

THE Messenger

Lakes, Bay & Region • June 2 2018

FREE WEEKLY also available online

LOCAL SKATERS TO STAR

NORTH LAKES AND MURRUMBA DOWNS WHIZ KIDS TO INTRODUCE WORLD CLASS PERFORMANCE AT DISNEY ON ICE



WIN! A FAMILY WHALE WATCHING EXPERIENCE WITH BRISBANE WHALE WATCHING

LEONIE ON: ONLINE SUITOR WANTS TO MOVE IN

T-Bones



FRESH FOOD MARKET

BUTCHER SPECIALS

\$3.99

KILO

FRESH PORK BBQ CHOPS



Approx 1.5KG Lots

WHOLE RIB FILLET



SLICED
FREE

\$9.99

KILO

SIGN UP ON OUR WEBSITE AND
FACEBOOK AND GO
IN OUR WEEKLY DRAW TO WIN

\$100 or \$50

IN-STORE CREDIT HERE AT
T-BONES FRESH FOOD MARKETS

PICKLED PORK



WINTER
WARMER

\$5.99

KILO

FRESH PORK LEG ROAST



\$3.99

KILO

\$50 & \$100 STORE CREDIT DRAWN WEEKLY!!!



tbonesfresh

605 Robinson Road, Aspley
T-Bones Specials Run 30 May - 5 June 2018
Weekdays 7am-6pm, Sat 7am-5pm & Sun 8am-5pm

www.tbonesfresh.com.au



T-Bones

FRESH FOOD MARKET

ALL NEW DISCOUNT GROCERIES

KELLOGGS LCM SPLIT STIX 6PK
Regular Price \$2.99



99¢
EACH

BELVITA CRANBERRY BISCUITS 300G
Regular Price \$2.99



99¢
EACH

AEGEAN PEPITAS 500G
Regular Price \$4.99



\$2.99
EACH

VEGEMITE BLEND 17 150G
Regular Price \$2.49



99¢
EACH

AEGEAN NATURAL ALMONDS 450G
Regular Price \$6.49



ALL TIME LOW PRICE!
\$4.49
EACH

ZICO COCONUT WATER 1LTR
Regular Price \$5.99



99¢
EACH

(While Stock Lasts)

WOKKA NOODLE BOX VARIETIES 350G
Regular Price \$1.99



99¢
EACH

AEGEAN CRYSTALLISED GINGER 250G
Regular Price \$3.49



\$1.99
EACH

HECHAM RED SPLIT LENTILS 1KG
Regular Price \$2.99



\$1.99
EACH

GOLDEN CIRCLE POPPER VARIETIES 6PK 200-250ML
Regular Price \$2.00 EACH



3 FOR \$4

ARNOTTS TINY TEDDIES 15PK/ MINI COOKIE VARIETIES 12PK
Regular Price \$4.00 EACH



2 FOR \$5

DEMURA MAKEUP PAD/ FABULOUS SINGLE TOOTHBRUSHES
Regular Price \$1.00 EACH



2 FOR \$1

MRS QUICKS SAUSAGE ROLL 1KG VARIETIES
Regular Price \$5.00 EACH



2 FOR \$7

HEINZ SPAGHETTI 820G
Regular Price \$1.99



99¢
EACH

AEGEAN PEANUTS IN SHELL 350G
Regular Price \$3.99



\$1.99
EACH

AEGEAN ITALIAN NATURAL PASSATA SAUCE 670ML
Regular Price \$1.99



99¢
EACH

GLOBAL BLUE WHITING 1KG
Regular Price \$9.99



\$6.99
EACH

MAGNUM ICE CREAM CLASSICS 6PK
Regular Price \$6.99



\$4.99
EACH

TALLEYS MUSSEL VARIETIES 375G
Regular Price \$4.99




\$3.99
EACH

SSM FROZEN CASSAVA 1KG
Regular Price \$2.99



\$1.99
EACH

\$50 & \$100 STORE CREDIT DRAWN WEEKLY!!!

 **tbonesfresh**

www.tbonesfresh.com.au

605 Robinson Road, Aspley
T-Bones Specials Run 30 May - 5 June 2018
Weekdays 7am-6pm, Sat 7am-5pm & Sun 8am-5pm





**BEST
WILSON
BUCKLEY**

New to North Lakes

Queensland's largest
specialty family law
team is now available
in North Lakes.

Contact us today for your
fixed-fee, no obligation
initial appointment with your
dedicated family lawyer.

07 3490 1390
info@bwbfl.com.au
bwbfamilylaw.com.au

107/1642 Anzac Avenue
North Lakes QLD 4509



CONTACT

THE Messenger

Now in its twelfth year, the Messenger is your free weekly publication. Wholly owned, operated and produced locally. Proudly independently published.

ABN 129 5493 7979.

NEWSROOM/EDITORIAL/SUBMIT A STORY

The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education. Email reports and pictures to Editor Dan Fidler via:

editor@northlakesmessenger.com.au

DISTRIBUTION/DELIVERIES/REQUEST COPIES

For all distribution enquiries and requests please contact our Distribution Manager, Ali Hunt via:

distribution@northlakesmessenger.com.au

ADVERTISING

For all advertising rates, specifications, templates conditions and bookings please contact our advertising department on **3881 3322** Tuesday to Thursday. Other times please call **0488 112 822** or email:

adz@northlakesmessenger.com.au

Please note:

- Business hours are week days 9am to 5 pm.
- All advertising is to be pre-paid.
- Advertising deadline is 12 midday Wednesday one week prior. Incomplete art due Tuesday midday one week prior.

Payments

Payments or accounts please call Nick on **1300 300 608** Monday to Thursday or email: **accounts@northlakesmessenger.com.au**

Credit Cards & Direct Deposit:

Bank of Queensland
BSB: 124185
A/C: 20169347

Cheques:

PO Box 127 North Lakes, QLD 4509

OTHER CONTACTS

For the Community Notice Board and Your Say please email: **community@northlakesmessenger.com.au** observing the requisites and disclaimers printed on their relevant pages.

DISCLAIMER

Not all opinions expressed in this publication are necessarily those of the publishers. No responsibility is taken by the Messenger for any errors, misleading information or the validity of the advertising content. The articles, information and anecdotes are not necessarily the original work of the editor or writers.

INDEMNITY

By advertising or submitting with the Messenger you agree to indemnify the publication, its staff and owners, against any claims.

The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, past, present and emerging.

The Messenger www.northlakesmessenger.com.au 4

1/2 Yearly Clearance

Harvey Norman®

AVAILABLE ONLY AT YOUR LOCAL STORE - ROTHWELL

VERSATILE
\$294

Simpson 4kg Ezi Loader Dryer.
H80 x W60.2 x D52.5cm.
SDV401



SIMPSON

GREAT VALUE
\$475

LG 7kg Front Load Washing Machine.
WELS 4 stars, 70L/ wash on Cotton 40°C Intensive programme.
H84.8 x W60 x D60cm.
WD1200D



LG

HOT PRICE
\$575

Fisher & Paykel 7kg Top Load Washing Machine.
WELS 3.5 stars, 86L/ wash on Regular, Eco programme. H136 x W60 x D60cm.
WA70T60GW1



FISHER & PAYKEL

ACTIVE DRYING
\$646

Westinghouse 15-Place Setting Freestanding Dishwasher.
WELS 4.5 stars, 13.5L/wash.
H84.5 x W59.6 x D59.8cm.
WSF6606X



Westinghouse

EASY TO CLEAN
\$698

Euromaid 540mm Electric Freestanding Cooker.
H114 x W54 x D68cm.
FRF54W



Euromaid

HOT PRICE
\$588

Westinghouse 600mm 4-Function Oven.
H114 x W54 x D68cm.
WVE614SA



Westinghouse

EASY TO CLEAN
\$194

Hisense 120L Bar Fridge.
H82 x W51.5 x D54.3cm.
HR6BF121



Hisense

TOP BUY
\$495

De'Longhi 'Magnifica' Automatic Coffee Machine.
ESAM04110B



De'Longhi

COOL OFFER
\$595

Haier 454L Top Mount Fridge.
Full-width chiller drawer, humidity-controlled veggie bin, spill-proof safety glass shelves.
H178 x W70.5 x D68cm.
HRF454TW



Haier

50 MONTHS INTEREST FREE*

☒ NO DEPOSIT ☒ NO INTEREST

with 50 equal monthly payments until July 2022. Minimum financed amount \$750.

Offer ends 01/07/18. Apply in store/online. Available for in-store and selected online purchases.

Approved applicants only. Fees & charges apply. Interest applies if you do not comply with terms and conditions.

Harvey Norman®

SHOP with CONFIDENCE

Ends 30/06/18. Harvey Norman® stores are operated by independent franchisees.

Accessories shown are not included.

SHOP with CONFIDENCE
PRICE GUARANTEE*

We match genuine advertised prices from local stores and leading online retailers.

^See in store for terms and conditions.

ROTHWELL 439-443 Anzac Avenue, 3897 8800
harveynorman.com.au

*1. Conditions of 50 Months Instalment Interest Free until July 2022: Available to approved GO MasterCard customers on transactions made between 25/05/18 and 01/07/18 where the amount financed is \$750 or more. Offer available on purchases from Harvey Norman franchises. Excludes mobile phones, gaming consoles, gift cards, hot water system supply & installation, Octopus installation services, Microsoft Surface & Studio, Apple and Miele products. Excludes brands and other products that are offered for sale under agency agreements with Harvey Norman franchises. Offer available on advertised or ticketed price. Total amount is payable by 50 approximate equal monthly instalments (exact amounts specified in your statement). If there is an outstanding balance after the interest free period ends in July 2022, interest will be charged at 29.49%. This notice is given under the GO MasterCard Conditions of Use, which specify all other conditions for this offer. A \$25.00 Establishment Fee applies to new approved applicants. Account Service fee of \$4.95 per month applies. Also available to existing CreditLine, Gem Visa and Buyer's Edge customers. Refer to product websites for conditions, fees and charges. Credit is provided by Latitude Finance Australia (ABN 42 008 583 588). Australian Credit Licence 392145.

Harvey Norman®

AVAILABLE ONLY AT YOUR LOCAL STORE – ROTHWELL

**ALL YOUR
SCREEN
NEEDS**

**ALL YOUR
AUDIO
NEEDS**



\$7995

Sony Bravia (85")
215cm Ultra High
Definition* Smart
LED LCD Television.
KD85X8500D

SONY

PACKAGE PRICE

\$1574

Klipsch 5.1-Channel Speaker
System, RQUINTEPK
Denon 5.2-Channel AV
Receiver, AVR540

DENON Klipsch



PACKAGE PRICE

\$1783

Yamaha 5.1-Channel
Speaker System, NSP160PKG
Yamaha 5.1-Channel
Digital Home Theater AV
Receiver, RXV483B

YAMAHA



PACKAGE PRICE

\$2694

Jamo Floorstanding Speaker,
SB07ATMOSPXB
Denon Heos 7.2-Channel AV
Receiver, AVR1400

DENON Jamo



PACKAGE PRICE

\$3986

Klipsch 5.1-Channel
Speaker System, R2BPACKS1
Yamaha 9.2-Channel AV
Receiver, RXV2083B

YAMAHA Klipsch



Choose, enjoy, upgrade. Repeat.

**Meet Lisa.
A new era in
leasing.**

Lisa moves with you.

With Lisa, you can switch to something new or completely different at any time.*

But when you upgrade at the **Switch-Point** (to a new product worth \$500 or more) and return your products, Lisa will waive your remaining repayments on your original lease! So your total payments at the **Switch-Point** will be **less** than the cash price on terms up to 36 months.**

Harvey Norman®

SHOP with CONFIDENCE

SHOP with
CONFIDENCE
**PRICE
GUARANTEE***

We match genuine advertised prices from local stores and leading online retailers.

*See in store for terms and conditions.

ROTHWELL

439-443 Anzac Avenue, 3897 8800

harveynorman.com.au

Ends 24/06/18. Harvey Norman® stores are operated by independent franchisees. Accessories shown are not included. *Ultra High Definition not broadcast on free-to-air or pay TV in Australia.

*1. Upgrade subject to credit approval.*2. A lease payment waiver is available for the original goods if the upgrade and return occurs on or after the Switch-Point. Goods must be returned in as good condition as they were delivered. Customer must not be in arrears and all monthly lease amounts must be up to date as at the date the goods are returned. Credit approved applicants only. Fees, terms and conditions apply - available at bealisa.com.au

Miele

Save^{*1} up to \$600

on selected Miele laundry packages.

Save \$200 on Miele WDB 030 and WDD 030 washing machines

Save \$200 on Miele TDB 130 WP and TDD 130 WP dryers

Save a further \$200 when purchased as a package.

Offer ends 30 June 2018.



Sustainable innovations
www.mielesustainableinnovations.com.au



20
YEARS

German engineered and tested to the equivalent of 20 years' average usage.

Terms and Conditions apply. Visit www.miele20years.com.au

Harvey Norman
SHOP *with* CONFIDENCE

Ends 30/06/18. Harvey Norman® stores are operated by independent franchisees.

SHOP *with* CONFIDENCE
PRICE
GUARANTEE[^]

We match genuine advertised prices from local stores and leading online retailers.

^See in store for terms and conditions.

ROTHWELL
439-443 Anzac Avenue, 3897 8800
harveynorman.com.au

*1. Promotion applies to new customer orders placed 1 May to 30 June 2018. Strictly while stocks last. Products must be purchased in one transaction to receive package saving. Offer does not apply to Project orders, Professional products, damaged, display or run-out models. Terms & conditions apply, see in store for details.

HLTH 091825

BRISBANE WHALE WATCHING

WITNESS THE GREAT MIGRATION



Captain Kerry Lopez

- Award Winning 5 Star whale watching cruise
- Guaranteed whale sightings June to November
- Gourmet buffet lunch including tiger prawns, cold meats and salads
- Departs Redcliffe Jetty daily, transfers available

(07) 3880 0477

www.brisbanewhalewatching.com.au

A pod of the whales and BWW's Eye Spy vessel in Moreton Bay last year.

Each year, magnificent southern humpback whales pass right by us as they make their way through clear blue waters of Moreton Bay, migrating from Antarctica and back.

Intelligent and naturally curious mammals, the whales greet watchers with playful behaviour that will both delight and surprise you. If you're in the right spot you'll be treated to awesome displays as the gentle giants breach, blow and frolic right on our doorstep.

To get you in the right spot, we have a competition to win a day's whale watching for four.

Brisbane Whale Watching's season officially commences Saturday June 2 and departs seven days a week (weather permitting) through until November, leaving from the Redcliffe Jetty. For more information and bookings visit www.brisbanewhalewatching.com.au or try your luck in our whale watching comp...

WIN!

A WHALE WATCHING EXPERIENCE FOR THE WHOLE FAMILY WITH

In conjunction with Brisbane Whale Watching we have whale watching Family Pass valued at \$460 to give away. The prize entitles two adults and two children (4 to 14 years) to an incredible day with Queensland's most experienced service, aboard the Eye Spy with Captain Kerry Lopez and crew.

The prize includes the full day whale watching cruise and buffet lunch. Whale sightings are guaranteed. The cruise commences boarding at 9.00am for a 10.00am departure from the Redcliffe Jetty.

To enter simply email comp@northlakesmessenger.com.au with "Whale Watching Comp" in the subject line and tell us which months the whales come through Moreton Bay (you won't have to google this one).

Entries close Thursday June 21, 2018.
Good Luck!

Please Note: The prize is for mid-week travel only and must be used before Friday 2nd October 2018.

All regular family pass inclusions and disclaimers apply.
For more information see www.brisbanewhalewatching.com.au

Your Privacy: The Messenger complies with the Australian Privacy Act 1988 in safeguarding your privacy. Information submitted by you is used only for purposes of the competition. Your information is not kept on file, collated or distributed in any way.



LUKE HOWARTH MP

Federal Member for **Petrie**

Invites you to a

End of Financial Year Boot Camp

Come along and hear from financial and investment experts

This **FREE** event is for local residents who want to change their financial future.

*Whether you're studying,
working or retired
Everyone is Welcome!*



Thursday, 7th June 2018



7:00pm to 8:30pm



King Island Room, North Lakes Hotel
22 Lakefield Drive, North Lakes QLD 4509

RSVP:

Tuesday, 5th June 2018 *(Places are limited - Please book early)*

Email: Luke.Howarth.MP@aph.gov.au

Phone: 3284 8008

Complementary refreshments will be provided.

40 Hornibrook Esplanade, Clontarf Beach QLD 4019 07 3284 8008

luke.howarth.mp@aph.gov.au lukehowarth.com.au [lukehowarthmp](https://www.facebook.com/lukehowarthmp)

Authorised and printed by Luke Howarth MP, Liberal National Party, 40 Hornibrook Esplanade, Clontarf Beach QLD 4019.





SCARBOROUGH ROAD WORKS

Moreton Bay Regional Council Division 5 Councillor James Houghton has announced \$1.4 million for Scarborough Road between Eversleigh Road and Griffith Road, Scarborough.

The rehabilitation project includes new road surfacing and stormwater infrastructure for the 660m stretch of road.

"As an important connector for people travelling to the nearby schools, TAFE and further north to the marina, these works will help improve overall road safety and reduce ongoing maintenance costs," Cr Houghton said.

Cr Houghton said to minimise disruptions to motorists and residents, works would be done in sections and take place outside of peak driving hours.

Motorists will notice VMS boards and residents on Scarborough Road will receive project notices prior to any works commencing.

"As works get underway, please heed the safety advice of construction crews and signage."

Works are expected to commence late June and be completed late-August, weather permitting.

TAKE A "VEGGYCATION"

With a worrying less than five per cent of Australians meeting the recommended daily intake of vegetables, the new Veggycation website is a refreshing tool for everyone to learn about the health benefits of different vegetables, and the best ways to store them to reduce waste

and increase shelf life, as well as the best cooking methods to make the best use of their natural taste and health benefits.

The information on offer includes the specific health benefits of incorporating each vegetable into your diet and the best way to store, prepare and cook them to ensure peak taste and nutritional benefits are experienced when eating vegetables.

The information available isn't just for consumers but also includes valuable information for growers – both professional farmers and home gardeners – about harvesting, postharvest storage and handling different vegetables, as well as nutrition and health claims that growers can include in their promotional materials to further educate consumers about the health benefits of their products to encourage increased sales.

Check out this valuable resource at www.veggycation.com.au

POLICE INVESTIGATE ONLINE THREAT TO NORTH LAKES SCHOOLS

Police are investigating after an anonymous threat directed at schools in the North Lakes area that was posted online Sunday 27 May.

At this stage there is no credible information to indicate any direct threat to any individual or school.

Parents are advised that children can attend safely, with police conducting regular patrols of the North Lakes catchment.

Acting Chief Superintendent Chris Stream from



VEGGYCATION?



POLICE INVESTIGATE THREATS

perfect your smile
without losing
your lifestyle

our **ethos**™ your experience.

Achieve a confident smile and improved function without losing your lifestyle. Our specialist orthodontists use **clear braces, Invisalign®** and **Incognito®** to keep things discreet – and appointments fit in with you too. Your treatment plan is as unique as you are. At **ethos**™, it's not just about the best smile. It's the best experience.

ethosorthodontics.com.au | 07 3349 5266 | **NO REFERRAL NECESSARY**

ethos™
orthodontics

Why choose ethos?

- Adult orthodontic specialists
- Highly skilled team
- Superior treatment options

- Flexible appointment times and payment plans
- Relaxing treatment environment
- 9 convenient locations

ETH0520-A-000001



the North Brisbane District said police continued to work with Education Queensland in assessing the threat and would urge anyone with further information to come forward.

"While there is no credible information to indicate the validity of the threat, we take all threats seriously with public safety being paramount," Chief Superintendent Stream said.

"Police are currently working with service providers to track down the source of the post however in the meantime we would reassure everyone that students and teachers are safe to attend school," he said.

If you have information for police, contact Policelink on 131 444 or provide information using the online form 24hrs per day.

You can report information about crime anonymously to Crime Stoppers, a registered charity and community volunteer organisation, by calling 1800 333 000 or via www.crimestoppersqld.com.au 24hrs per day.

If you or someone you know needs help right now call the Kids Help Line one 1800 55 1800.

MORE CARS AFFECTED WITH RECALL

The ACCC has announced more Australian more cars fitted with defective and dangerous Takata airbags are to be recalled adding another million vehicles to a future recall list.

Many popular Audi, BMW, Ford, Holden, Honda, Mercedes, Nissan, Skoda, Subaru, Toyota and VW (and more) built from as far back 2004 will be affected. Especially if the vehicle has the

potentially deadly 'Alpha' type airbag installed

Consumers need to take immediate steps to have their airbags replaced if their car has a Takata 'alpha' airbag installed. Alpha bags are a higher risk subset of the Takata bags being recalled.

The higher risk alpha airbags were installed in certain Honda, Toyota, Nissan, BMW, Mazda and Lexus cars, with models sold between 2001 and 2004.

You can check the full list of vehicles affected at www.productsafety.gov.au

Concerned consumers should contact their dealership or the vehicle manufacturer immediately.

NAME AND SHAME BRISBANE'S WORST ROADS

The State's peak motoring body has called on local drivers to help identify Brisbane's most dangerous roads in need of urgent attention.

RACQ's Unroadworthy Roads Survey 2018, open now, is a quick and easy way for motorists to voice their concerns.

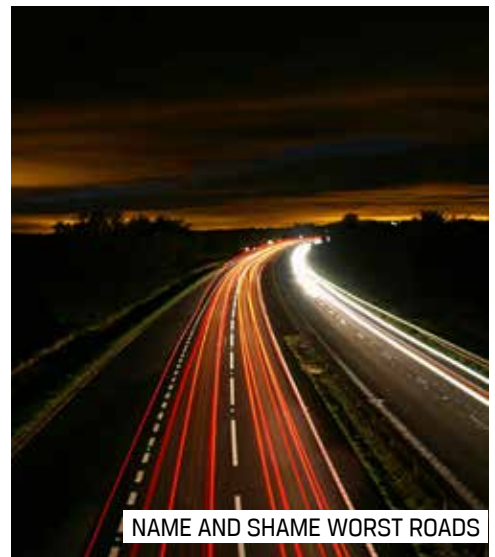
RACQ will then use the results to lobby Local, State and Federal Governments to prioritise funding to upgrade and maintain these roads.

Participants in the survey also go into the draw to win one of two \$250 EFTPOS gift cards.

The survey, which closes at 11.59pm on 18 June, 2018 could be found at www.racq.com/badroads.



MORE VEHICLES WITH DODGY AIRBAGS



NAME AND SHAME WORST ROADS



fast-forward to the smile you deserve

express orthodontic treatment with a difference

are you right for ethos lite?

download our self-diagnostic orthodontic app – FREE!

smileseekerapp.com.au



ethoslite.com.au 07 3349 5266 NO REFERRAL NECESSARY

If life didn't give you a great smile, **ethos**™ can. And it can be quicker and simpler than you think with **ethos**™ lite for less-complicated orthodontic cases. In just 6–9 months and with minimal hassle, you could be wearing your new smile. It's all the benefits of specialist orthodontics for lasting oral health plus the full ethos experience – but faster. Why wouldn't you be smiling?

ethos™ lite
express treatment for simple cases
by **ethos** orthodontics

Why choose ethos?

- Adult orthodontic specialists
- Highly skilled team
- Superior treatment options

- Flexible appointment times and payment plans
- Relaxing treatment environment
- 9 convenient locations

ETHOS LITE ADVERT

IKEA GOES STREET

Launches first ever skateboard as part of new limited edition collection SPÄNST

By the time you read this, the largest furniture retailer in the world (and handy, right on our doorstep at North Lakes) will have launched a collab with Chris Stamp, an L.A. based fashion designer and the creative director of cool street label Stampd.

The SPÄNST collab combines minimalist Swedish design with the urban flavour of Los Angeles and includes a skateboard retailing for \$99.



Founded in 2011 by Chris Stamp, Stampd is known for its meticulous attention to detail and designs embodying modern youth culture with high quality and a minimal aesthetics. Chris brings this creative approach to SPÄNST, a collection that allows you to exhibit your fashion at home with the same amount of artistry and pride within the four walls, as you do outside them. SPÄNST uses refined materials and monochrome colours with graphic elements.



With IKEA's known prowess in utilizing the versatile and tough plywood it makes sense that they've finally released at skateboard.

"I grew up surfing and skating. Here in Cal, skating is more than transportation. It's a culture and an intimate part of [our] DNA. I'm honoured to get the opportunity to design the first ever IKEA skateboard," Chris said of the collaboration.

Aside from the skateboard, the collection includes a mesh wardrobe, transparent shoeboxes that fit a shoe rack for showing off those kicks while keeping them fresh. The rack also is fit for displaying skateboards and footwear.

"As a fashion designer, I know that people want to show other people their clothes, shoes and accessories. Why spend a lot on a pair of sneakers

and hide them in the closet?" Chris Stamp said.

"I want everyone to be able to take pride in how they display their clothing and footwear, allowing them to appreciate their pieces just as much as when they're not being worn."

Chris' favourite item is the LED light stick – a minimal, stylish lamp that can be clipped onto the wall, or leaned against it.

"The light is just an awesome piece. You can use it in so many different realms, and the fact that you can charge it with your USB makes it really flexible – whether it's on your wall with your smart phone adaptor or with your computer."

The SPÄNST collection is available now in all Australian stores until sold out.



We know there is a story
behind every smile.

We would like to get to know yours!

Our patients can actually get excited about improving their smile. Come and meet our highly experienced team at our family owned and operated practice conveniently located to service the Morton Bay Region.

- ◆ General family and emergency dental care
- ◆ Hygiene based preventive care programs
- ◆ Oral surgery
- ◆ Implants
- ◆ TMJ pain management
- ◆ Snoring and sleep apnea treatment
- ◆ Orthodontics using Facial Growth Development and Myofunctional treatment options

Easy payment plans available

1455 Anzac Avenue Kallangur (07) 3491 8131 www.anzacavenuedental.com.au info@anzacavenuedental.com.au



Inspiring Movement in Aussie Kids

My First Gym North Lakes is a destination for kids to fall in love with movement and fitness, a place that supports skill development and inspires kids to move their bodies through their most important developmental years.

Did you know that 8 out of 10 Aussie kids aren't getting the recommended amount of physical activity each day? At a time when they are most formable, children are learning that fun comes in the form of a computer or mobile device, and that physical activity is something that they only participate in because they have to, rather than something they enjoy and look forward to.

Making Fitness Fun

Catering for kids aged 7 months to 13 years, My First Gym North Lakes offers curriculum-based and speciality classes like Dance, Yoga, Athletics, Gymnastics and Ninja Warrior.

At the core of everything we do at My First Gym North Lakes lies the principle of Physical Literacy, the integration of physical, mental and social capabilities to live active, healthy and fulfilling lives. My First Gym North Lakes is giving kids the confidence, ability and motivation to move and be physically active.

It's a great introduction for social skills for babies and toddlers as well as developing their balance and coordination, spatial awareness and movement control, not to mention a great bonding opportunity for mums and dads alike!

Our little big kids learn new skills as well as teamwork and problem solving, they build confidence and improve fitness levels as well as strengthen their hearts, lungs and muscles.

All parents want their kids to grow up healthy and happy but sometimes it can be hard knowing what we should be doing to achieve that, or finding the time to come up with fun ways to keep the kids motivated to be physically active. That's why My First Gym North Lakes is here, we're empowering parents to raise happy healthy and confident children.



my firstgym
NORTH LAKES

MAKING FITNESS FUN

AN ENGAGING ACTIVITY HUB
FOR CHILDREN AGED
7 MONTHS TO 13 YEARS

07 3505 4919

@myfirstgymnl

@MyFirstGymNorthLakes

WhatsApp, Instagram, Facebook icons

2018 MORETON BAY REGION ART AWARDS WINNERS NAMED

An oil painting from artist Simon DeGroot and a portrait by photographer Sam Scoufos took out top honours at this year's Moreton Bay Region Art Awards.

Sam was awarded one of the two \$7,500 top prizes for *Portrait of A Greek Man and Son*. Sam is pictured with his portrait to the right.

Sam submitted the work in Giclee print (a fine art print medium) and said the work is a portrait of Brisbane writer/director Stephen Kanaris and his son. To Sam, the work explores the subject as someone who struggles with the push and pull between leading a creative life and the realities of the day-to-day.

"This image represents on a wider level, one's own battle with growing up, getting older, becoming burdened with responsibility and the constant, ongoing yearning to replay aspects of our youth," Sam's Artist statement reads.

Moreton Bay Regional Council Mayor Allan Sutherland and Division 9 Councillor Mike Charlton congratulated both winning artists at the awards' launch night on Friday, May 18 at the Strathpine Community Centre.

"We are now in the 25th year of the Moreton Bay Region Art Awards - a significant milestone that demonstrates the popularity of the awards, which will no doubt continue to attract more interstate and local artists as our great region continues to grow," Mayor Sutherland said.

"All the art works presented on the night were not just of a high quality but also thought-provoking and moving.

"Both Simon and Sam's works will undoubtedly be a source of inspiration and encouragement for artists throughout our region to pursue their artistic talent."

"The Moreton Bay Region Art Awards is one of our region's premier cultural events recognising the talents of both local and national artists," Cr Charlton said.

"Congratulations to all entrants and finalists in the 2018 Moreton Bay Region Art Awards for your hard work and effort.

The winning works together with all the finalists of the 2018 Moreton Bay Region Art Awards will be on display until Sunday 27 May at the Strathpine Community Centre, 199 Gympie Road, Strathpine from 10am - 4pm.

During the display, visitors will have the chance to vote for their favourite entry in the 2018 Moreton Bay Region Art Awards, which closes on Sunday 27 May as part of the People's Choice Award.

For more information on the 2018 Moreton Bay Region Art Awards visit www.moretonbay.qld.gov.au/artawards

Sam with a digital version of *Portrait of A Greek Man and Son*



We Clean Ovens ...so you don't have to!

\$10 OFF
With This Advert*

Our professional oven clean that will restore your oven to show room condition



Before



After



- ✓ We remove the fan and back panel for a complete professional clean
- ✓ We take the door off, split the glass to remove any streaks
- ✓ Our solutions are safe, caustic free and bio degradable
- ✓ We return your oven to showroom condition
- ✓ We also clean BBQs, cooktops & rangehoods

* Mention this advert on booking. You must present this ad to technician. Not to be used in conjunction with any other offer.

oven
Oven Cleaning & Detailing Service

CALL TODAY 1300 683 681 www.oven.com.au
enquiries@oven.com.au

EOFY SALE

HAVAL
Have it all...



H2

PREMIUM 1.5L PETROL
TURBO CHARGED 6 SPD AT
COMPACT SUV

FROM **\$24,990***
DRIVEAWAY

- Sunroof ■ Reversing Camera ■ Park Assist
- Rain Sensing Wipers ■ Dusk Sensing Headlamps

H6

PREMIUM 2.0L PETROL
TURBO CHARGED 6 SPD OCT
MID-SIZED SUV

FROM **\$29,990***
DRIVEAWAY

- 145kW/315Nm ■ Blind Spot Monitoring
- Reversing Camera ■ Dual-Zone Climate Control

With over 4 million owners Haval is one of the world's largest SUV brands and the No.1 SUV brand in the world's largest auto market. In 2017 Brand Finance valued Haval as the "World's Most Powerful SUV Brand".

*All prices are driveaway. Premium paint (Metallic/Pearl/Gloss) and Two Tone paint (excluding White Silk) + \$495. †Advertised Gift Card value is including GST. Gift Card offer applies to new & demonstrator Haval H2 and H6 built in 2017 and ordered and delivered by 30/6/2018. Images for illustration purposes only. Wheels may vary. E&OE

TEST DRIVE
NOW AT...

performax
INTERNATIONAL

1 Burke Cres, North Lakes | 1800 767 367 | performaxhaval.com.au

FOR MORE INFORMATION
HAVAL.COM.AU



**Nominated
in the AHIA**
(Australian Hair Industry Awards)
- Best Customer Care
- Junior/Apprentice
of the Year

"MY HAIR LOOKED LIKE A MESS FOR THE PAST 5 YEARS" NOT ANYMORE...

I rang them and asked for a FREE style
consultation and here's what happened.....

- They sat with me and listened to what I wanted
- Gave me advice on the right choices for my hair
- Showed me how to manage it when I washed it myself
- Offered me a FREE wash and blow-dry a week after my service so they could make sure I loved my new colour & style
- Gave me an all-inclusive no hidden costs price before they started my service

Because it's not just a hair appointment ... x

CALL: 3880 6808

Shop 3/27 Discovery Drive
(the shops overlooking Lake Eden North Lakes)
SAMANTHAJONESHAIRCO.COM.AU

SAMANTHA JONES
HAIR CO.



PUBLIC HOSPITAL ADMISSIONS RISING FASTER THAN PRIVATE HOSPITAL ADMISSIONS

Admissions to public hospitals are growing faster than admissions to private hospitals, according to a new report from the Australian Institute of Health and Welfare (AIHW).

The report, *Admitted patient care 2016-17: Australian hospital statistics*, shows that of the 11 million admissions to hospitals in 2016-17, 6.6 million were in public hospitals and 4.4 million were in private hospitals.

'Admissions rose by 4.3% on average each year for public hospitals and 3.6% for private hospitals between 2012-13 and 2016-17, and these were greater than the average growth in population of 1.6% over the same period' said AIHW spokesperson Jenny Hargreaves.

In 2016-17, the majority of admissions to public hospitals (83% or 5.5 million) were for public

patients – however, about 1 in 7 (14% or 912,000 admissions) were for patients who used private health insurance to fund all or part of their admission.

Public hospitals accounted for the majority of emergency admissions (92%), medical admissions (77%) and childbirth admissions (76%) in 2016-17.

'By contrast, 59% of admissions for surgery were in private hospitals,' Ms Hargreaves said.

This proportion grew if the surgery was elective, with 67% of elective surgery admissions taking place in a private hospital. There were 2.2 million admissions involving elective surgery in total.

In terms of the safety and quality of care delivered, the report shows that in 2016-17 there were more than 186,000 hospital-acquired complications or 2.2% of 8.6 million in-scope admissions.

Included were over 103,500 admissions (1.2%) with Healthcare-associated infections. Other hospital-acquired complications on the national list included cardiac complications (0.6%), delirium (0.4%) and medication complications (0.2%).

The average length of stay in 2016-17 was 3.2 days in public hospitals and 2.2 days in private hospitals.

Learn about your local hospital. To search and compare performance information for more than 1,000 Australian public and private hospitals visit www.myhospitals.gov.au/

Queensland's FIRST amazing new style ARB Store



ARB North Lakes

66 Flinders Pde,
North Lakes QLD 4509

Ph: 07 3491 9600



PARTNERING WITH YOU

PERSONAL INJURY | CONVEYANCING | WILLS & ESTATES

gkslaw.com.au



Evergreen Centre,
Unit 8, 14 Discovery Drive, North Lakes

3385 0565

Australian Financial Advisers

- ❖ Budgeting for the Family & Your Lifestyle
- ❖ Paying down your Mortgage & Bad Debt
- ❖ Understanding Tax
- ❖ Creating Long Term Income & Wealth
- ❖ Retirement & Super Simplified
- ❖ 27 yrs of providing Financial Advice

www.afafp.com.au

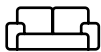


Call now to organise an appointment with Craig Fenton.
Initial Cost is an investment of your Time to find out what's possible!

3385 0565

Email: ls@afanorthlakes.com

Fenton Financial Management Pty Ltd T/A Australian Financial Advisers and Craig Fenton are Authorised Representatives of GWM Adviser Services Limited ABN 96 002 071 749, an AFSL, Registered Office at 105-153 Miller Street, North Sydney NSW 2060



ONLINE SUITOR WANTS TO MOVE IN

Hello Leonie,

I have recently met a man online and we have had some great times together. He has been married before and I have not. He has been honest and told me that his marriage failed because he was abusive and used to be a diagnosed alcoholic but now he says he is only a social drinker and has beaten his demons.

He doesn't have any money of his own or a home because he said that his wife took it all to look after the kids and he let her because he knew his drinking caused her a lot of heartache.

I have my own little house here in North Lakes and even though we have only been seeing each other for eight weeks, we did speak on the phone and exchange emails for a couple of months so you could say it's been four months or so.

This man has now started to pressure me to let him move in with me so we can start a life together. My sister and two brothers are against my new guy moving in because they say he'll try to take my house. I will admit that I am lonely and I'm not getting any younger.

I don't believe that anyone is perfect and that you have to give someone a chance. What do you think?

May

Hello May,

Well let's get one thing clear straight up. I don't believe that there is any such animal as an alcoholic who is now a social drinker. In my view staying alcohol free is the ONLY way for an alcoholic to maintain sobriety. So I would say that as nice as this man may seem, your siblings are absolutely right to be worried. One of the biggest lies that alcoholics tell is often the one they tell themselves and that is that they don't have problem, that they are in control and that everyone else is just nagging them. Alcoholics can become master manipulators. When a loved one gives in to this manipulation, the alcoholic may pay them back with words of admiration and love and this often has the sole purpose of buying more time. There are often lies to cover lies and stories to cover other stories.

Often alcoholics will be with you physically in body, at the dinner table, at the theatre or with the family but mentally they are usually always introspective, thinking about or planning how to get that next drink. Some alcoholics hate themselves and are incapable of maintaining healthy relationships.

The bottom line is that you can't fix anyone and why would you want to? This man has only been in your life a short time and it's not your responsibility to sort him out or save him. I believe that anyone who has lived with an alcoholic and who read your first two sentences would tell you to run like the clappers away from this man. Yes he needs help but the very fact that he believes he can be a social drinker after being diagnosed with alcoholism, tells me that he is still very much in denial and a long way from recovery.

Now you may think that you have gotten to know him but beware because you can never really know someone until you are getting constant exposure to them such as living together. People can hide who they really are for years if they have some control of when they are in your company.

I have counselled many men and women who have had relationships with drug addicts and alcoholics and I can tell you that it is a nightmare that can't fully be imagined until you must live through it. The stories are very similar, all the money being spent on grog and or the pokies (addictive personalities often have more than one addictive behaviour), abusive and embarrassing behaviours, money being stolen from everyone including children, and the constant lies. More than once I've learned of alcoholics whose family made sure that the alcoholic couldn't get near alcohol only to find out the person had been drinking mouth wash.

You asked me "what do I think?" I think that you would be a very silly lady indeed to get involved with this man. If you are looking for a companion, there are plenty of great men out there who would love to share their lives with you.

Til next week, Leonie

E-mail: leonieschilling@bigpond.com

Leonie Schilling is a qualified private practitioner at *North Lakes Counselling Services*

For appointments please phone 3886 2715 or 0423 653 841

www.northlakescounsellingservices.com.au

Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM

**ABOUT LEONIE**

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.



- Child Restraint Fitting Service
- Baby Equipment Hire for home or holiday
 - Capsule, Car Seat, Pram, Cot, Swing
- Servicing North Lakes and surrounding suburbs



Car Seat Specialist



Locally Operated



Convenience & Quality



Fully Insured



Hire for Baby
- Your complete baby equipment hire service -

07 3103 3990

www.hireforbaby.com



SAT JUNE 16TH TRIBUTE SHOW

THE BEE GEES


FREE SHOW

ALL THE HITS, STAYING ALIVE, SHOULD BE DANCING, MORE THAN A WOMAN, PLUS MANY MORE

RESERVED SEAT & DINNER TICKET
2 COURSE BUFFET DINNER, DRINK ON ARRIVAL, RESERVED SEATING AND SUPPORT ACT. **\$45**

DOORS OPEN 6PM FOR TICKET HOLDERS
FREE ENTRY FROM 8.30PM

PLUS DJ TILL LATE



UFC 225

WHITTAKER vs ROMERO 2

WORLD MIDDLEWEIGHT CHAMPIONSHIP

SUNDAY 10TH JUNE

LIVE & LOUD ON THE BIG SCREEN IN THE DISCOVERY LOUNGE FROM 12NOON



EYES DOWN TEAM

\$7K

SUPER SESSION

SATURDAY 9TH JUNE

A MINIMUM OF \$7,000 CASH MUST BE WON!

4 X \$1,000 UNLIMITED
10 X \$120
20 X \$60
15 X \$30

PLUS... NLSC JUMPING JACKPOT (MIN \$1,000) IN CALLS WITH \$150 CONSOLATION

*Terms and conditions apply. Gamble Responsibly.

www.northlakessports.com.au



LET US CONNECT YOU WITH VEHICLE AND EQUIPMENT FINANCE FOR YOUR BUSINESS

\$0
APPLICATION FEE*

Whether you want to finance business equipment, motor vehicles or commercial vehicles, BOQ has a full suite of Equipment Finance solutions to suit your needs.

Features and benefits include:

- Spreading repayments out over the life of the equipment
- No capital outlay
- Structured repayments to suit your cash flow
- Repayments may be tax deductible*
- \$0 application fee*

Plus, no matter the size of your business, you'll always get the five-star treatment with us. With dedicated relationship managers and experienced business and industry specialists across Australia, it really is a business relationship like no other.

Connect with BOQ North Lakes today and let us prove it.



IT'S POSSIBLE to LOVE A BANK
NORTH LAKES **BOQ**

Owner-Manager **Jeff Walls**

☎ **0419 642 906 | 3491 9311**

@ **jeff.walls@boq.com.au**

📘 **facebook.com/boqnorthlakes**

Equipment finance is provided by BOQ Equipment Finance Limited ABN 78 008 492 582 (BOQEF). BOQEF is a wholly owned subsidiary of Bank of Queensland Limited ABN 32 009 656 740 AFSL and Australian Credit Licence No 244616 (BOQ). BOQ does not guarantee or otherwise support the obligations or performance of BOQEF or the products it offers. Full terms and conditions available at any BOQ branch. Fees and charges are payable. BOQEF's standard credit assessment criteria apply. *Speak to your accountant for further information about tax benefits applicable to you. *The discount on Equipment Finance Application Fee Offer is open to approved applications settled by 30/06/2018 on presentation of this flyer. Fee waiver valued up to \$440.

LOCAL SKATERS TO STAR

when Disney On Ice Celebrates 100 Years of Magic

Shelley Craft on making lasting childhood memories



The chance of a lifetime - this week's cover stars Erica Russell of Murrumba Downs and Holly Stevenson of North Lakes will be part of a troupe to perform in a pre-show at the Brisbane Entertainment Centre before the Saturday 30 June 5:30pm outing of *Disney On Ice celebrates 100 Years of Magic*.

With just a few weeks until everyone's favourite Disney characters skate into town for the must see magical event of the year, we met up with local skate stars Erica Russell of Murrumba Downs and Holly Stevenson of North Lakes and TV's golden girl Shelley Craft.

In a move that will delight fans of all ages this June *Disney On Ice celebrates 100 Years of Magic* has ventured into their classic-laden recent and back-catalogue to bring more than 14 timeless Disney tales to life, on ice.

At Acacia Ridge Olympic Ice Rink we were treated to a special performance by the local skaters alongside a display of skill by one of Australia's top skaters Nicholas Fernandez while *Disney On Ice* Ambassador Shelley Craft shared her love of the yearly event.

"I know every one of these stories!" Shelley said.

"I have such fond memories from my own childhood, as well as my time working on Saturday Disney. Now a mum of two young girls who LOVE these stories and characters, I'm thrilled to be partnering with Disney On Ice for a second year - and so is my family!"

"Disney On Ice has become a tradition for my family and for the past five years, my daughters and I have traveled to Brisbane to see the show. Each year we create new memories, which I value dearly," she said before sharing her tips for creating special memories with your

family on outings like *Disney on Ice*:

1. Make Family Traditions. I love creating special experiences for our family that become our own traditions. Not only is it an opportunity to build



lasting memories, but it is something that families can plan and enjoy time and time again - whether it's doing something fun on the first or last day of the school term each year, creating a unique way to celebrate family birthdays, or attending an annual event or festival together.

2. Be Present. Multi-tasking, technology and a busy mind can impact on quality time with children. As a frequent traveler with work, I try to be truly present when I'm at home with my family. I switch off the computer and mobile, and just focus

Robyn Hampton Family Lawyer

STRONG, COMPASSIONATE
GUIDANCE FOR FAMILY LAW
MATTERS AND MORE!!

Call our friendly staff to arrange an
initial consultation.

P 07 3204 4388

1467 Anzac Avenue, Kallangur Qld 4503



Family Law Wills and Estates Conveyancing Criminal Law

F 07 3204 4485

E reception@heffordlawyers.com.au

W www.heffordlawyers.com.au



HEFFORD
LAWYERS

on spending quality time at home with my girls.

3. Shared experiences. Whether it's attending a live event, riding bikes or baking a cake; sharing an activity or experience with children is such a great way to connect. I find that it can be the simplest thing – Milla and I do martial arts together! I get such great pleasure generating heartfelt memories.

4. Less is more! We often get into the pattern of filling our lives with so many activities – and it can become exhausting. I like to pick an activity each weekend to do with my children, and not overshadow it by cramming in too much. I also apply the same idea when we go on holidays – so that we don't return home worn out. It's good to involve kids in choosing their favourites and adding them in.

5. Capture moments. The saying that 'a picture is worth a thousand words' rings true in our household. Each year, I print a book for each girl with their artwork or certificates and birthday cards to chronicle each year. I do this for family holidays too. This way I can also visit my cherished images – those that really capture the year we had and the memories we shared. This is a wonderful way to relive special and everyday moments.

During 2018's *Disney On Ice* celebrates

100 Years of Magic, Mouse-ter of Ceremonies Mickey Mouse, his sweetheart Minnie Mouse, and mates Donald Duck and Goofy will take to the ice with their friends from classic and modern Disney movies alike. From *Pinocchio* to *Frozen*, showgoers will be treated to a once in a lifetime spectacle with *Snow White and the Seven Dwarfs*, *Cinderella*, *Beauty and the Beast*, *Toy Story*, *The Lion King*, *Finding Nemo*, *Frozen* and more. Disney On Ice celebrates 100 Years of Magic will dazzle with magical moments and over 30 favourite Disney songs.

Making their *Disney On Ice* debut, Judy Hopps and Nick Wilde from *Zootopia* enlist the crowd to help solve an off-ice caper that must be cracked for the on-ice action to begin. Guests will also enjoy a special appearance by royal sisters Anna and Elsa from the number one animated feature film of all time, Disney's *Frozen*. Enter the kingdom of Arendelle and journey up the North Mountain with hilarious snowman Olaf and rugged mountain-man Kristoff as they help the sisters discover that true love conquers all.

Produced by Feld Entertainment, Disney On Ice celebrates 100 Years of Magic will open in Brisbane on June 29 with 9 shows in total at Brisbane Entertainment Centre, finishing on July 2.

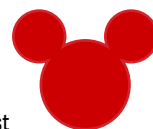
Tickets are on sale now at www.Ticketek.com.au/DisneyOnIce

Disney on Ice celebrates 100 Years of Magic's only Australian skater, Nick Fernandez and *Disney on Ice* Ambassador Shelley Craft



OUR COMPETITION WINNERS

Congratulations Jocelyn Walker and John Sayles who each won one of our *Disney on Ice* 2018 prize packs. They'll each be heading along with friends or family to one of the biggest events of the year with four A-Reserve tickets valued \$180 in hand. If you entered but didn't win, try your luck at our current major competition to win a whale watching family pass. Details on page 8.



THE NEW TASTE OF
MON KOMO HOTEL
AVAILABLE NOW



WWW.MONKOMOHOTEL.COM.AU | 99 MARINE PARADE REDCLIFFE

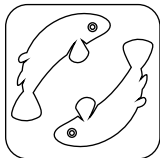




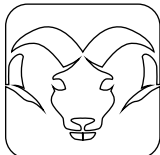
YOUR STARS



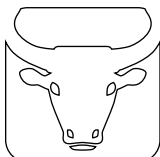
AQUARIUS JAN 21-FEB 19: Are you in the loop? Take a stroll around the cubicles to see what's up. Your legs (and mind) could use the stretch.



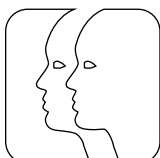
PISCES FEB 20-MARCH 20: What your group or team needs is new blood. Keep pushing for that fresh face you know will make a difference.



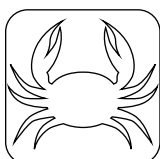
ARIES MARCH 21-APRIL 20: It's only natural to find a million mistakes when entering the last phase of a project, but that's anxiety talking. Just tie the ribbon on the package.



TAURUS APRIL 21-MAY 21: Someone comes to you overjoyed, but you know there's a downside. You're not misleading by not divulging. It's called being discreet.



GEMINI MAY 22-JUNE 21: The good thing about having different irons in the fire is you can always switch to another if one goes up in smoke. Life is sizzling with opportunities.



CANCER JUNE 22-JULY 23: You thought you could relax when you achieved a goal, but living up to that accomplishment could prove just as time consuming. Welcome to the 21st century.



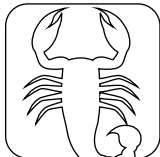
LEO JULY 24-AUG 23: Your ability to read between the lines is powerful, so bear in mind that some things are better left unsaid. Then again, being psychic, you would already know that.



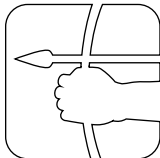
VIRGO AUG 24-SEPT 23: What your group or team needs is new blood. Keep pushing for that fresh face you know will make a difference.



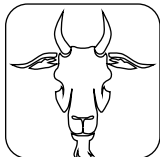
LIBRA SEPT 24-OCT 23: It's only natural to find a million mistakes when entering the last phase of a project, but that's anxiety talking. Just tie the ribbon on the package.



SCORPIO OCT 24-NOV 22: Someone comes to you overjoyed, but you know there's a downside. You're not misleading by not divulging. It's called being discreet.



SAGITTARIUS NOV 23-DEC 21: The good thing about having different irons in the fire is you can always switch to another if one goes up in smoke. Life is sizzling with opportunities.



CAPRICORN DEC 22-JAN 20: It's not the time to give up something for nothing. It's only sacrifice that's needed right now and it won't go unnoticed.

SHEIKE hair.face.body

Night Owl Centre
Cnr Discovery Dr & College St
North Lakes

3491 3503

www.sheikehair.com.au

bringing out the
BEAUTY
in you...

REDKEN
5TH AVENUE NYC



**HAIR COLOURING
& STYLING
ON YOUR 1ST VISIT
15% OFF***

15 FREE*
FOILS ON TUES

MUST BE IN CONJUNCTION WITH A
CUT AND BLOW DRY

*Please present coupon to receive discount. Discounts do not apply to retail products or waxing. Offers cannot be used in conjunction with each other.

*Please present coupon to receive discount. Discounts do not apply to retail products or waxing. Offers cannot be used in conjunction with each other.

Join Us!

Opal North Lakes
Community
Open Day



Saturday 23 June, 10am – 2pm

The team at Opal North Lakes invites the local community to celebrate the opening of our beautiful new home.

- Tours of our new aged care home
- Kids entertainment
- Live music
- Woodfire pizza
- Lucky door prize

Register your interest today!

Visit opalagedcare.com.au/northlakes
or call 1800 175 563



NINE

6.00 GMA. **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Animal Rescue Thailand. (PG) **12.30** The Middle. (PG) **1.00** Rugby League. QRL. Intrust Super Cup. Round 12. CQ Capras v Townsville Blackhawks. **3.00** Netball. Super Netball. Round 6. Sunshine Coast Lightning v Melbourne Vixens. **5.00** News. **5.30** Getaway. (PG) **6.00** Nine News. **7.00** Movie: The Lost World: Jurassic Park. (PG) (1997) Jeff Goldblum. **9.30** Movie: Ocean's Eleven. (M) (2001) George Clooney, Brad Pitt. **11.55** Movie: Movie 43. (MA15+) (2013) **1.35** Mom. (M) **2.00** TV Shop. **2.30** Step Dave. (M) **3.30** Getaway. (PG) **4.00** Destination WA. **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

GO!

6.00 Children's Programs. **9.30** Teen Titans Go! (PG) **10.00** Batman. (PG) **10.30** Be Cool, Scooby-Doo! (PG) **11.00** Nate Is Late. **12.00** Move It. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Yu-Gi-Oh! (PG) **2.30** Turning Mecard. (PG) **3.00** Gumball. **3.30** Ben 10. (PG) **4.00** Teen Titans Go! (PG) **4.30** Steven Universe. (PG) **5.00** Movie: Wedding Daze. (PG) (2006) **7.00** Movie: Legally Blonde 2: Red, White And Blonde. (PG) (2003) **9.00** Movie: Clueless. (M) (1995) **11.00** Mom. (M) **12.00** Adult Swim. (MA15+) **1.00** Total Divas. (M) **2.00** Best Ink. (M) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Little Charmers. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** To Be Advised. **1.30** To Be Advised. **2.45** To Be Advised. **4.00** Better Homes. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: Pirates Of The Caribbean: The Curse Of The Black Pearl. (PG) (2003) Johnny Depp, Orlando Bloom. A man joins forces with an infamous pirate. **9.45** Movie: Run All Night. (MA15+) (2015) Liam Neeson, Ed Harris, Joel Kinnaman. A hitman helps his estranged son flee a crime boss. **12.15** Movie: Stolen Youth. (M) (1996) Sharon Lawrence, Brian Austin Green. **2.00** Shopping. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

7TWO

6.00 Shopping. **8.00** Travel Oz. (PG) **9.30** Harry's Practice. **10.00** The Great Outdoors. **11.00** The Real Seachange. **11.30** NBC Today. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. **3.00** Creek To Coast. **3.30** Qld Weekender. **4.00** The Great Day Out. **4.30** SA Weekender. **5.00** Crash Investigation Unit. (PG) **5.30** Air Crash Investigation. (PG) **7.30** Mighty Trains. (PG) **8.30** Escape To The Country. Jules Hudson helps a couple find their first home together with business potential. **10.30** Escape To The Continent. **11.45** The Great Australian Doorstep. (PG) **12.15** Vasil's Garden. **1.00** Psychic TV. (M) **4.00** Sydney Weekender. **4.30** Travel Oz. (PG)

TEN

6.00 The Home Team. **6.30** Everyday Gourmet. **7.00** RPM. **8.00** Family Feud. **8.30** GCBC. **9.00** Seafood Escape. **9.30** St10. (PG) **12.00** The Living Room. **1.00** Sammy And Bella's Kitchen Rescue. **1.30** Everyday Gourmet. **2.00** Life Inside The Markets. **2.30** The Home Team. **3.00** Save With Jamie. **4.00** What's Up Down Under. **4.30** Escape Fishing. **5.00** News. **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Natural Curiosities. **7.00** David Attenborough's Natural Curiosities. A look at spiders and birds. **7.30** Ambulance. Helen and Julie treat a suicidal woman. **8.45** Movie: Star Trek. (M) (2009) Chris Pine. **11.15** To Be Advised. **1.00** Shopping. **4.30** The Table. **5.00** Hour Of Power.

ONE

6.00 Home Shopping. **8.00** MasterChef Australia. (PG) **3.00** Camper Trailer Lifestyle. New. **3.30** Operation Repo. (PG) **4.00** MacGyver. (PG) Final. **5.00** Merv Hughes Fishing. (PG) **5.30** Bondi Rescue. (PG) **6.00** All 4 Adventure. (PG) **7.00** Scorpion. (PG) **8.00** MacGyver. (M) **9.00** Hawaii Five-0. (M) **11.00** NCIS. (M) **1.00** Highlander. (M) **2.00** RPM. **3.00** Motor Racing. Formula 1. Race 6. Monaco Grand Prix. Highlights. From Circuit de Monaco, Monte Carlo, Monaco. **4.00** Operation Repo. (PG) **4.30** Highlander. (M) **5.30** Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **10.00** Rage. (PG) **11.10** Grand Designs Australia. (PG) **12.00** ABC News At Noon. **12.30** Miniseries: Agatha Christie's Ordeal By Innocence. (M) **1.30** Endeavour. (M) **3.00** Secrets Of Silicon Valley. (PG) **4.00** Landline. **4.30** Who's Been Sleeping In My House? **5.00** Antiques Roadshow. **6.00** Compass. **6.30** Back Roads. **7.00** ABC News. **7.30** Father Brown. (M) Final. **8.15** Agatha Christie's The Witness For The Prosecution. (M) **9.15** Miniseries: The City And The City. (M) **10.15** Unforgotten. (M) **11.05** Wentworth. (MA15+) **11.50** Rage. (PG) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **5.10** WildWoods. **5.25** Kazoops! **5.30** Peppa Pig. **5.40** Noddy Toyland Detective. **5.55** Jamilliah And Aladdin. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Play School's Story Time. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? (PG) **8.30** Live At The Apollo. (M) **9.15** Comedy Next Gen. (M) **10.15** Comedy Up Late. (M) **10.45** Penn & Teller: Fool Us. (PG) **11.25** Dead Boss. (M) **11.55** The Librarians (M) **12.20** The Librarians (M) **12.50** An Idiot Abroad. (M) **1.35** Live At The Apollo. (M) **2.20** The Office. (M) **3.05** News Update. **3.10** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Small Business Secrets. **2.30** Gymnastics. FIG World Cup. Rhythmic competition. **4.55** Tennis. French Open. Day 6. Highlights. **5.55** Railway Journeys UK. **6.30** News. **7.35** Origins: The Journey Of Humankind. **8.30** Origins: The Journey Of Humankind. **9.30** Origins: The Journey Of Humankind. **10.30** Tennis. French Open. Day 7. **4.00** 24 Hours In Police Custody. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Insight. **1.00** Front Up. **1.30** Jungletown. (PG) **2.20** Abandoned. (PG) **3.10** Woman With Gloria Steinem. (PG) **3.35** Huang's World. (PG) **4.25** PBS News. **5.25** Forever Young. (PG) **5.50** Community. (PG) **6.15** Community. (PG) **6.40** The Pizza Show. **7.05** The Pizza Show. **7.30** One Born Every Minute UK. (M) **8.30** Movie: Rocky Balboa. (M) (2006) **10.20** Movie: Rocky. (M) (1976) **12.30** The Movie Show. **1.00** The Movie Show. **1.30** Big Night Out. (M) **2.20** Flophouse. (M) **2.45** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

8.30pm Crazy, Stupid, Love. (2011) Comedy. Steve Carell, Ryan Gosling. (M) *Romance* **9.15pm Trolls** (2016) Animated. Anna Kendrick, Justin Timberlake. (G) *Family*

GENERAL

8.30pm Make You Laugh Out Loud. (M) *FOX8* **9.20pm Bliss.** (M) *BBC First* **9.30pm The Amazing Race.** *FOX8*

DOCUMENTARY

8.30pm Celebrity Money For Nothing. *Lifestyle Home* **8.30pm Nazi Megastructures: Russia's War.** (PG) *National Geographic*

SPORT

7.20pm Football. AFL. Round 11. Essendon v Richmond. *Fox Footy* **7.30pm Rugby Union.** Super Rugby. Round 16. Queensland Reds v New South Wales Waratahs. *Fox Sports 501* **7.35pm Rugby League.** NRL. Round 13. Parramatta Eels v Newcastle Knights. *Fox League*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0206





EXPRESSIONS DANCE COMPANY PRESENTS 4SEASONS

Date: 14 - 22 June 2018

Location: Playhouse, QPAC

Cost: From \$25

Queensland's critically acclaimed Expressions Dance Company (EDC) and Hong Kong's City Contemporary Dance Company (CCDC) unite to present the Australian premiere of 4Seasons at QPAC. This compelling triple bill features new contemporary dance works by Natalie Weir (Artistic Director, EDC), Dominic Wong (Assistant Artistic Director, CCDC) and Helpmann Award winning choreographer Kristina Chan and brings together 20 dancers from the EDC and CCDC ensembles for a truly international collaboration.

Featuring moments from celebrated minimalist composer Max Richter (Woolf Works, The Royal Ballet) melded with Vivaldi's the Four Seasons, this uplifting triple bill brings sublime choreography, dance, music and lighting to the stage. For more info and bookings visit www.qpac.com.au

JUNE
14 - 22

THE LONGEST MINUTE

Date: 26 May - 23 June 2018

Location: Cremorne Theatre, QPAC

Where were you the night of the 2015 NRL Grand Final? The night when long-time underdogs the North Queensland Cowboys won in an all-QLD nail-biter that changed the game, and the state, forever. For one family of Cowboys diehards, their whole lives have led up to this moment.

Jess was born on the night of the North Queensland Cowboys' first game in Townsville. Daughter of Foley Shield legend Frank 'Black Flash' Wright, she grew up as a footy fanatic with big dreams, silky skills and boundless ambition to play. But as a girl in a male-dominated sport, she faces more than her fair share of knockbacks, just like the luckless Cowboys. Despite their relentless string of losses, Jess still dares to believe in her team, and herself.

For more info and tickets visit: www.queenslandtheatre.com.au

26 MAY -
23 JUNE

TO ADD YOUR EVENT TO THIS PAGE FOR **FREE** VISIT WWW.NORTHLAKESMESSENGER.COM.AU

Road & Work Injury Experts

Turn to Turner Freeman.

You may be able to claim a TPD* payment *Total and Permanent Disablement



3482 8500



turnerfreeman.com.au



Unit 1/9 Gregor Street West, NORTH LAKES

**Turner
Freeman**
LAWYERS

NINE

6.00 Good Morning America: Saturday. **7.00** Weekend Today. **10.00** Sports Sunday. (PG) **11.00** NRL Sunday Footy Show. (PG) **1.00** Netball. Super Netball. Round 6. NSW Swifts v Adelaide Thunderbirds. From Quaycentre, Sydney. **3.00** Sunday Football Preview. **4.10** Rugby League. NRL. Round 13. Sydney Roosters v Wests Tigers. From Allianz Stadium, Sydney. **6.00** Nine News. **7.00** The Voice. (PG) **9.00** 60 Minutes. **10.00** Guiltology. (M) **11.00** The Innocence Network. (M) **12.00** Major Crimes. (M) **1.00** Cold Case. (M) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** The Baron. (PG) **4.00** Good Morning America: Sunday. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **12.00** Turning Mecard. (PG) **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Steven Universe. (PG) **2.00** Yo-Kai. (PG) **2.30** Tom And Jerry. **3.00** Gumball. **3.30** Teen Titans Go! (PG) **4.00** Be Cool, Scooby-Doo! (PG) **4.30** Britain's Got Talent. (PG) **6.00** Big Bang. (PG) **8.30** Love Island Australia. (MA15+) **9.30** Movie: 21 Jump Street. (MA15+) (2012) **11.40** Love Island Australia. (MA15+) **12.40** Adult Swim. (MA15+) **1.10** China, IL. (MA15+) **1.40** Tattoo Fixers. (MA15+) **2.35** Most Terrifying Places In America. (MA15+) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Little Charmers. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** Business Builders. (PG) **1.30** To Be Advised. **2.45** To Be Advised. **4.00** Better Homes. **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** House Rules. (PG) **8.30** Sunday Night. Current affairs program, hosted by Melissa Doyle. **9.30** Crimes That Shook The World. (MA15+) Documents the story of Belgian Marc Dutroux, who kidnapped, tortured and abused six girls during 1995 and 1996. **10.30** Criminal Confessions. (M) **11.30** Blindspot. (M) **12.30** Bates Motel. (MA15+) **1.30** Grandfathered. (PG) **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** To Be Advised. **9.30** Harry's Practice. **10.00** House Of Wellness. (PG) **11.00** Australia's Best Backyards. **11.30** NBC Today. **12.30** The Real Seachange. **1.30** Equestrian. Melbourne International 3-Day Event. **2.45** Escape To The Country. **3.45** Escape To The Continent. **5.00** Mighty Trains. (PG) **6.00** Mighty Ships. (PG) **7.00** Dog Patrol. (PG) **7.30** Motorway Patrol. (PG) **8.00** Highway Cops. (M) **8.30** Border Security. (PG) **10.00** Brit Cops. (M) **11.00** Dog Patrol. (PG) **11.30** Motorway Patrol. (PG) **12.00** Border Security. (PG) **12.30** Psychic TV. (M) **3.30** Late Programs.

TEN

6.00 Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** Pooches At Play. **8.30** GCBC. **9.00** Cook's Pantry. **9.30** St10. (PG) **12.00** Photo Number 6. **1.00** Everyday Gourmet. **1.15** MasterChef Aust. (PG) **2.45** MasterChef Aust. (PG) **4.00** RPM. **5.00** News. **6.00** Family Feud. **6.30** The Sunday Project. **7.30** MasterChef Aust. Contestants shop for mystery box ingredients. **9.10** Roseanne. (PG) Roseanne and Jackie fight over who will take care of their mother Beverly. **9.40** NCIS. (M) The NCIS team is called in to investigate when the body of a missing US Navy Lieutenant is found in a cemetery. **10.40** SEAL Team. (M) Final. **11.40** The Sunday Project. **12.30** Shopping. **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** Rugby Union. Super Rugby. Round 16. Queensland Reds v New South Wales Waratahs. Replay. **10.00** Esports. Gfinity Elite Series Australia. Rocket League. **1.00** 4x4 Adventures. **2.00** Escape Fishing. **2.30** Fishing Aust. **3.00** Life Inside The Markets. **3.30** Air Racing. Red Bull Series. Highlights. **4.00** Monster Jam. **5.00** What's Up Down Under. **5.30** I Fish. **6.00** Bondi Rescue. (PG) **6.30** Scorpion. (PG) **7.30** NCIS: LA. (M) **8.30** CSI: NY. (MA15+) **9.30** Motorcycle Racing. MotoGP. Race 6. Italian Grand Prix. **11.00** Ambulance. **12.15** Highlander. (M) **1.15** RPM. **2.15** Operation Repo. (PG) **2.45** The Doctors. (M) **4.45** Highlander. (M) **5.45** Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** World This Week. **11.00** Compass. **11.30** Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Aust. **2.30** Ask The Doctor. (M) **3.00** Antiques Roadshow. **4.00** The Mix. **4.40** Father Brown. (PG) **5.30** Julia Zemiro's Home Delivery. (PG) **6.00** Back In Time For Dinner. **7.00** ABC News Sunday. **7.40** David Attenborough's Tasmania. **8.30** Mystery Road. (M) New. **9.30** Mystery Road. **10.15** Movie: 20 Feet From Stardom. (M) (2013) Darlene Love, Merry Clayton, Lisa Fischer. A look at the history of backup singers in pop music, reflecting on all aspects of a career spent supporting other artists. **11.45** Late Programs.

ABC COM

6.00 Children's Programs. **5.55** Jamillah And Aladdin. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Play School's Story Time. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Penn & Teller: Fool Us. (PG) **8.40** Alan Carr: Yap Yap Yap! Live. (M) **9.30** Gruen XL. **10.15** Alan Davies: As Yet Untitled. (M) **11.05** Adam Hills: The Last Leg. (MA15+) **11.45** W1A. (M) **12.15** Plebs. (M) **12.40** Zapped. (M) **1.10** The Thick Of It. (MA15+) **1.40** The Keith Lemon Sketch Show. (M) **2.05** The Keith Lemon Sketch Show. (M) **2.30** Dirty Laundry. (M) **3.15** News Update. **3.20** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **7.00** Small Business Secrets. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Speedweek. **3.00** The Bowls Show. **4.00** Motorcycle Racing. Superbike World Championship. Highlights. **4.30** FIFA 2018 World Cup: Road To Russia. **4.55** Tennis. French Open. Day 7. Highlights. **5.55** Railways Of The Great War. (PG) **6.30** News. **7.30** Underwater Pompeii. (PG) **8.30** Elvis Presley: The Searcher. **10.30** Tennis. French Open. Day 8. **4.00** The Seventies. (PG) **4.50** SBS Flashback. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **9.00** PopAsia TV. (PG) **10.00** WorldWatch. **11.35** Hindi News. **12.00** Insight. **1.00** Front Up. (PG) **1.30** 10,000 BC. (PG) **2.25** Rise. (PG) **3.15** VICE. (PG) **3.45** States Of Undress. (PG) **4.30** Inhuman Kind. (PG) **5.00** Young Brides For Sale. (PG) **5.25** Vs Arashi. (PG) **6.20** Vs Arashi. (PG) **7.15** If You Are The One. **8.25** The Island: Men's Island. (M) **9.20** Date The World. (M) **9.35** Cycling. UCI World Tour. Critérium du Dauphiné. Prologue. **11.05** Vs Arashi. (PG) **12.55** Shot By Kern. (MA15+) **1.25** Flophouse. (M) **2.15** Black Market: Dispatches. (M) **2.40** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

8.30pm The King's Speech (2010) Biographical. Colin Firth, Geoffrey Rush. (M) Masterpiece
8.30pm Miss Congeniality 2: Armed And Fabulous (2005) Comedy. Sandra Bullock, Regina King. (M) Comedy
8.30pm Troy (2004) Action. Brad Pitt, Eric Bana. (M) Action

GENERAL

6.30pm Grown-ish. FOX8
7.30pm Tonight At The London Palladium. UKTV
7.30pm Superstore. (PG) FOX8

DOCUMENTARY

7.30pm Rocky Mountain Railroad. (PG) Discovery
8.30pm Wild Russia. National Geographic Wild
8.30pm Eat The Week. Lifestyle Food

SPORT

4.10pm Rugby League. NRL. Round 13. Sydney Roosters v Wests Tigers. Fox League
4.40pm Football. AFL. Round 11. Adelaide v GWS Giants. Fox Footy
7.00pm Tennis. French Open. Day 8. Fox Sports 505

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0306

NORTHS

CLIFFHANGER of Cash

WIN A SHARE OF UP TO \$8,000 EVERY SUNDAY FROM 2PM

STATE OF ORIGIN

LIVE HERE AT NORTHS

GAME 1 - Wednesday 6 June.
Great Package from \$20
which includes a Maroons burger

New to Sundays

ROAST BUFFET

JUST \$19.90
MEMBERS PRICE

char

\$5000 MEMBERS DRAW

Saturday 16th June
10 X \$500 MUST BE WON!

Find us at facebook.com/northskallangur

1347 Anzac Avenue Kallangur 4503
Phone: 07 3285 2733 | www.northsleagues.com

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** The Voice. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Talkin' 'Bout Your Generation. (PG) **8.45** The Big Bang Theory. (PG) **9.15** The Big Bang Theory. (PG) **9.45** 100% Footy. (M) **10.45** Two And A Half Men. (PG) **11.15** Two And A Half Men. (PG) **11.40** Rizzoli & Isles. (M) **12.30** Extra. **1.00** Postcards. (PG) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Car SOS. (PG) **12.00** Deals, Wheels And Steals. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon. **3.30** LEGO Friends. **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Love Island Australia. (MA15+) **9.30** Movie: 22 Jump Street. (MA15+) (2014) **11.45** Love Island Australia. (MA15+) **12.45** Friends. (PG) **1.15** Aqua Teen Hunger Force. (M) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Outlaw Prophet: Warren Jeffs. (M) (2014) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Justin learns about Nina's ultimatum. Tori may have ruined her chances of rekindling a relationship with Ash. **7.30** House Rules. (PG) Hosted by Johanna Griggs. **8.45** The Mentor. (PG) Mark Bouris has five days to teach Eva the basics of business and help her plan for the future. **9.55** Gordon Behind Bars. (M) Hosted by Gordon Ramsay. **11.00** Air Crash Investigation. (PG) **12.00** Blindspot. (M) **1.00** Talking Footy. **2.30** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** Mighty Ships. (PG) **11.30** The Real Seachange. **12.00** NBC Today. **1.00** NBC Press. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. (PG) **8.30** Foyle's War. (M) **10.30** Blue Murder. (M) **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** House Calls To The Rescue. **2.00** Heartbeat Of The Coral Coast Pt 1. **3.00** Escape To The Country. **4.00** Million Dollar Minute. **5.00** Late Programs.

TEN

6.00 The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. A look at the day's news. **7.30** MasterChef Aust. **8.30** Have You Been Paying Attention? (M) Guests include Georgie Carroll, Marty Sheargold, Celia Pacquola, Ed Kavalee and Sam Pang. **9.30** Man With A Plan. (PG) After the kids refuse to do their chores, Adam and Andi decide to go on strike as well. **10.00** Man With A Plan. (PG) **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** RPM. **9.00** iFish. **9.30** A Taste Of Travel. **10.00** Operation Repo. (PG) **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** Scorpion. (PG) **1.00** The Doctors. (M) **2.00** Matlock. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Africa. **7.30** Walker, Texas Ranger. (M) **8.30** NCIS. (M) **11.30** Super Rugby Extra Time. **12.30** Home Shopping. **2.00** Motorcycle Racing. MotoGP. Race 6. Italian Grand Prix. Replay. From Mugello Circuit, Tuscany, Italy. **3.30** Cheers. (PG) **4.00** Matlock. (M) **5.00** Diagnosis Murder. (PG)

ABC

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** David Attenborough's Tasmania. **11.00** Catalyst. **12.00** ABC News At Noon. **1.00** Landline. **2.00** Our Zoo. (PG) **3.00** Doc Martin. (PG) **3.45** Gardening Australia. **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Australian Story. Final. **8.30** Four Corners. **9.15** Media Watch. (PG) **9.35** Q&A. **10.40** ABC Late News. **11.10** The Business. **11.25** Golf. PGA Tour. The Memorial Tournament. Highlights. From Muirfield Village Golf Course, Dublin, Ohio. **12.20** Doc Martin. (PG) **1.10** Our Zoo. (PG) **2.05** Rage. (MA15+) **3.25** Antiques Roadshow. **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

ABC COM

6.00 Children's Programs. **5.25** Kazoops! **5.30** Peppa Pig. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Dinosaur Train. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Librarians. (M) **8.30** The Librarians. (M) **8.55** Buzzcocks. (M) **9.25** Alan Carr: Yap Yap Yap! Live. (M) **10.15** The Mighty Boosh. (PG) **10.45** The Office. (PG) **11.10** 30 Rock. (PG) **11.30** Archer. (M) **11.55** Parks And Recreation. (PG) **12.15** Buzzcocks. (M) **12.45** The Mighty Boosh. (PG) **1.15** The Office. (M) **1.40** 30 Rock. (PG) **2.00** Parks And Recreation. (PG) **2.20** News Update. **2.25** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Al Jazeera. **2.00** André Rieu: Live In Maastricht. **3.30** Nana Ou-Yang. **3.55** Cuba With Simon Reeve. **4.55** Tennis. French Open. Day 8. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.35** Elizabeth. (PG) Final. **8.30** Michael Mosley Vs The Superbugs. (PG) **9.35** 24 Hours In Emergency. (M) **11.30** Tennis. French Open. Day 9. From Roland-Garros Stadium, Paris, France. **4.00** Inquisition. (MA15+) **4.55** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** The Third Industrial Revolution. (PG) **1.55** The Pizza Show. (M) **2.20** Dead Set On Life. (PG) **2.45** It's Suppertime! (PG) **3.10** Vs Arashi. (PG) **4.05** Cyberwar. (PG) **4.30** Fashionista. **4.40** States Of Undress. (PG) **5.35** If You Are The One. **6.35** Batman. (PG) **7.05** Batman. (PG) **7.35** The Feed. **8.05** Travel Man. **8.30** Movie: Kung Fu Jungle. (M) (2014) **10.25** North Korean Labour Camps. (PG) **11.15** Cycling. UCI World Tour. Critérium du Dauphiné. Stage 1. Valence to Saint-Just-Saint-Rambert. 179 km hill stage. **12.45** Hate Thy Neighbour. (MA15+) **1.35** Most Expensivest. (MA15+) **2.00** Fubar: The Age Of The Computer. (M) **2.25** CGTN English News. **3.00** Thai News. **3.30** WorldWatch.



MOVIES

6.25pm The Big Sick (2017) Comedy. Kumail Nanjiani, Zoe Kazan. (M) *Premiere*
8.30pm The Monuments Men (2014) War. George Clooney, Matt Damon. (M) *Masterpiece*
8.30pm The Day After Tomorrow (2004) Sci-fi. Dennis Quaid, Jake Gyllenhaal. (M) *Action*

GENERAL

8.30pm Last Week Tonight With John Oliver. (M) *Comedy Channel*
8.30pm The Coroner. (PG) *UKTV*
9.00pm 2 Dope Queens. (MA15+) *Comedy Channel*

DOCUMENTARY

8.30pm Britain's Darkest Taboos. (M) *Crime & Investigation*
8.30pm Dictator's Rule Book. (M) *National Geographic*

SPORT

7.00pm Tennis. French Open. Day 9. *Fox Sports 503Fox Sports 505*
11.15pm Cycling. UCI World Tour. Critérium du Dauphiné. Stage 1. Valence to Saint-Just-Saint-Rambert. 179 km hill stage. *Eurosport*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0406

How do you want your friends to remember you?

With a prepaid funeral, just the way you are.

Not only will prepaying and preplanning your funeral protect your loved ones financially and emotionally, it also ensures that it'll be representative of the life you've lived; that all the details will be tasteful, just the way you like it - almost as if you were there in fact.


**GEORGE HARTNETT
FUNERALS**

Redcliffe 3284 5268
georgehartnettfunerals.com.au


**METROPOLITAN
FUNERALS**

Redcliffe 3284 3799
metropolitanfunerals.com.au



WILLS & ESTATES



FAMILY LAW | INJURY LAW | WILLS & ESTATES | CONVEYANCING


**ZANDE
LAW**

Norwinn Centre
15 Discovery Drive
North Lakes
3385 0999
www.zandelaw.com.au

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Mr Mom. (PG) (1983) Michael Keaton, Teri Garr, Frederick Koehler, Talliesin Jaffe. A dad loses his job and stays at home to look after the kids while his wife works. **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Buying Blind. New. **9.00** Serial Killer With Piers Morgan. (M) **10.00** Beauty And The Beach. (M) **11.00** Mom. (M) **11.30** Mom. (M) **11.55** 20/20. **12.45** The Closer. (M) **1.35** Extra. **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon. **3.30** Nexa Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Real, Fake Or Unknown. (M) **8.00** Love Island Australia. (MA15+) **9.30** Movie: Superbad. (MA15+) (2007) **12.00** Love Island Australia. (MA15+) **1.00** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Killer Coach. (M) (2016) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Willow steals money to pay for rent. **7.30** House Rules. (PG) The teams head to Victoria where competitive couple Leigh and Kristie are preparing to hand over the keys to their beach house. **8.45** Interview. (M) Andrew Denton interviews a range of fascinating people in an effort to find out what makes them tick. **9.45** Swipe Right For Murder. (M) **10.45** Autopsy USA. (MA15+) **11.45** Grimm. (M) **12.45** Hannibal. (MA15+) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** The Great Outdoors. **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Vicar Of Dibley. (PG) **8.45** Inspector Morse. (PG) **10.45** Suspects. (M) **11.45** Bargain Hunt. **1.00** Harry's Practice. **2.00** Heartbeat Of The Coral Coast Pt 2. **3.00** Escape To The Country. **4.00** Million Dollar Minute. **4.30** Late Programs. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

TEN

6.00 The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Contestants compete for immunity. **8.30** Shark Tank. (PG) Business people are pitched inventions and innovations that they then have the opportunity to invest in. **9.30** NCIS: LA. A suspect reveals new information on the whereabouts of the man who kidnapped Mosley's son. **10.30** NCIS: LA. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Super Rugby Extra Time. **9.00** Star Trek: Voyager. (PG) **10.00** Operation Repo. (PG) **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Africa. **1.00** The Doctors. (M) **2.00** Nash Bridges. (M) **3.00** Super Rugby Extra Time. **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Madagascar. **7.30** Walker, Texas Ranger. (PG) **8.30** 48 Hours. (M) **9.30** Homicide: Hours To Kill. (M) **10.30** To Be Advised. **11.30** CSI: Miami. (MA15+) **12.30** Home Shopping. **2.00** Star Trek: Voyager. (PG) **3.00** Nash Bridges. (M) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (M)

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. (PG) **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Our Zoo. (PG) Final. **3.00** Doc Martin. (PG) **3.45** Surfing The Menu: TNG. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** 50 Years Of BTN: The World Through A Classroom TV. **6.30** Q&A Behind The News. **7.00** ABC News. **7.30** 7.30. **8.00** Making Child Prodigies. (PG) **8.30** Back In Time For Dinner. **9.30** Miriam's Big American Adventure. (PG) **10.30** ABC Late News. **11.00** The Business. **11.15** Q&A. **12.20** Doc Martin. (PG) **1.10** Our Zoo. (PG) Final. **2.05** Rage. (MA15+) **2.40** Grand Designs. (PG) **3.25** Antiques Roadshow. **4.25** Late Programs.

ABC COM

6.00 Children's Programs. **5.25** Kazoos! **5.30** Peppa Pig. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Dinosaur Train. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. **8.00** The IT Crowd. (PG) **8.25** The IT Crowd. (PG) **8.55** Buzzcocks. (M) **9.25** Plebs. **9.50** Zapped. (M) **10.20** The Mighty Boosh. (PG) **10.50** The Office. (PG) **11.15** 30 Rock. (PG) **11.35** Archer. (M) **12.00** Parks And Recreation. (PG) **12.20** Buzzcocks. (M) **12.50** The Mighty Boosh. (PG) **1.20** The Office. (PG) **1.40** 30 Rock. (PG) **2.05** Archer. (M) **2.25** Parks And Recreation. (PG) **2.50** News Update. **2.55** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Off The Record. (PG) **2.30** Good Listening. (PG) **3.00** Nigella Bites. **3.30** Nigella Bites. (PG) **4.55** Tennis. French Open. Day 9. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.30** Who Do You Think You Are? (PG) Final. **8.30** Insight. **9.30** Dateline. **10.00** Tennis. French Open. Day 10. Quarter-finals. **4.00** STUDIO At The MEMO With Tim Rogers. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Movie: Stockholm East. (M) (2011) **1.40** The Last Shot. (M) **2.30** A Day In Slab City. (M) **2.55** Fashionista. (PG) **3.05** PopAsia TV. (PG) **4.05** News. **4.30** PBS News. **5.30** If You Are The One. **6.30** Batman. (PG) **7.00** Batman. (PG) **7.30** The Feed. **8.00** Gadget Man. **8.30** Housos. (MA15+) **9.00** Housos. (MA15+) **9.30** Slutever. **10.00** Slutever. **10.25** Needles And Pins. (M) **11.15** Cycling. UCI World Tour. Critérium du Dauphiné. Stage 2. **12.45** News. **1.10** Motherboard. (M) **1.35** Shot By Kern. (MA15+) **2.05** The Feed. **2.30** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.50pm A Ghost Story (2017) Drama. Rooney Mara, Casey Affleck. (M) **Masterpiece** **8.30pm 6 Days** (2017) Action. Mark Strong, Abbie Cornish. (M) **Premiere** **8.30pm Hotel Rwanda** (2004) Drama. Don Cheadle, Sophie Okonedo. (M) **Masterpiece**

GENERAL

8.00pm Dukes Of Hazzard. (PG) A&E **8.30pm Rooster & Butch**. (PG) A&E **8.30pm Supergirl**. (M) FOX8

DOCUMENTARY

7.30pm Genius. (M) **National Geographic** **7.30pm Empire Games**. (PG) **History** **9.30pm Coast Vs. Country**. **Lifestyle Home**

SPORT

10.00am Ice Hockey. NHL. Stanley Cup. **Fox Sports 503** **8.30pm Open Mike**. **Fox Footy** **8.30pm NRL 360**. **Fox League**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0506



FAMILY LAW SPECIALISTS

5/13 Discovery Drive
NORTHLAKES
Ph: (07) 3448 2199

www.journeyfamilylawyers.com.au

Divorce | Property Settlement | Children's Matters
Consent Orders | Prenuptial Agreements | Wills

Journey Family Lawyers are one of the
largest specialist Family Law firms in Queensland.

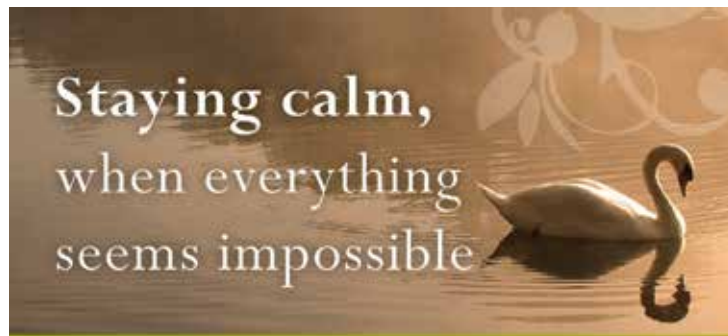
WHY CHOOSE JOURNEY:

- **Our experience**
- **Our solicitors are experts in Family Law**
- **We are big enough to manage any matter but small enough to care**
- **You will get practical non-nonsense advice**
- **You will receive a personalised case assessment & plan**



Did you know?

You can send a Superannuation Information Request Form to your former partner's superannuation fund to find out how much they have in superannuation.



Let us guide you through the delicate funeral arrangement process to create a true celebration of life for your loved ones. For immediate help or a copy of our free 'Funeral Planning Guide' just call 3888 3535.



ALEX GOW
FUNERALS
Creating memories since 1840

24 Hours / 7 Days Service
Pre-arranged Funerals
Funeral Insurance Advice

TALLOWOOD DRIVE
DECEPTION BAY

... still family-owned

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Buying Blind. **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** State Of Origin Preview. **8.10** Rugby League. State Of Origin. Game 1. NSW v Queensland. From the MCG. **10.10** State Of Origin Post-Match. **11.10** Talkin' 'Bout Your Generation. (PG) **12.25** House Husbands. (M) **1.25** Extra. **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Uncle Grandpa. (PG) **2.30** Yu-Gi-Oh! (PG) **3.00** Pokémon. **3.30** Nexo Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **7.30** Lip Sync Battle. (M) **8.30** Love Island Australia. (MA15+) **9.30** Movie: Ted 2. (MA15+) (2015) **12.00** Love Island Australia. (MA15+) **1.00** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Fatal Accutall. (M) (2014) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase. **6.00** News. **7.00** Home And Away. (PG) **8.30** Modern Family. (PG) The trials and tribulations of three families each with their own unique issues. **9.00** Modern Family. (PG) Phil is determined to prove Luke is responsible enough to have a new bike. **9.30** First Dates UK. (M) Singles experience the thrills of dating. **10.30** Hooked On The Look. (MA15+) **11.00** Hell's Kitchen USA. (MA15+) **12.00** Battle Creek. (M) **1.00** Travel Oz. (PG) **1.30** Travel Oz. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** The Great Outdoors. **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Pie In The Sky. (PG) **8.30** A Touch Of Frost. (M) Frost investigates familiar crimes. **10.30** Cities Of The Underworld. (PG) **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** House Calls To The Rescue. **2.00** Shopping. **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

TEN

6.00 The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. (PG) **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. The contestants tackle a team challenge. **8.30** Instinct. (M) Dylan and Lizzie are assigned to a murder in New York's Central Park. **9.30** This Is Us. (M) Final. As the Pearsons come together to celebrate Kate and Toby's wedding, Kate is flooded with memories of Jack. **10.30** Hawaii Five-O. Final. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: Voyager. (PG) **10.00** Operation Repo. (PG) **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Madagascar. **1.00** The Doctors. (M) **2.00** Nash Bridges. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** David Attenborough's Madagascar. **7.30** Walker, Texas Ranger. (M) **8.30** CSI: Miami. (MA15+) **9.30** To Be Advised. **11.30** CSI: NY. (MA15+) **12.30** Home Shopping. **2.00** Star Trek: Voyager. (PG) **3.00** Nash Bridges. (M) **4.00** Diagnosis Murder. (PG)

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. (PG) **12.00** ABC News At Noon. **12.30** Press Club. **1.30** Aust Story. Final. **2.00** The Beautiful Lie. (M) **3.00** Doc Martin. (PG) **3.45** The Cook And The Chef. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. **7.00** ABC News. **7.30** 7.30. **8.00** Julia Zemiro's Home Delivery. **8.30** Gruen. (M) **9.10** The Weekly. (M) **9.40** Corey White's Roadmap To Paradise. (M) **9.55** Adam Hills: The Last Leg. (M) **10.40** ABC Late News. **11.10** The Business. **11.25** Four Corners. **12.10** Media Watch. (PG) **12.30** Doc Martin. **1.15** Press Club. **2.35** Grand Designs. (PG) **3.25** Louis Theroux: America's Most Dangerous Pets. (M) **4.25** Murder, She Wrote. (PG) **5.15** Pointless.

ABC COM

6.00 Children's Programs. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Dinosaur Train. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Absolutely Fabulous. (PG) **8.30** Absolutely Fabulous. (PG) **9.00** Buzzcocks. (M) **9.30** An Idiot Abroad. (M) **10.15** The Mighty Boosh. (M) **10.45** The Office. (PG) **11.10** 30 Rock. (PG) **11.30** Archer. (M) **11.55** Parks And Recreation. (PG) **12.15** Buzzcocks. (M) **12.45** The Mighty Boosh. (PG) **1.15** The Office. (PG) **1.35** 30 Rock. (PG) **2.00** Archer. (M) **2.20** Parks And Recreation. (PG) **2.45** News Update. **2.50** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Who Do You Think You Are? (PG) **3.00** Dateline. **3.30** Insight. **4.30** Peter Kuruvita's Coastal Kitchen. **4.55** Tennis. French Open. Day 10. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.30** Global Junk Food. **8.35** Strictly Jewish: Untold Australia. (PG) **9.30** Great British Railway Journeys. (PG) **10.00** Tennis. French Open. Day 11. Quarter-finals. **4.00** Chance. (MA15+) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Movie: Time Of My Life. (M) (2012) **2.05** The Last Shot. (M) **2.55** Fashionista. (PG) **3.05** Over The Black Dot. **4.05** News. **4.30** WorldWatch. **5.30** If You Are The One. **6.30** Batman. (PG) **7.00** Batman. (PG) **7.30** The Feed. **8.00** South Park. (M) **8.30** Stories From Norway: The Musical! (MA15+) **9.00** Movie: Menace II Society. (MA15+) (1993) **10.50** Channel Surfing. **11.20** Cycling. UCI World Tour. Critérium du Dauphiné. Stage 3. Pont-de-Vaux to Louhans-Châteaurenaud. 35km team time trial. **12.45** News. **1.10** Desus And Mero. (MA15+) **1.35** Tattoo Age. (PG) **2.00** The Feed. **2.30** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** WorldWatch.



MOVIES

6.55pm The House (2017) Comedy. Will Ferrell, Amy Poehler. (MA15+) **Premiere**
8.30pm American Made (2017) Action. Tom Cruise, Domhnall Gleeson. (MA15+) **Premiere**
8.30pm Ghost Town (2008) Comedy. Ricky Gervais, Greg Kinnear. (M) **Comedy**

GENERAL

8.30pm
Grantchester: Christmas Special. (M) **13th Street**
8.30pm Private Eyes. (M) **Universal Channel**
8.30pm The Americans. (MA15+) **Showcase**

DOCUMENTARY

7.30pm One Strange Rock. (PG) **National Geographic**
7.30pm Elizabeth I's Secret Agents. (PG) **History**

SPORT

7.00pm AFL Tonight. **Fox Footy**
11.15pm Cycling. UCI World Tour. Critérium du Dauphiné. Stage 3. Pont-de-Vaux to Louhans-Châteaurenaud. 30.5km team time trial. **Eurosport**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0606

Gary Fulton
Solicitor & Notary Public
Established 1979

- ✓ Conveyancing
- ✓ Commercial Law
- ✓ Wills & Estates
- ✓ Powers of Attorney
- ✓ Leases
- ✓ Business Contracts

Suites 11 & 12, Kallangur Central
1st Floor 1386 Anzac Avenue, Kallangur
www.fultonlaw.com.au
3204 5022

NORTH LAKES COUNSELLING SERVICES

www.northlakescounsellingservices.com.au

- Relationship Counselling,
- Personal Counselling,
- Grief and Loss Counselling,
- Qualified Trainer and Assessor for students of Counselling,
- Employment Coaching - Resume and Selection Criteria,
- Job Search Skills and Job Interview Coaching,
- Qualified Training and Workshop Provider.

Move towards a better future

For confidential appointments

Phone **3886 2715** or
Mobile **0423 653 841**

Leonie's Relationship Intensive Care is available as both a hard copy and eBook from her website or Dymocks North Lakes.



Catch Leonie's radio show alternate Mondays at 11.00am on **99.7FM**



LEONIE SCHILLING

NINE

6.00 Today. **9.00** Today Extra. (PG)
11.30 Morning News. **12.00** The
 Ellen DeGeneres Show. (PG) **1.00**
 Movie: The Rebound. (M) (2009)
 Catherine Zeta-Jones, Justin
 Bartha, Andrew Cherry. In New
 York City, a newly single mother
 offers her recently divorced
 neighbour a job as a nanny. **3.00**
 News Now. **4.00** Afternoon News.
5.00 Millionaire Hot Seat. **6.00**
 Nine News. **7.00** A Current Affair.
7.30 RBT. (PG) **8.30** To Be Advised.
9.30 The NRL Footy Show. (M)
11.00 The AFL Footy Show. (M)
12.30 Al McGlashan's Fish'n' Wirth
 Mates. (PG) **1.00** My Surf TV. **1.30**
 TV Shop: Home Shopping. **2.30**
 Global Shop. **3.00** Extra. **3.30**
 Good Morning America. **5.00**
 News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00**
 Friends. (PG) **12.00** Total Divas.
 (M) **1.00** Dawson's Creek. (PG)
2.00 Uncle Grandpa. (PG) **2.30**
 Yu-Gi-Oh! (PG) **3.00** Pokémon.
3.30 Nexo Knights. (PG) **4.00** Kids'
 WB. (PG) **4.05** Teen Titans. (PG)
4.30 Ben 10. (PG) **5.00** Adv Time.
 (PG) **5.30** Regular Show. (PG)
6.00 Friends. (PG) **7.00** Big Bang.
 (PG) **8.30** Love Island Australia.
 (MA15+) **9.30** Bromans. (MA15+)
10.30 Just Tattoo Of Us. (M) **11.30**
 Love Island Australia. (MA15+)
12.30 WWE Raw. (MA15+) **1.30**
 Regular Show. (PG) **2.00** Adv
 Time. (PG) **2.30** Pokémon. **3.00**
 Ben 10. (PG) **3.30** Beyblade Burst.
4.00 Teen Titans. (PG) **4.30** Yu-Gi-
 Oh! (PG) **4.50** Power Rangers Dino
 Super. (PG) **5.10** Regal Academy.
5.30 Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning
 Show. (PG) **11.30** News. **12.00**
 Movie: House Of Secrets. (M)
 (2014) **2.00** Daily Edition. **3.00**
 The Chase. **4.00** News. **5.00** The
 Chase Aust. **6.00** News. **7.00**
 Home And Away. (PG) **7.30** House
 Rules. (PG) The teams have less
 than three days to go to turn the
 oversized blank canvas into Leigh
 and Kristie's dream home. **8.45**
 Ramsay's Kitchen Nightmares.
 (M) Gordon Ramsay tries to help
 turn around the Glass House
 restaurant in Britain's Lake District.
9.45 Ramsay's Hotel Hell. (M)
 Presented by Gordon Ramsay.
10.45 First Dates UK. (M) **11.45**
 Autopsy. (MA15+) **12.45** Marry
 Me. (M) **1.15** Marry Me. (M) **2.00**
 Shopping. **4.00** NBC Today. **5.00**
 News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's
 Practice. **7.00** Get Arty. **7.30**
 Get Clever. **8.00** Larry The
 Lawnmower. **8.30** Million Dollar
 Minute. **9.30** House Calls To
 The Rescue. **10.30** The Great
 Outdoors. **11.30** NBC Today. **2.00**
 Million Dollar Minute. **3.00** Harry's
 Practice. **3.30** House Calls To The
 Rescue. **4.30** Animal Rescue. (PG)
5.00 Medical Emergency. (PG)
5.30 Escape To The Country. **6.30**
 Bargain Hunt. **7.30** Father Brown.
 (M) An academic goes missing.
8.30 Murdoch Mysteries. (M) After
 a man is shot during a special
 movie screening, Thomas Edison
 becomes a suspect. **11.30** Bargain
 Hunt. **12.30** Psychic TV. (M) **3.30**
 Harry's Practice. **4.00** Million Dollar
 Minute. **5.00** Animal Rescue. (PG)
5.30 Medical Emergency. (PG)

TEN

6.00 The Talk. (PG) **7.00** Bold. (PG)
7.30 Bold. (PG) **8.00** Family Feud.
8.30 Studio 10. (PG) **12.00** Dr
 Phil. **1.00** MasterChef Aust. **2.00**
 Ent. Tonight. **2.30** Neighbours.
 (PG) **3.00** Judge Judy. (PG) **3.30**
 My Market Kitchen. **4.00** Bold.
 (PG) **4.30** Bold. (PG) **5.00** News.
6.00 Family Feud. **6.30** The
 Project. **7.30** MasterChef Aust.
 The contestants take part in an
 elimination. **8.30** Todd Sampson's
 Body Hack 2.0. Todd Sampson
 heads to Iraq where he joins
 soldiers fighting Islamic State,
 in their strong hold of Mosul.
9.30 Law & Order: S.V.U. (M)
 Final. Benson uncovers a criminal
 network. **10.30** Blue Bloods. (M)
11.30 The Project. **12.30** Stephen
 Colbert. (PG) **1.30** Shopping. **4.30**
 CBS Morning.

ONE

6.00 Home Shopping. **8.00**
 Cheers. (PG) **9.00** Star Trek:
 Voyager. (PG) **10.00** Operation
 Repo. (PG) **10.30** Bondi Rescue.
 (PG) **11.00** Cheers. (PG) **12.00**
 David Attenborough's Madagascar.
1.00 The Doctors. (M) **2.00** Nash
 Bridges. (M) **3.00** Diagnosis
 Murder. (PG) **5.00** Star Trek:
 Voyager. (PG) **6.00** Bondi Rescue.
 (PG) **6.30** David Attenborough's
 Madagascar. **7.30** Walker, Texas
 Ranger. (M) **8.30** Cops: Adults
 Only. (M) **9.00** Movie: Dying
 Of The Light. (MA15+) (2014)
 Nicolas Cage, Anton Yelchin,
 Alexander Karim. **11.00** SEAL
 Team. (M) **12.00** Home Shopping.
2.00 Star Trek: Voyager. (PG)
3.00 Nash Bridges. (M) **4.00**
 Diagnosis Murder. (PG) **5.00** The
 Doctors. (M)

ABC

6.00 News. **9.00** ABC News
 Mornings. **10.00** Antiques
 Roadshow. **11.00** Catalyst. (PG)
12.00 ABC News At Noon. **1.00**
 Inside The Commons. **2.00** The
 Beautiful Lie. (M) **3.00** Doc Martin.
3.45 The Cook And The Chef.
4.15 Pointless. **5.00** ABC News At
 Five. **5.10** Drum. **6.00** Think Tank.
6.55 Sammy J. **7.00** ABC News.
7.30 7.30. **8.00** Grand Designs
 Australia. (PG) **8.50** QI. (M) **9.20**
 Wentworth. (MA15+) **10.10** ABC
 Late News. **10.35** The Business.
10.55 Louis Theroux: Extreme
 Love. (M) **11.55** Doc Martin.
 (PG) **12.45** Rage. (MA15+) **2.35**
 Golf. PGA Tour. The Memorial
 Tournament. Highlights. **3.25**
 Louis Theroux: Twilight Of The
 Porn Stars. (M) **4.30** Murder, She
 Wrote. (PG) **5.15** Pointless.

ABC COM

6.00 Children's Programs. **5.40** PJ
 Masks. **5.55** Teacup Travels. **6.10**
 Octonauts. **6.20** Peter Rabbit. **6.35**
 Floogals. **6.45** Dinosaur Train. **6.55**
 Andy's Baby Animals. **7.05** Ben
 And Holly. **7.20** Shaun The Sheep.
7.30 Spicks And Specks. (PG) **8.00**
 Frontline. (PG) **8.30** Frontline. (PG)
8.55 Sammy J. **9.00** Buzzcocks.
 (PG) **9.30** Dead Boss. (M) **10.00**
 Comedy Up Late. (M) **10.30** The
 Mighty Boosh. (M) **11.00** The
 Office. (PG) **11.25** 30 Rock. (PG)
11.45 Archer. (M) **12.10** Parks
 And Recreation. (PG) **12.30**
 Buzzcocks. (M) **1.05** The Mighty
 Boosh. (M) **1.35** The Office. (PG)
1.55 30 Rock. (PG) **2.20** Archer.
 (M) **2.40** Parks And Recreation.
 (PG) **3.00** News Update. **3.05**
 Close. **5.00** The Hive. **5.05** Arthur.
5.30 Curious George.

SBS

6.00 WorldWatch. **7.30** Italian
 News. **8.10** Filipino News. **8.40**
 French News. **9.30** Greek News.
10.30 German News. **11.00**
 Spanish News. **12.00** Arabic News
 F24. **12.30** Turkish News. **1.00**
 PBS News. **1.55** The Marngrook
 Footy Show. **3.25** Britain's Ultimate
 Pilots: Inside The RAF. **4.30** Peter
 Kuruvita's Coastal Kitchen. **4.55**
 Tennis. French Open. Day 11.
 Highlights. **6.00** River Cottage
 Australia. **6.30** News. **7.30**
 Railway Journeys UK. **8.05** Luke
 Nguyen's Food Trail. (PG) **8.35** The
 Handmaid's Tale. **9.40** Next Of
 Kin. (M) Final. **10.30** SBS News.
11.00 Tennis. French Open. Day
 12. Women's semi-finals. **4.00**
 The Island. (M) **5.00** CGTN English
 News. **5.15** NHK World English
 News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Movie:
 Free Men. (M) (2011) **1.45** The
 Last Shot. (M) **2.35** Vice Essentials
 Canada. (M) **3.00** Fashionista.
3.10 Does America. (PG) **3.35**
 Dateline. **4.05** News. **4.30** PBS
 News. **5.30** If You Are The One.
6.30 Batman. (PG) **7.00** Batman.
 (PG) **7.30** The Feed. **8.00** Dateline.
8.30 Full Frontal. (MA15+)
9.00 The Putin Interviews. (M)
10.05 The Putin Interviews. (M)
11.15 Cycling. UCI World Tour.
 Critérium du Dauphiné. Stage
 4. **12.45** News. **1.10** Desus And
 Mero. (MA15+) **1.35** Big Night
 Out. (M) **2.00** The Feed. **2.30**
 Deutsche Welle. **3.00** Thai News.
3.30 Bangla News. **4.00** Punjabi
 News. **4.30** Sri Lankan Sinhalese
 News. **5.00** Korean News. **5.30**
 Indonesian News.



MOVIES

6.40pm Deepwater
 Horizon (2016)
 Action. Mark
 Wahlberg, Kurt
 Russell. (M) Action
8.30pm Madame
 (2017) Comedy.
 Toni Collette, Harvey
 Keitel. (M) Premiere
8.30pm An
 Inconvenient
 Sequel: Truth
 To Power (2017)
 Documentary.
 Al Gore, George
 W. Bush. (PG)
 Masterpiece

GENERAL

7.30pm America's
 Got Talent. (M)
 FOX8
8.30pm For The
 People. (M) Universal
 Channel
8.30pm Archer.
 (MA15+) Comedy
 Channel

DOCUMENTARY

7.30pm Aussie
 Gold Hunters. (PG)
 Discovery
8.30pm WWII: Hell
 Under The Sea. (PG)
 National Geographic
8.30pm Ancient
 Aliens. (PG) History

SPORT

8.00pm Tennis.
 French Open. Day 12.
 Women's semi-finals.
 Fox Sports 505
8.00pm Pardon The
 Interruption. ESPN

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0706

ANZAC AVENUE DENTURE CLINIC

We Have Moved

LET US KEEP THE SMILE ON YOUR FACE

- New Suction effective dentures
- Implant Dentures
- Full & Partial Dentures
- Emergency Denture Repairs
- Same Day Denture Reline Service
- Sports Mouth Guards - Custom fitted
- No Metal, Flexible, Unbreakable Dentures
- Private Parking
- Wheelchair & Handicap Access
- Home visits
- Private health & DVA gold card provider

ASK ABOUT OUR PAYMENT PLAN

NEW ADDRESS
 119 Anzac Ave Redcliffe | 3883 2400
 anzacavenuedentureclinic.com

north lakes optometry

Individually Tailored EyeCare

Screening for all Eye Conditions - including Macula - Diabetic - Glaucoma - Cataract

Treatment for Eye Infections, Dry Eyes, Allergy Eyes, etc

Premium Quality Spectacle Frames & Lenses

Contact Lenses

north lakes optometry

Dr Simon Little
 PhD MSc (Optom) GradCertOchTher

www.northlakesoptometry.com.au
 Opposite the St George Bank - 4/12 North Lakes Drive, North Lakes

3491 6786

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Now And Then. (PG) (1995) Rosie O'Donnell. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** ACA. **7.30** Friday Night Football Preview. **7.55** Rugby League. NRL. Round 14. Gold Coast Titans v South Sydney Rabbitohs. From Cbus Super Stadium, Queensland. **10.45** Movie: Payback. (MA15+) (1999) Mel Gibson, James Coburn, Gregg Henry. A small-time crook seeks revenge. **12.50** Extra. **1.30** TV Shop. **2.30** Westside. (MA15+) **3.30** It's All Greek To Me. (PG) **4.00** Global Shop. **4.30** The Baron. (PG) **5.30** GMA.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Total Divas. (M) **1.00** Dawson's Creek. (PG) **2.00** Uncle Grandpa. (PG) **2.30** Yu-Gi-Oh! (PG) **3.00** Pokémon. **3.30** Nexo Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Adv Time. (PG) **6.00** Regular Show. (PG) **6.30** Movie: Zathura: A Space Adventure. (PG) (2005) **8.30** Movie: The Lord Of The Rings: The Return Of The King. (M) (2003) **12.30** WWE Smackdown. (MA15+) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Teen Titans. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Dino Super. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: If There Be Thorns. (M) (2015) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Better Homes. Adam, Jason and Tara team up to turn a pergola into a luxurious outdoor living area for the winter months. **8.30** Movie: Tower Heist. (M) (2011) Ben Stiller, Eddie Murphy, Casey Affleck. A building manager and his staff plot to steal a small fortune from the Wall Street swindler who defrauded them. **10.45** To Be Advised. **12.00** Movie: An American Affair. (M) (1997) Corbin Bernsen, Jayne Heitmeyer. **2.00** Shopping. **4.00** The Great Outdoors. Ernie goes on a cruise. **5.00** NBC Today.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Get Arty. **7.30** Get Clever. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** House Calls To The Rescue. **10.30** House Of Wellness. (PG) **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** House Calls To The Rescue. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Border Security: Int. (PG) A truck is a cause for concern. **8.30** Movie: Angels & Demons. (M) (2009) Tom Hanks, Ewan McGregor. **11.30** Bargain Hunt. **12.30** Harry's Practice. **1.00** Psychic TV. (M) **4.00** Million Dollar Minute. **5.00** Animal Rescue. **5.30** Medical Emergency. (PG)

TEN

6.00 The Talk. (PG) **7.00** Bold. (PG) **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** The Living Room. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Bold. **4.30** Bold. **5.00** News. **6.00** Family Feud. Hosted by Grant Denyer. **6.30** The Project. A look at the day's news. **7.30** The Living Room. Amanda visits conservation royalty, Terri Irwin. Dr Chris runs with Texas Longhorns in Far North Queensland. **8.30** The Graham Norton Show. Celebrity guests includes Ethan Hawke, Toni Collette, Aidan Turner and Jo Brand. **9.30** To Be Advised. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping.

ONE

6.00 Home Shopping. **8.00** Motorcycle Racing. MotoGP. Race 6. Italian Grand Prix. Replay. From Mugello Circuit, Tuscany, Italy. **9.30** Cheers. (PG) **10.00** Operation Repo. (PG) **10.30** Bondi Rescue. (PG) **11.00** Cheers. (PG) **12.00** David Attenborough's Madagascar. **1.00** The Doctors. (M) **2.00** Nash Bridges. (M) **3.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Bondi Rescue. (PG) **6.30** MacGyver. (PG) **7.30** Walker, Texas Ranger. (PG) **11.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Nash Bridges. (M) **3.00** Walker, Texas Ranger. (PG)

ABC

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Catalyst. **12.00** ABC News At Noon. **1.00** One Plus One. **1.30** Making Child Prodigies. (PG) **2.00** The Beautiful Lie. (M) **3.30** Doc Martin. (PG) **3.45** Simply Nigella. **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** Gardening Australia. **8.30** Endeavour. (M) **10.00** The Tunnel: Vengeance. (M) **10.50** ABC Late News. **11.20** The Business. **11.40** The Weekly With Charlie Pickering. (M) **12.10** Planet America. **12.55** Rage. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **5.25** Kazoos! **5.30** Peppa Pig. **5.40** PJ Masks. **5.55** Teacup Travels. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Floogals. **6.45** Dinosaur Train. **6.55** Andy's Baby Animals. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Weekly. (M) **8.30** Gruen XL. **9.15** Buzzcocks. (M) **9.45** W1A. (M) **10.15** The Thick Of It. (M) **10.45** The Mighty Boosh. (M) **11.15** The Office. (PG) **11.35** 30 Rock. (M) **12.00** Archer. (M) **12.20** Parks And Recreation. (PG) **12.45** Buzzcocks. (PG) **1.15** The Mighty Boosh. (M) **1.45** The Office. (PG) **2.10** 30 Rock. (PG) **2.30** Archer. (M) **2.50** Parks And Recreation. (PG) **3.15** News Update. **3.20** Close. **5.00** The Hive. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** The Point. **3.00** NITV News Week In Review. **3.25** Poh's On The Road. **3.55** Poh's On The Road. **4.25** Peter Kuruvita's Coastal Kitchen. **4.55** Tennis. French Open. Day 12. Highlights. **6.00** River Cottage Australia. **6.30** News. **7.30** Where Are You Really From? News. **8.00** Railway Journeys UK. (PG) **8.30** Tennis. French Open. Day 12. Men's semi-finals. **4.00** Spring Tide. (M) **4.55** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Nice People. (M) **1.40** The Last Shot. (M) **2.30** How Narcissists Took Over The World. (M) **3.00** Fashionista. **3.10** Balls Deep. (PG) **3.35** Dateline. **4.05** 365. (PG) **4.10** News. **4.35** WorldWatch. **5.35** If You Are The One. **6.35** The Classic Car Show. (PG) **7.30** Batman. **8.00** Batman. **8.30** Adam Looking For Eve. (MA15+) **9.20** The Handmaid's Tale. **10.25** Queer As Folk. (MA15+) **11.20** Cycling. UCI World Tour. Critérium du Dauphiné. Stage 5. Grenoble to Valmorel. **12.35** News. **1.00** Desus And Mero. (MA15+) **1.25** PopAsia TV. (PG) **2.25** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** WorldWatch.



MOVIES

6.50pm Rabbit-Proof Fence (2002) Drama. Evelyn Sampi, Tianna Sansbury. (PG) *Masterpiece*
8.30pm Girls Trip (2017) Comedy. Queen Latifah, Jada Pinkett Smith, Regina Hall. (MA15+) *Romance*
10.15pm Marie Antoinette (2006) Biographical. Kirsten Dunst, Jason Schwartzman. (PG) *Masterpiece*

GENERAL

7.25pm Holby City. (PG) *BBC First*
8.20pm EastEnders. (PG) *UKTV*

DOCUMENTARY

8.30pm Blowing Up History. (PG) *Discovery Science*
8.30pm Salvage Hunters. (PG) *Discovery*

SPORT

7.50pm Rugby League. NRL. Round 14. Gold Coast Titans v South Sydney Rabbitohs. *Fox League*
7.50pm Football. AFL. Round 12. Port Adelaide v Richmond. *Fox Footy*
8.45pm Tennis. French Open. Day 12. Men's semi-finals. *Fox Sports 505*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0806



North Brisbane POOL CARE
Local pool care where it's needed!



Come in and check out our premises at
M Space - Unit 1/88 Flinders Pde North Lakes

Like us on facebook for all our regular updates
North Brisbane Pool Care

Weekly, fortnightly or monthly servicing.
Book what suits you!

SUPPLIERS & PARTNERS OF
ASTRALPOOL

astralpool advantage+
Pool Services Network

www.northbrisbanepoolcare.com.au
e: info@northbrisbanepoolcare.com.au

Phone Duane Hoey
1300 900 038



TEAMWORK DOG OBEDIENCE

BASIC OBEDIENCE PUPPY SCHOOL PROBLEM SOLVING

PHONE 0407 761 201

www.teamworkdogs.com.au

NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

Today 54 of our lovely ladies met for our monthly lunch. This months venue was the new North Lakes Hotel. It was great to share in the conversation and laughter. The meals were delicious and thanks should go to the hotel staff and our vice president for the well organised, hassle free serving of the meals.

A fantastic venue which we hope to return to soon.

Tuesday 5th June – Monthly General Meeting. Visitors welcome.

Tuesday 12th June – Guest speaker – Sharon Jones from Angels in Aprons. Visitors welcome.

Tuesday 19th June – Guest Speaker – Louise Macgregor from Emmaus Health and Wellness. Visitors welcome.

Tuesday June 26th – Monthly lunch. Sea, salt and Vine. Members only.

Our meetings are open to all women in North Lakes/Mango Hill-Moreton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.



Pete's STEAM CLEANING

Steam Cleaning and Pest Control Services for private and rental properties.

Truck Mount Machine ensures the best quality and drying time.

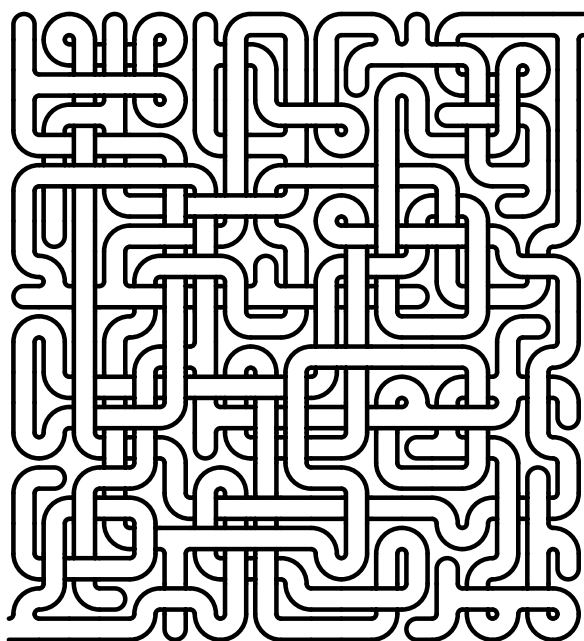


Ph: 3888 2104 M: 0419 718 231

SUDOKU

	6		4		2	8		1
7		2			6	9		
	9		1	7				
	5						6	
		9				3		
	3						4	
				1	4		5	
		1	5			2		3
5		6	2		9		1	

AMAZING MAZES



CROSSWORD SOLUTION FROM LAST ISSUE

	A		M		I				V		A		P	
E	C	H	I	D	N	A	S		A	D	D	L	E	D
	H		T		F		C		S		M		O	
F	I	N	E		A	B	O	V	E	B	O	A	R	D
	E				M		R		L		N		I	
A	V	I	A	R	Y		C	L	I	N	I	C	A	L
	E		N				H		N		T			
	D	E	E	J	A	Y		B	E	H	I	N	D	
			M		G		M			O		A		
I	M	M	O	B	I	L	E		C	E	N	S	U	S
	E		M		T		D		O				G	
A	L	T	E	R	A	T	I	O	N		A	C	H	E
	L		T		T		U		C		N		T	
C	O	H	E	R	E		M	O	U	N	T	I	E	S
	W		R		D				R		E		R	

Crossword 6518

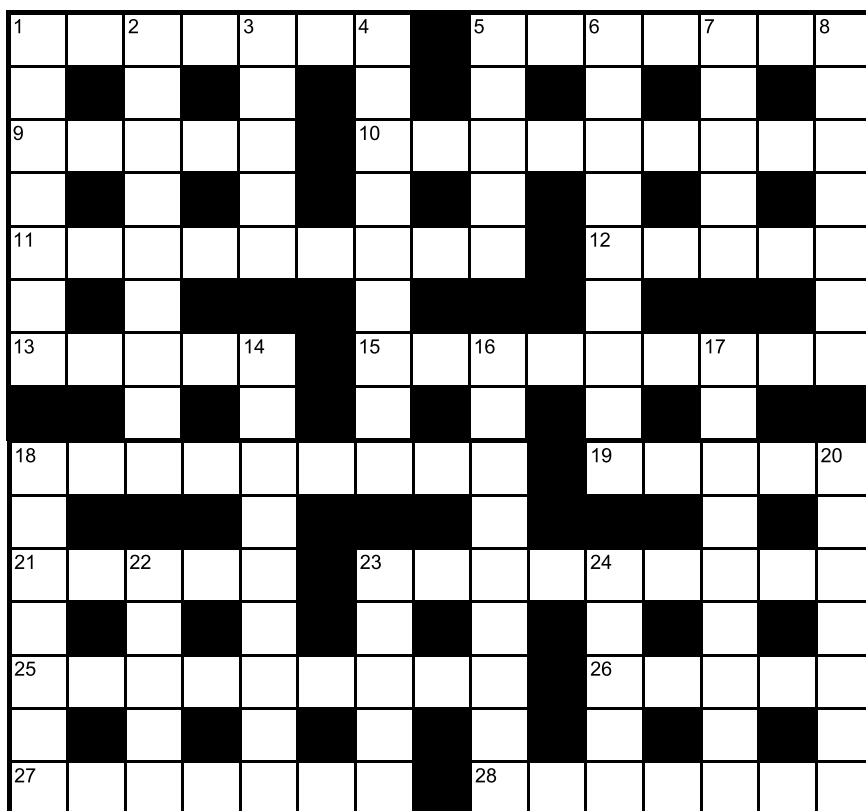
Global media megastar Laurie Stibbe creates these

ACROSS

- 1 Bus for few passengers
- 5 Bit off in small pieces
- 9 Finger or toe
- 10 Committed faux pas
- 11 Insides of houses
- 12 Military chaplain
- 13 Keep away from
- 15 Shop window dummy
- 18 Cable railway
- 19 Imbibe liquid
- 21 Mountain nymph
- 23 Astonishment
- 25 Fold inwards
- 26 Issue or terminate
- 27 Surveying instrument
- 28 Conundrums

DOWN

- 1 Light cake
- 2 Nightie
- 3 Something that bites
- 4 Of low intelligence
- 5 Naming words
- 6 Quilt
- 7 Enticed
- 8 Intense indignation
- 14 Plants that shed foliage
- 16 Wind from the north east
- 17 Of worldwide scope
- 18 One who sells flowers
- 20 Infant cats
- 22 More than is needed
- 23 Concerning
- 24 Make improvements to



COMMUNITY NOTICE BOARD ONLINE

Are you looking for something to do? Visit the region's foremost community guide where you'll find like-minded individuals of all interests, events, local special interest groups for all ages, guidance and support if you need it.

www.northlakesmessenger.com.au

The Community Notice Board is a free service provided by the Messenger for community, social and non-profit organisations

To post email: community@northlakesmessenger.com.au

- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise

WHICH IS AUSTRALIA'S BEST CITY?

and why...

The comprehensive online database *Australia's Best City* has been around since 2014. It's a great resource and an interesting read. Given that it has just been relaunched with even more detailed data we thought it was time for another look.

So, which city is Australia's best and why?

Firstly, this data should be interpreted subjectively by you, the reader. Your needs and wants will be different everyone else's. Australia's Best City challenges what it calls the now outdated notions of 'liveability indexes' by giving individuals the opportunity to explore and determine what makes a city great specifically for 'them'.

The website allows visitors access to more than 500 indicators - from multiple sources - and from which they can select the ones which best reflect their personal criteria, and assess everything from amount of time spent travelling to and from work to the number of food trucks in a particular city.

For example, the great news about Queensland is that we enjoy the fastest average internet download speeds (Mbps) while enjoying the lowest average price of a gym membership. We also have the highest number of Australian Rhodes Scholars and the lowest average price of a pint of beer in a neighbourhood pub.

Not so good is that we pay a premium for those internet speeds with the highest cost of telecommunication services in the land and the highest cost of petrol for a yearly commute to work (not really a surprise). We also have the highest waste generation per person and the highest regional rate of unemployment.

Australia's Best City is produced by data analytics company, IpData. IpData CEO and Founder, George Giannakodakis says this latest version of Australia's Best City is the only true 'one-stop' consolidated database that effectively compares Australia cities.

"We're very satisfied with the data we have collated and we also give each source of data a 'confidence' rating in relation to the reliability of that information," he says.

"For example, data from the Australian Bureau of Statistics is rated higher than data from qualitative surveys in terms of reliability, and we make that very transparent to our users."

So far, the website has attracted more than 52,000 users and almost 400,000 page hits from around the globe.

"It's fascinating to see queries coming to the site from all over the world. Our feedback is that the people using the website range from curious travellers, to expats and entrepreneurs looking to relocate, and campaign managers and policy makers looking to understand where a particular city excels or is seen to fall short."

In the light of recent concerns about Facebook's handling of private information and data, Mr Giannakodakis says visitors to Australia's Best City can be confident that the site's data is sourced ethically.

"It's important for people to understand we genuinely respect and value their privacy and their page views are effectively anonymous to us, and our data only relies on user page-view data and IP address information," he says.

"Our information does not rely on data-mining, there are no data agreements with third parties and our data is not influenced by revenue through advertising. We're very comfortable with how we source our information."

Australia's Best City ranks capitals according to their performance across 12 categories - climate and environment; community and safety; connectivity and transport; cost of living; economy; education; entertainment and arts; food and brews; health; housing; sport and sustainability.

Visitors to the site can customise a report based on the facts that are uniquely significant to them, to help them discover which city is best suited to their interests and where they should potentially live, work or visit.

Take a look at www.australiasbestcity.com.au

HERE ARE SOME OF THE FACTS FOUND ONSITE ABOUT OUR CAPITALS, BEST WORST AND WEIRD:

ADELAIDE

Best: Most affordable quality housing
Worst: Highest percentage of people travelling to work in a private car
Weird: Adelaide has the lowest theft rate of Motor vehicles (probably because we are all driving them to work!)

MELBOURNE

Best: Less students per teacher in non-government primary schools
Worst: Highest cost of a single trip regular bus fare.
Weird: Victoria has the highest number of microbreweries - 151 of them.

SYDNEY

Best: NSW has the lowest rate of teenage unemployment
Worst: Sydney has the lowest rate of volunteers
Weird: Sydney is the cheapest place to buy carton of beer

PERTH

Best: WA has the highest number of people within the normal weight range.
Worst: In Perth, the average cup of coffee is more expensive than any other city.
Weird: Average internet speeds are the slowest in Perth.

BRISBANE

Best: Qld has the lowest rate of wait times for elective surgery
Worst: Qld has the highest percentage of physically inactive people, 15 years and over.
Weird: Qld has the highest number of bankruptcies per 100,000 people

HOBART

Best: In Hobart, houses sell quicker than any other city.
Worst: Hobart has the smallest population growth (2011-2016)
Weird: Hobart is the cheapest place to buy a fast food combo meal deal.

DARWIN

Best: Darwin has the highest percentage of households that own a bicycle.
Worst: NT has the lowest life expectancy at birth.
Weird: Kids aged 5 to 14 aren't so keen on dance classes, NT has lowest participation rates in Australia.



RayWhite

9 Ganton Street, NORTH LAKES

4 2 2

Motivated Sellers ready to meet the market. Immediate sale required. All Offers Considered! Don't miss this rare opportunity to capitalise. This spacious family home in sought after Fairway Chase is contemporary, sophisticated and beautifully appointed. Boasting a wonderfully versatile floorplan and quality finishes throughout, this stunning home by Plantation Homes, caters to the largest of families and provides both lifestyle and entertaining enjoyment with ease.

Sale
\$639,000 +

Darren & Lisa Suhle
0400 197 529
darren.suhle@raywhite.com

raywhitenorthlakesqld.com | raywhitemangohill.com

ELITE
PERFORMER 2017



RayWhite

75 Park Vista Drive, NORTH LAKES

4 2 2

Highly Motivated Sellers say "Present All Offers" or sell by Auction! Stunning "Villaworld" 4 Bed + Study home with 3 living areas and inground pool. A superb family residence offers over 25 squares of luxury living spanning over two spacious levels and is set upon a 549m2 parcel of land in Mango Hill. The Sellers instructions are very clear, THIS HOME MUST BE SOLD IMMEDIATELY AND WILL BE AUCTIONED ONSITE ON 9TH JUNE IF NOT SOLD PRIOR TO - Present All Offers now before Auction!!

Auction
Saturday 9th June at 12:00pm
On Site

Darren & Lisa Suhle
0400 197 529
darren.suhle@raywhite.com

raywhitenorthlakesqld.com | raywhitemangohill.com

ELITE
PERFORMER 2017



37 Turnstone Circuit, NORTH LAKES

4 2 2

A Rare Find! This Beautiful 32.5 Square Plantation "Retreat" opposite Golf Course offers sophisticated lowset family living & abundant lifestyle features!

If you are looking for the perfect family home, one that has been ingeniously designed to cater for everyone's needs, then this is the home for you!

Sale
\$729,000 +

Darren & Lisa Suhle
0400 197 529
darren.suhle@raywhite.com

raywhitenorthlakesqld.com | raywhitemangohill.com

ELITE
PERFORMER 2017



40 Gibbs Street, North Lakes

4 2 2

5 McNiven Court, North Lakes

4 2 2

SOLD by
Team Wilkie

Thinking of Selling?
Team Wilkie

0406 861 210

raywhitenorthlakesqld.com | raywhitemangohill.com

SOLD by
Alex Silva

Thinking of Selling?
Alex Silva

0415 584 349

raywhitenorthlakesqld.com | raywhitemangohill.com



RayWhite.

Thinking of Renting Out Your Home?

Ray White_Know How To manage your property!

Exceptional property management means confidence for property investors. With the Ray White_Know How, you will have the security of knowing that your requests are in capable hands at Ray White North Lakes | Mango Hill.

Call **Rebecca Welch** now on **0410 242 017** for property management focused on wealth creation.

Rebecca Welch
0410 242 017
rebecca.welch@raywhite.com

raywhitenorthlakesqld.com
raywhitemangohill.com

For Sale



North Lakes

18 Possum Parade

4  2  2 

Immaculate Family Home in a Premium Location

- * Master with WIR, private balcony and ensuite
- * Ensuite has double size shower, toilet and vanity
- * Three remaining beds are double in size with built in robes
- * Main bathroom with bath and separate shower
- * Separate lounge room
- * Open plan living & dining room with air conditioning

For Sale

\$450,000

Kerry Marks

m: 0409 345 987



When the price counts
Kerry is right on the mark

Call me to list your home now

Kerry Marks
0409 345 987

kerry.marks@harcourts.com.au

For Sale



North Lakes 8 Turnstone Circuit

4 2 2

- * 266m2 private executive living with 3 Living areas
- * Airconditioning and fans
- * Convenient Central kitchen & S/S appliances
- * East facing tiled & screened back patio
- * 490m2 block with room for a pool

\$572,000

Please call for your private inspection

Judi Brown
m: 0413 285 390



For Sale



Mango Hill 11 Duncan Court

4 2 2

Capestone Beauty!

- * Open plan tiled family, kitchen and dining room with air con, walk in storage room
- * Stone benches, S/S appliances
- * Master bedroom has aircon and fan
- * East facing patio - 408m2 block,
- * Handy to train and schools

\$518,000

Please call for your private inspection

Judi Brown
m: 0413 285 390



www.northlakes.harcourts.com.au

P 07 3491 7180



51 DARWIN CIRCUIT, NORTH LAKES

BRAND NEW !!! Calling all First Home Buyers, Investors, Families and Downsizers!

THIS IS NO ORDINARY 4 BED, 2 BATH, 2 CAR HOME!

Unlike building your own home from scratch, this one DOES NOT come with hidden extra costs and is perfectly ready to move in IMMEDIATELY!

This delightfully perfect home is also eligible for the First Home Owners Grant of \$20,000 for those buying for the first time.

NEW price of \$495,000 +

Don't waste another minute, call me NOW to book your viewing!



1300 AQUA SELL = 1300 278 273

5 / 5 McLennan Court, North Lakes

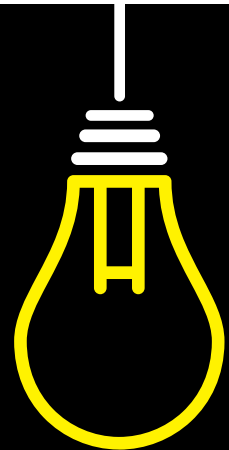
www.aqua.eview.com.au

<https://www.facebook.com/bsingh0212>



Bharati Singh
Ph: 0403 703 819

THE Messenger



“

A PERSON WHO STOPS **MARKETING TO SAVE MONEY...
IS THE PERSON WHO STOPS HIS CLOCK TO SAVE TIME.**

”

- HENRY FORD

adz@northlakesmessenger.com.au | www.northlakesmessenger.com.au



You can trust...

An agent that is
family focused

Let **our family**
look after **yours.**

Steve McDade
0430 341 688



kindred

Making a **real** difference



point of sale



large format printing



wall graphics



labels



one-way vision



vinyl lettering



3D illuminated signs



floor decals



laser cutting



foam lettering



billboards



banner mesh



graphic design



banners & flags



logo design



printing

Contact us on
1300 300 608

www.adsignz.com.au
advanced adsignz
Specialising In Large Format Digital Printing



8 NEPEAN STREET

NORTH LAKES

8NEPEANSTREET.COM

4 2 2

**GEORGE "PATCH"
PATSAVOURAS**
SALES AGENT

0408 828 484
 george@bowmakerrealty.com.au
 bowmaker.tv/george



8 PRATINCOLE CLOSE

MANGO HILL

8PRATINCOLECLOSE.COM

4 2 2

**GEORGE "PATCH"
PATSAVOURAS**
SALES AGENT

0408 828 484
 george@bowmakerrealty.com.au
 bowmaker.tv/george



4 FRANKLIN STREET, NORTH LAKES

**SOLD BY
PAULA!**

PAULA LIENERT
SALES AGENT

0430 453 676
 paula@bowmakerrealty.com.au
 bowmaker.tv/paula



15 DIBBLER COURT, NORTH LAKES

**BY GEORGE
IT'S SOLD!**

**GEORGE "PATCH"
PATSAVOURAS**
SALES AGENT

0408 828 484
 george@bowmakerrealty.com.au



bowmakerrealty.com.au



@bowmaker_realty



/bowmakerrealty



bowmaker.tv



07 3480 5366

TRADES & SERVICES DIRECTORY

ADVERTISING/DESIGN/PRINT

advanced adsignz

Specialising In Large Format Digital Printing

Your local One-Stop Sign Shop

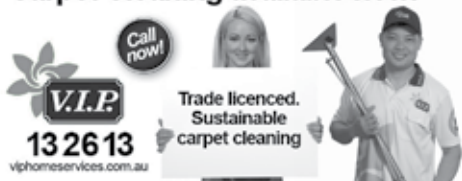
Design | Retail & Commercial Signage | Corflutes | Pull Up Banners
Light Boxes | LED Lettering and much more...

adsignz.com.au 1300 300 608

What ever you need
you'll find it here!

CARPET CLEANING

Carpet Cleaning available now!



VLP
132613
viphomeservices.com.au

Call now!
Trade licenced.
Sustainable
carpet cleaning

Ready Cleaning Services

Local Carpet Steam Cleaning & much more
SPECIAL OFFER
Present this ad to receive
3 Rooms for \$95*
*Conditions apply
Free quote call **0404 001 761**
www.readycleaning.com.au

CLEANING

We Clean Ovens

...so you don't have to!

oven
Oven Cleaning & Detailing Service



- ✓ We remove the fan and back panel for a complete professional clean
- ✓ We take the door off, split the glass to remove any streaks
- ✓ Our solutions are safe, caustic free and bio degradable
- ✓ We return your oven to showroom condition
- ✓ We also clean BBQs, cooktops & rangehoods

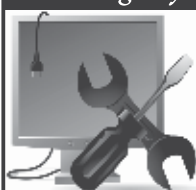
CALL TODAY 1300 683 681 www.oven.com.au
enquiries@oven.com.au



\$36.60 inc GST
a week!

COMPUTER SERVICES

Mark Hegarty - Computer Consultant



Professional service and
advice in both business
and domestic computing

20 years' experience in the
IT industry

Ph: 0432 108 900



ONSITE COMPUTER REPAIR

Fix All PC and Mac Problems
www.fixyourcomputers.com.au

Ph: 0432 388 832

HOME • BUSINESS • \$95p/h • ONSITE

technogeek.net.au **3482 2915**

PC • MAC • WORKSHOP • REMOTE • SALES

CONCRETING

NORTHSIDE CONCRETING

◆ Driveways ◆ Paths ◆ Shed Slabs ◆ Exposed

No job too small FREE QUOTES

0411 647 800

Work under
3,300 only

DANCE



**DANCE ACADEMY IN
NORTH LAKES**
T: (07) 3481 2408
www.fivestardance.com.au M: 0422-592-124
BALLET - JAZZ - TAP - CONTEMPORARY - HIP HOP
ACROBATICS - MUSICAL THEATRE - POINTE WORK
BIRTHDAY DISCO DANCE PARTIES

ELECTRICAL



Bob Electrical Solutions
Electrical Lic No: 75384 Air Con Lic No: L083766 Data Lic No: A033193

**10% DISCOUNT
TO ALL NEW
CUSTOMERS**
FREE Quotes
No Call-Out Fee
Competitive Prices

QUALITY • LOCAL • 24/7 SERVICE
Call Bob 0422 895 517
For all your electrical, air conditioning
and communication solutions

Electrician

- Domestic lighting & power
- Air Conditioning
- Home Automation
- 24hr service
- Design & wire new houses
- LED lighting upgrades
- Renovations & rewires



Loadstar
Your trusted local electrician
Ph: 0405 264 898
www.loadstar.com.au
Electrical Licence No - 78872



NORTH LAKES ELECTRICAL
CALL ROB, TODAY!
Lic: NO 73554
24HR EMERGENCY SERVICE
Residential & Commercial
3053 3118
www.northlakeselectrical.com



ONE UP ELECTRICAL
ELECTRICIAN 0477 926 366
Cheap prices Quality work
ALL AREAS - FREE QUOTES
ECL: 83976

GOLF & GOLF SUPPLIES

Fully Stocked Professional Golf Shop



Demo Clubs & Club Fitting Days
(try the latest equipment)

We'll beat any
PRICE and
SERVICE
guaranteed,
try us!

"Home for JUNIOR GOLF"

Free kids Coaching & On course games*
*T&Cs apply

THE PROSHOP P: 07 32853130 E: nicktonga69@gmail.com

HANDYMAN/MAINTENANCE



SKIP-IT
ENVIRONMENTAL SERVICES
Find us on Facebook
MasterCard VISA
Skip At Competitive Rates/Local Family Business
1300 659 660 www.skip-it.com.au

HOME IMPROVEMENTS

ROOF REPAIRS

Leaks / Re-bed / Point / Change broken tiles
Pressure cleaning (roofs, driveways, patios)
Solar panel cleaning / Whirly birds
Roof inspections / Gutters cleaned

Jobs under
\$3300
only

Honest & reliable Josh : 0414365475

\$23.30 inc GST
a week!



LAWN MOWING

Freddy's Mowing & Gardening

Ph: 0434 886 259

Servicing the local area for over 9 years



PEST



GOTCHA Pest Control
PMT13907 & QBCC 1314207
FAMILY OWNED & OPERATED
PRE-PURCHASE TIMBER PEST INSPECTIONS
TERMITE INSPECTIONS & TREATMENTS
GENERAL PEST CONTROL
Call Dave Rodwell on 0433810166
E: rodwell.dave@yahoo.com.au

FOR ALL YOUR PEST CONTROL NEEDS



Hi-Tech PEST MANAGEMENT
DUSTIN WRIGHT
Lic No. 12594
0400 006 942 3283 5248

Whether you have a job
that's **BIG** or small, you'll
find the right person
for your needs here!

PETS

CRACKERJACK
HOME AND PET CARE
PET MINDING
CARING FOR ALL DOMESTIC PETS
We cover the entire North Brisbane area
For a free quote call 0432 052 882
www.crackerjackpetcare.com.au

PLUMBING

Lakeside Plumbing QLD
Your friendly local North Lakes Plumbers
✓ CCTV camera drain inspections
✓ Hydro jetting, drain blockage clearing
✓ Taps, Toilets, Hot water, Leaks
✓ Rainwater tank / pump repairs
✓ No call out fee for North Lakes & Mango Hill residents
✓ Free quotes
Steve: 0468 346 006
admin@lakesideplumbingqld.com
BSA: 1165842

LEAKING SHOWERS WATERPROOFED Lic 1169073
Reseal, Re-grout, Waterproof, No Tiles Removed!
Or Shower Just In Need Of A Makeover
Any wet area edge sealing.
Broken Tile & Soap Dish Replacement
CALL JASON & MICHELLE 0421488463

POOLS

Need it done, Jim's the one!
• Energy saving pool pumps
• NEW salt chlorinators
• Sand and cartridge filters
• Robotic pool cleaners
• FREE onsite quotes
Call us today **131 546**
cleaning • maintenance • equipment • sales
installations • repairs • heating • blankets • training

Royal Pool Care
The clearest of them all
**MOBILE POOL SERVICE,
MAINTENANCE & REPAIRS**
CALL Mitchell on M 0410 139 525
WE COME TO YOU

TV/ANTENNA/CABLE/VIDEO

Do you need a new TV antenna?
Antennas, TV & Home Theatre Installations,
Reception Problems & Digital Tuning,
Streaming, Extra TV Outlets,
Data & Phone Outlets and MORE!
TV SOLUTIONS
Home Technology Made Easy
CALL FOR A FREE QUOTE
0418-888-649
www.tvsolutions.com.au | contact@tvsolutions.com.au

AIR
CONDITIONING

LANDSCAPING

BOOKEEPING

ADVERTISING

POOLS

PAINTER

PETS

ELECTRICAL

CLEANING

PEST

TILING

COMPUTERS

PLUMBER

For over a decade, The Messenger
has been your source of trusted
businesses who service our local
community.

When you're looking for the right
expert for whatever job you
need done, our Trades & Services
Directory is the place to find them!

Trades & Services Directory Pricing

Large colour: **\$366** inc GST

Large b/w: **\$266** inc GST

Small colour: **\$233** inc GST

Small b/w: **\$133** inc GST

Each price includes
1 ad placed once a
week for 10 weeks



**CHECK OUR
ONLINE
SPECIALS**

T-Bones FRESH FOOD MARKET



*WEEKLY SPECIALS
ON OUR WEBSITE &
FACEBOOK*

LOCATED ON ROBINSON ROAD, ASPLEY

Nice Eating HASS AVOCADO



99¢
EACH

Very Sweet PASSIONFRUIT



5 FOR
\$2

Sweet and Juicy PACKHAM PEARS

in bucket lots



89¢
KILO

Locally Grown EGGPLANT



99¢
KILO

Farm Fresh BROCCOLI

in bucket lots



\$1.99
KILO

Choice BEETROOT

in bucket lots



89¢
KILO

White Chat POTATOES

in bucket lots



89¢
KILO

Choice CHERRY TOMATOES



99¢
PUNNET

Large 600G FREERANGE EGGS



\$1.99
DOZEN

While Stock Lasts | Limits Apply

WHOLE JAP PUMPKIN



\$1
EACH

\$50 & \$100 STORE CREDIT DRAWN WEEKLY!!!

tbonesfresh

www.tbonesfresh.com.au

605 Robinson Road, Aspley
T-Bones Specials Run 30 May - 5 June 2018
Weekdays 7am-6pm, Sat 7am-5pm & Sun 8am-5pm

