Midnight Sun. (M) **1.05** Midnight Sun. (MA15+) **2.10** SAS: Who Dares Wins. (M) **3.05** SAS: Who Dares Wins. (M) **4.05** SAS: Who Dares Wins. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **8.00** Maltese News. **8.30** Macedonian News. **9.00** Croatian News. **9.30** Serbian News. **10.00** Portuguese News. **10.50** Urdu News. **11.35** Hindi News. **12.00** PopAsia TV. (PG) **1.00** Soccer. W-League. Round 1. Brisbane Roar v Perth Glory. **3.30** Front Up. **4.00** The War On Kids. (PG) **4.30** MythBusters. (PG) **5.30** MythBusters. (PG) **6.30** The Mosque Next Door. **7.30** The Gadget Show. **8.00** The Gadget Show. **8.30** Movie: A Star Is Born. (M) (1976) **11.05** Movie: Raw. (MA15+) (2016) **12.55** Movie: Vampire's Kiss. (1988) **2.45** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm** Three Billboards Outside Ebbing, Missouri (2017) Drama. Frances McDormand. (MA15+) **Premiere** **10.25pm** The Yellow Birds (2017) Drama. Tye Sheridan. (MA15+) **Premiere**

## GENERAL

**8.30pm** Get A Room With Carson & Thom. (M) **Arena** **8.30pm** Fighting Season. (MA15+) **FOX Showcase** **8.30pm** S.W.A.T. (M) **FOX8**

## DOCUMENTARY

**8.30pm** 90 Day Fiance: Happily Ever After?. (PG) **TLC** **8.30pm** Above And Beyond: NASA's Journey To Tomorrow. (PG) **Discovery** **9.30pm** 24 Hours In Emergency. (M) **Lifestyle**

## SPORT

**12.20pm** Basketball. NBL. Round 3. New Zealand Breakers v Adelaide 36ers. **Fox Sports 503** **3.30pm** Motorcycle Racing. MotoGP. Race 17. Australian Grand Prix. **Fox Sports 506** **5.00pm** Soccer. A-League. Round 2. Brisbane Roar v Wellington Phoenix. **Fox Sports 505**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Extra. **1.30** The Block. (PG) Final. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Family Food Fight. (PG) Return. **9.15** Movie: Bad Moms. (MA15+) (2016) Mila Kunis, Kathryn Hahn, Kristen Bell. Three exhausted mothers decide it is time to liberate themselves from responsibility, with some fun and self-indulgence. **11.20** Better Late Than Never. (PG) **12.15** Two And A Half Men. (M) **12.40** Cold Case. (M) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Top Gear. (PG) **12.30** Big Bang. (M) **1.00** Airplane Repo. (PG) **2.00** Dance Moms. (PG) **3.00** Children's Programs. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** We Bare Bears. **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **9.00** Movie: Faster. (MA15+) (2010) **11.00** Big Bang. (PG) **12.00** Balls Of Steel. (MA15+) **12.35** Friends. (PG) **1.30** Robot Chicken. (M) **1.45** Harvey Birdman: Attorney At Law. (M) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Beyblade Burst. **4.00** We Bare Bears. **4.30** Power Rangers Ninja Steel. (PG) **4.50** Yo-Kai. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Amish Witches: The True Story Of Holmes County. (M) (2016) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Bride And Prejudice: The Forbidden Weddings. (PG) Return. Follow six couples as they decide to get married in the face of staunch opposition from their family and friends. **9.00** Wanted. (M) Their chance at escape thwarted, Lola and Chelsea race to save the backpackers from Susan. **10.00** Wanted. (M) Final. **11.00** Chicago Fire. (M) **12.00** Blood & Oil. (M) **1.00** Harry's Practice. **1.30** Travel Oz. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** ZooMoo. **7.30** Oh Yuck. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **10.30** NBC Press. **11.30** To Be Advised. **12.00** The Great Outdoors. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. (PG) Martin struggles to get his bearings. **8.30** Foyle's War. (M) Milner and Foyle are reunited when their respective investigations overlap. **10.30** The Last Detective. (M) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** Foyle's War. (M) **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** GCBC. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** Blind Date. (PG) Hosted by Julia Morris. **8.30** Have You Been Paying Attention? (M) Five celebrities compete to see who can remember the most about events of the week. **9.30** The Graham Norton Show. Graham Norton chats with Sir Michael Caine, Rami Malek and Sally Field. **10.30** Sports Tonight. **11.00** The Project. **12.00** Stephen Colbert. (PG) **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Shopping. **8.00** Whacked Out Sports. (PG) **8.30** Operation Repo. (PG) **9.00** I Fish. **10.00** Cheers. (PG) **11.00** The Doctors. (PG) **12.00** NCIS. (M) **1.00** NCIS: LA. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** ST: Next Gen. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** NCIS. (M) **10.30** Motor Racing. Formula 1. Race 19. Mexican Grand Prix. Highlights. From the Autódromo Hermanos Rodríguez, Mexico City. **11.30** CSI: Miami. (M) **12.30** Home Shopping. **2.00** Motorcycle Racing. MotoGP. Race 17. Australian Grand Prix. Replay. **3.30** Hogan's Heroes. **4.00** Nash Bridges. (M) **5.00** The Doctors. (M)

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.10** The Queen's Green Planet. **12.00** ABC News At Noon. **1.00** Landline. **2.00** Newton's Law. (M) **2.55** Murder, She Wrote. (PG) Final. **3.45** Silvia's Italian Table. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Doctor Who. (PG) **6.50** Bluey. **7.00** ABC News. **7.30** 7.30. **8.00** Australian Story. **8.30** Four Corners. **9.15** Media Watch. (PG) **9.35** Q&A. **10.40** ABC Late News. **11.10** The Business. **11.30** Louis Theroux: Extreme Love. (M) **12.30** Rage. (MA15+) **3.45** Antiques Roadshow. **4.45** The New Inventors. **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.50** Little Roy. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Dot. **6.40** Dino Dana. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Whovians. (PG) **8.00** Adam Hills: The Last Leg. **8.40** Josh. (PG) **9.10** Schitt's Creek. (PG) **9.30** Alan Davies: As Yet Untitled. (MA15+) **10.20** Buzzcocks. (M) **10.50** Workaholics. (MA15+) **11.10** 30 Rock. (PG) **11.35** Episodes. (M) **12.00** Parks And Recreation. (PG) **12.25** Schitt's Creek. (M) **12.45** Workaholics. (M) **1.10** 30 Rock. (M) **1.30** Episodes. (M) **2.00** Parks And Recreation. (PG) **2.20** News Update. **2.25** Close. **5.00** Boj. **5.10** Arthur. **5.35** This Is Scarlett And Isaiah. **5.40** Bottle Top Bill. **5.55** The Day Henry Met.

## SBS

**6.00** WorldWatch. **11.00** Spanish News. **12.00** Arabic News. **F24. 12.30** Turkish News. **1.00** Al Jazeera. **2.00** Destination Flavour Bitesize. **2.05** Miniseries: Tutankhamun. (PG) **3.00** Off The Record. **3.30** André Rieu: Forever Vienna. **4.30** The Greeks. (PG) **5.30** Letters And Numbers. **6.00** Rick Stein's India. **6.30** News. **7.35** Britain's Most Historic Towns. **8.30** The Diet Testers. (PG) **9.30** 24 Hours In Emergency. (M) **10.25** SBS News. **10.55** The World Game. **11.25** The Day. (M) **12.30** The Day. (MA15+) **1.25** Magnifica 70. (M) **2.25** Magnifica 70. (M) **3.30** Magnifica 70. (M) **4.25** Secret State: Inside North Korea. (PG) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.35** Hindi News. **12.00** Movie: Welcome To The South. (M) (2010) **1.55** Search Party. (M) **2.20** Search Party. (M) Final. **2.50** Dead Set On Life. (PG) **3.15** PopAsia TV. (PG) **4.15** Vs Arashi. **5.10** If You Are The One. **6.20** News. **6.45** Seconds From Disaster. **7.35** The Feed. **8.05** Travel Man: Jon Hamm In Hong Kong. **9.10** The Orville. (M) **10.00** My F-ing Tourette's Family. **10.55** Undressed Italy. (M) **11.25** Undressed Italy. (M) **12.00** News. **12.25** Movie: Life, Above All. (M) (2010) **2.25** Drunk History UK. (MA15+) **2.50** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**7.30pm Ferdinand** (2017) Animated. John Cena, Kate McKinnon. (G) **Family 8.30pm The Party** (2017) Comedy. Kristin Scott Thomas, Timothy Spall. (MA15+) **Masterpiece 10.00pm The Glass Castle** (2017) Biographical. Brie Larson, Woody Harrelson. (M) **Masterpiece GENERAL 8.30pm American Pickers**. (PG) **A&E 8.30pm Supergirl**. FOX8

**9.30pm Mr Mercedes**. (MA15+) **FOX Showcase DOCUMENTARY 7.00pm Live PD**. (M) **Crime & Investigation 8.30pm My Dream Home**. Lifestyle Home **8.30pm Mechanical Monsters**. (PG) **History SPORT 6.00am Cricket**. Twenty20 International. Australia v Pakistan. Game 3. **Fox Cricket 6.00am Darts**. European Championships. Final day. **Fox Sports 505 9.00pm Tennis**. ATP World Tour Masters 1000. Paris Masters. First round. **ESPN2**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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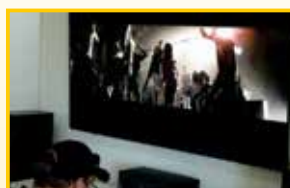
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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Family Food Fight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Family Food Fight. (PG) **8.45** The Big Bang Theory. (PG) **9.15** The Big Bang Theory. (PG) **9.45** Kath & Kim. (PG) **10.20** Kath & Kim. (PG) **10.55** Mom. (M) **11.25** Mom. (M) **11.50** The Closer. (M) **1.00** Athletics. Melbourne Marathon. Highlights. From Victoria. **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Big Bang. (PG) **1.00** Ghost Adventures. (M) **2.00** Dance Moms. (PG) **3.00** Pokémon The Series: Sun & Moon – Ultra Adventures. **3.30** LEGO Friends. **4.00** Kids' WB. (PG) **4.05** We Bare Bears. **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie: Man On Fire. (M) (2004) **11.30** Big Bang. (PG) **12.00** Balls Of Steel. (M) **12.35** Friends. (PG) **1.30** Harvey Birdman: Attorney At Law. (M) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Beyblade Burst. **4.00** We Bare Bears. **4.30** Power Rangers Ninja Steel. (PG) **4.50** Yo-Kai. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: An Officer And A Murderer. (M) (2012) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Bride And Prejudice: The Forbidden Weddings. (PG) **9.00** The Good Doctor. (M) Claire suggests performing an experimental surgery on a patient suffering from anorexia. **10.00** The Resident. (M) The hospital is flooded with concert goers when a stampede at a music festival leaves many injured. **11.00** Chicago Fire. (M) **12.00** Movie: Deep Family Secrets. (M) (1997) Richard Crenna. **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** ZooMoo. **7.30** Oh Yuck. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** Mr Selfridge. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Mrs Brown's Boys. (M) **8.30** The Inspector Lynley Mysteries. (M) After Lynley returns to his ancestral estate, a killing in the nearby village sheds light on the inspector. **10.30** Blue Murder. (M) **11.30** Medical Emergency. (PG) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** The Inspector Lynley Mysteries. (M) **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** GCBC. **4.00** Cook's Pantry. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** Ambulance Australia. (M) Follows NSW Ambulance's Sydney operations. **8.30** FBI. (M) The agents pursue a serial killer with the help of a woman who escaped his clutches after being buried alive. **9.30** NCIS: LA. (M) A prototype tactical assault suit is stolen from a US Navy base and used in a jewellery heist. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Jake And The Fatman. (PG) **9.00** Star Trek: Voyager. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** NCIS. (M) **1.00** NCIS: Los Angeles. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** CSI: Miami. (M) **10.30** CSI: NY. (M) **12.30** Home Shopping. **2.00** Star Trek: Voyager. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Nash Bridges. (M) **5.00** The Doctors. (M)

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Kevin McCloud's Top 10. (PG) **11.00** Gardening Australia. **11.30** Julia Zemiro's Home Delivery. (PG) **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Newton's Law. (M) Final. **2.55** Home Fires. (PG) **3.45** Making Child Prodigious. **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Grand Designs. **7.00** ABC News. **7.30** 7.30. **8.00** Ask The Doctor. **8.30** Barrenjoey Road. (M) **9.30** Australia's Lost Impressionist. (PG) **10.30** ABC Late News. **11.00** The Business. **11.15** Q&A. **12.20** Strike A Pose. (M) **1.50** Rage. (MA15+) **4.45** The New Inventors. **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.50** Little Roy. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Dot. **6.40** Dino Dana. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Mock The Week. (M) **8.30** The IT Crowd. (PG) **9.00** Schitt's Creek. (M) **9.25** Back Seat Drivers Shorts. (M) **9.30** Superwog. (M) **10.00** The Inbetweeners. (M) **10.25** Workaholics. (M) **10.50** 30 Rock. (M) **11.10** Episodes. (M) **11.40** Parks And Recreation. (PG) **12.05** Schitt's Creek. (PG) **12.30** Workaholics. (MA15+) **12.55** 30 Rock. (PG) **1.15** Episodes. (M) **1.45** Parks And Recreation. (PG) **2.05** Josh. (PG) **2.30** News. **2.35** Close. **5.00** The Hive. **5.20** Ready, Jet, Go! **5.45** Bottle Top Bill.

## SBS

**6.00** WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Destination Flavour Bitesize. **2.05** Miniseries: Tutankhamun. (PG) **2.55** Recipe For Life. (PG) **3.25** Who Do You Think You Are? (PG) **4.30** The Greeks. (PG) **5.30** Letters And Numbers. **6.00** Rick Stein's India. **6.30** News. **7.35** Michael Portillo's Abandoned Britain. (PG) **8.30** Insight. **9.30** Dateline. **10.00** Simon Reeve In Burma. (M) **11.00** SBS News. **11.30** Cardinal. (MA15+) **12.20** Cardinal. (MA15+) Final. **1.15** The Fall. (M) **2.25** The Fall. (M) **3.40** The Fall. (M) **4.50** UK Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie: Skylab. (M) (2011) **2.05** Drunk History UK. (M) **2.35** Drunk History UK. (M) **3.00** Dead Set On Life. (PG) **3.30** Daria. (PG) **3.55** WorldWatch. **4.55** If You Are The One. (PG) **6.10** News. **6.40** Seconds From Disaster. **7.35** The Feed. **8.05** Adam Ruins Everything. (PG) **8.30** 8 Out Of 10 Cats Does Countdown. **9.30** Cocaine: Britain's Epidemic. **10.25** Sex In The World's Cities. (MA15+) **11.25** World Of VICE. **11.55** Drunk History. (M) **12.20** News. **12.45** The Feed. **1.15** The Returned. (M) **2.20** Party Legends. (M) **2.45** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** WorldWatch.



## MOVIES

**6.15pm Downsizing** (2017) Comedy. Matt Damon, Christoph Waltz. (M) **Premiere** **6.30pm Wind River** (2017) Drama. Jeremy Renner, Elizabeth Olsen. (MA15+) **Masterpiece** **8.30pm Black Panther** (2018) Action. Chadwick Boseman. (M) **Premiere**

## GENERAL

**8.30pm DC's Legends Of Tomorrow**. FOX8 **9.30pm The Real Housewives Of Cheshire**. (M) **Arena** **9.30pm Notorious**: Tupac Shakur. (M) **13th Street**

## DOCUMENTARY

**7.30pm Hitler's Propaganda Machine**. (M) **History** **8.30pm Fear Thy Neighbor**. (M) **Crime & Investigation** **8.35pm Bake Off: The Professionals**. (PG) **Lifestyle Food**

## SPORT

**11.15am Gridiron**. NFL. Week 8. Buffalo Bills v New England Patriots. **ESPN** **12.40pm Rugby League**. NRL. Grand final. Sydney Roosters v Melbourne Storm. **Fox League** **7.30pm Soccer**. FFA Cup. Final. Adelaide United v Sydney FC. **Fox Sports 505**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

3010

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Kevin Can Wait. (PG) **2.00** Family Food Fight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Family Food Fight. (PG) **8.45** Manifest. **9.45** World's Worst Flights. (M) New. **10.45** Lethal Weapon. (M) **11.40** Rizzoli & Isles. (M) **12.30** Westside. (MA15+) **1.30** Extra. **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Big Bang. (PG) **1.00** Ghost Adventures. (M) **2.00** Dance Moms. (PG) **3.00** Children's Programs. **4.00** Kids' WB. (PG) **4.05** We Bare Bears. **4.30** Scooby Doo! And The Spooky Scarecrow. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Movie: The Addams Family. (PG) (1991) **9.30** Movie: The Craft. (MA15+) (1996) **11.30** Big Bang. (PG) **12.00** Balls Of Steel. (MA15+) **12.35** Friends. (PG) **1.30** Robot Chicken. (M) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Beyblade Burst. **4.00** We Bare Bears. **4.30** Power Rangers Ninja Steel. (PG) **4.50** Yo-Kai. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Death Of A Vegas Showgirl. (M) (2016) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Bride And Prejudice: The Forbidden Weddings. (PG) The couples take part in their first group therapy session where Izzy and Simon shock the group with an announcement. **9.00** 9-1-1. (M) The first responders deal with emergencies at both a military funeral and a movie theatre. **10.00** Criminal Minds. (M) The unit investigates mysterious packages. **11.00** Criminal Minds. (M) **12.00** Deception. (M) **1.00** Quantico. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **8.00** Toybox. **9.30** NBC Today. **12.00** Lovejoy. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Rosemary & Thyme. (PG) A body is found in a memorial garden. **8.30** Judge John Deed. (M) When Jo pursues a fraud case against a defence contractor, she discovers a trail of corruption. **10.30** Suspects. (M) **11.30** Medical Emergency. (PG) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** Shopping. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** GCBC. **4.00** Cook's Pantry. **4.30** Bold. **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** Bachelorette Aust. Hosted by Osher Günsberg. **8.30** Playing For Keeps. (M) Tahila and Connor attend counselling in a bid to save their shattered relationship. **9.30** Madam Secretary. Elizabeth McCord faces off against the Chinese Foreign Minister over an anti-sweatshop treaty. **10.30** Hawaii Five-O. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Jake And The Fatman. (PG) **9.00** Star Trek: Voyager. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** NCIS. (M) **1.00** NCIS: Los Angeles. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** NCIS: Los Angeles. (M) **11.30** CSI: NY. (M) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Nash Bridges. (M) **5.00** The Doctors. (M)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Grand Designs. **11.00** Gardening Australia. **11.30** Julia Zemiro's Home Delivery. **12.00** ABC News At Noon. **12.30** Press Club. **1.30** Aust Story. **2.00** Call The Midwife. (PG) **3.00** Home Fires. (PG) **3.45** The Cook And The Chef. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Grand Designs. **7.00** ABC News. **7.30** 7.30. **8.00** Hard Quiz. (PG) **8.30** Shaun Micallef's MAD AS HELL. (M) **9.00** Tomorrow Tonight. New. **9.30** The Set. New. **10.00** Superwog. (M) **10.30** ABC Late News. **11.00** The Business. **11.15** Four Corners. **12.00** Media Watch. (PG) **12.20** Rage 30: The Story Of Rage. (M) **1.15** Rage. (MA15+) **3.45** Press Club. **4.45** New Inventors. **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Dot. **6.40** Dino Dana. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Absolutely Fabulous. (PG) **8.30** The Catherine Tate Show. (M) **9.05** Schitt's Creek. (M) **9.30** The Moaning Of Life. (M) **10.15** Workaholics. (M) **1.30** Parks And Recreation. (PG) **11.00** Episodes. (M) **11.30** Parks And Recreation. (PG) **11.50** Schitt's Creek. (M) **12.15** Workaholics. (M) **12.40** 30 Rock. (M) **1.00** Episodes. (M) **1.30** Parks And Recreation. (PG) **1.55** The IT Crowd. (PG) **2.20** News Update. **2.25** Close. **5.00** Boj. **5.10** Arthur. **5.35** This Is Scarlett And Isaiah. **5.40** Bottle Top Bill. **5.55** The Day Henry Met.

## SBS

**6.00** WorldWatch. **10.30** Soccer. Copa Libertadores. Semi-final. Second leg. Gremio v River Plate. **1.00** WorldWatch. **2.00** Destination Flavour Bitesize. **2.05** Miniseries: Tutankhamun. (PG) **3.00** Dateline. **3.30** Insight. **4.30** The Greeks. (PG) **5.30** Letters And Numbers. **6.00** Rick Stein's India. (PG) **6.30** News. **7.30** Food Safari Water. (PG) **8.00** Railway Journeys UK. **8.35** Nigella: The Cook Who Changed Our Lives. **9.35** The Missing. (M) **10.45** Bosch. (M) **11.35** SBS News. **12.05** Movie: Quality Time. (MA15+) (2013) **1.55** Crimes Of Passion. (M) **3.30** Royal Navy School. (M) **4.25** Secret State: Inside North Korea. (PG) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.30** Serbian News. **10.00** Dutch News. **10.30** African News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Zoe. Misplaced. (M) (2014) **2.05** Release The Hounds. **3.00** Dead Set On Life. (PG) **3.30** Daria. (PG) **3.55** PBS News. **4.55** If You Are The One. **6.05** News. **6.35** Seconds From Disaster. **7.30** The Feed. **8.00** Hunt For The Trump Tapes. **8.30** Movie: The Witch. (MA15+) (2015) **10.20** Movie: The Firefighters. (M) (1996) **12.20** News. **12.45** The Feed. **1.15** The Returned. (M) **2.15** Drunk History UK. (MA15+) **2.45** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lanka Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm Justice League** (2017) Action. Ben Affleck, Gal Gadot. (M) *Premiere*  
**8.30pm The Salesman** (2016) Drama. Shahab Hosseini, Taraneh Alidoosti. (M) *Masterpiece*  
**10.45pm The Intern** (2015) Comedy. Robert De Niro, Anne Hathaway. (M) *Romance*

## GENERAL

**8.30pm The Flash.** FOX8  
**9.30pm Snowfall.** (MA15+) FOX  
*Showcase*  
**9.30pm The Gifted.** (M) FOX8  
*Showcase*

## DOCUMENTARY

**8.30pm SAS: Who Dares Wins.** BBC  
*Knowledge*  
**8.30pm Love It Or List It Australia.** Lifestyle

**8.30pm Cold Blooded: The Clutter Family Murders.** (M) Crime & Investigation  
*SPORT*

**11.00am Baseball.** Major League. World Series. Game 6. ESPN  
**2.00pm Cricket.** Prime Minister's XI. Australia v South Africa. Fox Cricket  
**9.00pm Tennis.** ATP World Tour Masters 1000. Paris Masters. Second round. ESPN2

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Kevin Can Wait. (PG) **2.00** Family Food Fight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Driving Test. (PG) **8.00** RBT. (PG) **8.30** Paramedics. **9.30** Chicago Med. (M) **10.30** Embarrassing Bodies. (M) **11.30** Major Crimes. (M) **12.15** Major Crimes. (M) **1.00** Extra. **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** TV Shop: Home Shopping. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Storage Hunters UK. (PG) **1.00** Airplane Repo. (PG) **2.00** Dance Moms. (M) **3.00** Children's Programs. **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** The Middle. (PG) **8.30** Big Bang. (PG) **9.30** Survivor: David Vs Goliath. (PG) **10.30** Movie: What's Your Number? (MA15+) (2011) **12.40** WWE Raw. (MA15+) **1.40** WWE Slam City. (PG) **1.45** Robot Chicken. (M) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Turning Mecard. (PG) **3.30** Beyblade Burst. **4.00** We Bare Bears. **4.30** Power Rangers Ninja Steel. (PG) **4.50** Yo-Kai. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Forever 16. (M) (2013) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Dean starts a new job. Year 11 exam results are released to mixed reactions. **8.30** The Front Bar: Melbourne Cup Edition. (M) Sam Pang, Mick Molloy and Andy Maher take a lighter look at the Melbourne Cup. **10.00** Movie: Shallow Hal. (M) (2001) Jack Black, Gwyneth Paltrow. A man is hypnotised into seeing inner beauty. **12.20** Grey's Anatomy. (M) April and Jackson's relationship is revealed. **1.20** Travel Oz. (PG) Hosted by Greg Grainger. **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** News Of The Wild. New. **7.30** Beat Bugs. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** The Great Outdoors. **1.00** Suspects. (M) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. (PG) **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Britain's Busiest Airport: Heathrow. (PG) Return. **8.30** Murdoch Mysteries. (M) Murdoch and Ogden uncover a conspiracy. **11.30** Medical Emergency. (PG) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** Bargain Hunt. **3.00** The Great Outdoors. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** GCBC. **4.00** Cook's Pantry. **4.30** Bold. **5.00** News. **6.00** Pointless. (PG) Hosted by Dr Andrew Rochford and Mark Humphries. **6.30** The Project. **7.30** Bachelorette Aust. Hosted by Osher Günsberg. **8.30** Gogglebox. Final. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. **9.30** To Be Advised. **10.30** Blue Bloods. (M) Danny asks his archenemy for help. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Motor Racing. Formula 1. Race 19. Mexican Grand Prix. Highlights. From the Autódromo Hermanos Rodríguez, Mexico City. **9.00** Star Trek: Voyager. (PG) **10.00** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** NCIS. (M) **1.00** NCIS: Los Angeles. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** Hawaii Five-0. (M) **10.30** The Ultimate Fighter: Heavy Hitters. **11.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Cheers. (PG) **4.00** Nash Bridges. (M) **5.00** The Doctors. (M)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Grand Designs. **11.00** Gardening Australia. **11.30** Julia Zemiro's Home Delivery. **12.00** ABC News At Noon. **1.00** Barrenjoey Road. (M) **2.00** Call The Midwife. (M) **3.00** Home Fires. (PG) **3.45** The Cook And The Chef. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Grand Designs. **6.55** Sammy J. **7.00** ABC News. **7.30** 7.30. **8.00** Grand Designs Australia. (PG) **8.50** To Be Advised. **9.20** Wentworth. (M) **10.10** ABC Late News. **10.40** The Business. **10.55** Australia's Lost Impressionist. (PG) **11.55** Rage 30: Stories From The Red Couch. (M) **12.55** Rage. (MA15+) **2.40** Doctor Who. (PG) **3.30** Doctor Who. (PG) **4.15** Doctor Who. (PG) **5.05** Doctor Who. (PG)

## ABC COM

**6.00** Children's Programs. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Dot. **6.40** Dino Dana. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. **8.00** Chandon Pictures. (M) **8.30** The Hollowmen. (PG) **9.00** Sammy J. **9.05** Schitt's Creek. (PG) **9.30** Stath Lets Flats. (M) New. **9.55** Crashing. (MA15+) New. **10.20** Workaholics. (M) **10.45** 30 Rock. (M) **11.05** Episodes. (M) **11.35** Parks And Recreation. (M) **12.00** Schitt's Creek. (M) **12.25** Workaholics. (M) **12.45** 30 Rock. (PG) **1.10** Episodes. (M) **1.40** Parks And Recreation. (PG) **2.00** News Update. **2.05** Close. **5.00** Boj. **5.10** Arthur. **5.35** This Is Scarlett And Isaiah. **5.40** Bottle Top Bill. **5.55** The Day Henry Met.

## SBS

**6.00** WorldWatch. **10.30** Soccer. Copa Libertadores. Semi-Final. Palmeiras v Boca Juniors. **1.00** WorldWatch. **2.00** Living Black Special: Jack Charles. **2.30** Australia With Simon Reeve. (PG) **3.35** Bushfires: Inside The Inferno. (PG) **4.35** The Secret Life Of King Louis XIV. (PG) **5.30** Letters And Numbers. **6.00** Rick Stein's India. (PG) **6.30** News. **7.35** Tony Robinson's Hidden Britain By Drone. **8.30** Police Custody: Code of Silence. (M) **9.30** War And Peace. (MA15+) **10.20** Outlander. (MA15+) **11.45** SBS News. **12.15** Vikings. (MA15+) **1.10** Vikings. (MA15+) **2.00** Medici: Masters Of Florence. (M) **3.00** Medici: Masters Of Florence. (MA15+) **4.00** Poh's On The Road. **4.30** Poh's On The Road. **5.00** WorldWatch.

## SBS VLND

**6.00** WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Troll 2. (M) (1991) **1.45** Flophouse. (M) **2.10** Drunk History UK. (M) **2.35** Drunk History UK. (M) **3.00** Dead Set On Life. (PG) **3.30** Daria. (PG) **3.55** PBS News. **4.55** If You Are The One. (PG) **6.10** News. **6.40** Seconds From Disaster. **7.35** The Feed. **8.10** Dateline. **8.35** Full Frontal. (MA15+) **9.00** Cold Fusion: Let There Be Light. **10.55** VICE Guide To Film. **11.20** VICE Guide To Film. **11.45** Miniseries: Beyond The Walls. (M) **12.45** News. **1.10** The Feed. **1.40** The Returned. (M) **2.40** Deutsche Welle. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.10pm The Man Who Fell To Earth** (1976) Sci-fi. David Bowie, Rip Torn. (R) **Movie Greats** **7.30pm Grace Unplugged** (2013) Drama. AJ Michalka, Kelly Thiebaud. (PG) **Family** **8.30pm Father Figures** (2017) Comedy. Ed Helms, Owen Wilson. (M) **Premiere** **GENERAL** **1.35pm The Real Housewives Of Dallas**. (M) **Arena** **8.30pm American Horror Story: Apocalypse**. (MA15+) **FOX Showcase** **8.30pm Wrecked**. (M) **Comedy Channel** **DOCUMENTARY** **8.30pm Impossible Engineering**. (PG) **Discovery Science** **8.30pm Wrench'd**. (PG) **Discovery Turbo** **8.30pm 100 Days To Victory**. (PG) **History** **SPORT** **11.15am Basketball**. NBA. New York Knicks v Indiana Pacers. **ESPN2** **7.30pm Soccer**. W-League. Round 2. Melbourne Victory v Newcastle Jets. **Fox Sports 505** **10.25pm Snooker**. International Championship. Quarter-finals. **Eurosport**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0111

# HOYT'S WITH RECLINERS



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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: The Cure. (PG) (1995) Joseph Mazzello, Brad Renfro. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Vet On The Hill. (PG) **8.35** Movie: Deepwater Horizon. (M) (2016) Mark Wahlberg, Kurt Russell, Gina Rodriguez. The crew of the offshore drilling rig Deepwater Horizon struggle to survive after an explosion. **10.50** Movie: End Of Watch. (MA15+) (2012) Jake Gyllenhaal, Michael Peña, Anna Kendrick. Two young police officers patrol the streets of south central Los Angeles. **1.00** Extra. **1.30** TV Shop. **4.00** Global Shop. **4.30** Travel Guides. (M) **5.30** ACA.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Big Bang. (PG) **1.00** The Middle. (PG) **2.00** Dance Moms. (PG) **3.00** Pokémon The Series: Sun & Moon – Ultra Adventures. **3.30** LEGO Friends. **4.00** Kids' WB. (PG) **4.05** We Bare Bears. (PG) **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** To Be Advised. **7.30** Movie: 17 Again. (PG) (2009) **9.30** Movie: Win A Date With Tad Hamilton! (PG) (2004) **11.30** Mom. (M) **12.00** WWE Smackdown. (MA15+) **1.00** Total Divas. (M) **2.00** Adv Time. (PG) **2.30** Robot Chicken. (M) **3.00** Turning Mecard. (PG) **3.30** Beyblade Burst. **4.00** We Bare Bears. (PG) **4.30** Power Rangers Ninja Steel. (PG) **4.50** Yo-Kai. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Borderline. (M) (2002) **3.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Better Homes. Karen makes a whole baguette with king prawn, minted cabbage and crispy pancetta. **8.30** Movie: Harry Potter And The Half-Blood Prince. (M) (2009) Daniel Radcliffe, Emma Watson, Rupert Grint. Harry Potter comes into possession of a potions book once owned by the mysterious "Half-Blood Prince". **11.45** The Goldbergs. (PG) Murray demands the garage be cleaned out. **12.15** Grey's Anatomy. (M) An old patient of Meredith's is re-admitted. **1.15** Travel Oz. (PG) **2.00** Shopping. **4.00** The Great Outdoors. **5.00** NBC Today.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** News Of The Wild. **7.30** Beat Bugs. **8.00** Toybox. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** House Of Wellness. (PG) **1.00** Better Homes. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Greatest Cities Of The World With Griff Rhys Jones. (PG) **8.30** Selling Houses Aust. The team helps a Sydney family. **10.30** To Be Advised. **11.30** Medical Emergency. (PG) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** Bargain Hunt. **3.00** Selling Houses Aust. **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. **8.00** Pointless. (PG) **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** The Living Room. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** GCBC. **4.00** Cook's Pantry. **4.30** Bold. **5.00** News. **6.00** Pointless. (PG) **6.30** The Project. **7.30** The Living Room. Dr Chris surfs with some dolphins. **8.30** The Graham Norton Show. Celebrity guests include Eddie Redmayne, Jude Law, Melissa McCarthy, Emma Stone and Rick Astley. **9.30** Have You Been Paying Attention? (M) Five celebrities compete to see who can remember the most about events of the week. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping.

## ONE

**6.00** Home Shopping. **8.00** Motorcycle Racing. MotoGP. Race 17. Australian Grand Prix. Replay. From Phillip Island Grand Prix Circuit, Victoria. **9.30** Cheers. (PG) **11.00** Bondi Rescue. (PG) **12.00** NCIS. (M) **1.00** NCIS: Los Angeles. (M) **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: The Next Generation. **5.00** Star Trek: Voyager. (PG) **6.00** Judge Judy. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **10.30** UFC 230 Countdown. **11.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Nash Bridges. (M) **5.00** The Doctors. (M)

## ABC

**6.00** News Breakfast: 10th Birthday. **9.00** ABC News Mornings. **10.00** Grand Designs. **11.00** Andrew Olle Media Lecture. **12.00** ABC News At Noon. **1.00** One Plus One. **1.30** The House With Annabel Crabb. **2.00** Call The Midwife. (M) **3.00** Home Fires. (PG) **3.45** Poh's Kitchen. **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Grand Designs. **7.00** ABC News. **7.30** Gardening Australia: Gardener Of The Year Special. **8.30** Father Brown. (M) **9.15** Line Of Duty. (M) **10.20** ABC Late News. **10.50** The Business. **11.05** Shaun Micallef's MAD AS HELL. (M) **11.35** Planet America. **12.20** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Hard Quiz. (PG) **8.30** Shaun Micallef's MAD AS HELL. (M) **9.00** The Office. (PG) **9.25** Blackadder Goes Forth. (PG) **10.00** I'm Alan Partridge. (PG) **10.30** Workaholics. (M) **10.50** 30 Rock. (PG) **11.15** Episodes. (M) **11.45** Parks And Recreation. (PG) **12.05** Schitt's Creek. (PG) **12.30** Workaholics. (M) **12.55** 30 Rock. (M) **1.15** Episodes. (M) **1.45** Parks And Recreation. (PG) **2.10** Stath Lets Flats. (M) **2.35** Crashing. (MA15+) **3.00** The Moaning Of Life. (M) **3.45** News Update. **3.50** Close. **5.00** Boj. **5.10** Arthur. **5.35** This Is Scarlett And Isaiah. **5.40** Bottle Top Bill. **5.55** The Day Henry Met.

## SBS

**6.00** WorldWatch. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** The Point. **3.00** NITV News Week In Review. **3.35** Nordlandsbanen Train Journey. **4.35** The Secret Life Of Mad King George. (PG) **5.30** Letters And Numbers. **6.00** Rick Stein's India. (PG) **6.30** News. **7.30** World's Busiest Railway. **8.35** Movie: Lion. (2016) Dev Patel. **10.50** SBS News. **11.20** Movie: The Duke Of Burgundy. (MA15+) (2014) **1.15** Follow The Money. (M) **2.20** Follow The Money. (M) **3.25** Follow The Money. (M) **4.30** Poh's On The Road. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie: Angele And Tony. (M) (2010) **1.30** Balls Deep. (M) **2.00** PopAsia TV. (PG) **3.00** Dateline. **3.30** Daria. (PG) **4.00** Soccer. W-League. Round 2. Melbourne City FC v Sydney FC. **6.20** Lee Lin Chin's Fashionista. **6.30** VICE World Of Sports. (PG) **7.00** News. **7.30** The Obesity Myth. (M) **8.30** Adam Looking For Eve. **9.25** Harlots. (MA15+) **10.25** Harlots. Final. **11.25** Hollywood Love Story. (M) **11.55** Hollywood Love Story. (M) Final. **12.20** News. **12.50** Movie: 20 Cigarettes. (MA15+) (2010) **2.35** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm** Den Of Thieves (2018) Action. Gerard Butler. (MA15+) **Premiere** **10.30pm** The Secret Scripture (2017) Drama. Rooney Mara, Eric Bana. (M) **Masterpiece** **11.05pm** Red Dog: True Blue (2016) Drama. Bryan Brown, Jason Isaacs. (PG) **Family**

## GENERAL

**1.35pm** Shahs Of Sunset. (M) **Arena** **8.30pm** Last Man Standing. (PG) **FOX8** **11.30pm** Comic Book Men. (PG) **A&E** **DOCUMENTARY** **7.30pm** Attenborough's Nature's Great Events. (PG) **Animal Planet** **7.30pm** Behind The Screams. (M) **Crime & Investigation** **8.05pm** Jamie's Quick & Easy Food. (PG) **Lifestyle Food**

## SPORT

**9.00am** Motor Racing. Supercars. Round 15. Auckland SuperSprint. **Fox Sports 506** **11.15am** Gridiron. NFL. Week 9. San Francisco 49ers v Oakland Raiders. **ESPN** **7.50pm** Soccer. A-League. Round 3. Melbourne City FC v Sydney FC. **Fox Sports 505**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

Our speaker this week was Diane Carter. Diana gave an interesting presentation called Smoke and Mirrors. The presentation was on an alternative approach to traditional medical treatments. Our members found her presentation very thought provoking.

Tuesday 30th October – Bus Trip to Harbour Town – Fully booked.

Tuesday 6th November – Melbourne Cup. Lunch at Redcliffe Harness Racing Club. If interested please contact Trish. Partners are invited to join us for the day

Tuesday 13th November – General Meeting and AGM. Members Only.

Tuesday 20th November – Guest speaker. Ainslie Moden, Wellness Advocate for Doterra Essential Oils. Body Shop at Home will also have a pop-up shop. Visitors welcome.

Our meetings are open to all women in North Lakes/Mango Hill-Moretton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.

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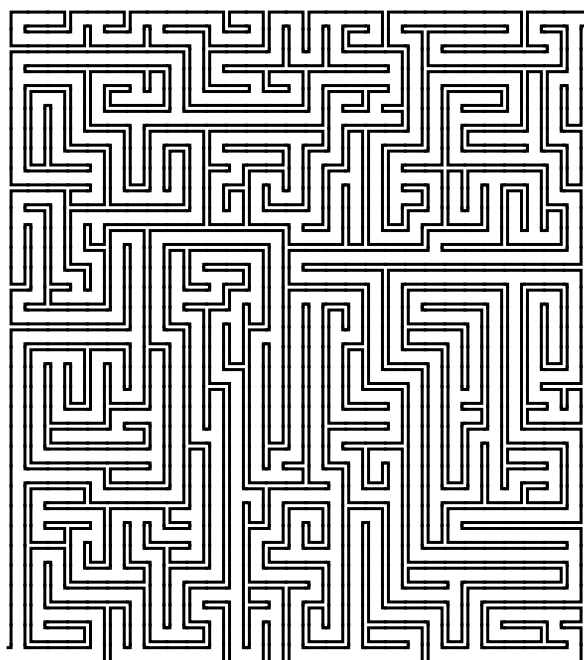
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# SUDOKU

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## AMAZING MAZES



## CROSSWORD SOLUTION FROM LAST ISSUE

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# Crossword 6351

Crafted by the skilled hands of Laurie Stibbe

## ACROSS

- 1 Characterised by long suffering
- 5 Portable anti-tank weapon
- 9 Fruit of a cucurbitaceous vine
- 10 Open to two interpretations
- 11 The hereafter
- 12 Particular environment of sport
- 13 Evade
- 15 Parallel to
- 18 Speech of violent denunciation
- 19 Storehouse
- 21 Adjutants
- 23 Surgical instrument
- 25 Ammunition belt over shoulders
- 26 Run away to wed
- 27 Compensate
- 28 Unspecified item (slang)

## DOWN

- 1 Instruction to do something
- 2 Connected logically (7,2)
- 3 Beer keg
- 4 Serenade to newlyweds
- 5 Christian holy book
- 6 Moved in short sharp turns
- 7 Ultraviolet radiation screen
- 8 Alleviate
- 14 TV camera in the tummy
- 16 Cause the downfall of
- 17 Hotheaded, impulsive
- 18 Prattle
- 20 Cloudburst
- 22 Had supper
- 23 Sudden short attacks
- 24 Feather palm

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## COMMUNITY NOTICE BOARD ONLINE

Are you looking for something to do? Visit the region's foremost community guide where you'll find like-minded individuals of all interests, events, local special interest groups for all ages, guidance and support if you need it.

[www.northlakemessenger.com.au](http://www.northlakemessenger.com.au)

The Community Notice Board is a free service provided by the Messenger for community, social and non-profit organisations

To post email: [community@northlakemessenger.com.au](mailto:community@northlakemessenger.com.au)

- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise

## OWNER-OCCUPIERS JOIN INVESTORS ON THE SIDELINES

The value of lending to investors declined by more than 20 per cent over the last twelve months while lending to owner-occupiers was down by 7.7 per cent

"Given such a large drop, we should expect the market to continue to cool," said HIA Acting Principal Economist, Geordan Murray.

ABS housing finance figures for the month of August 2018 show broad weakness:

- The value of lending to investors slipped by 1.1 per cent in the month and is 20.5 per cent below the level recorded a year ago.
- The number of loans to owner-occupiers building or purchasing a new home dipped by 4.2 per cent in the month and is 13.8 per cent lower than the level a year ago.
- The number of loans to owner-occupiers purchasing established homes (excluding refinancing) was down by 2.5 per cent in the month and was 13.9 per cent lower than the level a year ago.
- First home buyer activity has been slightly more resilient with lending to this group easing back by a more moderate 0.8 per cent in the month and is down by 7.3 per cent compared with a year ago.

"Investor lending has now dropped to the lowest monthly level since mid-2013 which was the very beginning of the current housing cycle," said Mr Murray.

"Variations in investor lending have had a significant impact on home prices throughout the cycle. The timing of APRA's interventions in the home lending market were decisive turning points for investor lending activity and these turning points coincided with the turning points in home prices.

"At the time when APRA announced these

measures both investor credit and home prices were growing rapidly and the interventions were effective in slowing both.

"Growth in lending to owner-occupiers, including first home buyers, initially filled the void as investors retreated but these borrowers are also now starting to retreat.

"The concern is that APRA's interventions, which were effective in taking the heat out of the market at the high point of the housing cycle, now represent a risk as the market retreats," concluded Mr Murray



Auction



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2013 - 2013 Premier Member





14 Ballesteros Street, NORTH LAKES

4 2.5 2

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ALAN WHITE  
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PERFORMER 17-18



Home loan demand fell in August, according to new data from the Australian Bureau of Statistics (ABS), suggesting that the housing market's ongoing correction continues.

The latest Housing Finance data from the ABS reveals that, in seasonally adjusted terms, 51,266 home loans were approved throughout August – down 2.1% from the month prior.

"In August we saw a decline in the number and value of home loans approved. Indeed we have seen the number of dwelling commitments fall by more than 10% in the last 12 months as the market has undergone a correction since peaking this time last year," said Mortgage Choice Chief Executive Officer, Susan Mitchell.

The data reveals that \$30.8 billion worth of dwelling commitments were made over August, a reduction of 0.6% from the month prior in seasonally adjusted terms. This included a 2.7% drop in the value of owner occupied housing commitments to \$20.7 billion and a 1.1% fall in the value of investment loans to \$10 billion.

This data was supported by CoreLogic's Hedonic Home Value Index, which revealed that national dwelling values fell 0.3% in August 2018, led by declines of 0.3% and 0.6% in Sydney and Melbourne respectively.

"A number of factors have compounded, placing downwards pressure on home loan demand such as historically high house prices and tightened lending standards which have led to an increase in the cost of borrowing on some loan products. This ultimately has an impact on consumer confidence and the level of borrowing in the housing market, however, demand is relatively high by long-term standards.



## BORROWERS STILL LOOKING FOR A BETTER DEAL

Home loan demand fell in August, according to new data from the Australian Bureau of Statistics, suggesting that the housing market's ongoing correction continues

"The previous Housing Finance data revealed that in July, there was a notable increase in the number of refinancing commitments – rising 3%. These commitments fell just 0.6% in August suggesting borrowers are still pursuing more competitive home loan deals," said Ms Mitchell.

Looking ahead, Ms Mitchell said that while we may not see home loan demand grow to the levels we saw this time last year, the Spring selling season could support demand in the short-term.

"This complex housing market means it has never been more important for those looking

to buy or refinance into a new loan product to ensure they are seeking expert advice to get financially fit and increase their chances of securing a competitive home loan deal.

"A Mortgage Choice financial adviser can help coach those looking to enter the housing market, through a strategic savings and investment plan, in order to build their home loan deposit. When the time comes to apply for a loan, a Mortgage Choice broker can do all the legwork to find buyers a suitable loan for their unique financial needs," Ms Mitchell concluded.

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**For Sale**



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