

# THE Messenger

Lakes, Bay & Region • May 12 2018

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**PANIYIRI 2018**



**MAKE  
MOTHER'S  
DAY GREAT  
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**WITH OUR LAST MINUTE EVENTS  
GUIDE FOR SLACK DADS**

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# MAY MADNESS

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\*1. Suction tested to IEC 62885-2 CL5.8 and CL5.9 at the flexible inlet, against full-size market, loaded to bin full, tested in MAX mode. \*2. Compared to Dyson V8 Absolute cord-free stick.

\*3. Suction tested to IEC 62885-2 CL5.8 and CL5.9 at the flexible inlet, against cord-free stick market, loaded to bin full, tested in MAX mode.



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**CONTACT**

## THE Messenger

Now in its twelfth year, the Messenger is your free weekly publication. Wholly owned, operated and produced locally. Proudly independently published.

ABN 129 5493 7979.

### NEWSROOM/EDITORIAL/SUBMIT A STORY

The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education. Email reports and pictures to Editor Dan Fidler via:

**editor@northlakesmessenger.com.au**

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For all advertising rates, specifications, templates conditions and bookings please contact our advertising department on **3881 3322** Tuesday to Thursday. Other times please call **0488 112 822** or email:

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#### Please note:

- Business hours are week days 9am to 5 pm.
- All advertising is to be pre-paid.
- Advertising deadline is 12 midday Wednesday one week prior. Incomplete art due Tuesday midday one week prior.

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### INDEMNITY

By advertising or submitting with the Messenger you agree to indemnify the publication, its staff and owners, against any claims.

*The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, past, present and emerging.*

The Messenger [www.northlakesmessenger.com.au](http://www.northlakesmessenger.com.au) 4



Mueller College presents



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# SNEAKY LAST MINUTE MOTHER'S DAY IDEAS

Have you been a slack dad (or kids) this Mother's Day and find yourself frantic for a last minute - but still great - idea to treat Mum? Look no further, we've got you. Here are our picks to treat Mum that won't dent the wallet too hard



**M**other's Day (ahem, it's Sunday, May 13 BTW), is the day we celebrate the hardest working member of the family, but you already know that, so let's jump right in. Here's a bunch of impressive ideas that you can organise in a hurry and make out like you've been planning all along. Starting local, then going further afield...

## NORTH LAKES HOTEL

Haven't checked out the latest local venue yet? Why not take Mum for squizz and a meal on Mother's Day when the Boardwalk restaurant is offering breakfast, lunch and dinner with lakefront views, a play area for the kids, and a special treat for all Mums!

Buffet Breakfast runs from 7 - 10am and costs \$26PP Adult, \$11PP Kids (5-12, under 5 free)

Lunch, running 11.30 - 2.30pm, is a special 2 course set menu including (starter, choice of 4 mains/3 desserts) for \$55PP Adult, Kids a la carte and live music by Taila Gouge.

Dinner is Boardwalk's modern and savvy a la carte menu and runs 6 - 9pm.

Bookings are essential so give them a call on 3180 2888 or email [info@northlakeshotel.com.au](mailto:info@northlakeshotel.com.au) to secure your spot!

## MON KOMO HOTEL

Buffet by the sea more Mum's style? Treat her to a relaxed resort style atmosphere and enjoy Mon Komo's renowned Buffet for just \$35 (brekky) or lunch (\$45), while the kids eat for just \$15/20.

Mon Komo Hotel is also open for dinner - with all Mother's receiving a glass of bubbles on arrival after 6pm.

Mon Komo can be found at 99 Marine Parade Redcliffe. Contact 3284 6520 or email [functions@monkomohotel.com.au](mailto:functions@monkomohotel.com.au) for more info.

## NORTHS LEAGUES CLUB

Norths Leagues and Services Club is also offering a buffet brekky.

Just \$27.90pp includes full Buffet Breakfast,

Flower & Chocolates for each Mum, live music, lucky door prizes and perhaps best of all - Kids Kingdom open to look after the kids from 8am till 8pm.

There are specials available at Norths' Char and Grind restaurant also on the day. More info via [www.northsleagues.com.au](http://www.northsleagues.com.au)

## NORTH LAKES SPORTS CLUB

Unfortunately, NLSC's buffets have sold out already but the club's Banyan Restaurant & Deck is offering a lot more options and great specials both sweet and savory, on the day for members and non-members alike.

Regular trading hours apply and the Kids Club might just provide the tonic Mum needs.

To book or more info visit [www.northlakessports.com.au](http://www.northlakessports.com.au)

## SKY HIGH TEA

Bit of a drive this one, but if you are looking for a location that is unique, elegant and truly breathtaking this Mother's Day, then look no further than the highest vantage point on the Gold Coast, with 360-degree views as far as the eye can see.

Bring Mum along to enjoy a delicious high tea including sparkling wine, while looking out over the Gold Coast - from the shimmering surf to the rolling green hills of the hinterland in the High Tea Room on Level 78 of the iconic Q1 building in Surfers Paradise.

The reasonable \$55pp cost includes handmade scones, savory bites and handcrafted petite desserts served with a glass of sparkling wine and endless tea and coffee.

Afterwards (or before) check out the Observation Deck where a free glass of sparkling wine awaits every Mum on the day.

Visit [www.skypoint.com.au](http://www.skypoint.com.au) for further enquiries or to make your booking.

## STOKEHOUSE Q

Show Mum how special she is with a lunch menu created with Mum in mind by Executive Chef Richard Ousby.

Choose between a two-course or three-course lunch to spend with Mum along the Brisbane River with epic city views.

Seating times are from 11:00am on the day with \$82 per person two-course / \$105 per person three-course (\$30 children up to 12yo).

Stokehouse Q can be found at Sidon Street, South Bank. Call 07 3020 0600 or email [info@stokehouseq.com.au](mailto:info@stokehouseq.com.au)

## BACCHUS BRISBANE

Spoil Mum with a decadent High Tea with a delicious pink Bellini on arrival, enjoy an afternoon of live music and delectable treats within the luxurious surrounds of Bacchus Restaurant.

Seating Times are 11.30am - 1.00pm, 1.30pm - 3.00pm or 3.30pm - 5.00pm with the cost just \$69.00 per person.

Bacchus can be found at the Podium Level, Rydges Hotel. Cnr Grey & Glenelg Streets, South Bank. Call 07 3364 0837 or email [georgia@bacchussouthbank.com.au](mailto:georgia@bacchussouthbank.com.au)

## PONY DINING

Another fab river (and Story Bridge) view, treat Mum to a hearty lunch and complimentary glass of sparkling wine on arrival at Pony Dining, then join her for a top-notch meal from the special A la Carte Menu.

Lunch on the day runs 12:00pm - 3:00pm. Pony Dining can be found at Eagle Street Pier, 45 Eagle Street. Call 07 3181 3400 or [www.ponydiningbrisbane.com](http://www.ponydiningbrisbane.com)

## OSBOURNE HOTEL

At the appropriately named GH Mumm presents Mother's Day Luncheon at the Osbourne Hotel you'll enjoy a three course menu and glass of Mumm Rosé to celebrate the day with Mum.

The luncheon from 12 noon costs just \$55.00 per person and the Osbourne can be found on the corner of Ann and Constance Streets, Fortitude Valley.

More info or book [www.osbournehotel.com.au](http://www.osbournehotel.com.au)

## ESCAPE TO THE CINEMA

Are movies Mum's thing? A Mother's Day flick offers a chance to escape and unwind with a luxury cinema experience. The Gold Class escape at Event Cinemas (starting at \$60pp) includes entry to the fancy Gold Class cinema, a devilishly delicious dessert and glass of champagne - everything she needs to feel like a queen.

It doesn't even have to be on the day, with a range in value from \$25-\$200 Event Cinemas Movie Gift Cards could be the gift that keeps on giving. Anyone who purchases a gift card online for Mother's Day goes into the draw to win a trip for two to London to attend the red carpet premiere of Mamma Mia: Here We Go Again. Including travel and luxury accommodation at the Amba Hotel Marble Arch, the total prize pack is valued at \$12,000.

Stop by any Event Cinema or head to [www.eventcinemas.com.au](http://www.eventcinemas.com.au) to pick up the ultimate gift for your Mum.





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## DISNEY ON ICE CELEBRATES 100 YEARS OF MAGIC

THE MUST-SEE MAGICAL EVENT OF THE YEAR IS COMING TO BRISBANE JUNE 29 TO JULY 2 **AND WE'VE GOT EIGHT TICKETS TO WIN!**

Everyone's favourite characters of the Disney-verse are getting their skates on and heading to Brisbane this June and it's going to be HUGE. Instead of focussing on instant-classic *Frozen* like last year's (amazing) outing, this year *Disney On Ice celebrates 100 Years of Magic* is bringing more than 14 timeless Disney tales to life, on ice.

Mouse-ter of Ceremonies Mickey Mouse, his sweetheart Minnie Mouse, and mates Donald Duck and Goofy will take to the ice with their friends from classic and modern Disney movies alike. From *Pinocchio* to *Frozen*, showgoers will be treated to a once in a lifetime spectacle with *Snow White and the Seven Dwarfs*, *Cinderella*, *Beauty and the Beast*, *Toy Story*, *The Lion King*, *Finding Nemo*, *Frozen* and more. *Disney On Ice celebrates 100 Years of Magic* will dazzle with magical moments and over 30 favourite Disney songs.

Making their *Disney On Ice* debut, Judy Hopps and Nick Wilde from *Zootopia* enlist the crowd to help solve an off-ice caper that must be cracked for the on-ice action to begin. Guests will also enjoy a special appearance by royal sisters Anna and Elsa from the number one animated feature film of all time, Disney's *Frozen*. Enter the kingdom of Arendelle and journey up the North Mountain with hilarious snowman Olaf and rugged mountain-man Kristoff as they help the sisters discover that true love conquers all.

Produced by Feld Entertainment, *Disney On Ice celebrates 100 Years of Magic* will open in Brisbane on June 29 with 9 shows in total at Brisbane Entertainment Centre, finishing on July 2.

Tickets are on sale now at [www.Ticketek.com.au/DisneyOnIce](http://www.Ticketek.com.au/DisneyOnIce)

# WIN!

We have two prize packs for *Disney On Ice* celebrates 100 Years of Magic to win.

Valued from \$180, each prize has four A-Reserve tickets so if you win, you can enjoy the show with family or friends.

To enter email [comp@northlakesmessenger.com.au](mailto:comp@northlakesmessenger.com.au) with "Disney on Ice" in the subject line and simply tell us which is your favourite Disney tale.

Get your entries in before Friday May 25, 5pm and don't forget to include your contact details so we can let you know if you win. Good luck!

Your Privacy: The Messenger complies with the Australian Privacy Act 1988 in safeguarding your privacy. Information submitted by you is used only for purposes of the competition. Your information is not kept on file, collated or distributed in any way.

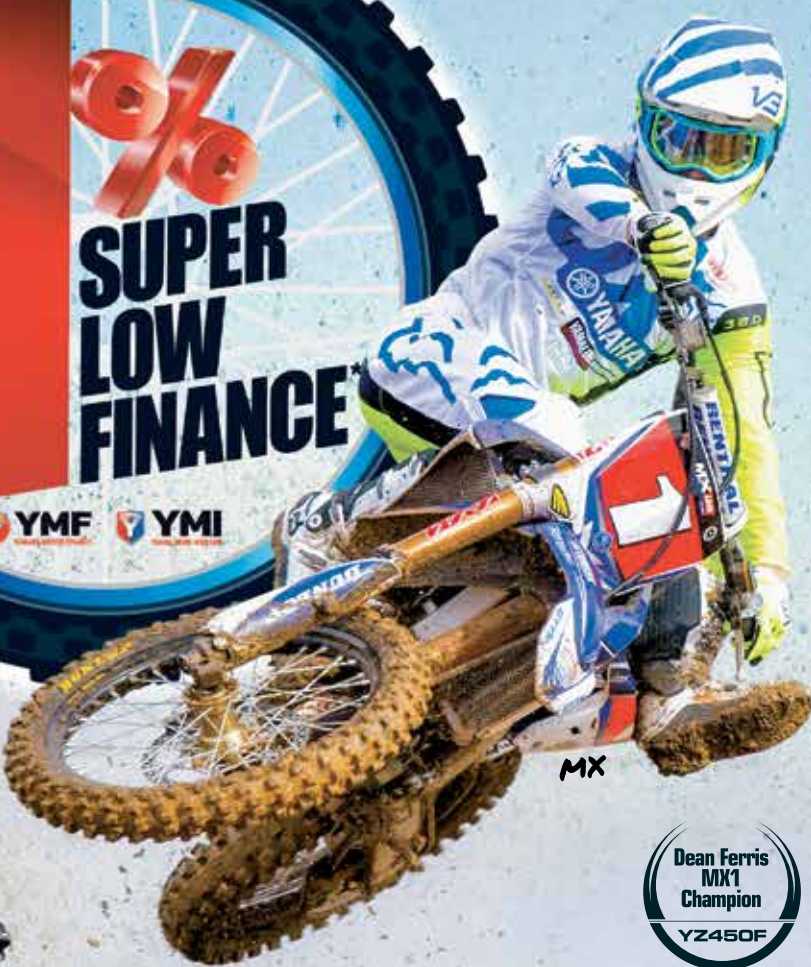




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# THE MEGATRENDS SET TO RE-SHAPE WORKPLACE HEALTH AND SAFETY



**New technologies and ways of working will introduce new challenges for work health and safety (WHS) and workers' compensation, but also have the potential to make work safer and reduce workplace injury over the next 20 years**

Six megatrends underpinned by advances in digital technologies and shifting employment patterns may affect WHS and workers' compensation in Australia in years to come. The megatrends range from advancing automation and the gig economy to rising screen time and an ageing workforce. These are the finding of The Workplace Safety Futures report, revealed in a new study from CSIRO's Data61 in partnership with Safe Work Australia, explores.

Joanna Horton, Research Analyst at CSIRO's Data61 and co-author of the report said the Australian workplace has undergone significant structural and demographic changes along with digital technologies such as automation, artificial intelligence and augmented reality entering the workforce in greater numbers.

"This will have implications for workers' compensation and the WHS environment in Australia and may require fresh approaches to managing risks and supporting sick or injured workers.

"The report investigates plausible future scenarios to provide policymakers and businesses with the insights they need to ensure the long-term effectiveness of Australian WHS and workers' compensation systems, in the face of rapid change," Ms Horton said.

One of the six megatrends – automated

systems and robotics – will present both challenges and opportunities from a WHS and workers' compensation perspective.

Physical workplace injury is predicted to fall by 11 per cent by 2030 as the use of robotics including AI and drones replaces dull, dirty and dangerous tasks<sup>1</sup>. However, growing use of robots in the workplace raises questions about whether current ways of identifying, assessing and controlling WHS risks will be adequate in addressing potential new risks that may arise.

The report also interrogates the impact of the rising gig economy on WHS and workers' compensation. A shift away from traditional employment patterns towards freelance task-based work poses new challenges for the way WHS risks are managed and how insurance can be delivered.

A significant shift towards freelance task-based work in Australia, with fewer workers covered by workers' compensation may also have long-term implications on our public health and social security systems if injured workers are not covered by some form of insurance.

Safe Work Australia Chair, Diane Smith-Gander said digital technologies will, without a doubt, significantly change the nature of work in the future.

"It's important that WHS and workers' compensation frameworks anticipate and adapt to the risks and opportunities presented by this future. Let's use this report as an opportunity to start the conversation among safety experts and policymakers.

"Safe Work Australia is already looking at ways the findings can inform future policy development and draw attention to areas where new guidance, research and data might be needed," Ms Smith-Gander said.

## THE SIX MEGATRENDS SHAPING THE FUTURE WORKFORCE ENVIRONMENT FOR AUSTRALIA INCLUDE:

**The extending reach of automated systems and robotics.** The costs of advanced automated technologies are likely to continue falling and the capabilities and widespread deployment are likely to continue rising.

**Rising workplace stress and mental health issues.** Australia's workforce is registering increasing levels of stress and mental health issues. New and intensifying uses of digital technologies in the workplace may exacerbate problems with mental health and stress, but technology also presents opportunities to manage these issues.

**Rising screen time, sedentary behaviour and chronic illness.** The amount of daily screen time has grown for both adults and children and there is a continued drift away from manual jobs towards sedentary jobs. Rates of obesity, cardiovascular disease, type 2 diabetes, and other chronic illnesses continue to rise.

**Blurring the boundaries between work and home.** An increasingly large share of Australian workers are entering into work arrangements that enable them to work from home or other locations, blurring the boundaries between work and home life.

**The gig and entrepreneurial economy.** The gig economy refers to freelance task-based work organised through online platforms or 'apps'. It changes the way we work away from traditional employment models. Although the Australian gig economy is still relatively small, at least some growth is anticipated.

**An ageing workforce.** The average age of Australia's workforce is increasing along with the ageing of the population as a whole and older Australians are having to stay in the workforce longer.





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#### **DR ARTHUR ANEKWE JOINS OUR EXPERIENCED TEAM:**

**Dr Sarah Jane Langton  
Dr Yinn Aung  
Dr Meredith Webb**

**Dr Chaminda Senarathne  
Dr Sonali Goonewardene**



Dr Anekwe is UK trained GP with more than twenty five years' experience, and is also UK trained Obstetrician and Gynaecologist.

Dr Anekwe immigrated to Australia from the UK in 2012 and has been practising in Queensland since then.

Dr Anekwe is very experienced GP with wide range of interest in family medicine, and provides high quality patient's centred care.

His special interests are Minor Surgeries, Men's Health, Women and Child Health, Family Planning and Contraceptive Services including Mirena and Implanon insertions and removals.

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**\$600K FOR NORTH LAKES DRIVE**

Moreton Bay Regional Council will undertake new road surfacing and drainage works at North Lakes Drive between Anzac Avenue and Memorial Drive as part of a \$600,000 tender announced last week.

Division 4 Councillor Julie Greer said works would commence mid-2018 and take approximately seven weeks to complete, weather permitting.

"This part of North Lakes Drive is a major thoroughfare for motorists heading in and out of the retail area, and this project will extend the overall life of the road and reduce ongoing maintenance costs," Cr Greer said.

Prior to works commencing VMS boards will be installed notifying motorists of the works and any changed traffic conditions.

**FREE PARENTING SEMINARS AT WESTFIELD IN MAY**

Parents can now attend free parenting seminars at selected Brisbane Westfield shopping centres, including North Lakes, under a new plan to give parents easy access to the acclaimed Triple P – Positive Parenting Program.

So far, an estimated 160,000 plus parents and carers have done the program online or in-person through trained providers based around the state.

Children raised in a positive parenting environment, guided by consistent rules and routines, reasonable expectations and appropriate consequences, are proven to have

better communication and social skills, and more positive relationships.

Children whose parents have done Triple P also perform better academically, have better job prospects and health outcomes, and their parents report feeling less stressed and depressed.

**The free North Lakes sessions are:**

**The Power of Positive Parenting**, Wednesday 16 May at 10.30am - 12.30pm.

**Raising Confident, Competent Children**, Wednesday 23 May, 10.30am - 12.30pm

**Raising Resilient Children**, Wednesday 30 May 10.30am - 12.30pm

For more info and bookings visit [www.triplep-parenting.net.au](http://www.triplep-parenting.net.au)

**NEW ALL-ABILITIES PLAY TOWERS**

A new all-abilities playground with custom-made play towers has been installed by Moreton Bay Regional Council at the Caboolture Regional Environmental Education Centre (CREEC), bringing fun at the facility to new heights.

The \$220,000 specially-designed council-funded playground features three towers with slides, track rides and climbing nets; a wheelchair accessible play area; play hut; and sensory walls, all to encourage inclusive and engaging play.

Division 12 Councillor Adrian Raedel invited families from across Moreton Bay and South-East Queensland to try the 280m2 new tower



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set, as well as CREEC's other inclusive facilities like the sensory garden and wheelchair-friendly zip-line.

Also included is a bespoke play hut with a number of engaging sensory walls designed to stimulate a sense of exploration and learning.

"For children with ASD, it's an ideal and comfortable space for them to interact with other children in a way that isn't too overwhelming," Cr Raedel said.

CREEC is located at 150 Rowley Road, Burpengary. The new playground and other outdoor elements are open seven days a week, and the centre is open Monday to Friday from 8am to 4.30pm.

### APRIL 2018 - HOTTEST ON RECORD

April 2018 has been named the hottest on record (for mean maximum temperature), with multiple records broken across the nation, according to the latest Bureau of Meteorology (BOM) data.

The BOM's 'Australia in April 2018' summary also shows that the mean monthly temperature was the second hottest for April, climbing 2.38°C above average, with daytime temperatures reaching exceptionally high levels in each state. Alongside this record-breaking heat, Australia also experienced below average rainfall with last month going down as the driest April in almost a decade.

### COUNTDOWN FOR CUSTOMERS TO GO SINGLE-USE PLASTIC BAG FREE

Customers shopping at Woolworths Kallangur Fair and Woolworths North Lakes will have

noticed in-store reminders to bring their own reusable bags, as the supermarket prepares to go single-use plastic bag free nationally from June 20.

Across Australia this will see the removal of 3.2 billion lightweight plastic bags from circulation each year.

In the lead up to June 20, there will be increased signage in-store and at checkouts reminding customers on the date change.

Customers will have the option to bring in their own bags or will have access to purchase a range of reusable bag options starting from 15 cents.

### DOMESTIC AND FAMILY VIOLENCE PREVENTION MONTH FREE CLINIC

During Domestic and Family Violence Prevention Month (May every year) Local family law experts, Best Wilson Buckley Family Law, see far too much domestic and family violence in their day to day work. They will be marking this DV Prevention Month with a free clinic, for those affected to be in a position to seek expert advice where they may ordinarily not be in a position to afford it.

There will be two free clinics available on Tuesday 22 May and Tuesday 29 May from 5pm to 7pm at Best Wilson Buckley's office in the CBD building on Anzac Avenue, North Lakes.

To take advantage of the free appointments, contact Best Wilson Buckley Family Law on 07 3490 0390 or by email at [info@bwbfl.com.au](mailto:info@bwbfl.com.au).

HOT HOT APRIL



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# THOUSANDS PUT THE KETTLE ON FOR AUSTRALIA'S BIGGEST MORNING TEA

This month thousands of Queenslanders will gather in living rooms, cafes, workplaces and community halls to pour a cup of tea for a special cause!

Australia's Biggest Morning Tea, one of Cancer Council Queensland's signature events, raises funds to support more than 27,000 Queenslanders diagnosed with cancer annually.

This May the campaign will celebrate 25 years of making a difference.

Cancer Council Queensland CEO Ms Chris McMillan called on locals to register and host a morning tea to give hope for a cancer free future.

"Every cuppa poured and dollar raised enables Cancer Council to continue investing in lifesaving cancer research, prevention, advocacy and support programs," Ms McMillan said.

"One Queenslanders is diagnosed with cancer every 20 minutes – the length of an average morning tea break.

"Dedicate your tea-time to making a difference this year so that patients and their families



*the official day to host a morning tea is Thursday May 24, however anyone can host at any time in May or June.*

can be supported every minute, every hour, every day.

"Hosting a morning tea is easy. Simply gather your closest friends and family, set a date, raise funds, and enjoy a cuppa together."

In 2018, the official day to host a morning tea is Thursday May 24, however anyone can host at any time in May or June.

Australia's Biggest Morning Tea is the largest

and most successful event of its kind in Australia.

Over the past 25 years, more than \$31.2 million has been raised for Cancer Council Queensland by like-minded individuals pouring a cuppa for the cause.

Register to host an event at [biggestmorningtea.com.au](http://biggestmorningtea.com.au) or call 1300 65 65 85 to receive a free morning tea host kit.



The Management & Staff wish to invite you and your family to our

## Mother's Day

### MEMORIAL SERVICE

to be held in our Chapel on Friday 11th May at 6.00 pm for a 6.30 pm start

Light refreshments will be served following the service.

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07 3888 6622 for catering purposes.



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# SEQ TAKES 18 OF STATE'S TOP 20 CAR THEFT HOT SPOTS

And one of them is just across the highway

Acting as a list of where NOT to leave your car overnight, South east Queensland motorists have been warned to be vigilant about car security as new RACQ insurance data showed 18 of State's top 20 suburbs for car theft were all located in the region.

RACQ spokesperson Kirsty Clinton said RACQ received more than 50,000 claims for stolen vehicles in the past three years.

"This is not a list you want to feature on and it's shocking to see most thefts coming from the south east," Ms Clinton said.

"Unfortunately for those living in Southport - it's the worst place for car theft in Queensland.

"If you own a Toyota Landcruiser, Ford Falcon or Toyota Corolla you're also at risk, with these models

topping the wish list for thieves."

Ms Clinton said motorists needed to make simple safety precautions a priority.

"Always lock your car and ensure all windows are up when you leave it unattended," she said.

"Wherever possible park in a secure garage or park somewhere well-lit and well-populated.

"Thieves are often opportunistic so don't tempt them by leaving valuables visible inside.

"Importantly, treat your keys like cash. Keep them on you and don't leave them lying around."

South east Queensland motorists have been warned to be vigilant about car security.



Top 20 suburbs for stolen cars (1 January 2015-31 December 2017):

- 1.Southport
- 2.Red Hill
- 3.Harristown
- 4.Caboolture
- 5.Inala
- 6.Sunnybank Hills
- 7.Zillmere
- 8.Oxley
- 9.Fortitude Valley
- 10.Arundel
- 11.Ipswich
- 12.Durack
- 13.Molendinar
- 14.Logan Central
- 15.Maryborough
- 16.Buderim
- 17.Tanah Merah
- 18.Greenslopes
- 19.Loganholme
- 20.Balmoral.

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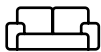
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## WIFE IS OBESE AND I'M SICK OF THE CONSTANT DIETING, SHOULD I END IT?

Hi Ms Leonie,

Well here I am – a man – writing into your column. I read your column every week and look forward to reading your practical advice.

Here is my concern. My wife is obese. She has been on constant diets for over 20 years and never sticks to any of them. I am fed up with it all.

I do all the things I imagine that you would suggest. I am supportive, and I attend weight loss meetings with her although I am tired after work and really need to relax myself. I always see my wife saying one thing and doing another. The latest thing is portion control. What a joke! She uses a little plate and then goes back for more helpings.

Her dieting has become the focus of our lives. She has joined the same weight loss club a million times and they keep changing the plan, so we buy different crap to the crap we bought before. She loses a bit of weight and then gains a whole lot more and on it has been going for the last 20 years.

We don't go out because she feels self-conscious thinking she looks bad in everything and that others are talking. I tell her - Others are LIVING and don't give a crap about what she looks like in any dress.

I live a lonely life and go everywhere myself. This includes the gym, long walks with the dog and we live almost on the waterfront- it's such a waste. So I walk the dog alone, I go out alone and I am starting to think that I should just live on my own. There is more to life than counting calories and gorging. I am seriously at my wits end.

My doctor says I'm depressed because of all this and that I am a social personality who is forced to be lonely. I have spent decades with dieting living with us like a third person and I'm as skinny as a rake. I want a wife and companion not this kind of endless food crazy lifestyle and I feel that I may have to find this with someone else.

Should I just walk out (we have no kids to consider)? Your thoughts please.

Name withheld/North Lakes

Hi,

I would encourage you to really consider if in fact you do want to end the marriage. Is it your wife "the person" you are fed up with or her behaviours? If you decide its her behaviours, I would ask you to consider couples counselling.

I wonder if your wife really understands how impactful this constant merry go round of dieting is on you. If your wife wants to do what she is doing, she has the right to do so but she needs to come to the realisation that you are not willing to accompany her on this life limiting journey anymore.

Consider explaining that you feel that you have lost your quality of life due to this constant weight issue and are lonely. Consider telling her that what she eats is up to her but you no longer want to hear about it or finance anything but the advice of a professional medical practitioner or dietitian.

Consider taking a practical approach by telling her that after 20 years, clearly what she is doing is not working and so professional weight management is what you want from here on in. Remind her that the definition of Insanity is doing the same thing over and over again and expecting different results.

If you decide to try to make it work you could explain that you are done with a relationship that revolves around weight loss and that she either has to stay on the whirly gig of diet self-management on her own and stop using her weight as an excuse opt out of companionship and fun outings OR work with you to get professional help for the obesity and the marriage.

Consider making it clear that you are done and do not want to hear about any diet tips, strategies, books or groups unless it is part of a medical and dietician prescribed plan. Couples counselling can help bring about positive change, but as I said you really need to decide if you are willing to put the work in to save the marriage.

Til next week Leonie

E-mail: [leonieschilling@bigpond.com](mailto:leonieschilling@bigpond.com)

Leonie Schilling is a qualified private practitioner at *North Lakes Counselling Services*

For appointments please phone 3886 2715 or 0423 653 841

[www.northlakescounsellingservices.com.au](http://www.northlakescounsellingservices.com.au)

Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM



### ABOUT LEONIE

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.



# Mother's Day

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# PANIYIRI

BRISBANE'S BEST FOOD AND CULTURAL FESTIVAL RETURNS MAY 19 - MAY 20

The Paniyiri celebration started in 1976, when a group of passionate Greek Australians wanted to share their cultural traditions with the region. Since then it's gone on to become an all-singing, all-dancing, all-celebrating and all-welcome sensation. If you've never been before, you're missing out.

Brisbane's favourite festival is no secret to foodies. Last year it was estimated that revellers inhaled some 300,000 honey puffs, 100,000 souvlakia, almost 12,000 dolmades, 20,000 coffees, 1600 kilograms of grilled haloumi, 10,000 shitalies (Greek Cypriot sausages), 1000 kilograms of calamari and 1000 kilograms of baby octopus!

It's such an anticipated event on the local calendar that just the thought of Paniyiri tingles your taste buds with the urge of Loukoumades (doughnut balls dipped in honey - otherwise known as Honey puffs) and Greek BBQ - lamb spit or charcoal chicken. Or Baklava. Or Haloumi. Or Souvlaki. There will be more than 30 food stalls showcasing the tastes, recipes and secrets of food from all corners of Greece. Best to get your stretchy-pants ready now.

It's not all about eating of course. Paniyiri 2018 highlights include the return of The Plateia (an authentic Greek Village), the Hellenic Dancers Showcase Program, the acclaimed Cooking Program starring the flavours and faces of Greece and a line-up of authors, chefs, speakers and home cooks; as well as the dancers, singers, stars and the array of celebrities that will make the third weekend in May taste, sound and feel extraordinary.

Two of Australia's hottest new television stars are set to get their Greek on this year, when Home & Away's Sophie Dillman and new bad-boy on the block Patrick O'Connor (pictured) will trade Summer's Bay beach for Brisbane's Musgrave Park. The pair will be

taking part in Greek cooking and coffee making, grape stomping, plate smashing, and the highly anticipated Greek Dancing with the Stars- this year it's and all Queenslander dance off!

Also joining Paniyiri's all-star cast are Maryborough brothers, Josh and Brandon Jarius from the upcoming season of House Rules. The brothers are putting the tools down and heading to Musgrave for the weekend.

More than 20 hours of entertainment over the weekend includes the return of Greek Dancing with the Stars, more special celebrity guests than you can poke a souvlaki at, grape stomping, olive and honey puff eating competitions, plate smashing, and the return of the great Greek characters, Herc & Xena. Famous Greek dances, the Zorba, Sirtos, Kalamatianos and Sousta, will all be performed to music played on traditional Greek instruments including the Bouzouki, Tarabuka, Lyre and Laouto.

Tickets to Paniyiri cost just \$12 per day. The festival runs Saturday May 19 from 12noon and Sunday May 20 from 10am at Musgrave Park & The Greek Club, Edmondstone Street, South Brisbane.

This year you can travel free with a pre-purchased Paniyiri Greek Festival ticket to the event on all regular network-wide Brisbane City Council buses and Queensland Rail City Network trains. Pre-purchase via [www.paniyiri.com](http://www.paniyiri.com) or by calling 07 3844 1166.

Also on [paniyiri.com](http://paniyiri.com) you'll find FREE recipe books so you can nail that Nutella Baklava or crispy skinned Barramundi recipe (+ many more) and find detailed breakdown of the cultural and cooking demonstrations that are highlights of the festival.

See Paniyiri on Facebook for all up to date information and plan your transport at [translink.com.au](http://translink.com.au).



## THE GREEK CLUB

Just in time for Paniyiri 2018, the heart of Brisbane Greek community on Edmondstone Street has been revitalised.

The Greek Club has been busy in between Paniyiris, giving the club it's most significant renovation ever, spending \$3 million on refurbishment and re-launching last week.

Besides sporting Brisbane's largest permanent dance floor in the Grand Ballroom, and spectacular views of the city from the Grand Balcony (and the balcony below), the club is famous for its authentic Greek warmth and hospitality, food, dance and culture.

Such an iconic establishment, it's estimated that the Greek Club has seen some 40,000 events, meetings, conferences and 3000 weddings.

While retaining traditional Cycladic architecture design, the updated venue now offers 11 brand-new meeting and events spaces, and a new signature restaurant opening this month called Nostimo Restaurant Bar.

The largest building on Edmondstone is now a better space for modern events, business events, meetings, conventions and exhibitions with total seating for 800, or 1000 revellers cocktail style, to be welcomed in a more modern.

The Greek Club is a community based, not-for-profit, supporting the local and broader community. For more info and bookings visit [www.thegreekclub.com.au](http://www.thegreekclub.com.au)



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# SHITBOX RALLY

a cross-country expedition from Brisbane to Darwin raising millions for the Cancer Council

This year, more than 550 participants will take part in Shitbox Rally, aiming to raise more than \$1.7 million for the Cancer Council.

Shitbox Rally is a battle that's equally physical and emotional with drivers tackling 3,800 bone-jarring kilometres across some of Australia's most unforgiving roads in cars, aka shitboxes, which must be valued at \$1,000 or less. Some make it, some don't.

This year follows a new route from Brisbane to Darwin, along some of the outback's roughest, flood-prone roads. The teams will tackle the red dust and harsh Australian sun (without air conditioning, of course). But this cross-state slog goes beyond all the fun and games.

Each year Shitbox Rally raises more than \$1 million for Cancer Council research. This year, the teams are hoping to break last year's record of \$1.67 million and they're well on their way with more than \$1.4 million already generated.

While the organiser, James Freeman, (who lost his mother and father to cancer in quick succession) is thrilled that the rally has raised millions of dollars, it's the evident human spirit he's most proud of - uniting suffering and turning it into hope.

"Shitbox Rally exudes a strong message: that big, almost impossible, battles can be



overcome together, with the help of humour," organiser Freeman shares.

"We've intentionally picked some of the most formidable roads to travel on. Whether you're in remission, have lost a loved one to cancer or would simply like to be part of a good cause, the rally will challenge every part you."

"It's not meant to be easy, but we do it in style, having fun. This is a way we can respect the people who have had cancer and show them that we're fighting for them, too."

No one can quite comprehend the personal

battle a cancer sufferer goes through - physically, emotionally and spiritually. But for the past nine years, James has chosen to fight, along with thousands of other people who have been affected by this disease.

Shitbox Rally revs up on Saturday, 19 May. 250 cars will depart from Manheim Auctions, Eagle Farm at 9.00AM. The teams will arrive in Darwin on Friday, 25 May at approximately 3.00PM at 116 Esplanade at the Double Tree by Hilton Hotel Esplanade Darwin.

Donations can be made at: <https://www.shitboxrally.com.au/>



## what's on

**Mother's Day  
BUFFET  
BREAKFAST**

SUNDAY 13TH MAY  
8AM - 10AM

VIEW THE FULL MENU ONLINE

TICKETS:  
\$24 MEMBERS  
\$26 NON-MEMBERS  
\$11 CHILD (AGED 3-12 YEARS)  
UNDER 3 YEARS FREE

Book your tickets from the Foyer or online.

**Mother's Day  
BUFFET  
LUNCH**

SUNDAY 13TH MAY,  
12NOON - 2PM

VIEW THE FULL MENU ONLINE

TICKETS:  
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\$33 NON-MEMBERS  
\$11 CHILD (AGED 3-12 YEARS)  
UNDER 3 YEARS FREE

BOOK YOUR TICKETS ONLINE OR AT THE FOYER

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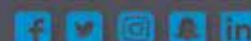
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# FROM THE LAND TO THE SKY

## Inverpine veterans brought together by service

They may not have trained together, nor did they serve together, but in retirement their service has allowed them to form an unwavering bond.

More than 60 years' post service, David Cummings, 82, and Harry Belcher, 93 (pictured), are neighbours in Bolton Clarke's Inverpine retirement community.

Dave was part of the Australian Army where he joined in 1961, completing his training at Kapooka, South-west of Wagga Wagga, NSW before being sent to Sydney for infantry training.

He was posted to Enoggera, Brisbane for two short years before being sent to Borneo in Southeast Asia.

Harry took a different path, joining the Royal Australian Air Force at just 18.

He served for four years during World War II before being discharged and joining a Dutch airline where he worked in Java for six months.

While they served in different theatres of war, as they stood side by side to lay a wreath on Anzac Day the spirit of mateship was clear.

As it does every year, the service brought many memories of their time serving to the



surface.

"Indonesia was trying to take over Malaysia," Dave said. We lost quite a few men over there. I came through it all right."

But as life moved forward after these years, both Dave and Harry went on to achieve remarkable feats.

"After Java, I got a job in Australia and settled down to a normal life," Harry said.

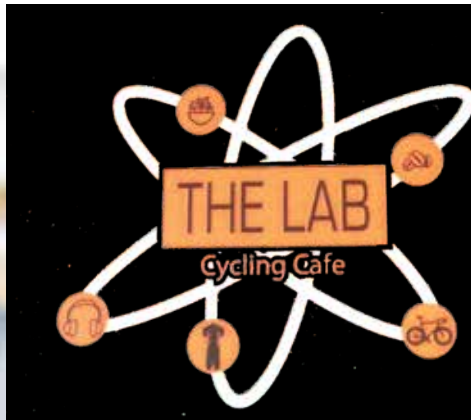
"I started off with Ford Motor company and

worked there for a while, I got tired of that and went in to automatic spare parts."

Today Harry continues to live with his wife in his home of 21 years at the Inverpine Retirement Village.

Dave also followed his dreams to further his education and become a manual arts teacher.

Having also lived at Inverpine for close to 20 years, Dave continues to enjoy an active life as president of the social club.



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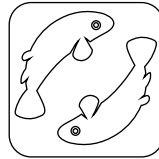
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## YOUR STARS



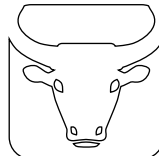
**Aquarius Jan 21- Feb 19:** Take the time to think things through and you will avoid needless aggravation by choosing battles wisely.



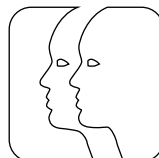
**Pisces Feb 20-March 20:** People are a long way from seeing the light. But admitting that they are powerless over their cluelessness and that they need help is a step in the right direction.



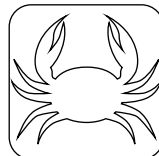
**Aries March 21-April 20:** A rivalry only exists in your head rein in the provocative remarks or you'll wind up creating a self fulfilling prophecy.



**Taurus April 21- May 21:** Plans are put on hold, but don't freak out. If things don't work out with one party, they will with another.



**Gemini May 22-June 21:** soon you'll transform from being one of the contestants into the prize. And everything that everyone else is fighting for will all be yours. This brings a new set of complications.



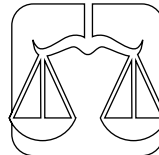
**Cancer June 22-July 23:** All signs point to cutting your losses. Nevertheless timing is everything with you and you can tell that the time hasn't come yet.



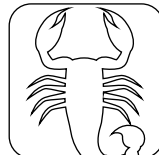
**Leo July 24-Aug 23:** There's a lot of jockeying for position going on at work, but why clamour for attention when you know how to make an entrance? You are a Leo after all!



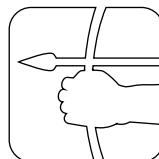
**Virgo Aug 24-Sept 23:** Expect squabbles and differences of opinion for the next few weeks. Strive to keep the peace.



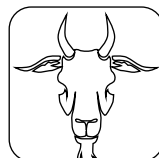
**Libra Sept 24-Oct 23:** It's time to be a social butterfly again! Get ready to make up for all that time you were shut up in your cocoon.



**Scorpio Oct 24-Nov 22:** Nothings more tedious than reviewing the finer points of money matter, but stay sharp. Something said in passing will have great significance.



**Sagittarius Nov 23-Dec 21:** A seemingly trivial matter portends great to dos. You need to look for the one who knows you best to give you some good news.



**Capricorn Dec 22-Jan 20:** Don't be shy about sharing an idea. Even if yours isn't singled out, you will still have contributed to a lively and creative process.



## NINE

**6.00** GMA. **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Destination WA. **12.30** The Middle. (PG) **1.00** Rugby League. Intrust Super Cup. Round 10. Redcliffe Dolphins v Northern Pride. **3.00** Netball. Super Netball. Round 3. Melbourne Vixens v Queensland Firebirds. **5.00** News. **5.30** Getaway. (PG) **6.00** Nine News. **7.00** Movie: Ghostbusters. (PG) (2016) Melissa McCarthy. **9.30** Movie: Miss Congeniality. (M) (2000) Sandra Bullock, Michael Caine. An FBI agent goes undercover in a beauty pageant. **11.45** Movie: Stonehearst Asylum. (M) (2014) Jim Sturgess. **2.00** TV Shop. **2.30** Step Dave. (M) **3.30** Getaway. (PG) **4.00** Destination WA. **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

## GO!

**6.00** Children's Programs. **12.00** Move It. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Yu-Gi-Oh! (PG) **2.30** Tom And Jerry. **3.00** Gumball. **3.30** Ben 10. (PG) **4.00** Teen Titans. (PG) **4.30** Steven Universe. (PG) **5.00** WWE Slam City. (PG) **5.10** Movie: Scooby-Doo! WrestleMania Mystery. (PG) (2014) **7.00** Movie: Jimmy Neutron: Boy Genius. (G) (2001) **8.40** Movie: The Mask Of Zorro. (M) (1998) **11.30** 2 Broke Girls. (M) **12.00** Adult Swim. (MA15+) **12.30** China, IL. (MA15+) **1.00** Total Divas. (M) **2.00** Best Ink. (M) **3.00** Surfing Australia TV. **3.30** Kate And Mim-Mim. **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** To Be Advised. **1.30** To Be Advised. **3.00** To Be Advised. **4.00** To Be Advised. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: Iron Man 2. (PG) (2010) Robert Downey Jr, Mickey Rourke. **9.30** Movie: Deadpool. (MA15+) (2016) Ryan Reynolds, Morena Baccarin, T.J. Miller. A mutant hunts for the person responsible for the experiments which gave him accelerated healing powers. **11.45** The Goldbergs. (PG) **12.15** Code Black. (M) **1.15** Harry's Practice. Information about pet care. **2.00** Shopping. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

## 7TWO

**6.00** Shopping. **8.00** Travel Oz. (PG) **9.30** Harry's Practice. **10.00** The Great Outdoors. **11.00** Room For Improvement. **11.30** NBC Today. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. **3.00** Qld Weekender. **3.30** The Great Day Out. **4.00** Creek To Coast. **4.30** SA Weekender. **5.00** Crash Investigation Unit. (PG) **5.30** Air Crash Investigation. (PG) **7.30** Inside King's Cross: The Railway. (PG) **8.30** Escape To The Country. A newlywed couple plan to escape London. **10.30** Escape To The Continent. **11.45** Crash Investigation Unit. (PG) **12.15** Vasil's Garden. **1.00** Psychic TV. (M) **4.00** Sydney Weekender. **4.30** Travel Oz. (PG)

## TEN

**6.00** The Home Team. **6.30** The Renovation King. **7.00** RPM. **8.00** Family Feud. **8.30** GCBC. **9.00** Everyday Gourmet. **9.30** St10. (PG) **12.00** The Living Room. **1.00** A Taste Of Travel. (PG) **1.30** My Market Kitchen. **2.00** Life Inside The Markets. **2.30** Travels With The Bondi Vet. (PG) **3.00** Pooches At Play. **3.30** 15-Min Meals. **4.00** What's Up Down Under. **4.30** Escape Fishing. **5.00** News. **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Natural Curiosities. **7.00** David Attenborough's Natural Curiosities. (M) **8.45** Meghan Markle: The First American Princess. Takes a look at Meghan Markle's life. **10.15** To Be Advised. **11.15** 48 Hours. (M) **12.30** Shopping. **4.30** The Table. **5.00** Hour Of Power.

## ONE

**6.00** Shopping. **8.00** MacGyver. (PG) **9.00** Cheers. (PG) **10.00** Monster Jam. **11.00** Star Trek: Voyager. (PG) **12.00** Diagnosis Murder. (PG) **2.00** Motor Racing. Dunlop Super2 Series. Round 3. Perth SuperSprint. From Barbagallo Raceway, Perth. **3.00** The Offroad Adventure Show. **4.00** MacGyver. (PG) **5.00** Merv Hughes Fishing. **5.30** Bondi Rescue. (PG) **6.00** Cops. (PG) **6.30** Scorpion. (PG) **7.30** MacGyver. (M) **8.30** Hawaii Five-0. (M) **10.30** NCIS. (M) **11.30** 48 Hours. (MA15+) **12.30** Highlander. (M) **1.30** RPM. **2.30** Motorcycle Racing. MotoGP. Race 4. Spanish Grand Prix. Replay. From Circuito de Jerez, Andalucia, Spain. **4.00** Operation Repo. (PG) **4.30** Highlander. (M) **5.30** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **10.00** Rage. (PG) **11.00** Think Tank. **12.00** ABC News At Noon. **12.30** Two Men In China. (PG) **1.30** First Person Kodachrome. (PG) **2.00** Can We Save The Reef? **3.00** Kakadu. (PG) **4.00** Landline. **4.30** Jallaroo School. (PG) Final. **5.00** Antiques Roadshow. **6.00** Compass. **6.30** Back Roads. **7.00** ABC News. **7.30** Father Brown. (PG) **8.15** The Royal Wives Of Windsor. **10.00** Inspector George Gently. (M) Final. **11.30** The Level. (M) **12.15** Wentworth. (MA15+) **1.05** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **5.40** Noddy Toyland Detective. **5.55** Jamillah And Aladdin. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Play School's Story Time. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? **8.30** Live At The Apollo. (M) **9.15** Comedy Next Gen. (MA15+) **10.15** Comedy Up Late. (M) **10.45** Penn & Teller: Fool Us. (PG) **11.25** Dead Boss. **11.55** The Librarians (M) **12.25** The Librarians (M) **12.50** Inside Amy Schumer. (M) **1.10** An Idiot Abroad. (MA15+) **1.55** Live At The Apollo. (M) **2.40** The Office. (M) **3.10** The Office. (M) **3.40** News Update. **3.45** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Small Business Secrets. **2.30** Gymnastics. FIG World Cup. Individual all-around competition. **4.35** Million Dollar American Princesses. (PG) **5.30** Supervet. (PG) **6.30** News. **7.30** Eurovision Top 40 Controversies. **9.30** Spice Girls: Girl Power! Live In Istanbul. **11.15** Movie: Two Days, One Night. (M) (2014) **1.00** Unity: The Latin Tribute To Michael Jackson. **2.20** Eurovision Choir Of The Year. **4.25** Food Lover's Guide. **4.55** Destination Flavour Bitesize. **5.00** Eurovision Song Contest 2018.

## SBS VLND

**6.00** WorldWatch. **9.30** Serbian News. **10.00** Dutch News. **10.30** Hungarian News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Insight. **1.00** Jungletown. (PG) **1.45** Cloning The Woolly Mammoth. (PG) **2.35** VICE. (PG) **3.05** Balls Deep. (PG) **3.30** Flight 920. (PG) **4.20** VICE World Of Sports. (PG) **4.45** Rivals. (PG) **5.10** A Good Day To Die. (PG) **5.35** MythBusters. (PG) **6.30** RockWiz. (PG) **7.30** Movie: A Fish Called Wanda. (M) (1988) **9.25** Eurovision Song Contest 2018. **11.55** Movie: Starred Up. (MA15+) (2013) **1.45** The Movie Show. **2.15** The Movie Show. **2.45** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.

## AUSTAR

## MOVIES

**6.40pm** Little Miss Sunshine (2006) Comedy. Abigail Breslin, Toni Collette. **8.30pm** The Boat That Rocked (2009) Comedy. Bill Nighy, Nick Frost. (M) Comedy

## GENERAL

**5.00pm** The Fosters. (M) FOX8  
**7.30pm** Saturday Night Live. (M) Comedy Channel  
**8.30pm** Just For Laughs. (MA15+) Comedy Channel

## DOCUMENTARY

**6.00pm** Legendary Cities. (PG) History  
**7.30pm** Nightmare Next Door. (M) TLC  
**9.30pm** The Penalty. (M) Crime & Investigation

## SPORT

**5.00pm** Football. AFL. Round 8. Port Adelaide v Adelaide. Fox Footy  
**7.30pm** Rugby Union. Super Rugby. Round 13. Brumbies v Melbourne Rebels. Fox Sports 501  
**7.35pm** Rugby League. NRL. Round 10. Manly Sea Eagles v Brisbane Broncos. Fox League

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1205



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Authorised by Luke Howarth MP, Liberal National Party, 40 Hornibrook Esplanade, Clontarf QLD 4019





## PANIYIRI GREEK FESTIVAL

Date: Saturday May 19 - Sunday May 20

Location: Musgrave Park & The Greek Club, Edmondstone Street, South Brisbane

Cost: Adults \$12, Kids under 13 are free

Brisbane's famous Paniyiri Greek Festival will take over the city in a haze of haloumi-flavoured smoke and Zorba-inspired high kicks, organisers have promised a two-day celebration of authentic flavours, faces and culture with free public transport to and from the event! So, calling all fans of food, fun, dance, music and flavour-driven festival vibes: diarise May 19 and 20 for the most authentic celebration of the year.

This year all Paniyiri ticket holders travel free on network-wide Brisbane City Council buses and Queensland Rail City Network trains thanks to a partnership between Paniyiri and TransLink (must present valid ticket when boarding, see website for details).

Tickets are available now online at [www.paniyiri.com](http://www.paniyiri.com)

MAY 19-  
MAY 20

## INTERNATIONAL CAKE SHOW

Date: Friday 18th May to Sunday 20th May, 2018

Location: Brisbane Showgrounds Exhibition Building, Upper Level Gregory Terrace, Bowen Hills

Cost: Early Bird Online Booking \$24 per day

The world's best cake artists are coming to town when Brisbane hosts the International Cake Show Australia in May. The International Cake Show Australia (ICSA) will be held at Brisbane Showgrounds Exhibition Building in Bowen Hills from Friday 18th May to Sunday 20th May in 2018. Thousands of edible artists, cake decorators, cake bosses, professional pastry chefs, bakers, chocolatiers, home hobbyist decorators and food personalities from across the globe will converge on Brisbane to battle it out in 22 categories across the three days, with the general public invited to view and take part in a full program of masterclasses, activations, entertainment and more.

In addition to the spectacular competition and general public programs, there is an exhibition and pop up shops where associated food and product manufacturers, distributors, wholesalers, food and product service agents and retailers will display the very latest in decorating and all that is sweet. International Cake Show Australia is hosted by the Australian Cake Artists and Decorators Association. For more info and tickets visit [www.acada.com.au](http://www.acada.com.au)

MAY  
18-20

## WELCOME TO THE WHALES

Date: Sunday, 27 May 2018, 3.00pm – 8.00pm

Location: Scarborough Beach Park, Scarborough

Cost: FREE

It's almost whale season, with Brisbane's best whale watching experience - Brisbane Whale Watching - kicking off its season on June 2 (look out for our upcoming competition). To celebrate the arrival of whales as they make their way through the waters of Moreton bay there's a special event this year at Scarborough Beach Park on Sunday, 27 May from 3pm.

It's a free, family-friendly celebration that will include stage entertainment, a 'Whale Wishes' ceremony, giant whale sand sculptures, indigenous welcome, food trucks, beach fire pits, outdoor movie as well as a Science Festival with free activities and workshops.

MAY  
27

## 12TH NIGHT (QUEENSLAND THEATRE)

Date: 28 Apr to 19 May 2018

Location: The Playhouse Southbank

A shipwreck sets in motion a wild and whimsical tale of mistaken identities, separated twins, rebellious servants, unrequited love and a pair of ridiculous yellow stockings. After the twelfth night, the land of Illyria will never be the same.

Washed ashore and separated from her twin brother, the plucky Viola must learn to survive alone in an exotic foreign country. Disguising herself as a man, she quickly becomes entangled in a web of amorous pursuits gone awry. As Cupid's arrows send dukes and countesses running in disastrous directions, a wacky entourage of servants and drunken freeloaders watch on in amusement. All the while, Viola must fight to ensure nothing blows her cover.

Shakespeare's hilarious and lovable characters are brought to life through all new songs by legendary composer Tim Finn (Ladies in Black, Split Enz, Crowded House) and a cast of comedic greats including Jason Klarwein, Christen O'Leary and Jessica Tovey.

More info and tickets via [www.qpac.com.au](http://www.qpac.com.au)

APR 28  
-MAY 19

TO ADD YOUR EVENT TO THIS PAGE FOR FREE VISIT [WWW.NORTHLAKESMESSENGER.COM.AU](http://WWW.NORTHLAKESMESSENGER.COM.AU)

## NINE

**6.00** Good Morning America: Saturday. **7.00** Weekend Today. **10.00** Sports Sunday. (PG) **11.00** NRL Sunday Footy Show. (PG) **1.00** Netball. Super Netball. Round 3. NSW Swifts v Giants. From Qudos Bank Arena, Sydney. **3.00** Sunday Football Preview. **4.10** Rugby League. NRL. Round 10. Canberra Raiders v Cronulla Sharks. From GIO Stadium, Canberra. **6.00** Nine News. **7.00** The Voice. **8.30** 60 Minutes. **9.30** Harry And Meghan: A Love Story. **10.30** The Innocence Network. (M) **11.30** Major Crimes. (M) **12.30** Cold Case. (M) **1.30** South Aussie With Cusi. **2.00** It's All Greek To Me. (PG) **2.30** Global Shop. **3.00** The Baron. (PG) **4.00** Good Morning America: Sunday. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Ninjago. (PG) **12.00** Turning Mecard. (PG) **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Steven Universe. (PG) **2.00** Yo-Kai. (PG) **2.30** Tom And Jerry. **3.00** Gumball. (PG) **3.30** Teen Titans. (PG) **4.00** Be Cool, Scooby-Doo! (PG) **4.30** Britain's Got Talent. (PG) **6.00** Big Bang. (PG) **8.00** Young Sheldon. (PG) **8.30** Movie: San Andreas. (M) (2015) **10.45** Big Bang. (PG) **12.10** Adult Swim. (MA15+) **12.40** China, IL. (MA15+) **1.05** Tattoo Fixers. (MA15+) **2.00** Most Terrifying Places In America. (MA15+) **3.00** Yo-Kai. (PG) **3.30** Kate And Mim-Mim. **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** Business Builders. (PG) **1.30** Bewitched. **2.00** To Be Advised. **3.00** To Be Advised. **4.00** Better Homes. **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** House Rules. (PG) Hosted by Johanna Griggs. **8.30** Miniseries: Olivia Newton-John: Hopelessly Devoted To You. (PG) Part 1 of 2. Charts the life and career of iconic Australian performer Olivia Newton-John. **10.30** Criminal Confessions. (M) A single mother is found dead. **11.30** Blindspot. (M) **12.30** The Windsors. (M) Final. **1.30** Bad Teacher. (M) **2.00** Shopping. **3.30** Harry's Practice. **4.00** The Great Outdoors. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** To Be Advised. **9.30** Harry's Practice. **10.00** House Of Wellness. (PG) **11.00** Australia's Best Backyards. **11.30** NBC Today. **12.30** Room For Improvement. **1.45** Escape To The Continent. **3.00** Escape To The Country. **5.00** Inside King's Cross: The Railway. (PG) **6.00** Mighty Ships. **7.00** Motorway Patrol. (PG) **7.30** Border Security: Int. (PG) **8.30** Border Security. (PG) Narrated by Grant Bowler. **10.30** Rugby Union. World Series Rugby. Western Force v Tonga. **12.30** Psychic TV. (M) **3.30** Room For Improvement. **4.30** The Hairy Bikers' Northern Exposure. (PG)

## TEN

**6.00** Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** GCBC. **8.30** Cook's Pantry. **9.00** Australia By Design: Innovation. **9.30** St10. (PG) **12.00** Photo Number 6. **1.00** Everyday Gourmet. **1.30** To Be Advised. **2.45** To Be Advised. **4.00** RPM. **5.00** News. **6.00** Family Feud. **6.30** The Sunday Project. **7.30** MasterChef Aust. The 23 contestants enter the kitchen for the first mystery box challenge of the season. **9.00** Roseanne. Roseanne's clash with Darlene over how she is raising her kids reaches breaking point. **9.30** NCIS. Evidence reveals that an NCIS team member is a hitman's latest target. **10.30** SEAL Team. **11.30** The Sunday Project. **12.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Rugby Union. Super Rugby. Round 13. Brumbies v Melbourne Rebels. Replay. From GIO Stadium, Canberra. **10.00** Operation Repo. (PG) **10.30** Escape Fishing With ET. **11.00** Life Inside The Markets. **11.30** Bondi Rescue. (PG) **12.00** Reel Action. **1.00** Pat Callinan's 4x4 Adventures. **2.00** Monster Jam. **4.00** Places We Go. **4.30** Pooches At Play. **5.00** What's Up Down Under. **5.30** iFish. **6.00** Bondi Rescue. (PG) **6.30** Scorpion. (PG) **7.30** NCIS: Los Angeles. (M) **8.30** Ambulance. (M) **9.45** CSI: NY. (M) **10.45** CSI: NY. (MA15+) **11.45** VF Confidential. (M) **12.45** Highlander. (M) **1.45** RPM. **2.45** Operation Repo. (PG) **3.45** The Doctors. (M) **4.45** Highlander. (M) **5.45** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** World This Week. **11.00** Compass. **11.30** Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Aust. **2.30** Ask The Doctor. (PG) **3.00** Antiques Roadshow. **4.00** The Mix. **4.30** Children's Programs. **4.55** To Be Advised. **5.15** Father Brown. (PG) **6.00** The Checkout: Factory Seconds. (PG) **6.30** Julia Zemiro's Home Delivery. **7.00** ABC News Sunday. **7.40** Prince Harry's Story: Four Royal Weddings. **8.40** Miniseries: Agatha Christie's Ordeal By Innocence. (M) **9.40** Miniseries: National Treasure. (M) **10.30** Harrow. (M) Final. **11.25** Silent Witness. (M) Final. **12.25** Miniseries: National Treasure. (M) **1.15** Rage. (MA15+) **5.00** Insiders.

## ABC COM

**6.00** Children's Programs. **5.10** WildWoods. **5.25** Kazoops! **5.30** Peppa Pig. **5.40** Noddy Toyland Detective. **5.55** Jamillah And Aladdin. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Play School's Story Time. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Penn & Teller: Fool Us. (PG) **8.40** Kitty Flanagan: Hello Kitty. (M) **10.10** Alan Davies: As Yet Untitled. (M) **10.55** Adam Hills: The Last Leg. (M) **11.35** W1A. (M) **12.05** Plebs. (M) **12.30** Zapped. (M) **1.00** Free Agents. (MA15+) Final. **1.25** The Thick Of It. (MA15+) **1.55** Dirty Laundry. (M) **2.40** News Update. **2.45** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** Eurovision Song Contest 2018. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Speedweek. **3.00** The Bowls Show. **4.00** Football's Greatest Stage. **4.30** FIFA 2018 World Cup: Road To Russia. **5.00** Small Business Secrets. **5.30** Secrets of Eurovision. **6.30** SBS World News. **7.30** Eurovision Song Contest 2018. **11.30** Soccer. EPL. **2.20** Censored Voices: 6 Day War. (M) **3.25** Hunters Of The South Seas. (PG) **4.25** Food Lovers' Guide To Australia. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle English News. **5.40** Cycling. UCI World Tour. Tour Of California. Stage 1. Men's Overall Start.

## SBS VLND

**6.00** WorldWatch. **9.00** PopAsia TV. (PG) **10.00** WorldWatch. **12.00** Insight. **1.00** Front Up. **1.30** 10,000 BC. (PG) **2.20** Gaycation. (PG) **3.10** Most Expensivest. (PG) **3.35** The Therapist. (PG) **4.00** Motherboard. (PG) **4.25** Donald Trump's First Year. (PG) **5.15** Vs Arashi. (PG) **6.10** If You Are The One. (PG) **7.20** If You Are The One. (PG) **8.30** The Island: Men's Island. (M) **9.30** Mutiny. (M) **10.25** Adam Looking For Eve. (MA15+) **11.20** Adam Looking For Eve. (MA15+) **12.10** Sex Box USA. (M) **1.00** The VICE Guide To North Korea. (M) **2.10** Outsider: World's Weirdest Films. (M) **2.35** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** WorldWatch.



## MOVIES

**8.30pm Girls Trip** (2017) Comedy. Queen Latifah, Jada Pinkett Smith. (MA15+) **Premiere**  
**8.30pm Allied** (2016) Drama. Brad Pitt, Marion Cotillard. (M) **Masterpiece**

## GENERAL

**7.30pm Tonight At The London Palladium.** UKTV  
**8.30pm Picnic At Hanging Rock.** (MA15+) **Showcase**  
**8.30pm The Graham Norton Show.** (M) UKTV

## DOCUMENTARY

**7.30pm Rocky Mountain Railroad.** (PG) **Discovery**  
**8.30pm Planet Of The Birds.** *National Geographic Wild*  
**8.30pm World's Most Evil Killers.** (M) **Crime & Investigation**

## SPORT

**1.00pm Football.** AFL. Round 8. North Melbourne v Richmond. *Fox Sports 503*  
**3.20pm Football.** AFL. Round 8. Collingwood v Geelong. *Fox Footy*  
**5.20pm Motor Racing.** GP3 Series. Round 1. Spanish Grand Prix. Race 2. *Fox Sports 506*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1305

## OPEN DISPLAY HOME

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** The Voice. **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** The Voice. **9.00** Adele: Live In London. (PG) **10.20** 100% Footy. (M) **11.20** Two And A Half Men. (PG) **11.45** Two And A Half Men. (M) **12.10** Rizzoli & Isles. (MA15+) **1.05** Postcards. (PG) **1.30** TV Shop: Home Shopping. **2.00** Extra. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Car SOS. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon The Series: Sun & Moon. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie: I Am Legend. (M) (2007) **10.30** Big Bang. (PG) **12.00** 2 Broke Girls. (M) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst Evolution. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **1.30** Surf Patrol. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Robbo has to say goodbye to Summer Bay. **7.30** House Rules. (PG) Jess and Jared return to their renovated home after a seven-day transformation. **8.45** The Mentor. (PG) Two sisters venture into a new bakery business that specialises in gluten-free loaves. **9.45** The Resident. (M) Devon and Conrad try to save the life of a woman who is deteriorating fast from undetermined symptoms. **10.45** The Blacklist. (M) **11.45** Blindspot. (M) **12.45** Talking Footy. **2.30** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Art. **7.30** Kitty Is Not A Cat. **8.00** Jay's Jungle. **8.30** Million Dollar Minute. **9.30** Auction Squad. **10.30** Mighty Ships. **11.30** Room For Improvement. **12.00** Harry's Practice. **1.00** Rugby Union. World Series Rugby. Western Force v Tonga. Replay. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. (PG) **8.30** Lewis. (M) **10.30** Blue Murder. (M) **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** Auction Squad. **2.00** Towards The Golden Triangle. **3.00** Escape To The Country. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Late Programs.

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** To Be Advised. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. **8.30** Have You Been Paying Attention? Return. Guests include Ed Kavalee, Sam Pang, Jane Kennedy, Kitty Flanagan and Anne Edmonds. **9.30** 2017 Montreal Comedy Festival. (M) Stand-up comedy from Danny Bhoj, Katherine Ryan, Steve Martin, Tommy Tiernan and many others. **10.30** Man With A Plan. (PG) **11.00** The Project. **12.00** Stephen Colbert. (PG) **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** RPM. **9.00** iFish. **9.30** A Taste Of Travel. **10.00** Healthy Homes Australia. **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** Get Smart. (PG) **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Planet Earth. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** NCIS. (M) **10.30** Motor Racing. Formula 1. Race 5. Spanish Grand Prix. Highlights. From Circuit de Barcelona-Catalunya, Barcelona, Spain. **11.30** Super Rugby Extra Time. **12.30** Home Shopping. **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** The Doctors. (M)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Restoration Man. (PG) **11.00** The Real Camilla: Duchess Of Cornwall. (PG) **12.00** ABC News At Noon. **1.00** Landline. **2.00** Slow Train Through Africa. **3.10** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. **7.00** ABC News. **7.30** 7.30. **8.00** Australian Story. **8.30** Four Corners. **9.15** Media Watch. (PG) **9.35** Q&A. **10.40** ABC Late News. **11.10** The Business. **11.30** Golf. PGA Tour. The Players Championship. Highlights. **12.20** Slow Train Through Africa. **1.15** Rage. (MA15+) **2.20** Movie: Rites Of Passage. (M) (2013) Chaise Barbic. Skie Carlson. **3.40** Restoration Man. **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Librarians. (M) **8.25** The Librarians. (M) **9.00** Buzzcocks. (M) **9.30** Kitty Flanagan: Hello Kitty. (M) **10.55** Red Dwarf. (PG) **11.25** The Office. (PG) **11.45** 30 Rock. (M) **12.10** Parks And Recreation. (PG) **12.30** Broad City. (M) **12.50** Inside Amy Schumer. (M) **1.10** Buzzcocks. (M) **1.40** Red Dwarf. (PG) **2.10** The Office. (PG) **2.30** 30 Rock. (M) **3.00** Parks And Recreation. (PG) **3.20** Broad City. (M) **3.40** News Update. **3.45** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** Cycling. UCI World Tour. Tour Of California. Stage 1. Men's Overall Start. Continued. **9.00** WorldWatch. **2.00** André Rieu: Forever Vienna. **3.00** Soccer. EPL. Replay. **5.30** Letters And Numbers. **6.00** River Cottage Australia. **6.30** News. **7.35** Elizabeth. (M) **8.30** Michael Mosley: Trust Me, I'm A Doctor. (PG) **9.30** 24 Hours In Emergency. (M) **10.30** SBS News. **11.00** The World Game. **11.30** Movie: Charlie Countryman. (MA15+) (2013) **1.25** Ride Upon The Storm. (M) **2.35** Ride Upon The Storm. (MA15+) **3.40** Ride Upon The Storm. (MA15+) **4.50** UK Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle. **5.40** Cycling. UCI World Tour. Tour Of California. Stage 2. Men's.

## SBS VLND

**6.00** WorldWatch. **8.30** Macedonian News. **9.00** Croatian News. **9.30** Serbian News. **10.00** Dutch News. **10.30** Tamil News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Lope. (M) (2010) **2.00** The Island. (M) **2.55** Vs Arashi. (PG) **3.50** The Mindy Project. (M) **4.20** Rivals. (PG) **5.10** News. **5.35** If You Are The One. **6.35** Batman. (PG) **7.05** Batman. (PG) **7.35** The Feed. **8.05** Travel Man. **8.35** Eurovision Song Contest 2018. **12.25** Holland's Hope. (MA15+) **1.20** Holland's Hope. (M) **2.20** The Trixie & Katya Show. (MA15+) **2.45** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**8.30pm The Mask** (1994) Comedy. Jim Carrey, Cameron Diaz. (PG) **Comedy**  
**8.30pm The Sweetest Thing** (2002) Comedy. Cameron Diaz, Christina Applegate. (MA15+) **Romance**  
**10.05pm Definitely, Maybe** (2008) Comedy. Ryan Reynolds, Elizabeth Banks. (PG) **Romance**

## GENERAL

**7.00pm The Real Princess Diaries: From Diana To Meghan.** (M) **E!**  
**8.30pm Tin Star.** (MA15+) **BBC First**  
**8.30pm Law & Order: SVU.** (MA15+) **Universal Channel**

## DOCUMENTARY

**7.30pm Earth Signs From Above.** (M) **FoxTel Arts**  
**8.30pm Jamie & Jimmy's Food Fight Club.** (M) **Lifestyle Food**

## SPORT

**7.00pm Tennis.** ATP World Tour. Italian Open. First round. **ESPN2**  
**7.30pm AFL 360.** **Fox Footy**  
**8.00pm Surfing.** World League. Round 4. Rio Pro. Day 4. **Fox Sports 505**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1405

# RODENT PROBLEM?



A scratching in your ceiling or walls is often indicative that you have some unwelcome guests living in your home. Rodents become more of a problem during the colder winter months as they move inside seeking warmth and shelter. They are carriers of germs and disease, and ridding them from your home should be a top priority.

A professional pest technician from Sandgate Pest Control can visit your home, identify the entry points and nesting areas and then apply the treatment to ensure that the entire population is removed. As a part of this treatment a free service period will be provided, along with advice on how you can rodent proof your home.

Rodent proofing doesn't have to be difficult, and the advice given by Sandgate Pest Control technicians can be easily completed by homeowners after the treatment. Once implemented, rodent proofing reduces the risk of future infestations. But what must be remembered is that rodent proofing won't remove rodents currently living in your home; it will only help prevent them from returning in future.

So if you are hearing a scratching in your walls or ceilings, or seeing the little droppings they leave behind, the best course of action is to have a treatment completed by Sandgate Pest Control and then follow the advice given by the qualified technician to rodent proof your home.

For more information about rodents or the services Sandgate Pest Control provide, please visit their website [www.sandgatepest.com.au](http://www.sandgatepest.com.au) or contact their friendly office staff on 3269 6198.

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## Did you know...

If you have left your home because of domestic violence, you can ask the Court for an order allowing you to return home with police officers to collect your personal belongings. Contact us to find out more.

## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** The Voice. **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Eat Well For Less? (PG) **9.00** Meghan Markle: The First 100 Days. **10.00** Beauty And The Beach. (M) **11.00** Mom. (M) **11.30** Mom. (M) **12.00** 20/20. **1.00** The Closer. (M) **2.00** Extra. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Real, Fake Or Unknown. (PG) **8.30** Movie: Non-Stop. (M) (2014) **10.40** Big Bang. (PG) **11.10** Best Ink. (M) **12.05** 2 Broke Girls. (M) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst Evolution. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **1.15** Surf Patrol. **1.45** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** House Rules. (PG) The competition heads to Queensland, where Mel and Dave live in the worst house in the best street. **8.45** Interview. (M) Andrew Denton interviews a range of fascinating people in an effort to find out what makes them tick. **9.45** Grey's Anatomy. (M) Alex and Jo take a road trip to Iowa. **10.45** Grey's Anatomy. (M) **11.45** Grimm. (M) Return. **12.45** Cosmetic Coffee. (M) **1.15** Hannibal. (MA15+) **2.30** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Art. **7.30** Kitty Is Not A Cat. **8.00** Jay's Jungle. **8.30** Million Dollar Minute. **9.30** Auction Squad. **10.30** To Be Advised. **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Vicar Of Dibley. (PG) **8.30** Inspector Morse. (M) A man, who was accused of murdering a number of young girls, is killed in prison. **10.30** Suspects. (M) **11.30** Bargain Hunt. **1.00** Auction Squad. **2.00** Jarunee: The Singing Ape. **3.00** Escape To The Country. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Contestants compete for immunity. **8.45** Shark Tank. Return. A panel of business people is pitched inventions, including a drone-education program. **9.45** NCIS: LA. (M) Callen, Sam and Nell travel to the Angeles Forest to search for pieces of a failed rocket launch. **10.45** NCIS: LA. (M) **11.45** The Project. **12.45** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Super Rugby Extra Time. **9.00** Get Smart. (PG) **10.00** Healthy Homes Australia. **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Planet Earth. (PG) **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Super Rugby Extra Time. **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Planet Earth. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** 48 Hours. (M) **9.30** VF Confidential. (MA15+) **10.30** CSI: Miami. (M) **11.30** CSI: Miami. (MA15+) **12.30** Home Shopping. **2.00** Star Trek: Voyager. (PG) **3.00** Matlock. (M) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (M)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Restoration Man. **11.00** Think Tank. **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Slow Train Through Africa. **3.00** Surfing The Menu: TNG. **3.25** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. **7.00** ABC News. **7.30** 7.30. **8.00** The Checkout: Factory Seconds. (PG) **8.30** Brian Cox: The 21st Century Race For Space. **9.30** A Stargazer's Guide To The Cosmos. **10.30** ABC Late News. **11.00** The Business. **11.15** Q&A. **12.20** Doctor Who. (PG) **1.10** Slow Train Through Africa With Griff Rhys Jones. **2.05** Rage. (MA15+) **3.40** Restoration Man. **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Office. (M) **8.30** The Office. (M) **9.00** Buzzcocks. (M) **9.30** Plebs. (M) **9.55** Zapped. (M) **10.25** Red Dwarf. (PG) **10.55** The Office. (PG) **11.20** 30 Rock. (M) **11.40** Parks And Recreation. (PG) **12.00** Broad City. (MA15+) **12.20** Inside Amy Schumer. (MA15+) **12.45** Buzzcocks. (M) **1.15** Red Dwarf. (PG) **1.45** The Office. (PG) **2.10** 30 Rock. (M) **2.35** Parks And Recreation. (PG) **2.55** Broad City. (MA15+) **3.15** News Update. **3.20** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** Cycling. UCI World Tour. Tour Of California. Stage 2. Men's. Continued. **9.00** WorldWatch. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Raising The Curtain. (PG) **3.00** Nigella Bites. **3.30** End Of The Solar System. **4.30** Building Hitler's Supergun. (PG) **5.30** Letters And Numbers. **6.00** River Cottage Australia. (PG) **6.30** News. **7.30** Who Do You Think You Are? (PG) **8.30** Insight. **9.30** Dateline. **10.30** SBS News. **11.00** Bad Banks. (MA15+) **12.00** Bad Banks. (M) **1.00** Movie: Lady Chatterley. (M) (2006) **3.30** STUDIO At The MEMO With Tim Rogers. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Miniseries: The Secret Life Of Marilyn Monroe. (M) **1.35** Fashionista. **1.45** 365. (PG) **1.50** The Island. (M) **2.45** PopAsia TV. (PG) **3.45** The Mindy Project. (PG) **4.10** VICE World Of Sports. (PG) **4.35** VICE World Of Sports. (PG) **5.00** 365. (PG) **5.05** News. **5.30** If You Are The One. **6.30** Batman. (PG) **7.00** Batman. (PG) **7.30** The Feed. **8.00** Going Deep With David Rees. (PG) **8.30** Housos. (MA15+) **9.00** Housos. (MA15+) **9.30** Hate Thy Neighbour. (MA15+) **10.20** Hate Thy Neighbour. (MA15+) **11.15** Cocaine Of The Poor. (MA15+) **12.05** News. **12.30** Desus And Mero. (M) **12.55** Gay Conversion Therapy. (M) **1.45** Black Market. (MA15+) **2.10** The Feed. **2.40** WorldWatch.



## MOVIES

**6.25pm** Maudie (2017) Drama. Sally Hawkins, Ethan Hawke. (PG) **Masterpiece** **8.30pm** The Beguiled (2017) Drama. Nicole Kidman, Kirsten Dunst. (M) **Masterpiece** **8.30pm** War Dogs (2016) Comedy. Jonah Hill, Miles Teller. (M) Comedy

## GENERAL

**8.30pm** Gunpowder. (MA15+) BBC First **8.30pm** Supergirl. (M) FOX8 **9.30pm** Southern Charm New Orleans. (M) Arena

## DOCUMENTARY

**8.30pm** Levison Wood: From Russia To Iran. (PG) BBC Knowledge **8.30pm** Paul Hollywood: A Baker's Life. (PG) Lifestyle Food

## SPORT

**6.30pm** NRL 360. Fox League **8.30pm** Open Mike. Fox Footy **9.15pm** Cycling. UCI World Tour. Giro d'Italia. Stage 10. Penne to Gualdo Tadino. Eurosport

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1505

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## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The  
 Ellen DeGeneres Show. (PG) **1.00**  
 Extra. **1.30** Eat Well For Less? (PG)  
**3.00** News Now. **4.00** Afternoon  
 News. **5.00** Millionaire Hot Seat.  
**6.00** Nine News. **7.00** A Current  
 Affair. **7.30** Young Sheldon. (PG)  
**8.00** The Big Bang Theory. (PG)  
**8.30** Britain's Got Talent. **10.00**  
 Young Sheldon. (PG) **10.30** The  
 Big Bang Theory. (PG) **11.00**  
 Embarrassing Bodies Down Under.  
 (MA15+) **12.00** House Husbands.  
 (M) **1.00** Murder In The First. (M)  
**2.00** Extra. **2.30** Global Shop.  
**3.00** Skippy The Bush Kangaroo.  
**3.30** Good Morning America. **5.00**  
 News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00**  
 Friends. (PG) **12.00** Total Divas. (M)  
**1.00** Dawson's Creek. (PG) **2.00**  
 Children's Programs. **4.00** Kids'  
 WB. (PG) **4.05** Teen Titans. (PG)  
**4.30** Ben 10. (PG) **5.00** Adv Time.  
 (PG) **5.30** Regular Show. (PG) **6.00**  
 Friends. (PG) **7.00** Big Bang. (PG)  
**7.30** Top Gear: Burma. (PG) **9.00**  
 Movie: Blade: Trinity. (MA15+)  
 (2004) **11.15** Big Bang. (PG) **11.45**  
 2 Broke Girls. (M) **12.15** Friends.  
 (PG) **1.15** Aqua Teen Hunger  
 Force. (M) **1.30** Regular Show.  
 (PG) **2.00** Adv Time. (PG) **2.30**  
 Pokémon The Series: Sun & Moon.  
**3.00** Ben 10. (PG) **3.30** Beyblade  
 Burst Evolution. **4.00** Teen Titans.  
 (PG) **4.30** Yu-Gi-Oh! (PG) **4.50**  
 Power Rangers Dino Super.  
 (PG) **5.10** Regal Academy. **5.30**  
 Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00** To  
 Be Advised. **1.15** Surf Patrol. **1.45**  
 Daily Edition. **3.00** The Chase.  
**4.00** News. **5.00** The Chase Aust.  
**6.00** News. **7.00** Home And  
 Away. (PG) **7.30** House Rules.  
 (PG) Hosted by Johanna Griggs.  
**8.45** Modern Family. (PG) When  
 Jay's friend Shorty returns from  
 Costa Rica for a visit, he spends  
 more time with Gloria than Jay.  
**9.15** Modern Family. (PG) Phil  
 and Claire want to celebrate  
 Halloween but no one seems to  
 share their enthusiasm. **9.45** Back  
 With The Ex. (M) The couples  
 trade houses. **10.55** Hell's Kitchen  
 USA. (MA15+) **12.00** Heroes  
 Reborn. (M) **1.00** Heroes Reborn.  
 (M) **2.00** Shopping. **4.00** NBC  
 Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's  
 Practice. **7.00** Get Arty. **7.30** Kitty  
 Is Not A Cat. **8.00** Jay's Jungle.  
**8.30** Million Dollar Minute. **9.30**  
 Auction Squad. **10.30** To Be  
 Advised. **11.30** NBC Today. **2.00**  
 Million Dollar Minute. **3.00** Harry's  
 Practice. **3.30** Auction Squad.  
**4.30** Animal Rescue. **5.00** Medical  
 Emergency. (PG) **5.30** Escape To  
 The Country. **6.30** Bargain Hunt.  
**7.30** Pie In The Sky. (PG) **8.30**  
 A Touch Of Frost. (M) Detective  
 Inspector Jack Frost is called to  
 the scene after a bus driver and a  
 passenger are kidnapped. **10.30**  
 Autopsy USA. (MA15+) **11.30**  
 Bargain Hunt. **12.30** Harry's  
 Practice. **1.00** Auction Squad.  
**2.00** Shopping. **4.00** Million Dollar  
 Minute. **5.00** Animal Rescue. **5.30**  
 Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold.  
 (PG) **7.30** Bold. (PG) **8.00** Family  
 Feud. **8.30** Studio 10. (PG) **12.00**  
 Dr Phil. **1.00** To Be Advised. **2.00**  
 Ent. Tonight. **2.30** Neighbours.  
 (PG) **3.00** Judge Judy. (PG) **3.30**  
 My Market Kitchen. **4.00** Bold.  
 (PG) **4.30** Bold. (PG) **5.00** News.  
**6.00** Family Feud. **6.30** The  
 Project. Join the hosts for a look  
 at the day's news, events and hot  
 topics. **7.30** MasterChef Aust.  
**8.45** Instinct. (M) New. A former  
 CIA operative, turned university  
 professor and writer, joins forces  
 with an NYPD detective. **9.45** This  
 Is Us. The history of the Pearsons  
 as told through the life of the  
 family car. **10.45** Hawaii Five-O.  
**11.45** The Project. **12.45** Stephen  
 Colbert. (PG) **1.30** Shopping. **4.30**  
 CBS Morning.

## ONE

**6.00** Home Shopping. **8.00**  
 Cheers. (PG) **9.00** Star Trek:  
 Voyager. (PG) **10.00** Healthy  
 Homes Australia. **10.30** Bondi  
 Rescue. (PG) **11.00** Cheers. (PG)  
**12.00** David Attenborough's Planet  
 Earth. (PG) **1.00** The Doctors. (M)  
**2.00** Matlock. (M) **3.00** Diagnosis  
 Murder. (PG) **5.00** Star Trek:  
 Voyager. (PG) **6.00** Bondi Rescue.  
 (PG) **6.30** David Attenborough's  
 Planet Earth. (PG) **7.30** Walker,  
 Texas Ranger. (M) **8.30** CSI: Miami.  
 (M) **10.00** CSI: Miami. **11.00** CSI:  
 NY. (M) **12.00** CSI: NY. (MA15+)  
**1.00** Home Shopping. **2.00** Star  
 Trek: Voyager. (PG) **3.00** Matlock.  
 (M) **4.00** Diagnosis Murder. (PG)

## ABC

**6.00** News. **9.00** ABC News  
 Mornings. **10.00** Restoration Man.  
**11.00** Think Tank. **12.00** ABC  
 News At Noon. **12.30** Press Club.  
**1.30** Aust Story. **2.00** Slow Train  
 Through Africa. **2.55** The Cook And  
 The Chef. **3.25** Doctor Who. (PG)  
**4.15** Pointless. **5.00** ABC News At  
 Five. **5.10** Drum. **6.00** Think Tank.  
**7.00** ABC News. **7.30** 7.30. **8.00**  
 Julia Zemiro's Home Delivery. **8.30**  
 Gruen. (M) **9.10** The Weekly. (M)  
**9.40** Corey White's Roadmap To  
 Paradise. (M) **9.55** Adam Hills: The  
 Last Leg. (M) **10.40** ABC Late News.  
**11.10** The Business. **11.25** Four  
 Corners. **12.10** Media Watch. (PG)  
**12.30** Doctor Who. (PG) **1.20** Slow  
 Train Through Africa. **2.25** Press  
 Club. **3.25** Louis Theroux: Law And  
 Disorder In Philadelphia. (M) **4.25**  
 Late Programs.

## ABC COM

**6.00** Children's Programs. **6.10**  
 Octonauts. **6.20** Peter Rabbit.  
**6.35** Floogals. **6.45** The Justine  
 Clarke Show! **6.55** Andy's Baby  
 Animals. **7.05** Ben And Holly. **7.20**  
 Shaun The Sheep. **7.30** Spicks  
 And Specks. (PG) **8.00** Absolutely  
 Fabulous. (PG) **8.30** Absolutely  
 Fabulous. (PG) **9.00** Buzzcocks.  
 (M) **9.30** An Idiot Abroad.  
 (MA15+) **10.15** Red Dwarf. (M)  
**10.50** The Office. (PG) **11.10**  
 30 Rock. (PG) **11.35** Parks And  
 Recreation. (PG) **11.55** Broad City.  
 (M) **12.15** Inside Amy Schumer.  
 (M) **12.35** Buzzcocks. (M) **1.10**  
 Red Dwarf. (M) **1.40** The Office.  
 (PG) **2.00** 30 Rock. (PG) **2.20** Parks  
 And Recreation. (PG) **2.45** Broad  
 City. (M) **3.05** News Update. **3.10**  
 Close. **5.00** The Hive. **5.05** Arthur.  
**5.30** Curious George.

## SBS

**6.00** WorldWatch. **6.10** Cycling.  
 UCI World Tour. Tour Of California.  
 Stage 3 Men's. **9.00** WorldWatch.  
**12.30** Turkish News. **1.00** PBS  
 News. **1.55** Who Do You Think  
 You Are? **3.05** Dateline. **3.35**  
 Insight. **4.30** Uranium: Twisting  
 The Dragon's Tail. (PG) **5.30**  
 Letters And Numbers. **6.00** River  
 Cottage Australia. **6.30** News.  
**7.30** Michael Mosley's Secrets  
 Of Your Food. **8.35** Lebanese  
 Beauty Queens: Untold Australia.  
 (M) **9.35** The Good Fight. **10.40**  
 Chance. (MA15+) **11.40** SBS  
 News. **12.10** Movie: Sleepless  
 Night. (M) (2011) **1.55** Miniseries:  
 The Hollow Crown. (M) **4.10** The  
 Boy Who Tried To Kill Trump. (PG)  
**5.00** CGTN English News. **5.15**  
 NHK World English News. **5.30**  
 Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00**  
 Miniseries: The Secret Life Of  
 Marilyn Monroe. (M) **1.35**  
 Fashionista. **1.45** 365. (PG)  
**1.50** The Island. (M) **2.45** Over  
 The Black Dot. **3.45** The Mindy  
 Project. (PG) **4.15** Rise. (PG) **5.05**  
 365. (PG) **5.10** News. **5.35** If  
 You Are The One. **6.35** Batman.  
 (PG) **7.05** Batman. (PG) **7.35** The  
 Feed. **8.05** Brooklyn Nine-Nine.  
 (M) **8.30** Stories From Norway:  
 The Musical! New. **9.00** Movie:  
 Hairspray. (PG) (1988) **10.45**  
 Movie: A Star Is Born. (M) (1976)  
**1.15** News. **1.40** Desus And Mero.  
 (M) **2.05** Shot By Kern. (MA15+)  
**2.35** France 24. **3.00** Thai News.  
**3.30** Bangla News. **4.00** Punjabi  
 News. **4.30** Sri Lankan Sinhalese  
 News. **5.00** Korean News. **5.30**  
 Indonesian News.



## MOVIES

**8.30pm Office  
 Christmas Party**  
 (2016) Comedy.  
 Jason Bateman,  
 Jennifer Aniston.  
 (MA15+) **Premiere**  
**8.30pm Animals**  
 (2017) Mystery.  
 Birgit Minichmayr,  
 Philipp Hochmair. (M)  
**Masterpiece**  
**8.30pm The Italian  
 Job** (2003) Action.  
 Mark Wahlberg,  
 Charlize Theron. (M)  
**Action**

## GENERAL

**7.00pm Making  
 A Model With  
 Yolanda Hadid.**  
 (PG) **E!**

**8.30pm The  
 Americans.** (MA15+)  
**Showcase**

**8.30pm The Flash.**  
 (M) **FOX8**

## DOCUMENTARY

**7.30pm One  
 Strange Rock.** (PG)  
**National Geographic**

**8.30pm Weather  
 Top Ten.** (PG)  
**Discovery Science**

**8.30pm Selling  
 Houses Australia.**  
 (PG) **Lifestyle**

## SPORT

**7.00pm Soccer.** FFA  
 Cup. Round of 16.  
**Fox Sports 505**  
**7.30pm League  
 Life.** **Fox League**  
**8.00pm Tennis.** ATP  
 World Tour. Italian  
 Open. Second round.  
**ESPN2**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1605

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## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The  
 Ellen DeGeneres Show. (PG) **1.00**  
 Extra. **1.30** Britain's Got Talent.  
**3.00** News Now. **4.00** Afternoon  
 News. **5.00** Millionaire Hot Seat.  
**6.00** Nine News. **7.00** A Current  
 Affair. **7.30** Thursday Night  
 Football Preview. **7.50** Rugby  
 League. NRL. Round 11. Penrith  
 Panthers v Wests Tigers. From  
 Panthers Stadium, Sydney. **9.45**  
 The NRL Footy Show. (M) **11.00**  
 The AFL Footy Show. (M) **12.30** Al  
 McGlashan's Fish'n With Mates.  
 (PG) **1.00** My Surf TV. **1.30** TV  
 Shop: Home Shopping. **2.00** Extra.  
**2.30** Global Shop. **3.00** Skippy  
 The Bush Kangaroo. **3.30** Good  
 Morning America. **5.00** News Early  
 Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00**  
 Friends. (PG) **12.00** Total Divas.  
 (M) **1.00** Dawson's Creek. (PG)  
**2.00** Children's Programs. **3.30**  
 Nexo Knights. (PG) **4.00** Kids'  
 WB. (PG) **4.05** Teen Titans. (PG)  
**4.30** Ben 10. (PG) **5.00** Adv Time.  
 (PG) **5.30** Regular Show. (PG)  
**6.00** Friends. (PG) **7.00** Big Bang.  
 (PG) **7.30** Robot Wars. (PG) **8.30**  
 Survivor: Ghost Island. (PG) **9.30**  
 Movie: American Ultra. (MA15+)  
 (2015) **11.30** WWE Raw. (MA15+)  
**12.30** Friends. (PG) **1.30** Regular  
 Show. (PG) **2.00** Adv Time. (PG)  
**2.30** Pokémon The Series: Sun  
 & Moon. **3.00** Ben 10. (PG) **3.30**  
 Beyblade Burst Evolution. **4.00**  
 Teen Titans. (PG) **4.30** Yu-Gi-Oh!  
 (PG) **4.50** Power Rangers Dino  
 Super. (PG) **5.10** Regal Academy.  
**5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00** To  
 Be Advised. **1.15** Surf Patrol. **1.45**  
 Daily Edition. **3.00** The Chase.  
**4.00** News. **5.00** The Chase Aust.  
**6.00** News. **7.00** Home And Away.  
 (PG) Ryder attempts to win over  
 Coco. **7.30** Invitation To A Royal  
 Wedding. (PG) A look at Britain's  
 most iconic royal weddings. **8.30**  
 Harry And Meghan: Royal Rebels.  
 (PG) Through a series of interviews  
 and insider stories, the secrets  
 and traditions of a royal wedding  
 are exposed. **9.30** Movie: Harry  
 And Meghan: A Royal Romance.  
 (PG) (2018) Parisa Fitz-Henley. (PG)  
**12.30** Diana: A Love Affair. (PG)  
**12.30** Code Black. (M) Final. **1.30**  
 Bad Teacher. (M) **2.00** Shopping.  
**4.00** NBC Today. **5.00** News.  
**5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's  
 Practice. **7.00** Get Arty. **7.30** Kitty  
 Is Not A Cat. **8.00** Jay's Jungle.  
**8.30** Million Dollar Minute. **9.30**  
 Auction Squad. **10.30** To Be  
 Advised. **11.30** NBC Today. **2.00**  
 Million Dollar Minute. **3.00** Harry's  
 Practice. Dr Harry visits a terrier.  
**3.30** Auction Squad. **4.30** Animal  
 Rescue. **5.00** Medical Emergency.  
 (PG) **5.30** Escape To The Country.  
**6.30** Bargain Hunt. From Dorking's  
 West Street. **7.30** Father Brown.  
 (M) **8.30** Murdoch Mysteries.  
 (M) An uncooperative witness  
 impedes Murdoch's investigation  
 into a pawnbroker's murder.  
**11.30** Bargain Hunt. **12.30** Psychic  
 TV. (M) **3.30** Harry's Practice.  
**4.00** Million Dollar Minute. **5.00**  
 Animal Rescue. **5.30** Medical  
 Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG)  
**7.30** Bold. (PG) **8.00** Family Feud.  
**8.30** Studio 10. (PG) **12.00** Dr  
 Phil. **1.00** To Be Advised. **2.00** Ent.  
 Tonight. **2.30** Neighbours. (PG)  
**3.00** Judge Judy. (PG) **3.30** My  
 Market Kitchen. **4.00** Bold. (PG)  
**4.30** Bold. (PG) **5.00** News. **6.00**  
 Family Feud. **6.30** The Project.  
 A look at the day's news. **7.30**  
 MasterChef Aust. Members of  
 the losing team from the MCG  
 service challenge must face off  
 in an elimination challenge. **8.30**  
 Law & Order: Detective  
 Odafin "Fin" Tutuola investigates  
 a man's claim that his sister was  
 gang raped. **9.30** Law & Order:  
 S.V.U. (M) **10.30** Blue Bloods. (M)  
**11.30** The Project. **12.30** Stephen  
 Colbert. (PG) **1.30** Shopping. **4.30**  
 CBS Morning.

## ONE

**6.00** Home Shopping. **8.00**  
 Cheers. (PG) **9.00** Star Trek:  
 Voyager. (PG) **10.00** Healthy  
 Homes Australia. **10.30** Bondi  
 Rescue. (PG) **11.00** Cheers. (PG)  
**12.00** David Attenborough's  
 Planet Earth. (PG) **1.00** The  
 Doctors. (M) **2.00** Matlock. (M)  
**3.00** Diagnosis Murder. (PG) **5.00**  
 Star Trek: Voyager. (PG) **6.00**  
 Bondi Rescue. (PG) **6.30** David  
 Attenborough's Planet Earth. (PG)  
**7.30** Walker, Texas Ranger. (M)  
**8.30** Cops: Adults Only. (M) **9.00**  
 Movie: Legendary. (M) (2013)  
 Scott Adkins, Dolph Lundgren,  
 Yi Huang. **11.00** SEAL Team.  
**12.00** Highlander. (M) **1.00** Home  
 Shopping. **2.00** The Doctors. (M)  
**3.00** Matlock. (M) **4.00** Diagnosis  
 Murder. (PG) **5.00** Highlander. (M)

## ABC

**6.00** News. **9.00** ABC News  
 Mornings. **10.00** Restoration Man.  
**11.00** Think Tank. **12.00** ABC News  
 At Noon. **1.00** Making Australia  
 Great. (PG) **2.00** Slow Train Through  
 Africa. **3.00** The Cook And The  
 Chef. **3.30** Doctor Who. (PG) **4.15**  
 Pointless. **5.00** ABC News At Five.  
**5.10** Drum. **6.00** Think Tank. **6.55**  
 Sammy J. **7.00** ABC News. **7.30**  
 7.30. **8.00** The Coronation. (PG)  
**9.00** Wentworth. (M) **9.45** QI. (M)  
**10.15** ABC Late News. **10.45** The  
 Business. **11.05** Louis Theroux: The  
 City Addicted To Crystal Meth. (M)  
**12.05** Doctor Who. (PG) **12.50**  
 Slow Train Through Africa. **1.35** Our  
 Zoo. (PG) **2.35** Golf. PGA Tour. The  
 Players Championship. Highlights.  
**3.25** Louis Theroux: A Place For  
 Paedophiles. (M) **4.25** Murder, She  
 Wrote. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **5.40** PJ  
 Masks. **5.55** Teacup Travels. **6.10**  
 Octonauts. **6.20** Peter Rabbit.  
**6.35** Floogals. **6.45** The Justine  
 Clarke Show! **6.55** Andy's Baby  
 Animals. **7.05** Ben And Holly.  
**7.20** Shaun The Sheep. **7.30**  
 Spicks And Specks. **8.00** Frontline.  
 (M) **8.30** Frontline. (M) **9.00**  
 Buzzcocks. (PG) **9.30** Dead Boss.  
 (M) **10.00** Comedy Up Late. (M)  
**10.30** Sammy J. **10.35** Red Dwarf.  
 (PG) **11.10** The Office. (PG) **11.30**  
 30 Rock. (PG) **11.50** Parks And  
 Recreation. (PG) **12.15** Broad City.  
 (M) **12.55** Buzzcocks. (PG) **1.30**  
 Red Dwarf. (PG) **2.00** The Office.  
 (PG) **2.20** 30 Rock. (PG) **2.40** Parks  
 And Recreation. (PG) **3.05** Broad  
 City. (M) **3.25** News Update. **3.30**  
 Close. **5.00** The Hive. **5.05** Arthur.  
**5.30** Curious George.

## SBS

**6.00** WorldWatch. **6.10** Cycling.  
 UCI World Tour. Tour Of California.  
 Stage 4 Men's. **9.00** WorldWatch.  
**12.30** Turkish News. **1.00** PBS  
 News. **2.00** The Marngrook Footy  
 Show. **3.30** Britain's Ultimate  
 Pilots: Inside The RAF. **4.35**  
 America's Hidden Pyramid City.  
 (PG) **5.30** Letters And Numbers.  
**6.00** River Cottage Australia. **6.30**  
 News. **7.30** Railway Journeys UK.  
**8.05** Luke Nguyen's Food Trail.  
 (PG) **8.35** The Handmaid's Tale.  
**9.40** Next Of Kin. **10.35** The  
 Night Manager. (MA15+) **11.45**  
 SBS News. **12.15** Movie: We Are  
 The Night. (MA15+) (2010) **2.05**  
 The Island. (M) **3.05** The Island.  
 (M) **4.00** The Island. (M) **4.55** UK  
 Bitesize. **5.00** CGTN English News.  
**5.15** NHK World English News.  
**5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie:  
 Barney's Version. (M) (2010) **2.25**  
 Teen Exorcists. (M) **2.55** Balls  
 Deep. (PG) **3.20** Tattoo Age.  
 (PG) **3.45** Dateline. **4.10** The  
 Mindy Project. (PG) **4.35** Dead  
 Set On Life. (PG) **5.00** 365. (PG)  
**5.05** News. **5.30** If You Are The  
 One. **6.30** Batman. (PG) **7.00**  
 Batman. (PG) **7.30** The Feed. **8.00**  
 Dateline. **8.30** Murder Rap: Inside  
 The Biggie And Tupac Murders.  
 (M) **10.35** VICE. (MA15+) **11.25**  
 Miniseries: Tut. (MA15+) **12.55**  
 News. **1.20** Desus And Mero.  
 (M) **1.45** Bobby And Harriet Get  
 Married. (M) **2.10** The Feed. **2.40**  
 Deutsche Welle. **3.00** Thai News.  
**3.30** Bangla News. **4.00** Punjabi  
 News. **4.30** Sri Lankan Sinhalese  
 News. **5.00** Korean News. **5.30**  
 Indonesian News.



## MOVIES

**6.25pm The Big  
 Sick** (2017) Comedy.  
 Kumail Nanjiani, Zoe  
 Kazan. (M) *Premiere*  
**7.30pm Red Dog:  
 True Blue** (2016)  
 Drama. Bryan Brown,  
 Jason Isaacs. (PG)  
*Family*  
**8.30pm Doctor  
 Strange** (2016)  
 Sci-Fi. Benedict  
 Cumberbatch, Rachel  
 McAdams. (M) *Action*

## GENERAL

**7.30pm Krypton.**  
 (M) *Syfy*  
**8.30pm Archer.**  
 (MA15+) *Comedy  
 Channel*

## DOCUMENTARY

**8.30pm Food Safari**  
*Fire.* (PG) *Lifestyle*  
**8.30pm When  
 Harry Met Meghan.**  
 (PG) *Lifestyle*  
**8.30pm Finding  
 Escobar's Millions.**  
 (PG) *Discovery*

## SPORT

**7.00pm Golf.**  
 European PGA Tour.  
 Belgian Knockout.  
 First round. *Fox  
 Sports 503*  
**7.50pm Rugby**  
**League.** NRL. Round  
 11. Penrith Panthers  
 v Wests Tigers. *Fox  
 League*  
**8.00pm Tennis.** ATP  
 World Tour. Italian  
 Open. Third round.  
*ESPN2*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1705



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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: The Grace Card. (M) (2010) Michael Joiner, Michael Higgenbottom. A bitter cop is teamed with a young officer. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Friday Night Football Preview. **7.55** Rugby League. NRL. Round 11. Brisbane Broncos v Sydney Roosters. From Suncorp Stadium, Brisbane. **10.45** Movie: Daylight. (M) (1996) Sylvester Stallone, Amy Brenneman, Viggo Mortensen, Dan Hedaya. A diverse group of people becomes trapped in Manhattan's Holland Tunnel. **1.00** Extra. **1.30** TV Shop. **2.00** Filthy Rich. (M) **3.00** Avengers. (PG) **4.00** Global Shop. **4.30** GMA.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **6.00** Regular Show. (PG) **6.30** Movie: The Addams Family. (PG) (1991) **8.30** Movie: The Hobbit: The Battle Of The Five Armies. (M) (2014) **11.20** WWE Smackdown. (MA15+) **12.20** Total Divas. (M) **1.20** WWE Slam City. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst Evolution. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Better Homes. Joh, Adam and Jason compete to build flat pack furniture. Karen makes an autumn food platter. **8.30** Movie: The Queen. (M) (2006) Helen Mirren, James Cromwell, Alex Jennings. Following the death of Princess Diana, Queen Elizabeth II retreats to mourn in private. **10.45** The Windsors: Wedding Special. (M) Prince Harry, Meghan and Charles visit America. **11.45** The Goldbergs. (PG) **12.15** Bad Teacher. (M) **12.45** Bad Teacher. (M) **1.15** Bad Teacher. (M) **2.00** Shopping. **4.00** The Great Outdoors. **5.00** NBC Today.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Kitty Is Not A Cat. **8.00** Jay's Jungle. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** House Of Wellness. (PG) **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Border Security: Int. (PG) **8.30** The Secret Life Of Dogs. Part 2 of 3. **9.30** Building The Dream. Gavin and Chantal self-build in Norfolk. **10.30** The House That 100K Built. **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** Psychic TV. (M) **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** The Living Room. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. **4.30** Bold. **5.00** News. **6.00** Family Feud. Hosted by Grant Denyer. **6.30** The Project. A look at the day's news. **7.30** The Living Room. Nigella joins Miguel in the kitchen to create a chocolate dessert. Dr Chris explores the Blue Mountains. **8.30** The Graham Norton Show. Irish comedian Graham Norton chats with Ryan Reynolds and Josh Brolin, the stars of Deadpool 2. **9.30** To Be Advised. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping.

## ONE

**6.00** Home Shopping. **8.00** Motor Racing. Formula 1. Race 5. Spanish Grand Prix. Highlights. From Circuit de Barcelona-Catalunya, Barcelona, Spain. **9.00** Star Trek: Voyager. (PG) **10.00** Healthy Homes Australia. **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Planet Earth. (PG) **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** MacGyver. (PG) **7.30** Walker, Texas Ranger. (M) **11.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Matlock. (M) **3.00** Walker, Texas Ranger. (M)

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Restoration Man. **11.00** Think Tank. **12.00** ABC News At Noon. **1.00** One Plus One. **1.30** Robert McFarlane: The Still Point. **2.00** Our Zoo. (PG) **3.00** Hatch, Match And Dispatch. (PG) Final. **3.30** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. Final. **7.00** ABC News. **7.30** Gardening Australia. **8.30** Endeavour. (M) Return. **10.00** Would I Lie To You? (PG) **10.30** ABC Late News. **11.00** The Business. **11.15** The Weekly With Charlie Pickering. (M) **11.45** Planet America. **12.30** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** The Justine Clarke Show! **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Weekly. (M) **8.30** Gruen XL. **9.20** Buzzcocks. (PG) **9.45** W1A. (M) **10.20** The Thick Of It. (M) **10.50** Red Dwarf. (PG) **11.15** The Office. (PG) **11.40** 30 Rock. (PG) **12.00** Parks And Recreation. (PG) **12.20** Broad City. (M) **12.40** Inside Amy Schumer. (M) **1.00** Inside Amy Schumer. (MA15+) **1.25** Buzzcocks. (M) **1.55** Red Dwarf. (PG) **2.25** The Office. (PG) **2.40** 30 Rock. (PG) **3.05** Parks And Recreation. (PG) **3.30** Broad City. (M) **3.50** News Update. **3.55** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

## SBS

**6.00** WorldWatch. **6.10** Cycling. UCI World Tour. Tour Of California. Stage 5 Men's. **9.00** WorldWatch. **12.30** Turkish News. **1.00** PBS News. **2.00** The Point. **3.00** NITV News Week In Review. **3.30** Poh's Kitchen. **4.00** Poh's Kitchen. **4.30** Jonathan Phang's Gourmet Express. **5.25** Letters And Numbers. **6.00** River Cottage Australia. **6.30** News. **7.30** Railway Journeys UK. **8.00** Railway Journeys UK. **8.35** Movie: O Brother, Where Art Thou? (M) (2000) **10.35** SBS News. **11.05** Movie: Love Is The Perfect Crime. (2013) **1.05** Riviera. (MA15+) **1.55** Riviera. **2.05** Riviera. (MA15+) **3.40** Spring Tide. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie: Presumed Guilty. (M) (2011) **1.50** The Cleveland Strangler. (M) **2.40** Beerland. (PG) **3.05** The Therapist. (PG) **3.30** Dateline. **4.00** The Mindy Project. (PG) **4.25** VICE. (PG) **5.00** 365. (PG) **5.05** News. **5.35** If You Are The One. **6.35** The Classic Car Show. (PG) **7.30** Batman. (PG) **8.00** Batman. (PG) **8.30** Adam Looking For Eve VIP. (MA15+) **9.25** The Handmaid's Tale. **10.30** Queer As Folk. (MA15+) **11.25** Adam Looking For Eve. (MA15+) **12.15** News. **12.40** Desus And Mero. (M) **1.05** Epicly Later'd. (MA15+) **1.55** PopAsia TV. (PG) **2.50** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** WorldWatch.



## MOVIES

**8.30pm The Royal Tenenbaums** (2001) Drama. Gene Hackman, Anjelica Huston. (MA15+) **Masterpiece** **8.30pm Shaun Of The Dead** (2004) Comedy. Simon Pegg, Nick Frost. (MA15+) **Comedy** **8.30pm The Devil Wears Prada** (2006) Drama. Anne Hathaway, Meryl Streep. (PG) **Romance** **A15+** **Action**

## GENERAL

**8.30pm Arrow.** (M) **FOX8** **10.00pm The Tonight Show Starring Jimmy Fallon.** (M) **E!**

## DOCUMENTARY

**8.30pm The Incredible Dr Pol.** (PG) **National Geographic Wild** **9.30pm Human Nature: The Ultimate Jukebox Australia Tour.** (NC) **Foxtel Arts**

## SPORT

**7.50pm Rugby League.** NRL. Round 11. Brisbane Broncos v Sydney Roosters. **Fox League** **7.50pm Football.** AFL. Round 9. Adelaide v Western Bulldogs. **Fox Footy**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1805

# ACTING CLASSES

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## NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

Our May General Meeting started a little differently to our usual format in that it began with a Guest Speaker. Many thanks to Tim Burgess from the North Lakes Lions Club who spoke to us about the incredible work that the Lions Club does. Tim's main focus was to invite as many of us as possible to "Walk For An Aussie Kid" on Sunday 20th May at Lake Eden. The goal of the Australian Lions Children's Mobility Foundation is to purchase walking devices for Australian children who need one. Many of our ladies were very interested to learn of this event and are planning to join forces on the 2km or 5km walk.

Our General Meeting began with a presentation to one of our ladies who celebrated her 10 year membership of the Group. And of course we also celebrated our May birthday ladies with another delicious cake. Our numbers have grown to 117 so we may need to increase our cake order in coming months.

Tuesday 8th May - 9.45am Guest Speaker, Rochelle Courtenay, from Share the Dignity. We will also be having a special Mothers Day morning tea and drawing our Mothers Day Raffle. Visitors welcome.

Tuesday 15th May - 9.45am Gerry and his friends from the Happy Wanderers Dance Club will be joining us to teach those not-so-sure footed of our Group a few dance routines. Visitors welcome.

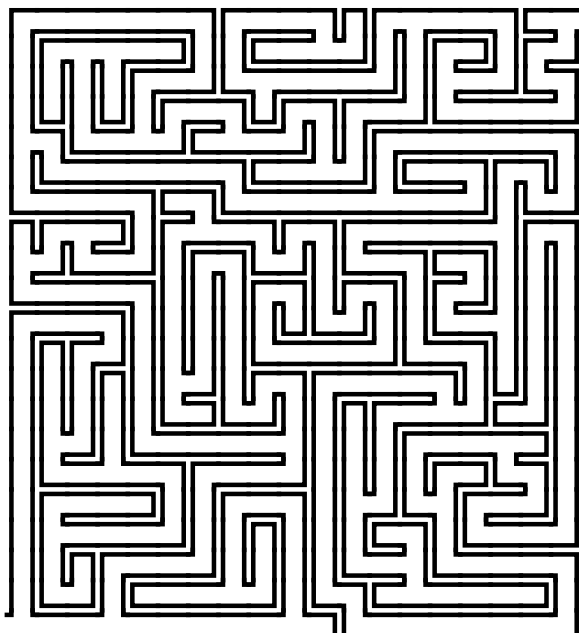
Tuesday 22nd May - 12pm Lunch at the new North Lakes Hotel. Members only.

Our meetings are open to all women in North Lakes/Mango Hill-Moreton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.

# SUDOKU

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## AMAZING MAZES



# Crossword 6515

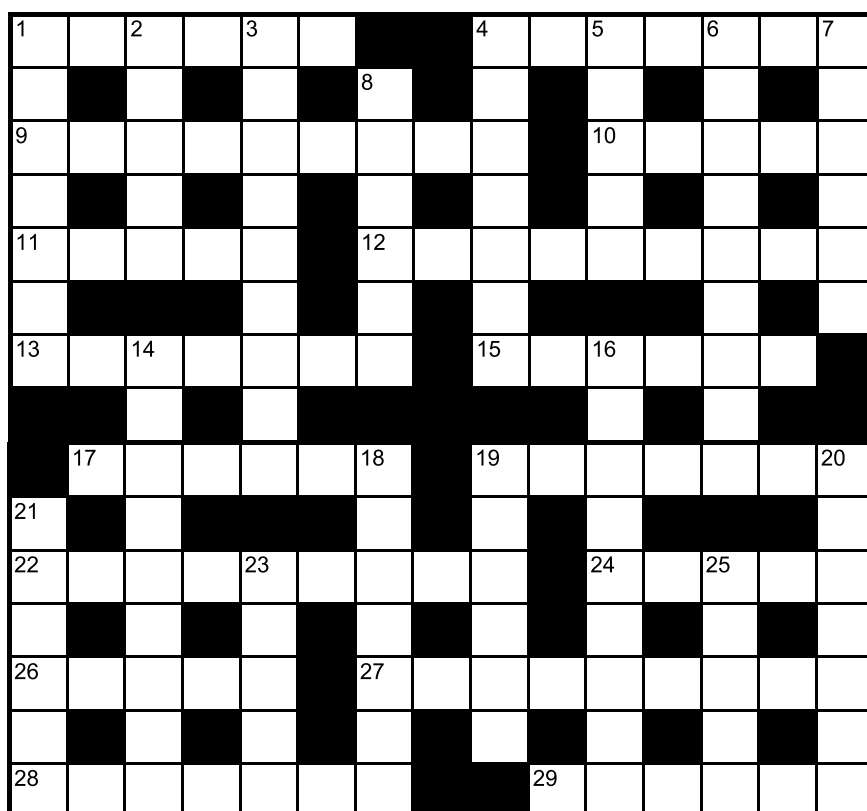
Global media megastar Laurie Stibbe creates these

## ACROSS

- 1 Pleasure trip
- 4 Arctic deer with long antlers
- 9 Metal derived from bauxite
- 10 Small concavity
- 11 Native of Iran
- 12 Permissible
- 13 Greed
- 15 One who rents a house
- 17 Prayer to a deity
- 19 Form of rummy using two decks
- 22 Insolent
- 24 Greek Muse of lyric poetry
- 26 Australian man
- 27 Maze
- 28 Beermakers
- 29 Relating to the eye

## DOWN

- 1 Enduring strength & energy
- 2 Junkers 87 dive bomber
- 3 Qualities to do something
- 4 King Arthur's domain
- 5 Regenerate, reincarnate
- 6 Spinal columns
- 7 Not divisible by two
- 8 Closing section of music
- 14 Landing field for planes
- 16 Not based on the metre
- 18 Strips of pasta
- 19 Melon with white flesh
- 20 One more
- 21 Bottle tree
- 23 Paper with crinkled texture
- 25 Countermand



## CROSSWORD SOLUTION FROM LAST ISSUE

G	O	R	I	L	L	A	S	M	A	R	T	E	D
R	E	A	R	C	S	O	U						
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# COMMUNITY NOTICE BOARD ONLINE

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To post email: [community@northlakesmessenger.com.au](mailto:community@northlakesmessenger.com.au)

- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise





## STATE GOVERNMENT TAXES PUTTING PRESSURE ON PROPERTY AFFORDABILITY

**Queensland residential real estate affordability is under threat as the Government's stamp duty cash grab increased by \$273 million from FY2016 to FY2017, ABS data for the financial year 2017 has revealed.**

Queensland State Government coffers have received a plumped up injection of \$3.278 billion in stamp duty on conveyances in FY2017, compared with \$3.005 billion in FY2016.

This increase means more than 25 per cent of the total taxation revenue in Queensland is coming from stamp duty on conveyances. When land tax and other taxes on property are added to the equation, more than 38 per cent of the total taxation revenue comes from property-related taxes or the equivalent to about \$5 billion in FY2017.

Stamp duty on conveyances revenue contribution has increased from 17 per cent in FY 2013 to 25 per cent to June 30, 2017.

Stamp duty on conveyances is the second-largest contributor to the Queensland coffers behind payroll tax, which delivered a hefty \$3.695 billion last financial year.

REIQ CEO Antonia Mercorella said the State Government was taking too much from the property sector.

"We have good affordability in our residential market and great affordability in our commercial market, but rising stamp duty costs are threatening that affordability," she said.

"In residential real estate, hefty stamp duty costs serve to stifle housing mobility. Upgraders and downsizers put off the next move because of the onerous stamp duty they will have to pay when they move," Ms Mercorella said.

"An upgrader moving from a \$500,000 home to a \$750,000 home would be forced to pay an estimated \$20,000 in stamp duty, on top of the cost of their new home, along with various costs associated with buying and selling property," she said.

"The reality is simply that stamp duty is threatening our affordability," she said. "The REIQ has long advocated for the abolition of

stamp duty. It does the property sector no favours and the State Government is now in danger of killing off the golden goose," she said.

The Henry Tax Review found that stamp duty was an inefficient tax that led to housing problems.

The full abolition of stamp duty would serve to increase housing affordability for all Queenslanders and result in a dramatic boost to property transactions. It would also help unleash a flurry of economic activity that would have a positive kick-on effect not only in real estate, but throughout the Queensland economy.

Abolition of stamp duty will:

- Allow new homeowners to put the subsequent savings towards paying off the cost of their new home;
- Make purchasing a home more affordable for the average Queenslanders; and
- Provide greater flexibility and choice for aspiring home-owners.

It is nothing more than an inefficient and regressive tax that stymies economic activity in the real estate sector.

The system needs to be reformed and a modern property tax process needs to be introduced.

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- \*266m2 private executive living with 3 Living areas
- \* Airconditioning and fans
- \* Convenient Central kitchen & S/S appliances
- \* East facing tiled & screened back patio
- \* 490m2 block with room

\$572,000

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## For Sale



North Lakes 11 Duncan Court

4 2 2

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- \*Stone benches, S/S appliances
- \* Master bedroom has aircon and fan
- \* East facing patio &
- \*408m2 block
- \* East facing Outdoor under roof entertaining area

\$518,000

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**For Sale**



North Lakes 21 Townley Drive

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:750M2 Block

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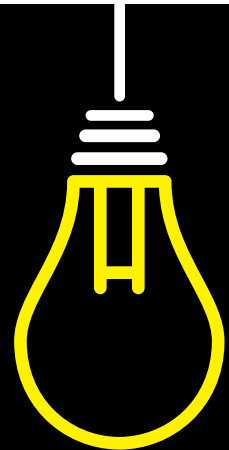
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