

# THE Messenger

Lakes, Bay & Region • May 26 2018

FREE WEEKLY also available online



**WIN!**  
A FAMILY WHALE  
WATCHING  
EXPERIENCE  
WITH BRISBANE  
WHALE  
WATCHING

**LEONIE ON:** HOW TO SET BOUNDARIES FOR THE SAFETY OF OUR CHILDREN WITH MY EX, WHO'S DATING



dyson cyclone v10

# EXPLORE THE DIFFERENCE

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Dyson 'Cyclone V10 Absolute+'  
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Dyson 'Cyclone V10  
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439-443 Anzac Avenue, 3897 8800  
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\*1. Suction tested to IEC 62885-2 CL5.8 and CL5.9 at the flexible inlet, against full-size market, loaded to bin full, tested in MAX mode. \*2. Compared to Dyson V8 Absolute cord-free stick.

\*3. Suction tested to IEC 62885-2 CL5.8 and CL5.9 at the flexible inlet, against cord-free stick market, loaded to bin full, tested in MAX mode.

# MAY MADNESS

# Harvey Norman®

AVAILABLE ONLY AT YOUR LOCAL STORE - ROTHWELL



**TOP VALUE**  
**\$448**

**Simpson 5.5kg Top Load Washing Machine.**  
11 wash programmes, Ezi Reach control panel, time remaining display. WELS 3.5 stars, 68L/wash on Regular Wash programme. H94.5 x W57.5 x D65.5cm. SWT5541

**SIMPSON**



**GENTLE ON CLOTHES**  
**\$659**

**Simpson 8kg Top Load Washing Machine.**  
Time adjust and delay end functions give you full control over a cycle's wash time, and also let you save your favourite programme for total convenience. WELS 3 stars, 109L/wash on Regular Wash, Eco Rinse programme. H108 x W67 x D68cm. SWT8043

**SIMPSON**



**QUIET OPERATION**  
**\$598**

**Electrolux 7.5kg Front Load Washing Machine.**  
11 wash programmes, vapour refresh, time manager, Woolmark Apparel Care, LED display, Jetsystem. WELS 4.5 stars, 64L/wash on Energy Saver 40°C programme. H85 x W60 x D58.5cm. EWF12753

**Electrolux**



**PRE-MIXES DETERGENT**  
**\$876**

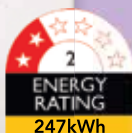
**Electrolux 9kg UltraMix Front Load Washing Machine.**  
Features eleven built-in wash programs and time manager to set variable wash times depending on your laundry load. WELS 4.5 stars, 76L/wash on Energy Saver 40°C programme. H85 x W60 x D66.5cm. EWF14933



**Electrolux**



**ANTI-CREASE OPTION**  
**\$396**



**Electrolux 5.5kg Sensor Dry Dryer.**  
H79.5 x W60 x D60cm. EDV5552

**Electrolux**



**AUTO SENSOR**  
**\$458**

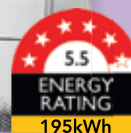


**Electrolux 6.5kg Sensor Dry Clothes Dryer.**  
H79.5 x W60 x D62cm. EDV6552

**Electrolux**



**AUTO SENSOR**  
**\$1188**



**Electrolux 8kg Heat Pump Dryer.**  
W60 x H85 x D60cm. EDH3586GDW

**Electrolux**

**Harvey Norman®**  
**SHOP with CONFIDENCE**

Ends 27/05/18.

Harvey Norman® stores are operated by independent franchisees.

SHOP with  
**CONFIDENCE**  
**PRICE**  
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We match genuine advertised prices from local stores and leading online retailers.

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**info@bwbfl.com.au**  
**bwbfamilylaw.com.au**

**107/1642 Anzac Avenue**  
**North Lakes QLD 4509**



CONTACT

## THE Messenger

Now in its twelfth year, the Messenger is your free weekly publication. Wholly owned, operated and produced locally. Proudly independently published.

ABN 129 5493 7979.

### NEWSROOM/EDITORIAL/SUBMIT A STORY

The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education. Email reports and pictures to Editor Dan Fidler via:

**editor@northlakesmessenger.com.au**

### DISTRIBUTION/DELIVERIES/REQUEST COPIES

For all distribution enquiries and requests please contact our Distribution Manager, Ali Hunt via:

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### ADVERTISING

For all advertising rates, specifications, templates conditions and bookings please contact our advertising department on **3881 3322** Tuesday to Thursday. Other times please call **0488 112 822** or email:

**adz@northlakesmessenger.com.au**

#### Please note:

- Business hours are week days 9am to 5 pm.
- All advertising is to be pre-paid.
- Advertising deadline is 12 midday Wednesday one week prior. Incomplete art due Tuesday midday one week prior.

#### Payments

Payments or accounts please call Nick on **1300 300 608** Monday to Thursday or email: **accounts@northlakesmessenger.com.au**

#### Credit Cards & Direct Deposit:

Bank of Queensland  
BSB: 124185  
A/C: 20169347

#### Cheques:

PO Box 127 North Lakes, QLD 4509

### OTHER CONTACTS

For the Community Notice Board and Your Say please email: **community@northlakesmessenger.com.au** observing the requisites and disclaimers printed on their relevant pages.

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### INDEMNITY

By advertising or submitting with the Messenger you agree to indemnify the publication, its staff and owners, against any claims.

*The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, past, present and emerging.*

The Messenger [www.northlakesmessenger.com.au](http://www.northlakesmessenger.com.au) 4





# BECKY B HAIR NORTH LAKES NOW OPEN!



## THE BECKY B DIFFERENCE

Becky B has always had an incredible love for all things hair-like but wanted to create a new culture and a new 'flavour' of hairdressing salon. A place where clients would not only walk out with a great new hairstyle, but somewhere they would feel amazing, not just physically but emotionally.

A place full of life, love and laughter, and a space where hair stylists could freely express themselves. Where they could kick butt simply because they felt so empowered at work, and somewhere they could also empower their clients. And the rest is history ...

## THE BECKY B BEGINNINGS

It all started in 2012 in a salon in Caloundra where the Becky B team was slowly creating a highly successful business and servicing its clients to perfection. In fact, it was so successful that it was voted Number #1 Salon on the Sunshine Coast two years in a row!

Clients were travelling all the way from Brisbane to visit them, so Becky B thought, why not bring my business to them? And after a lot of hard work and some smart planning ... voila! Beck B North Lakes was born!

## BECKY B NORTH LAKES

The minute you approach our doorstep, prepare for an exuberant welcome! We love our job (and it won't be half obvious), so don't be alarmed by our constant singing and dancing. And yes, it's free of charge – it's just a regular day at Becky B!

The first step? Developing your action plan. Here's where your talented stylist will discuss your long-term hair goals, your hair's health and condition, your hair maintenance and whether you have any hair or scalp conditions.

Then comes the fun part – time for your cut and colour! This is where things get really exciting, and it's the part we love best, because once we're done, we guarantee you'll walk out of here not just with a beautiful haircut, but with a dazzling smile as well!

## THE BECKY B TEAM

We have a diverse group of strong intelligent woman working here, with qualifications in trichology, business, marketing, management, personal training, dance and child care. We have specialised training in cutting, colour work and barbering. We are women that understand the science of hair, believe in teamwork and most of all, support each other as much as we can. In fact, we're kinda like family!

## THE BECKY B FAN CLUB

"I couldn't be more excited that Becky B has moved to North Lakes. Living on the other side of the city means that I can come back to my wonderful hairdresser, I can meet all the new and amazing staff in the salon and I can share a little banter and lots of laughter. Being a woman who isn't skilled in the art of hairdressing or any form of hair therapy for that matter, I always feel comfortable in the hands of Becky B and her wonderful team. I have never felt judged or worried about my lack of 'hair knowledge' - I just know that I will be looked after and I will walk out ecstatic!" — Rachelle Smith, North Lakes

Ready to share the Becky B experience?  
We can't wait to meet you North Lakes.

**BECKY B HAIR** 1/12 Discovery Drive, North Lakes, QLD  
(07) 3886 4581 • [salon@beckyb.com.au](mailto:salon@beckyb.com.au) • [beckyb.com.au](http://beckyb.com.au)





# MORETON BAY WHALE SEASON 2018

WELCOME TO THE WHALES FESTIVAL THIS SUNDAY

WIN THE EXPERIENCE OF A LIFETIME

# WIN!

Each year, magnificent southern humpback whales pass right by us as they make their way through clear blue waters of Moreton Bay, migrating from Antarctica and back.

Intelligent and naturally curious mammals, the whales greet watchers with playful behaviour that will both delight and surprise you. If you're in the right spot you'll be treated to awesome displays as the gentle giants breach, blow and frolic right on our doorstep.

To get you in the right spot, we have a competition to win a day's whale watching for four, but before we get to that, there are some important additions to this year's season that you should know about.

Moreton Bay's 2018 whale season runs from June until November. To kick it off, Brisbane Whale Watching and local tourism body MBRT are hosting a 'Welcome to the Whales' festival.

To be held this Sunday May 27 from 3pm till 8pm, the whole community is invited down to Scarborough Beach Park to help welcome the first whales of the season.

The event is a free, family-friendly celebration and will include an Indigenous welcome, a 'Whale Wishes' ceremony, stage entertainment, beach fire pits, sand sculptures, food trucks and even an aquatic themed movie-in-the-park, Finding Nemo.

The afternoon will also host the first ever Coastal Protection Core Science Festival, an intriguing celebration of science, offering free activities and workshops. Founder Mathew Davis wants to inspire local youth to get involved with protecting our environment in a fun and unique way.

"There's stacks of cool and interactive experiences that will be on display, including touch tanks, 2D moulds of coral and VR 3D experience, a headset that offers a unique 360 panoramic view providing a realistic glimpse into the life of a Marine Scientist, through their eyes," Mr Davis said.

For Captain Kerry Lopez of Brisbane Whale Watching, the Whale Wishes ceremony will be a highlight.

"I'm absolutely thrilled that the whole community can come down and welcome these majestic

mammals alongside us, it's going to be a really special afternoon," said Captain Kerry.

"I'm particularly excited about the Whales Wishes component of the event where guests can place a tealight around the base of the whale sculpture. This is an act that sends welcoming wishes to the whales that will soon call Moreton Bay home."

But, as all the fun and festivity of the local season gears up, Queenslanders have been asked to keep a sharp lookout for these precious creatures while out on the water between now and early December.

With the first of the giant mammals already migrating north to the Great Barrier Reef to have calves and find mates - boaties, fishers and jetskiers have been warned to keep their distance and observe the rules to avoid great personal injury and fines.

A fully-grown humpback can weigh 40 tonnes. They regularly slap their 5-metre fins or enormous tails and breach right out of the water. Last August, a group of fishers suffered injuries when a whale breached directly under their boat during the season.

Jetskiers are not allowed within 300 metres of whales or dolphins. Breaking this rule - besides serious risk to yourself and the mammal - carries a \$630 fine. Other vessels can approach to 100 metres, unless there are already three boats at that limit, in which case skippers will need to stay 300 metres away. Boats cannot travel at more than six knots or create a wake within this 300 metre caution zone.

The best and safest way (for all involved) to see whales up close is with whale watching trip like the professional service Brisbane Whale Watching offers.

Brisbane Whale Watching's season officially commences Saturday June 2 and departs seven days a week (weather permitting) through until November, leaving from the Redcliffe Jetty. For more information and bookings visit [www.brisbanewhalewatching.com.au](http://www.brisbanewhalewatching.com.au) or try your luck in our whale watching comp...

**Pictured: A pod of the whales and BWW's Eye Spy vessel in Moreton Bay last year.**

## A WHALE WATCHING EXPERIENCE FOR THE WHOLE FAMILY WITH



In conjunction with Brisbane Whale Watching we have whale watching Family Pass valued at \$460 to give away. The prize entitles two adults and two children (4 to 14 years) to an incredible day with Queensland's most experienced service, aboard the Eye Spy with Captain Kerry Lopez and crew.

The prize includes the full day whale watching cruise and buffet lunch. Whale sightings are guaranteed. The cruise commences boarding at 9.00am for a 10.00am departure from the Redcliffe Jetty.

To enter simply email [comp@northlakesmessenger.com.au](mailto:comp@northlakesmessenger.com.au) with "Whale Watching Comp" in the subject line and tell us which months the whales come through Moreton Bay (you won't have to google this one).

Entries close Thursday June 21, 2018.  
Good Luck!

Please Note: The prize is for mid-week travel only and must be used before Friday 2nd October 2018.

All regular family pass inclusions and disclaimers apply.  
For more information see [www.brisbanewhalewatching.com.au](http://www.brisbanewhalewatching.com.au)

**Your Privacy:** The Messenger complies with the Australian Privacy Act 1988 in safeguarding your privacy. Information submitted by you is used only for purposes of the competition. Your information is not kept on file, collated or distributed in any way.



Mueller College presents



IAN FLEMING'S

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**SAT 2 JUNE 2PM & 7PM**

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Music by Special Arrangement with Sony/ATV Publishing

Adapted for the Stage by Jeremy Sams

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Licensed exclusively by Music Theatre International (Australasia) • All performance materials supplied by Hal Leonard Australia

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**Adults \$20 | Student/Pensioner \$15 | Family (2 Adults + 2 Child) \$60**



More affordable child care and energy for consumers and tax cuts for local businesses says Federal Member for Petrie Luke Howarth MP

- More affordable and more accessible childcare with 8,484 families to benefit just in Petrie
- Cheaper and reliable energy through the National Energy Guarantee (NEG)
- Extension of the instant asset write off for small businesses
- Backing enterprise and jobs with tax cuts to help 11,939 local businesses in Petrie
- Record investment for Queensland hospitals with a 34% boost in funding

Ensuring greater health care and choices for older Australians meaning the 27,622 people older than 65 in Petrie can live longer, happier and healthier lives.

Critical medicines added to the PBS to help those with Breast Cancer, Muscular Atrophy and Multiple Sclerosis

More funding to help support mental health through organisations like lifeline.

## WHAT THE FEDERAL BUDGET MEANS FOR MORETON BAY

More than 65k (66, 223) Petrie locals will benefit from low and middle-income tax cuts starting this year. Federal Member for Petrie Luke Howarth MP has praised the Federal Budget delivered on Tuesday saying it will bring welcome relief to families in Petrie.

"This budget is about sticking to a plan that is

working. It's about creating jobs for people in my electorate and returning some of their hard earned money through simpler and lower taxes." Mr Howarth said.

What this means is a simpler tax system that is putting real money back into the pockets of working families while at the same time making sure that we're guaranteeing the essential services that will maintain our way of life in Moreton Bay."

As well as record investment in health and education, residents in Petrie will receive a wide range of benefits from this budget such as:

As well as this, Petrie drivers will soon have safer and better roads with an additional \$880 million, on top of the \$530 million committed last year to upgrade the Bruce Highway. This is on top of the \$390 million duplication of the Queensland North Coast Rail Line which will take cars off the busy arterial so you and your family can spend less time in the car and get home safer and sooner.

"I'm really pleased to see a budget that supports and rewards locals here in Petrie. The Government is paying back the debt and achieving a budget surplus because our plan is working." Mr Howarth said.

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# LUKE HOWARTH MP

Federal Member for **Petrie**

Invites you to a

## End of Financial Year Boot Camp

Come along and hear from financial and investment experts

This **FREE** event is for local residents who want to change their financial future.

*Whether you're studying,  
working or retired  
Everyone is Welcome!*



**Thursday, 7th June 2018**



**7:00pm to 8:30pm**



**King Island Room, North Lakes Hotel**  
*22 Lakefield Drive, North Lakes QLD 4509*

**RSVP:**

**Tuesday, 5th June 2018** *(Places are limited - Please book early)*

**Email:** [Luke.Howarth.MP@aph.gov.au](mailto:Luke.Howarth.MP@aph.gov.au)

**Phone:** 3284 8008

*Complementary refreshments will be provided.*

40 Hornibrook Esplanade, Clontarf Beach QLD 4019 07 3284 8008

[luke.howarth.mp@aph.gov.au](mailto:luke.howarth.mp@aph.gov.au) [lukehowarth.com.au](http://lukehowarth.com.au) [lukehowarthmp](https://www.facebook.com/lukehowarthmp)

Authorised and printed by Luke Howarth MP, Liberal National Party, 40 Hornibrook Esplanade, Clontarf Beach QLD 4019.





DELIVER THE MESSENGER!

## MESSENGER DELIVERERS WANTED NORTH LAKES AND MANGO HILL

The Messenger has been part of the fabric of our community for 12 years and we're looking for more great people to be a part of it. It's an opportunity to get fit and have fun while getting paid.

Deliverers must be available on Thursdays between the hours of 9am and 4pm and have their own transport.

Email your interest now to  
[distribution@northlakessmessenger.com.au](mailto:distribution@northlakessmessenger.com.au)

## MON KOMO FUNDRAISER FOR YOUNG PERFORMERS WITH DISABILITY

Local theatre company, InsideOutside, is partnering with Mon Komo Hotel to hold a fundraising murder mystery night this Friday 25 May at 7pm. Performing one of their own unique murder mysteries will raise money to help keep the cost of theatre workshops for performers with disability low and offer some scholarship places to emerging talent.

"This really is a true community event. Mon Komo have been fantastic, making a private function room available and creating a 2 course menu for the evening. It's going to be great fun with the audience getting to dress up and play detectives on the night," said Artistic Director, Angela Witcher.

It will be the debut performance of the company's latest murder mystery, 'Murder at St Pillocks' and guests will be invited to come in school uniform or as their favourite detective. \$10 from each \$35 ticket sold will be used to help fund the workshops

which are held at Clontarf Beach Baptist Church on Tuesday mornings.

To book tickets visit [www.trybooking.com/VRSP](http://www.trybooking.com/VRSP) or call Angela on 0499 002 989 for details

## HAZARD REDUCTION BURNS

You may have noticed Council has begun bushfire season preparations this week with the first hazard reduction burns for 2018.

Residents in Dakabin and surrounding areas may have noticed smoke both during and after the burn last week. The hazard reduction burns will continue all over the region.

Residents and businesses should keep away from the burn during and in the days following the event.

Asthmatics and people sensitive to smoke are advised to stay indoors and keep their windows and doors closed.

Motorists in the area should drive to the conditions.

Pets and livestock should be secured, if necessary.

Council hazard reduction burn crews work closely with the Queensland Fire and Emergency Services to undertake planned burns.

For the full list of planned burns in 2018, visit:  
[www.moretonbay.qld.gov.au/plannedburns](http://www.moretonbay.qld.gov.au/plannedburns).

Properties adjoining planned burn locations will be notified via letterbox drop prior to burns taking place.



PERFORMERS WITH DISABILITY



HAZARD REDUCTION BURNS



# what's on

THURSDAY  
31ST  
MAY

# \$5K MAY MADNESS

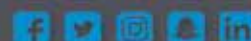
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Enter from 5pm on the day with every \$10 PLAY on the gaming machines or \$5 SPEND on food or beverage.

\*Terms and conditions apply. Gamble Responsibly.

[www.northlakessports.com.au](http://www.northlakessports.com.au)







## UNWANTED GUESTS

A scratching in your ceiling or walls is often indicative that you have some unwelcome guests living in your home. Rodents become more of a problem during the colder months as they move inside seeking warmth and shelter. They are carriers of germs and disease, and ridding them from your home should be a top priority.

A professional pest technician from Sandgate Pest Control can visit your home, identify the entry points and nesting areas and then apply the treatment to ensure that the entire population is removed. As a part of this treatment a free service period will be provided, along with advice on how you can rodent proof your home.

For more information about rodents or the services Sandgate Pest Control provide, please visit their website [www.sandgatepest.com.au](http://www.sandgatepest.com.au) or contact their friendly office staff on (07) 3269 6198.



**Ph 3269 6198**  
**admin@sandgatepest.com.au**  
**www.sandgatepest.com.au**





The Plateia - an authentic Greek town square - is where we rubbed shoulders with Home & Away's Sophie Dillman and Patrick O'Connor...



More than an estimated 300k honey puffs were scoffed



and Josh & Brandon Jarius from the current season of House Rules





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- Flexible appointment times and payment plans
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- 10 convenient locations

ETHOS: V. MURPHY



Greek BBQ once again drew Brisbane's carnivores to Musgrave Park



Famous Greek hospitality was offered all over the site and upstairs at The Greek Club



Mmm, baklava



The Hellenic Dancers highkicked their way in to the 42nd Paniyiri

## GREEK FOR A WEEKEND

Out and About at Paniyiri Festival

It's Australia's biggest Greek festival and over the weekend Paniyiri marked 42 years of plate smashing, grape crushing, haloumi and honeypuff eating with the greatest year yet.

The Paniyiri celebration started in 1976 and has never slowed down. Last weekend Musgrave Park was all-singing, all-dancing, all-celebrating to the tune of more than 30 food stalls, entertainment for all ages, star spotting and authentic Greek chefs sharing recipes and secrets of food from all corners of Greece. It was a huge success.

This year, the iconic Plateia was expanded and heart of the Brisbane Greek community - The Greek Club - launched it's \$3 million dollar refresh with priceless Greek hospitality.

If you missed out or Paniyiri 2018 left you with the honeypuff blues you won't have to wait a full year for the next festival, The Greek Club's new signature restaurant, Nostimo Restaurant & Bar, opens doors mid-June. You can get more Greek via:

[www.paniyiri.com](http://www.paniyiri.com)

[www.nostimorestaurant.com.au](http://www.nostimorestaurant.com.au)

[www.thegreekclub.com.au](http://www.thegreekclub.com.au)



Nostimo opens Mid-June



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## MESH IMPLANTS BANNED BY TGA

A recent Senate inquiry report published in March 2018 has made some very significant recommendations in relation to Vaginal Mesh Implants used to treat Pelvic Organ Prolapse and symptoms of incontinence. Some of the recommendations implementing mandatory reporting by medical practitioners of adverse effects caused by mesh implants, the development of a standardised information sheet for potential mesh implant candidates and preparation of guidance material on effective informed consent processes.

"We support fully the recommendations set out in the Senate report" said Adrian Barakat, Director and Lawyer of AJB Stevens Lawyers.

"But most importantly, we support the recommendation that such procedures only be undertaken with fully informed consent and as a last resort when other treatment options have been properly considered and determined unsuitable. If that hasn't been done, then the surgeons have a lot to answer for".

"Thousands of women are suffering in silence with injuries caused by mesh implants," said Mr Barakat.

"Many have catastrophic injuries with life-altering consequences. Indeed a large number



have had these mesh implants removed or are enquiring to have them removed. Some have resorted to travelling overseas to America at a cost of up to \$50,000 to have the mesh removed. These women are desperate and will try anything to get some relief from their symptoms."

The Therapeutic Goods Administration (TGA) has since banned the sale of some of these implants, given that there was insufficient scientific evidence to satisfy that the benefits to patients outweighed the risks.

There are a number of Class Actions currently on foot in the Federal Court of Australia against Johnson and Johnson and American Medical Supplies in which women affected by the mesh implants are seeking compensation

for their injuries. However, these class actions do not hold the operating surgeons to account for their failures in the process.

"In many cases, the surgeons have either performed the surgery negligently or failed to obtain informed consent from the women affected or both. Even if the women are already part of a Class Action, they are entitled to compensation against their surgeon" says Mr Barakat, who is urging women to come forward to seek further advice about their entitlements.

"We have always been of the firm belief that if a doctor who owes a duty of care to his or her patients breaches that duty and causes them severe personal injury, then the doctors need to be held to account."

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## HOW TO SET BOUNDARIES FOR THE SAFETY OF OUR CHILDREN WITH MY EX, WHO'S DATING

Hi Leonie,

I love you and listening to your radio show. I think I must have read everything you have written over the years.

I know you work with children and I really want some help in setting boundaries for my ex with our children who are 18 months and 3 years old. I am 52 and she is 36 and I blindly didn't think the age gap mattered but it sure did.

I think she was embarrassed because although I was thinning on top when we married, the hair has really fallen out the last two years or so and I have vitiligo so not a pretty picture. We have been living separately for only nine months and she has started seeing someone already. My parents believe he's been on the scene a while and this is killing me too.

I don't want this guy touching my kids and it's way too early to be bringing strangers into the mix. My counsellor in Melbourne said that children should not be exposed to parental dating for at least three years and only then if the new relationship becomes a marriage and we all know about the risks with mum's boyfriends.

We do 50/50 so why can't she do her dating on her time away from the kids? I'm so sick with grief, anger, and I realise loss of control of my children's safety.

My lawyer says that I can't control what happens when she has the kids, but good Lord nine months and she has another bloke! I'm still picking up the pieces over here and she is off and racing.

I am flat broke and can't afford counselling, but could you give me some idea what I should be asking for regarding this new bloke and the ex? I would really appreciate it if you chose my email this coming week because I am reeeeeeeally struggling here. What would you do?

Name withheld by request/Sandgate

Hi,

I'm so glad you asked what I would do. Counsellors should never tell a client what to do. So, given that you are asking what I would personally suggest I feel that I can be frank. Here are the guidelines I would fight for:

1. No exposure to love interests until a commitment is made and not within two years of separation. When you think about it, two years is a good time frame for both partners to come to terms with the end of a relationship and help avoid rebound relationship issues. This also helps prevent children from being exposed to an endless number of short term partners to whom they must adjust. In some cases, great people come into a relationship and the child begins to care deeply for the new partner only to suffer another loss if this new relationship fails.
2. Partners are never permitted to be left alone or to baby sit the children even for short periods like just ducking down to the shops. Likewise, the family of the new partner should not provide child care.
3. Partners are never to help children with toileting or bathing.
4. Partners are never to help a child get dressed or undressed.
5. Children are never encouraged to call the new person Mum or Dad or any other intimate family name such as Uncle or Aunt. Children are to be made clear that they already have a father and a mother, and this new person is not a substitute. When children are older they can decide for themselves how close or distant they wish to be to their parent's new partner.
6. Children are never asked or encouraged to kiss or hug new partners, even to say goodbye.
7. If children become sick the other parent is notified immediately and advised of care which should be kept with the same practitioner.
8. Children are to be supervised at all times.

If both parents agree to these terms everyone can breathe a bit easier and the child has a much safer parental framework around them.

Til next week, Leonie

E-mail: [leonieschilling@bigpond.com](mailto:leonieschilling@bigpond.com)

Leonie Schilling is a qualified private practitioner at *North Lakes Counselling Services*

For appointments please phone 3886 2715 or 0423 653 841

[www.northlakescounsellingservices.com.au](http://www.northlakescounsellingservices.com.au)

Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM



### ABOUT LEONIE

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.






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For more information or to apply [www.moretonbay.qld.gov.au/donperrinbursary](http://www.moretonbay.qld.gov.au/donperrinbursary).

## Denison Parade - Playground Equipment Upgrade

In my February/March18 newsletter I advised residents that the existing play equipment in this park was to be replaced early this year. Unfortunately, there have been some unforeseen delays with this project, however, I can assure residents that it will be delivered as soon as possible.

## FREE Flu Vaccines for Seniors

It's flu season and Council's immunisation clinics are helping to protect seniors from the winter ills. Moreton Bay Region residents aged 65 and over are eligible for the FREE flu and pneumovax vaccines. No appointment is necessary and all you need is relevant ID and your Medicare card. Flu vaccines are also available to residents under 65 years of age for a small charge.

Council's immunisation clinics are located across the region and the next clinic date for North Lakes is Tuesday 19 June from 1.30pm-4.30pm at the North Lakes Library at The Corso.

Please call Council prior to attending a clinic to confirm the availability of the vaccine.

For more information or to view council's immunisation timetable, visit [www.moretonbay.qld.gov.au/immunisation](http://www.moretonbay.qld.gov.au/immunisation) or phone 3205 0555.

## Report It

Did you know you can report a range of maintenance issues from missed bin collections to parks, road and facility requests online or by downloading the free MBRC Request app from Google Play or the App Store.

## Library Quick Picks Collection

Moreton Bay Region Libraries recently launched a high demand collection named Quick Picks. The collection aims to provide avid readers with a selection of popular, high demand titles without having to place reservations on titles.

Titles in the Quick Picks collection are available for loan for a 7 day loan period with no renewals. Look for the display and books with the distinctive red sticker at your local library branch.

Not a library member? Sign-up online or in branch for free today. To find your nearest branch, search the library catalogue, and reserve items visit [www.moretonbay.qld.gov.au/libraries](http://www.moretonbay.qld.gov.au/libraries)

## Healthy & Active Moreton

From mid-2018 council's Healthy & Active Moreton program will take on a different look, offering residents more fitness activities, more spaces and more classes all-year round. For more information and to stay up to date with the latest news visit [www.moretonbay.qld.gov.au/healthy-active](http://www.moretonbay.qld.gov.au/healthy-active)

My next visit to the North Lakes Library will be on Wednesday 6 June from 10am - 11am. Come along if you have any Council issues you would like to discuss with me.



## JULIE GREER

COUNCILLOR FOR DIVISION 4

MORETON BAY REGIONAL COUNCIL

P O BOX 159 CABOOLTURE QLD 4510

COUNCIL : 3205 0555

OFFICE : 3480 6705

MOBILE : 0409 274 517

EMAIL: JULIE.GREER@MORETONBAY.QLD.GOV.AU

GOV.AU

FOR 24 HR EMERGENCY ASSISTANCE

FROM COUNCIL CALL 3205 0555.

## UPCOMING EVENTS

Free Concert for Seniors

Saturday 30 June 2018 - 2pm to 4.30pm

Strathpine Community Centre, Mecklem Street  
Strathpine

The Pine Rivers Brass Band is holding its annual Senior Citizens Concert. The band will perform a wide variety of music, there is something for everyone. A free afternoon tea will be available at interval and raffles prizes to be won. It is an enjoyable afternoon. Large venue which caters for wheelchairs. Free parking.

The Moreton Bay Region has many events and activities on offer, for a variety of ages.

Visit [www.moretonbay.qld.gov.au](http://www.moretonbay.qld.gov.au) to start exploring the Moreton Bay Region.

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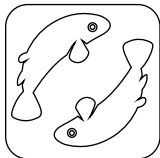
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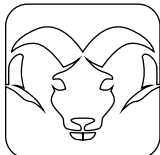
## YOUR STARS



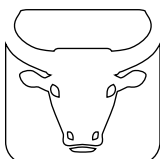
**Aquarius Jan 21-Feb 19:** You're managing the emotional pressure quite well. It could have been a crushing situation.



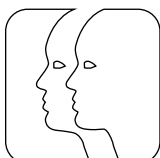
**Pisces Feb 20-March 20:** Good feelings of generosity and benevolence return this week. This will lift the cloud of despondency and gets pent up emotional energy circulating again.



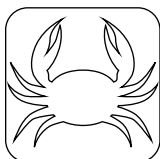
**Aries March 21-April 20:** Still smarting over a recent confrontation? Your moment of weakness actually came across as a show of strength as you'll see for yourself today.



**Taurus April 21-May 21:** You were feeling so conflicted that you wanted to call it quits. Just hold off as you will feel more centred this week.



**Gemini May 22-June 21:** Respond to a compromise with a compromise. There can be no single winner, but you both benefit by working together.



**Cancer June 22-July 23:** A sudden impulse to organise your desk or rearrange furniture leads to a surprising discovery.



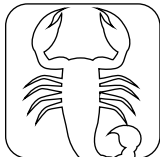
**Leo July 24-Aug 23:** meeting with someone you've been on the outs with does more the clear the air. It revives a friendship that you've both been missing.



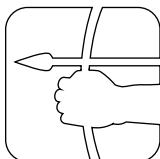
**Virgo Aug 24-Sept 23:** You'll be risking someone's displeasure, but it's in service to a good cause. Score that moral victory and let it speak for itself.



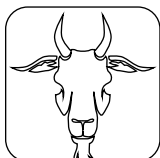
**Libra Sept 24-Oct 23:** Sometimes non verbal communication is the best way to communicate. People can feel what you feel today and you'll see them respond in kind.



**Scorpio Oct 24-Nov 22:** Good news from far away brightens your day. This does more than bring a smile to your face. It could change the way you live.



**Sagittarius Nov 23-Dec 21:** Others see the way ahead better than you, so trust in their guidance. Even unflattering criticisms carry helpful insights.



**Capricorn Dec 22-Jan 20:** Preparing for a rainy day has gotten in the way of enjoying the sunny ones. Leave the boots behind AND let yourself live a little.

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## NINE

**6.00** GMA. **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Destination WA. **12.30** The Middle. (PG) **1.00** Rugby League. QRL. Intrust Super Cup. Round 12. Redcliffe Dolphins v CQ Capras. **3.00** Netball. Super Netball. Round 5. Queensland Firebirds v West Coast Fever. **5.00** News. **5.30** Getaway. (PG) **6.00** Nine News. **7.00** Movie: Jurassic Park. (PG) (1993) Sam Neill, Laura Dern. **9.30** Movie: Ocean's Eleven. (M) (2001) George Clooney, Brad Pitt, Matt Damon. A team of thieves tries to rob three casinos. **11.55** Movie: Wolf Creek 2. (MA15+) (2013) John Jarratt. **2.00** TV Shop. **2.30** Step Dave. (M) **3.30** Getaway. (PG) **4.30** Destination WA. **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

## GO!

**6.00** Children's Programs. **10.00** Ben 10. (PG) **10.30** Be Cool, Scooby-Doo! (PG) **11.00** Nate Is Late. **12.00** Move It. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Yu-Gi-Oh! (PG) **2.30** Tom And Jerry. **3.00** Gumball. **3.30** Ben 10. (PG) **4.00** Teen Titans Go! (PG) **4.30** Steven Universe. **5.00** Movie: Uptown Girls. (PG) (2003) **7.00** Movie: Legally Blonde. (PG) (2001) **9.00** Movie: Trainwreck. (MA15+) (2015) **11.30** Mom. (M) **12.00** Adult Swim. (MA15+) **12.30** China, IL. (MA15+) **1.00** Total Divas. (M) **2.00** Best Ink. (M) **3.00** Surfing Australia TV. **3.30** Kate And Mim-Mim. **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** To Be Advised. **1.30** To Be Advised. **2.45** To Be Advised. **4.00** Better Homes. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: Iron Man 3. (PG) (2013) Robert Downey Jr. **9.30** Movie: Predator. (M) (1987) Arnold Schwarzenegger, Carl Weathers, Elpidia Carrillo. A team of commandos on a mission in the Central American jungle is hunted by an extraterrestrial warrior. **11.45** The Goldbergs. (PG) Erica composes a Hanukkah song. **12.15** Movie: Domsday Man. (M) (2000) James Marshall, Esai Morales. **2.00** Shopping. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

## 7TWO

**6.00** Shopping. **8.00** Travel Oz. (PG) **9.30** Harry's Practice. **10.00** The Great Outdoors. **11.00** The Real Seachange. **11.30** NBC Today. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. **3.00** Creek To Coast. **3.30** The Great Day Out. **4.00** Qld Weekender. **4.30** SA Weekender. **5.00** M\*A\*S\*H. (PG) **5.30** Air Crash Investigation. (PG) **7.30** Mighty Trains. (PG) **8.30** Escape To The Country. Follow perspective buyers as they set out to leave behind the hustle and bustle of city living for life in the country. **10.30** Escape To The Continent. **11.45** The Great Australian Doorstep. (PG) **12.15** Vasil's Garden. **1.00** Psychic TV. (M) **4.00** Sydney Weekender. **4.30** Travel Oz. (PG)

## TEN

**6.00** The Home Team. **6.30** Everyday Gourmet. **7.00** RPM. **7.30** GCBC. **8.00** Family Feud. **8.30** Weekend Feast. **9.30** St10. (PG) **12.00** The Living Room. **1.00** Sammy And Bella's Kitchen Rescue. **1.30** A Taste Of Travel. **2.00** Life Inside The Markets. **2.30** The Home Team. **3.00** Save With Jamie. **4.00** What's Up Down Under. **4.30** Escape Fishing. **5.00** News. **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Natural Curiosities. **7.00** David Attenborough's Natural Curiosities. **7.30** Ambulance. A young driver requires a roadside procedure. **8.45** Movie: The Big Short. (M) (2015) Christian Bale, Steve Carell. **11.20** To Be Advised. **1.00** Shopping. **4.30** The Table. **5.00** Hour Of Power.

## ONE

**6.00** Home Shopping. **8.00** MacGyver. (PG) **9.00** Cheers. (PG) **10.00** Monster Jam. **11.00** Star Trek: Voyager. (PG) **12.00** Diagnosis Murder. (PG) **2.00** Motor Racing. SuperUtes Championship. Winton SuperSprint. Highlights. **3.00** The Offroad Adventure Show. Final. **4.00** MacGyver. (PG) **5.00** Merv Hughes Fishing. **5.30** Bondi Rescue. (PG) **6.00** Cops. (PG) **6.30** Scorpion. (PG) **7.30** MacGyver. (M) **8.30** Hawaii Five-0. (M) **10.30** NCIS. (M) **11.30** Homicide: Hours To Kill. (M) **12.30** Highlander. (M) **1.30** RPM. **2.00** Motorcycle Racing. MotoGP. Race 5. French Grand Prix. Replay. From Circuit Bugatti, Le Mans, France. **3.30** The Doctors. (M) **4.30** Highlander. (M) **5.30** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **10.00** Rage. (PG) **11.00** A Stargazer's Guide To The Cosmos. **12.30** ABC News At Noon. **12.30** Miniseries: Agatha Christie's Ordeal By Innocence. (M) **1.30** Endeavour. (M) **3.00** Secrets Of Silicon Valley. (PG) **4.00** Landline. **4.30** Who's Been Sleeping In My House? **5.00** Antiques Roadshow. **6.00** Compass. **6.30** Back Roads. **7.00** ABC News. **7.30** Father Brown. (M) **8.15** Jonathan Creek. (M) **9.45** Movie: Burton And Taylor. (MA15+) (2013) Dominic West, Helena Bonham Carter, Greg Hicks. Richard Burton and Elizabeth Taylor prepare for a theatrical production of the play, Private Lives. **11.10** The Level. (M) Final. **12.00** Wentworth. (MA15+) **12.45** Rage. (PG) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **5.40** Noddy Toyland Detective. **5.55** Jamillah And Aladdin. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Play School's Story Time. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? (PG) **8.30** Live At The Apollo. (M) **9.15** Comedy Next Gen. (M) **10.15** Comedy Up Late. (M) **10.45** Penn & Teller: Fool Us. (PG) **11.25** Dead Boss. (M) **11.55** The Librarians. (M) **12.25** The Librarians. (M) **12.50** An Idiot Abroad. (MA15+) **2.00** Live At The Apollo. (MA15+) **2.20** The Office. (M) **2.50** The Office. (M) **3.20** News Update. **3.25** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Small Business Secrets. **2.30** Gymnastics. FIG World Cup. Rhythmic competition. **4.35** Million Dollar American Princesses. (PG) **5.30** Supervet. (PG) **6.30** News. **7.35** Origins: The Journey Of Humankind. New. **8.30** Origins: The Journey Of Humankind. **9.25** Movie: The New World. (M) (2005) **11.50** Mexico's Ancient Megacity. (M) **12.55** Foreigner Live At The Symphony Lucerne. **2.00** Movie: Goran. (MA15+) (2016) **3.30** Grand Tours. **4.00** Soccer. UEFA Champions League. Final. Real Madrid v Liverpool.

## SBS VLND

**6.00** WorldWatch. **12.00** Insight. **1.00** Front Up. **1.30** Jungletown. (PG) **2.20** States Of Undress. (PG) **3.10** 365. (PG) **3.15** Balls Deep. (PG) **4.05** Huang's World. (PG) **4.55** Black Market. (PG) **5.20** Black Market. (PG) **5.45** Community. (PG) **6.15** Community. (PG) **6.40** The Pizza Show. Return. **7.05** The Pizza Show. **7.30** One Born Every Minute UK. (M) **8.30** Movie: Red State. (MA15+) (2011) **10.10** Movie: Animal Kingdom. (MA15+) (2010) **12.15** The Movie Show. **12.45** The Movie Show. **1.15** VICE Guide To Film. (M) **1.45** VICE Guide To Film. (MA15+) **2.10** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.25pm Me, Myself & Irene** (2000) Comedy. Jim Carrey (MA15+) **Comedy** **6.40pm Little Miss Sunshine** (2006) Comedy. Abigail Breslin, Toni Collette. (M) **Masterpiece** **8.30pm The Boat That Rocked** (2009) Comedy. Bill Nighy. (M) **Comedy**

## GENERAL

**5.00pm The Fosters.** (M) **FOX8** **7.30pm Saturday Night Live.** (M) **Comedy Channel** **8.30pm Just For Laughs.** (MA15+) **Comedy Channel**

## DOCUMENTARY

**6.00pm Legendary Cities.** (PG) **History** **7.30pm Nightmare Next Door.** (M) **TLC** **9.30pm The Penalty.** (M) **Crime & Investigation**

## SPORT

**5.00pm Football.** AFL. Round 8. Port Adelaide v Adelaide. **Fox Footy** **7.30pm Rugby Union.** Super Rugby. Brumbies v Melbourne Rebels. **Fox Sports 501** **7.35pm Rugby League.** NRL. Manly Sea Eagles v Brisbane Broncos. **Fox League**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2605

# OFF-ROAD DEMO DAY

## SUNDAY JUNE 3 2018

### PARKLANDS MX, KENILWORTH

#### DEMO BIKES: YZ65, YZ125, YZ250F, YZ450F, WR250F, WR450F

#### 20 MIN SESSIONS

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## WELCOME TO THE WHALES

Date: Sunday, 27 May 2018, 3.00pm – 8.00pm

Location: Scarborough Beach Park, Scarborough

Cost: FREE

It's almost whale season, with Brisbane's best whale watching experience - Brisbane Whale Watching - kicking off its season on June 2 (look out for our upcoming competition). To celebrate the arrival of whales as they make their way through the waters of Moreton bay there's a special event this year at Scarborough Beach Park on Sunday, 27 May from 3pm.

It's a free, family-friendly celebration that will include stage entertainment, a 'Whale Wishes' ceremony, giant whale sand sculptures, indigenous welcome, food trucks, beach fire pits, outdoor movie as well as a Science Festival with free activities and workshops.

MAY  
27

## THE LONGEST MINUTE

Date: 26 May - 23 June 2018

Location: Cremorne Theatre, QPAC

Where were you the night of the 2015 NRL Grand Final? The night when long-time underdogs the North Queensland Cowboys won in an all-QLD nail-biter that changed the game, and the state, forever. For one family of Cowboys diehards, their whole lives have led up to this moment.

Jess was born on the night of the North Queensland Cowboys' first game in Townsville. Daughter of Foley Shield legend Frank 'Black Flash' Wright, she grew up as a footy fanatic with big dreams, silky skills and boundless ambition to play. But as a girl in a male-dominated sport, she faces more than her fair share of knockbacks, just like the luckless Cowboys. Despite their relentless string of losses, Jess still dares to believe in her team, and herself.

For more info and tickets visit: [www.queenslandtheatre.com.au](http://www.queenslandtheatre.com.au)

26 MAY -  
23 JUNE

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## NINE

**6.00** Good Morning America: Saturday. **7.00** Weekend Today. **10.00** Sports Sunday. (PG) **11.00** NRL Sunday Footy Show. (PG) **1.00** Netball. Super Netball. Round 5. NSW Swifts v Collingwood Magpies. From Quay Centre, Sydney. **3.00** Sunday Football Preview. **4.10** Rugby League. NRL. Round 12. Wests Tigers v Canterbury Bulldogs. From ANZ Stadium, Sydney. **6.00** Nine News. **7.00** The Voice. (PG) **9.00** 60 Minutes. **10.00** Guiltology. (M) **11.00** The Innocence Network. (M) **12.00** Major Crimes. (M) **1.00** Cold Case. (M) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** The Baron. (PG) **4.00** Good Morning America: Sunday. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **6.30** Movie: Barbie: Dreamtopia. (G) (2016) **7.00** Children's Programs. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Steven Universe. (PG) **2.00** Yo-Kai. (PG) **2.30** Tom and Jerry. **3.00** Gumball. **3.30** Teen Titans Go! (PG) **4.00** Be Cool, Scooby-Do! (PG) **4.30** Britain's Got Talent. (PG) **6.00** Big Bang. (PG) **8.30** Love Island Australia. (MA15+) New. **10.00** Movie: Sausage Party. (MA15+) (2016) **11.45** Love Island Australia. (MA15+) **1.15** Adult Swim. (MA15+) **2.30** Most Terrifying Places In America. (MA15+) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Little Charmers. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** Business Builders. (PG) **1.30** To Be Advised. **2.30** To Be Advised. **4.00** Better Homes. **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** House Rules. (PG) Hosted by Johanna Griggs. **8.30** Sunday Night. Current affairs program, hosted by Melissa Doyle. **9.30** Crimes That Shook The World. (MA15+) Documents the unsolved crimes of the Italian serial killer known as the Monster of Florence. **10.30** Criminal Confessions. (M) **11.30** Blindspot. (M) **12.30** Bates Motel. (MA15+) **1.30** Grandfathered. (PG) **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** To Be Advised. **9.00** Shopping. **9.30** Harry's Practice. **10.00** House Of Wellness. (PG) **11.00** Australia's Best Backyards. **11.30** NBC Today. **12.30** The Real Seachange. **1.45** Escape To The Country. **3.45** Escape To The Continent. **5.00** Mighty Trains. (PG) **6.00** Mighty Ships. (PG) **7.00** Motorway Patrol. (PG) **7.30** Border Security: Int. (PG) **8.30** Border Security. (PG) Narrated by Grant Bowler. **10.00** Brit Cops. (M) **11.00** Border Security: Int. (PG) **12.30** Psychic TV. (M) **3.30** The Real Seachange. **4.30** House Of Wellness. (PG) **5.30** Australia's Best Backyards.

## TEN

**6.00** Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** Pooches At Play. (PG) **8.30** GCBC. **9.00** My Market Kitchen. **9.30** St10. (PG) **12.00** Photo Number 6. **1.00** Cook's Pantry. **1.30** Everyday Gourmet. **2.00** To Be Advised. **4.00** RPM. **5.00** News. **6.00** Family Feud. **6.30** The Sunday Project. **7.30** MasterChef Aust. (PG) The 19 remaining contestants face a mystery box challenge set by Gordon Ramsay. **9.15** Roseanne. (PG) David comes to Harris' birthday party for the first time in years, with a desire to make up for lost time. **9.45** NCIS. (M) Final. Vance and Gibbs worry about Agent Sloane. **10.45** SEAL Team. (M) **11.45** The Sunday Project. **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Shopping. **8.00** Rugby Union. Super Rugby. Round 15. Queensland Reds v Highlanders. **10.00** Driven Not Hidden. **10.30** Escape Fishing. **11.00** Life Inside The Markets. **11.30** Operation Repo. (PG) **12.00** Reel Action. **1.00** 4x4 Adventures. **2.00** Bondi Rescue. (PG) **2.30** Fishing Aust. **3.00** Monster Jam. **4.30** Bondi Rescue. (PG) **5.00** What's Up Down Under. **5.30** I Fish. **6.00** Bondi Rescue. (PG) **6.30** Scorpion. (PG) **7.30** NCIS: LA. (M) **8.30** Movie: Tropic Thunder. (M) (2008) Ben Stiller, Robert Downey Jr, Jack Black. **10.35** Ambulance. **11.50** CSI: NY. (M) **12.50** Highlander. (M) **1.50** RPM. **2.50** Operation Repo. (PG) **3.50** The Doctors. (M) **4.50** Highlander. (M) **5.50** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** World This Week. **11.00** Compass. **11.30** Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Aust. **2.30** Ask The Doctor. **3.00** Antiques Roadshow. **4.00** The Mix. **4.40** The John Bell Story. **5.10** Father Brown. (PG) **6.00** The Checkout: Factory Seconds. (PG) Final. **6.30** Julia Zemiro's Home Delivery. (PG) **7.00** ABC News Sunday. **7.40** Attenborough And The Empire Of The Ants. **8.35** Miniseries: Agatha Christie's Ordeal By Innocence. (M) **9.35** Janis: Little Girl Blue. (M) **11.15** Movie: Citizenfour. (M) (2014) **1.05** Doctor Who. (PG) **1.50** Movie: The Boy Castaways. (M) (2013) **3.15** Rage. (MA15+) **5.00** Insiders.

## ABC COM

**6.00** Children's Programs. **5.40** Noddy Toyland Detective. **5.55** Jamillah And Aladdin. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Play School's Story Time. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Penn & Teller: Fool Us. (PG) **8.40** Joan Rivers: Don't Start With Me. (MA15+) **9.50** Gruen XL. **10.40** Alan Davies: As Yet Untitled. (M) **11.25** Adam Hills: The Last Leg. (M) **12.10** W1A. (M) **12.40** Plebs. (M) **1.15** Zapped. (PG) **1.45** The Thick Of It. (M) **2.15** The Keith Lemon Sketch Show. (M) **2.40** The Keith Lemon Sketch Show. (M) **3.05** Dirty Laundry. (M) **3.50** News Update. **3.55** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** France 24 English News. **6.30** Al Jazeera News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Speedweek. **3.00** The Bowls Show. **4.00** FIFA 2018 World Cup: Road To Russia. **4.30** FIFA 2018 World Cup: Road To Russia. **5.00** Small Business Secrets. **5.30** The Nazi Games. (PG) **6.30** SBS World News. **7.30** Britain's Pompeii. **8.30** Elvis Presley: The Searcher. **10.30** Tennis. French Open. Day 1. From Roland-Garros Stadium, Paris, France. **4.00** The Seventies. (M) **4.50** SBS Flashback. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle English News.

## SBS VLND

**6.00** WorldWatch. **9.00** PopAsia TV. (PG) **10.00** WorldWatch. **12.00** Insight. **1.00** Front Up. **1.35** 10,000 BC. (PG) **2.30** States Of Undress. (PG) **3.20** The Pizza Show. **3.45** Most Expensivist. (PG) **4.10** Most Expensivist. (PG) **4.35** Abandoned. (PG) **5.25** Vs Arashi. (PG) **6.20** Vs Arashi. (PG) **7.20** If You Are The One. (PG) **8.30** The Island: Men's Island. (M) **9.30** Mutiny. (M) **10.25** Adam Looking For Eve. (MA15+) **11.20** Adam Looking For Eve. (MA15+) **12.10** Sex Box USA. (M) (MA15+) **1.05** Hamilton's Pharmacopeia. (M) **1.55** Funny How? (M) **2.20** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.25pm** The Social Network (2010) Biographical. Jesse Eisenberg, Andrew Garfield. (M) **Masterpiece** **8.30pm** Logan Lucky (2017) Crime. Channing Tatum. (M) **Premiere** **8.30pm** An Education (2009) Drama. Carey Mulligan, Peter Sarsgaard. (M) **Masterpiece**

## GENERAL

**7.30pm** Tonight At The London Palladium. UKTV **8.30pm** Picnic At Hanging Rock. (MA15+) **Showcase**

## DOCUMENTARY

**6.30pm** Operation Royal Wedding. (PG) **National Geographic** **7.30pm** Rocky Mountain Railroad. (PG) **Discovery** **9.30pm** Inside West Coast Customs. (PG) **Discovery Turbo**

## SPORT

**4.10pm** Rugby League. NRL. Round 12. Wests Tigers v Canterbury Bulldogs. **Fox League** **9.30pm** Golf. European PGA Tour. BMW PGA Championship. Final round. **Fox Sports**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** The Voice. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Talkin' 'Bout Your Generation. (PG) **8.45** The Big Bang Theory. (PG) **9.15** The Big Bang Theory. (M) **9.45** 100% Footy. (M) **10.45** Two And A Half Men. (M) **11.15** Two And A Half Men. (PG) **11.40** Rizzoli & Isles. (M) **12.30** Extra. **1.00** Postcards. (PG) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Car SOS. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Uncle Grandpa. (PG) **2.30** Yu-Gi-Oh! (PG) **3.00** Pokémon. **3.30** LEGO Friends. **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Love Island Australia. (MA15+) **9.30** Movie: The Hangover. (MA15+) (2009) **11.30** Love Island Australia. (MA15+) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Unanswered Prayers. (M) (2010) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** House Rules. (PG) Brothers Josh and Brandon return to their renovated home in Maryborough. **8.45** The Mentor. (PG) Mark Bouris discovers Jeff's perfectionism drives him to micro-manage staff at his high-end salon business. **9.55** Gordon Behind Bars. (M) Part 1 of 4. Celebrity Chef Gordon Ramsay sets up a business behind bars at London's Brixton Prison. **11.00** Air Crash Investigation. (PG) **12.00** Blindspot. (M) **1.00** Talking Footy. **2.30** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Art. **7.30** Get Clever. New. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** Mighty Ships. (PG) **11.30** The Real Seachange. **12.00** NBC Today. **1.00** NBC Press. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. (PG) **8.30** Lewis. (M) **10.30** Blue Murder. (M) **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** House Calls To The Rescue. **2.00** The Jump-Up Land. **3.00** Escape To The Country. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Late Programs.

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Three contestants face a pressure test. **8.30** Have You Been Paying Attention? (M) Ed Kavalee, Sam Pang, Urzila Carlson, Peter Helliar and Julia Morris compete to see who can remember the most about events of the week. **9.30** Man With A Plan. (PG) Andi hires a new babysitter. **10.00** Man With A Plan. (PG) **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** RPM. **9.00** iFish. **9.30** A Taste Of Travel. **10.00** Healthy Homes. **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** Get Smart. (PG) **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Africa. **7.30** Walker, Texas Ranger. (M) **8.30** NCIS. (M) **10.30** Motor Racing. Formula 1. Race 6. Monaco Grand Prix. Highlights. From Circuit de Monaco, Monte Carlo, Monaco. **11.30** Super Rugby Extra Time. **12.30** Home Shopping. **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** The Doctors. (M)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Attenborough And The Empire Of The Ants. **10.55** Catalyst. **12.00** ABC News At Noon. **1.00** Landline. **2.00** Our Zoo. (PG) **2.55** Gardening Australia. **3.25** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Australian Story. **8.30** Four Corners. **9.15** Media Watch. (PG) **9.35** Q&A. **10.40** ABC Late News. **11.10** The Business. **11.25** Golf. USPGA Tour. Fort Worth Invitational. Highlights. From Colonial Country Club, Fort Worth, Texas. **12.20** Doctor Who. (PG) **1.10** Our Zoo. (PG) **2.05** Rage. (MA15+) **3.25** Antiques Roadshow. **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.10** Go Jetters. **5.25** Kazoops! **5.30** Peppa Pig. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Librarians (M) **8.25** The Librarians (M) **8.55** Buzzcocks. (M) **9.25** Joan Rivers: Don't Start With Me. (MA15+) **10.35** The Mighty Boosh. (M) **11.05** The Office. (PG) **11.30** 30 Rock. (PG) **11.50** Archer. (M) **12.15** Parks And Recreation. (PG) **12.35** The Office. (M) **1.00** 30 Rock. (PG) **1.20** Parks And Recreation. (PG) **1.45** News Update. **1.50** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** France 24 English News. **6.30** Al Jazeera. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Al Jazeera. **2.00** André Rieu: Live In Maastricht. **3.00** Genius. (PG) **3.55** Strandwolf. **4.55** Tennis. French Open. Day 1. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.35** Elizabeth. (PG) **8.30** Secret Science: Chemical And Biological Weapons. (M) **9.30** 24 Hours In Emergency. (M) **10.30** Tennis. French Open. Day 2. From Roland-Garros Stadium, Paris, France. **4.00** Inquisition. (MA15+) **4.55** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie: Baikonur. (M) (2011) **1.40** Drunk History UK. (M) **2.05** VICE. (M) **2.40** The Pizza Show. **3.05** Vs Arashi. (PG) **4.00** Cyberwar. (PG) **4.30** Fashionista. (PG) **4.40** Cloning The Woolly Mammoth. (PG) **5.35** If You Are The One. **6.35** Batman. (PG) **7.05** Batman. (PG) **7.35** The Feed. **8.05** Travel Man. **8.35** Movie: Adaptation. (MA15+) (2002) **10.45** Movie: The Brothers Grimm. (M) (2005) **12.55** How Narcissists Took Over The World. (M) **1.20** Road To Mosul. (M) **2.10** Vice Essentials Canada. (M) **2.35** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm The Fate Of The Furious** (2017) Action. Vin Diesel, Dwayne Johnson. (M) *Premiere*  
**8.30pm Inferno** (2016) Action. Tom Hanks, Felicity Jones. (M) *Action*  
**8.30pm In Her Shoes** (2005) Comedy. Cameron Diaz, Toni Collette. (M) *Romance*

## GENERAL

**7.30pm Face Off.** (PG) *Syfy*  
**7.30pm Storage Hunters UK.** (PG) *A&E*  
**8.30pm The Coroner.** (PG) *UKTV*

## DOCUMENTARY

**8.30pm Jamie & Jimmy's Food Fight Club.** (PG) *Lifestyle Food*  
**8.30pm Resilient Cities.** *Foxtel Arts*  
**9.30pm America: Facts Vs. Fiction.** (PG) *Discovery Science*

## SPORT

**10.30am Basketball.** NBA Playoffs. Eastern Conference Finals. Game 7. *ESPN*  
**7.30pm AFL 360.** *Fox Footy*  
**8.00pm Road To Russia.** *ESPN*  
**8.30pm NRL 360.** *Fox League*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Soul Surfer. (PG) (2011) AnnaSophia Robb, Helen Hunt, Dennis Quaid. After losing her arm in a shark attack, a teenage girl summons the courage to go back into the ocean. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Young Sheldon. (PG) **8.00** Young Sheldon. (PG) **8.30** MH370: Inside The Situation Room. (PG) **9.40** Serial Killer With Piers Morgan. (M) **10.45** Beauty And The Beach. (M) **11.45** Mom. (M) **12.10** 20/20. **1.00** The Closer. (M) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon. **3.30** Nexo Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Real, Fake Or Unknown. (PG) **8.30** Love Island Australia. (MA15+) **9.30** Movie: The Hangover Part III. (MA15+) (2013) **11.30** Love Island Australia. (MA15+) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Dustbin Baby. (M) (2008) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** House Rules. (PG) Hosted by Johanna Griggs. **8.45** Interview. (M) Andrew Denton interviews a range of fascinating people in an effort to find out what makes them tick. **9.45** Swipe Right For Murder. (M) New. Takes a look at the case of Nadine Aburas who was digitally stalked, and eventually murdered, by her online boyfriend. **10.45** Autopsy USA. (M) **11.45** Grimm. (MA15+) **12.45** Hannibal. (MA15+) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Art. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** The Great Outdoors. **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Vicar Of Dibley. (PG) **8.30** Inspector Morse. (M) Morse and Lewis investigate two murders. **10.30** Suspects. (M) **11.30** Bargain Hunt. **1.00** Alaska Alive! **2.00** Australia's Deadliest Sea Creatures. **3.00** Escape To The Country. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Three contestants are mentored by Gordon Ramsay as they cook for immunity, using either fruit or vegetable hero ingredients. **8.30** Shark Tank. Steve Baxer, Janine Allis, Andrew Banks, Naomi Simson and Dr Glen Richards are pitched inventions. **9.30** NCIS: LA. (M) **10.30** NCIS: LA. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Super Rugby Extra Time. **9.00** Get Smart. (PG) **10.00** Healthy Homes. **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Africa. **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Super Rugby Extra Time. **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Africa. **7.30** Walker, Texas Ranger. (M) **8.30** 48 Hours. **9.30** Homicide: Hours To Kill. (M) **10.30** To Be Advised. **11.30** CSI: Miami. (M) **12.30** Home Shopping. **2.00** Star Trek: Voyager. (PG) **3.00** Matlock. (M) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (M)

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Parliament Question Time. **3.20** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Making Child Prodigies. New. **8.30** Back In Time For Dinner. New. **9.30** Secrets Of Silicon Valley. (PG) **10.30** ABC Late News. **11.00** The Business. **11.15** Q&A. **12.25** Doctor Who. (PG) **1.20** Rage. (MA15+) **3.25** Antiques Roadshow. **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.25** Kazoops! **5.30** Peppa Pig. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. **8.00** The Office. (M) **8.55** Buzzcocks. (M) **9.25** Plebs. (M) **9.50** Zapped. (M) **10.20** The Mighty Boosh. (PG) **10.50** The Office. (PG) **11.15** 30 Rock. (PG) **11.40** Archer. (M) **12.00** Parks And Recreation. (PG) **12.25** Buzzcocks. (M) **12.55** The Mighty Boosh. (M) **1.25** The Office. (PG) **1.45** 30 Rock. (PG) **2.10** Archer. (M) **2.30** Parks And Recreation. (PG) **2.55** News Update. **3.00** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Raising The Curtain. (PG) **3.05** Nigella Bites. **3.35** Nigella Bites. **4.05** Nazi Attack On America. (PG) **4.55** Tennis. French Open. Day 2. Highlights. **6.00** River Cottage Australia. **6.30** SBS World News. **7.30** Who Do You Think You Are? (M) **8.30** Insight. **9.30** Dateline. **10.00** Borderlands: Life On The Line. **10.30** Tennis. French Open. Day 3. **4.00** STUDIO At The MEMO With Tim Rogers. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie: Illegal. (M) (2010) **1.40** Drunk History UK. (M) **2.05** The Mindy Project. (M) **2.30** The Mindy Project. (M) **3.00** PopAsia TV. (PG) **4.00** News. **4.30** WorldWatch. **5.30** If You Are The One. **6.35** Batman. (PG) **7.00** Batman. (PG) **7.30** The Feed. **8.00** Going Deep With David Rees. **8.30** Housos. (MA15+) **9.00** Housos. (MA15+) **9.30** To Be Advised. **10.00** To Be Advised. **10.25** Adam Looking For Eve. (MA15+) **11.20** Adam Looking For Eve. (MA15+) **12.10** Desus And Mero. (M) **12.35** Hollywood's Quicksand Fetish. (M) **1.00** Motherboard. (M) **1.25** Fist Fighting In The Andes. (M) **2.15** The Feed. **2.45** RT News In English From Moscow. **3.00** Thai News. **3.30** WorldWatch.



## MOVIES

**8.30pm Little Miss Sunshine** (2006) Comedy. Abigail Breslin, Toni Collette. (M) **Masterpiece** **8.30pm The Trip To Italy** (2014) Comedy. Steve Coogan, Rob Brydon. (M) **Comedy** **9.40pm Paddington** (2014) Family. Hugh Bonneville, Nicole Kidman. (G) **Family**

## GENERAL

**8.30pm Save Me.** (M) **BBC First** **8.30pm The Disappearance.** (MA15+) **Universal Channel** **8.30pm Robot Chicken.** (MA15+) **Comedy Channel**

## DOCUMENTARY

**8.30pm Scorched Earth.** (PG) **Discovery** **9.30pm Shark Tank.** (PG) **Discovery Science** **9.30pm The Biggest Little Railway In The World.** (PG) **Lifestyle**

## SPORT

**7.00pm Tennis.** French Open. Day 3. **Fox Sports 505** **8.30pm Open Mike.** **Fox Footy** **8.30pm Back Page.** **Fox Sports 503**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2905

## Join Us! Opal North Lakes Community Open Day

Saturday 23 June, 10am – 2pm

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: The Man In The Moon. (PG) (1991) Reese Witherspoon, Sam Waterston, Jason London. In '50s Louisiana, a 14-year-old girl gets her first difficult lesson in love. **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Young Sheldon. (PG) **8.00** Young Sheldon. (PG) **8.30** Britain's Got Talent. (PG) **9.50** Talkin' 'Bout Your Generation. (PG) **11.00** Embarrassing Bodies. (M) **12.00** House Husbands. (M) **1.00** Murder In The First. (M) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Nexo Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Lip Sync Battle. (PG) **8.30** Love Island Australia. (MA15+) **9.30** Movie: Zoolander. (M) (2001) **11.15** Love Island Australia. (MA15+) **12.15** Friends. (PG) **1.15** Aqua Teen Hunger Force. (M) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Don't Look Back. (M) (2014) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** House Rules. (PG) **8.45** Modern Family. (PG) The Pritchett-Dunphy-Tucker clan recall their encounters with big celebrities. **9.15** Modern Family. (PG) In order to boost his confidence after a professional upheaval, Phil decides to take a solo camping trip. **9.45** Back With The Ex. (PG) Final. The exes make a choice. **10.55** Hooked On The Look. (M) **11.25** Hell's Kitchen USA. (M) **12.25** Battle Creek. (M) **1.25** Bad Teacher. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** The Great Outdoors. **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Pie In The Sky. (PG) **8.30** A Touch Of Frost. (M) Frost joins a raid on a dogfight. **10.30** Cities Of The Underworld. (PG) **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** House Calls To The Rescue. **2.00** Shopping. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. **4.30** Bold. **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Two teams cook for 50 diners. **8.30** Instinct. (M) Dylan and Lizzie investigate when a man is murdered after leaving his family's religious community. **9.30** This Is Us. (M) Randall and Beth welcome a desperate Shauna and Deja into their home. Deja opens up to Randall about her life. **10.30** Hawaii Five-O. (M) Final. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: Voyager. (PG) **10.00** Healthy Homes. **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Africa. **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Africa. **7.30** Walker, Texas Ranger. (PG) **8.40** CSI: Miami. (MA15+) **9.40** To Be Advised. **10.45** CSI: NY. (M) **11.35** Homicide: Hours To Kill. (M) **12.30** Home Shopping. **2.00** Star Trek: Voyager. (M) **3.00** Matlock. (M) **4.00** Diagnosis Murder. (PG)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. (PG) **12.00** ABC News At Noon. **12.30** Press Club. **1.30** Aust Story. **2.00** Parliament. **3.10** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Julia Zemiro's Home Delivery. (PG) **8.30** Gruen. (M) **9.10** The Weekly With Charlie Pickering. (M) **9.40** Corey White's Roadmap To Paradise. (M) **9.55** Adam Hills: The Last Leg. (M) **10.35** ABC Late News. **11.05** The Business. **11.25** Four Corners. **12.10** Media Watch. (PG) **12.25** Doctor Who. (PG) **1.30** Rage. (MA15+) **2.25** Press Club. **3.25** Louis Theroux: Miami Mega Jail. (M) **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Absolutely Fabulous. (PG) **8.30** Absolutely Fabulous. (PG) **9.00** Buzzcocks. (M) **9.30** An Idiot Abroad. (M) **10.20** The Mighty Boosh. (PG) **10.45** The Office. (PG) **11.10** 30 Rock. (PG) **11.30** Archer. (M) **11.55** Parks And Recreation. (PG) **12.15** Buzzcocks. (M) **12.50** The Mighty Boosh. (PG) **1.20** The Office. (PG) **1.45** 30 Rock. (PG) **2.05** Archer. (M) **2.30** Parks And Recreation. (PG) **2.50** News Update. **2.55** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Who Do You Think You Are? (PG) **3.00** Dateline. **3.30** Insight. **4.30** Peter Kuruvita's Coastal Kitchen. **4.55** Tennis. French Open. Day 3. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.30** Michael Mosley's Secrets Of Your Food. (M) **8.35** Australia's Forgotten Islands: Untold Australia. **9.30** The Good Fight. (M) Final. **10.30** Tennis. French Open. Day 4. **4.00** Chance. (MA15+) **4.55** UK Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: We Have A Pope. (M) (2011) **1.50** VICE. (M) **2.25** The Mindy Project. (PG) **2.50** Fashionista. (PG) **3.00** Over The Black Dot. **4.00** Cyberwar. (PG) **4.30** PBS News. **5.30** If You Are The One. **6.35** Batman. (PG) **7.00** Batman. (PG) **7.30** The Feed. **8.00** Walk Of Shame Shuttle. (M) **8.30** Stories From Norway: The Musical! **9.00** Movie: Nick & Norah's Infinite Playlist. (2008) **10.40** Movie: Hamlet 2. (MA15+) (2008) **12.20** News. **12.45** Desus And Mero. (M) **1.10** Walking Heavy. (M) **2.00** The Feed. **2.30** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm Rogue One: A Star Wars Story** (2016) Sci-fi. Felicity Jones, Diego Luna. (M) **Action** **9.10pm The Boss Baby** (2017) Animated. Alec Baldwin, Steve Buscemi. (PG) **Family** **10.15pm La La Land** (2016) Musical. Ryan Gosling, Emma Stone. (M) **Premiere**

## GENERAL

**8.30pm The Americans.** (MA15+) **Showcase** **9.30pm Ice.** (MA15+) **Showcase** **9.30pm The Daily Show With Trevor Noah.** (M) **Comedy Channel**

## DOCUMENTARY

**7.30pm One Strange Rock.** (PG) **National Geographic** **8.30pm Selling Houses Australia.** (PG) **Lifestyle** **9.30pm The House That £100K Built.** **Lifestyle Home**

## SPORT

**7.00pm Tennis.** French Open. Day 4. **Fox Sports 505** **7.30pm AFL 360.** **Fox Footy** **7.30pm League Life.** **Fox League**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

3005

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Britain's Got Talent. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Thursday Night Football Preview. **7.50** Rugby League. NRL. Round 13. Manly Sea Eagles v North Queensland Cowboys. From Lottoland, Sydney. **9.45** The NRL Footy Show. (M) **11.00** The AFL Footy Show. (M) **12.30** Al McGlashan's Fish'n With Maties. (PG) **1.00** My Surf TV. **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Nexo Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Robot Wars. (PG) **8.30** Love Island Australia. (MA15+) **9.30** Bromans. (MA15+) New. **10.30** Just Tattoo Of Us. (M) New. **11.30** Love Island Australia. (MA15+) **12.30** WWE Raw. (MA15+) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Fatal Justice. (M) (2012) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Brody and Ziggy's engagement is back on. **8.30** Ramsay's Kitchen Nightmares. (MA15+) Chef Gordon Ramsay tries to help Moore Place, a restaurant adjacent to a busy golf course in Surrey. **9.30** Ramsay's Hotel Hell. (M) Presenter Gordon Ramsay heads to the Angler's Lodge in Island Park, Idaho. **10.30** First Dates UK. (M) **11.30** Autopsy. (MA15+) **12.30** Bad Teacher. (M) **1.00** Bad Teacher. (M) Final. **1.30** Harry's Practice. **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** The Great Outdoors. **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Father Brown. (M) **8.30** Murdoch Mysteries. (M) With his colleague sentenced to be hanged for murder, Detective Murdoch races to exonerate them. **11.30** Bargain Hunt. **12.30** Psychic TV. (M) **3.30** Harry's Practice. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. **7.30** Bold. **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. **4.30** Bold. **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. The chefs face a surprise pressure test. **8.30** Todd Sampson's Body Hack 2.0. Return. In India, Todd lives with sadhus, to uncover the reasons why they worship pain and endurance as part of their religion. **9.30** Law & Order: S.V.U. A young woman abducts a man at gunpoint. **10.30** Blue Bloods. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: Voyager. (PG) **10.00** Operation Repo. (PG) **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Africa. **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Africa. **7.30** Walker, Texas Ranger. (M) **8.20** Cops: Adults Only. (M) **8.50** Movie: Red Scorpion. (M) (1988) Dolph Lundgren, M. Emmet Walsh, Al White. **11.00** SEAL Team. (M) **12.00** Highlander. (M) **1.00** Home Shopping. **2.00** The Doctors. (M) **3.00** Matlock. (M) **4.00** Diagnosis Murder. (PG) **5.00** Highlander. (M)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. (PG) **12.00** ABC News At Noon. **1.00** Inside The Commons. **2.00** Parliament. **3.15** Doctor Who. (PG) Final. **4.15** Pointless. (PG) **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. (PG) **6.55** Sammy J. **7.00** ABC News. **7.30** 7.30. **8.00** Grand Designs Aust. (PG) New. **8.50** QI. (M) **9.20** Wentworth. (MA15+) **10.10** ABC Late News. **10.40** The Business. **10.55** Louis Theroux: Return To The Most Hated Family. (M) **11.55** Doctor Who. (PG) Final. **12.50** Doc Martin. (PG) **1.40** Our Zoo. (PG) **2.35** Golf. USPGA Tour. Fort Worth Invitational. Highlights. **3.25** Louis Theroux: Miami Mega Jail. (M) **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Frontline. (PG) **8.30** Frontline. (PG) **8.55** Sammy J. **9.00** Buzzcocks. (M) **9.30** Dead Boss. (M) **10.00** Comedy Up Late. (M) **10.30** The Mighty Boosh. (M) **11.00** The Office. (PG) **11.25** 30 Rock. (PG) **11.45** Archer. (M) **12.10** Parks And Recreation. (PG) **12.35** Buzzcocks. (M) **1.05** The Mighty Boosh. (PG) **1.35** The Office. (PG) **1.55** 30 Rock. (PG) **2.20** Archer. (M) **2.40** Parks And Recreation. (PG) **3.05** News Update. **3.10** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **1.55** The Marngrook Footy Show. **3.25** Britain's Ultimate Pilots: Inside The RAF. **4.30** Peter Kuruvita's Coastal Kitchen. **4.55** Tennis. French Open. Day 4. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.30** Railway Journeys UK. **8.05** Luke Nguyen's Food Trail. (PG) **8.35** The Handmaid's Tale. **9.35** Next Of Kin. (M) **10.25** The Night Manager. (M) **11.30** Tennis. French Open. Day 5. **4.00** The Island. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.35** Hindi News. **12.00** Movie: A One-Way Trip To Antibes. (M) (2011) **1.50** The Mobile Love Industry. (M) **2.40** The Pizza Show. **3.05** The Mindy Project. (PG) **3.35** Dateline. **4.05** News. **4.35** PBS News. **5.30** If You Are The One. **6.30** Batman. (PG) **7.00** Batman. (PG) **7.30** The Feed. **8.00** Dateline. **8.30** Full Frontal. (MA15+) **9.00** The Putin Interviews. (M) **10.05** The Putin Interviews. (PG) **11.10** VICE. (MA15+) **11.40** VICE. (MA15+) **12.15** News. **12.40** Frozen Faith. (M) **1.05** Gaycation. (M) **1.55** The Feed. **2.25** Deutsche Welle. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm Monster's Ball** (2001) Drama. Billy Bob Thornton, Halle Berry. (MA15+) **Masterpiece** **8.30pm The Devil Wears Prada** (2006) Drama. Anne Hathaway, Meryl Streep. (PG) **Romance** **9.00pm Hoot** (2006) Comedy. Logan Lerman. (G) **Family**

## GENERAL

**7.30pm Sell It Like Serhan**. (M) **Arena** **8.30pm For The People**. (M) **Universal Channel** **8.30pm The Assassination Of Gianni Versace: American Crime Story**. (M) **Showcase**

## DOCUMENTARY

**7.30pm Aussie Gold Hunters**. (PG) **Discovery** **8.30pm Food Safari Fire**. (PG) **Lifestyle Food**

## SPORT

**6.00pm Golf**. European PGA Tour. Italian Open. First round. **Fox Sports 503** **7.00pm Tennis**. French Open. Day 5. **Fox Sports 505** **7.50pm Rugby League**. NRL. Round 13. Manly Sea Eagles v North Queensland Cowboys. **Fox League**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Quick Change. (PG) (1990) Bill Murray, Geena Davis. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Friday Night Football Preview. **7.55** Rugby League. NRL. Round 13. South Sydney Rabbitohs v Cronulla Sharks. From ANZ Stadium, Sydney. **10.45** Movie: Hard To Kill. (M) (1990) Steven Seagal, Kelly Le Brock, Bill Sadler, Frederick Coffin. After being gunned down in his home, a renegade cop seeks revenge on the gangsters who left him in a coma. **1.00** Extra. **1.30** TV Shop. **2.30** Filthy Rich. (M) Final. **4.00** Global Shop. **4.30** The Baron. (PG) **5.30** GMA.

## GO!

**6.00** Children's Programs. **9.00** Transformers. **9.30** Teddies. **10.00** Ben 10. (PG) **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Uncle Grandpa. (PG) **2.30** Yu-Gi-Oh! (PG) **3.00** Pokémon. **3.30** Nexa Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **6.00** Regular Show. (PG) **6.30** Movie: Casper. (PG) (1995) **8.30** Movie: The Lord Of The Rings: The Two Towers. (M) (2002) **12.10** WWE Smackdown. (MA15+) **1.10** Total Divas. (M) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Petals On The Wind. (M) (2014) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Better Homes. Joh visits the family home of opera singer Greta Bradman, granddaughter of Don Bradman. **8.30** Movie: Safe House. (M) (2012) Denzel Washington, Ryan Reynolds, Robert Patrick. After being tasked with looking after a fugitive in a safe house, a CIA agent must defend himself and his charge. **10.50** To Be Advised. **12.00** Movie: Running Home. (M) (1999) Claudia Christian, Kristian Ayre. **2.00** Shopping. **4.00** The Great Outdoors. **5.00** NBC Today. News and current affairs.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Art. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** House Of Wellness. (PG) **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Border Security: Int. (PG) **8.30** Tales From The Coast With Robson Green. (PG) Part 1 of 4. **9.30** Building The Dream. **10.30** The House That 100K Built. **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** Psychic TV. (M) **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. **7.30** Bold. **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** The Living Room. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. **4.30** Bold. **5.00** News. **6.00** Family Feud. **6.30** The Project. A look at the day's news. **7.30** The Living Room. The hosts head to Hawaii, where Chris embarks on a treasure hunt through Waimea Canyon. **8.30** The Graham Norton Show. Graham Norton chats with actors Chris Pratt, Bryce Dallas Howard and Jeff Goldblum, and Scissor Sisters frontman Jake Shears. **9.30** To Be Advised. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **5.30** Shopping.

## ONE

**6.00** Shopping. **8.00** Motor Racing. Formula 1. Race 6. Monaco Grand Prix. Highlights. From Circuit de Monaco, Monte Carlo, Monaco. **9.00** Star Trek: Voyager. (PG) **10.00** Operation Repo. (PG) **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Africa. **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** MacGyver. (PG) Final. **7.30** Walker, Texas Ranger. (PG) **8.30** Soccer. International Friendly. Czech Republic v Australia. From St Polten NV Arena, St. Polten, Austria. **11.00** NCIS: Los Angeles. (M) **12.00** Home Shopping. **2.00** Matlock. (M) **3.00** The Doctors. (M) **4.00** Walker, Texas Ranger. (M) **5.00** Walker, Texas Ranger. (PG)

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. **12.00** ABC News At Noon. **1.00** One Plus One. **1.30** Making Child Prodigies. **2.00** Our Zoo. (PG) **2.55** Simply Nigella. **3.25** Doc Martin. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** Gardening Australia. **8.30** Endeavour. (M) **10.00** The Tunnel: Vengeance. (M) Return. **10.50** ABC Late News. **11.20** The Business. **11.35** The Weekly With Charlie Pickering. (M) **12.05** Planet America. **12.50** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Weekly. (M) **8.30** Gruen XL. **9.15** Buzzcocks. (M) **9.45** W1A. (M) **10.15** The Thick Of It. (MA15+) **10.45** The Mighty Boosh. (PG) **11.15** The Office. (M) **11.40** 30 Rock. (PG) **12.00** Archer. (M) **12.25** Parks And Recreation. (PG) **12.45** Buzzcocks. (M) **1.20** The Mighty Boosh. (M) **1.50** The Office. (PG) **2.10** 30 Rock. (PG) **2.35** Archer. (M) **2.55** Parks And Recreation. (PG) **3.15** News Update. **3.20** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **1.55** The Point. **2.55** NITV News Week In Review. **3.25** Poh's Kitchen. **3.55** Poh's Kitchen. **4.30** Peter Kuruvita's Coastal Kitchen. **4.55** Tennis. French Open. Day 5. Highlights. **6.00** River Cottage Australia. (PG) **6.30** News. **7.30** Railway Journeys UK. **8.00** Railway Journeys UK. **8.35** Movie: Grace Of Monaco. (PG) (2014) Nicole Kidman. **10.30** Tennis. French Open. Day 6. **4.00** Spring Tide. (M) **4.50** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Paper Birds. (M) (2010) **2.10** Gaycation. (M) **3.00** Balls Deep. (PG) **3.30** Dateline. **4.00** 365. (PG) **4.05** News. **4.35** PBS News. **5.35** If You Are The One. **6.35** The Classic Car Show. (PG) **7.30** Batman. (PG) **8.00** Batman. (PG) **8.30** Adam Looking For Eve VIP. (MA15+) Final. **9.25** The Handmaid's Tale. **10.30** Queer As Folk. (MA15+) **11.20** Skint. (MA15+) **12.15** News. **12.40** Motherboard. (M) **1.05** Shot By Kern. (MA15+) **1.35** PopAsia TV. (PG) **2.35** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm** **Anchorman: The Legend Of Ron Burgundy** (2004) Comedy. Will Ferrell, Christina Applegate. (M) **Comedy** **8.30pm Face/Off** (1997) Action. John Travolta, Nicolas Cage. (MA15+) **Action** **8.30pm Love, Wedding, Marriage** (2011) Comedy. Mandy Moore, Kellan Lutz. (PG) **Romance**

## GENERAL

**6.00pm E! News**. (M) **E!** **8.30pm Merciless**. (MA15+) **Showcase** **8.30pm Beyond**. (M) **FOX8**

## DOCUMENTARY

**7.30pm Airport Security: Peru**. (M) **National Geographic** **8.30pm Blowing Up History**. (PG) **Discovery Science**

## SPORT

**7.50pm Rugby League**. NRL. Round 13. South Sydney Rabbitohs v Cronulla Sharks. **Fox League** **7.50pm Football**. AFL. Round 11. Sydney v Carlton. **Fox Footy** **9.00pm Soccer**. International Friendly. Czech Republic v Australia. **Fox Sports** **501**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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### NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

This week we were entertained by the amazingly talented Gerry and his friends from the Happy Wanderers Dance Club. Gerry patiently taught us several routines ranging from basic to the more complex. Many of us boogied to the beat. Even those with two left feet. A fun time was had by all.

A big thank you to Gerry and those who assisted him both from within our group and the Happy Wanderers.

Tuesday 29th May - Bus trip and Bribie Island Ferryman lunch cruise of Pumicestone Passage. Members only.

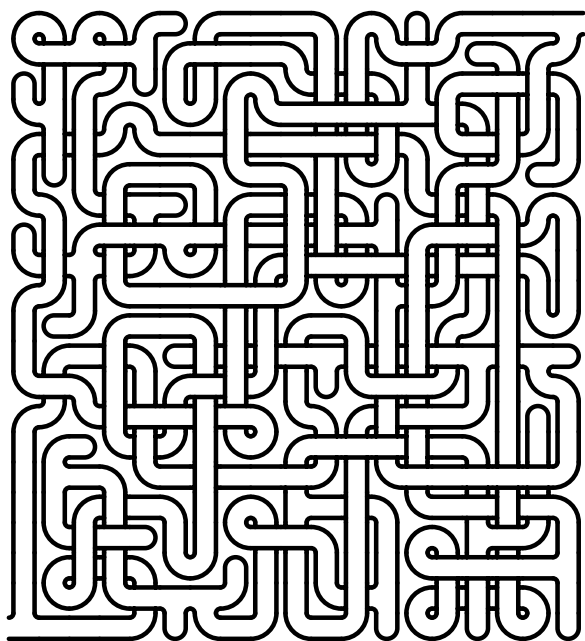
Tuesday 5th June - Monthly General Meeting.

Our meetings are open to all women in North Lakes/Mango Hill-Moreton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.

# SUDOKU

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## AMAZING MAZES



## CROSSWORD SOLUTION FROM LAST ISSUE

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# Crossword 6517

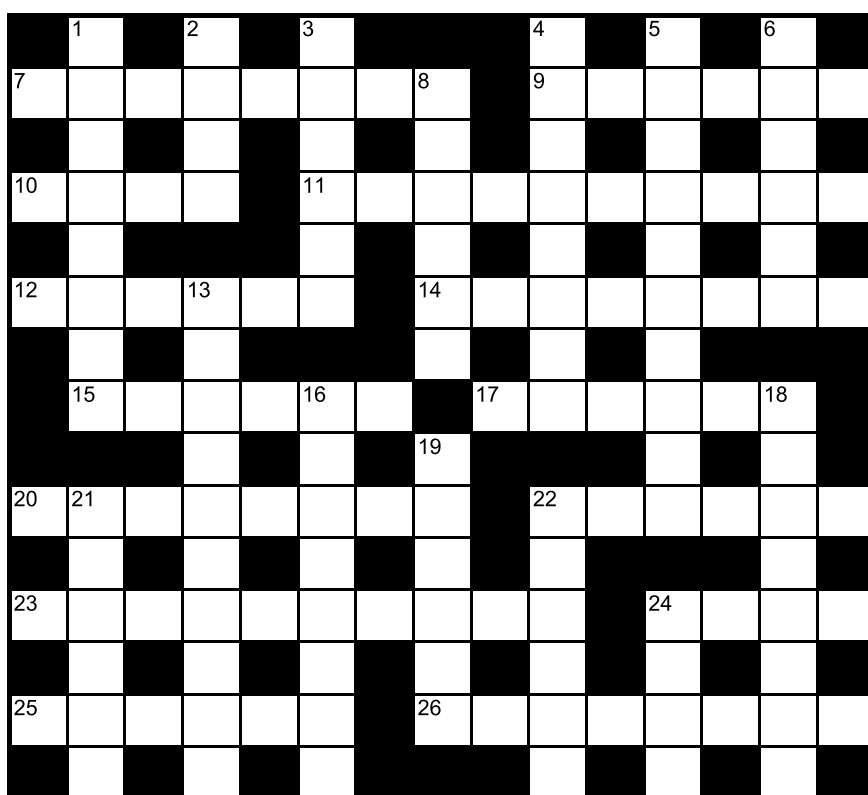
Global media megastar Laurie Stibbe creates these

## ACROSS

- 7 Australian spiny anteaters
- 9 Confused and vague
- 10 Money paid for misdemeanour
- 11 Straightforward
- 12 Bird sanctuary
- 14 Scientifically detached
- 15 Radio announcer
- 17 Tooshie
- 20 Not capable of being moved
- 22 Population check
- 23 Change
- 24 Continued pain
- 25 Cling
- 26 Canadian Mounted Police

## DOWN

- 1 Accomplished
- 2 Speck
- 3 Extreme dishonour
- 4 Petroleum jelly
- 5 Cautionary advice
- 6 Illinois city
- 8 Singe
- 13 Wind speed gauge
- 16 Troubled emotionally
- 18 Female offspring
- 19 Intermediate
- 21 Unhurried and relaxed
- 22 Agree
- 24 Betting stake



## COMMUNITY NOTICE BOARD ONLINE

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- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise





## DON'T MESS WITH ASBESTOS

### Asbestos roofs, fences and walls putting South East neighbourhoods at risk

Queenslanders are inadvertently putting their neighbour's lives at risk by using high pressure water blasters on asbestos roofs. The Queensland Government is warning homeowners to take caution following three reports in the last three weeks.

Minister for Health and Ambulance Services Steven Miles said homeowners in Burpengary, Salisbury and Toowoomba had been reported for potentially releasing hazardous asbestos fibres into neighbouring properties, posing a serious public health risk to the community.

"It is illegal to use a high pressure water blaster on asbestos cement roofs, fences, walls and other asbestos containing materials," Mr Miles said.

"Water blasters can destroy the surface of asbestos-containing materials, which can release asbestos fibres into the air, putting yours and your neighbours' health at risk.

"Homeowners can be fined up to \$10,000 for using a water blaster on asbestos-containing materials, and are liable for all clean-up costs. Just last year, a homeowner in the South East

was forced to pay a \$100,000 clean-up bill.

"Asbestos is perfectly safe if it's in good condition and left alone, but it can be very dangerous if disturbed."

"Asbestos fibres cannot be seen by the naked eye, but if inhaled, they can become lodged in the lungs, where they can develop into diseases such as asbestosis, lung cancer, and mesothelioma."

*"Asbestos is perfectly safe if it's in good condition and left alone, but it can be very dangerous if disturbed"*

Housing and Public Works Minister Mick de Brenni encouraged homeowners to arm themselves with information about the risks of inadvertently disturbing asbestos, before renovating or working on their properties.

"Looking around most Queensland neighbourhoods, you'll see pre 1990 homes meaning there's a pretty good chance there's asbestos somewhere in the building," Mr de Brenni said.

"Undisturbed it won't affect you however we

all do home maintenance from time to time meaning we've all got to be careful.

"Have a look up and if your roof is made from corrugated cement sheeting, there's a chance it contains asbestos, so the rule is - play it safe and engage expert tradespeople.

"Even though you can handle very small amounts on your own - why would you risk it? If you do there are rules to handling small amounts that you need to follow.

"Whether you're a homeowner, DIY renovator or a tradie, my advice is find out if and where asbestos is located and the regulations around working with the dangerous materials, before starting your project.

"If you believe a homeowner, occupant or owner-builder is unsafely handling, removing or transporting asbestos material or a person has illegally dumped asbestos waste, contact your local Council and stay clear of the material.

"The management of asbestos in non-workplaces is the responsibility of local governments under public health legislation."

Queensland Health provides information and advice to the general public on asbestos and its health risks and works in partnership with other government agencies in response to incidents involving asbestos.

For asbestos safety information, visit [www.qld.gov.au/asbestos](http://www.qld.gov.au/asbestos) or call 13 QGOV.



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