

# THE Messenger

Lakes, Bay & Region · July 7 2018

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## DEATH OF THE GO»→CARD?

NOT QUITE, BUT MODERN PUBLIC TRANSPORT  
PAYMENT OPTIONS ARE COMING, INCLUDING  
LONG-REQUESTED BANK CARD PAYMENTS

LEONIE ON: IN MY MARRIAGE, ALL MATTERS ARE A NEGOTIATION

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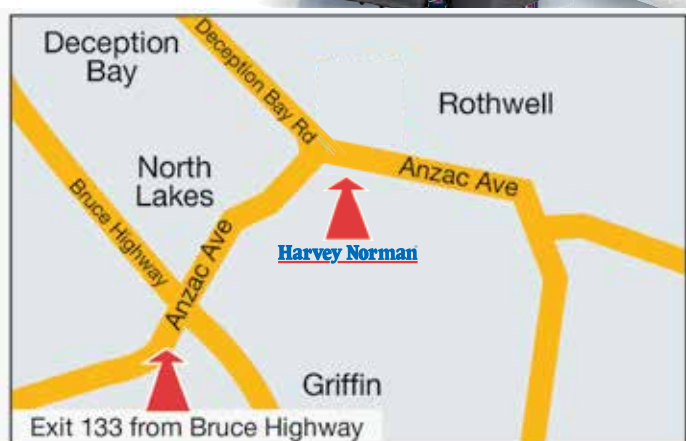
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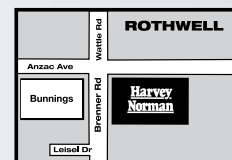
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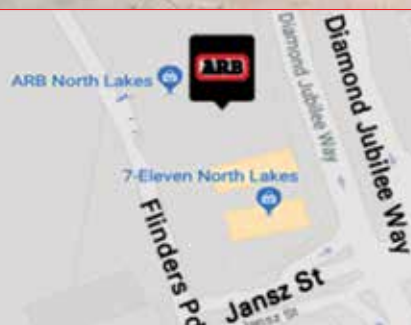
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Today of course, some of the older trees have not survived progress (particularly road widening). However, the Cocos palms planted at Petrie by Governor Nathan in 1925 and the Hoop Pine planted in Redcliffe by Lord Stonehaven in 1926 still remain and the memorial aspect of road has been maintained by subsequent plantings throughout the years.

Now, one of these trees is under threat of removal by a planned development and there is a groundswell of public action over the fate of one particular tree on the corner on the corner of Anzac Avenue and Ferrier Street, Kallangur, just across the highway.

While some online sources suggest the tree in question was part of the original planting, unfortunately records relating to the avenue, once held by the RACQ and Main Roads Department, no longer exist to confirm it.

What's not disputed and on public record is that the parks, gardens, trees of the Anzac Avenue Memorial were registered as State Heritage in February 2009 under the category February "Tree Groups".

As we went to press, the Messenger was unable to confirm any of claims made on the petition page below as all requests for comment from parties involved in the planned development went unmet. However, the change.org petition had been signed by 1489 community members.

We encourage you to go online and have a read at [www.change.org/p/save-our-local-anzac-memorial-tree](http://www.change.org/p/save-our-local-anzac-memorial-tree)

Pictured: The memorial plaque. Picture via the Queensland Government Heritage register.

## PETITION TO SAVE LOCAL WW1 MEMORIAL TREE

Anzac Memorial Avenue, widely known as Anzac Avenue, was opened in 1925 and constructed by returned servicemen, employing many after returning from war.

It was built to connect Petrie with the burgeoning seaside town of Redcliffe. Approximately 18 kilometres in length, Anzac Memorial Avenue

travels through Kallangur, Murrumba Downs and Mango Hill to Deception Bay Road at Rothwell, through Kippa Ring and to its destination at Redcliffe Parade, Redcliffe.

The road itself has a major point of significance as the longest WW1 memorial avenue in Queensland. The Avenue was planted with trees as a memorial to all the soldiers and sailors who lost their lives during the war and to commemorate 'the deeds of valour performed by the heroes who went from our state'.

By mid-1927, 1000 trees had been planted along the stretch.

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Feeling spicy? Well now you've got a chance to prove it as Burger Urge has released a burger so spicy they're claiming it's the spiciest in the land and dubbed it the 'Double Decker Death Wish'.

Containing sauce made from 'Ghost Chillies', a strain of chilli which regularly features on top 10 hottest lists, this burger is not for the faint of heart or sensitive of palette.

Between the buns, the double Angus beef burger looks regular enough until you're handed a waiver to sign that relinquishes Burger Urge from any risk of injury by eating it. Once signed they hand you goggles and gloves to handle the burger!

If you fancy yourself self as someone who can handle the heat, The DDDW is available only until close Friday July 6. If you do try it, send us your photos and we'll publish them.

More info at [www.burgerurge.com.au](http://www.burgerurge.com.au)

### ABBEY MEDIEVAL BANQUET

As winter comes to South East Queensland, so too does Moreton Bay's Medieval season! The 29th Abbey Medieval Festival, in all its colour and grandeur, will take place over the weekend of July 14-15, at Abbeystowe, off Bribie Island Road, Caboolture.

Festivities are gearing up and if you missed the first one, there's a second sumptuous banquet on 7 July. This unique event is taking place at the Great Hall, St. Michael's College off Old Toorbul Point Road, and promises to be flamboyant and

excessive, this year featuring a delicious menu, dramatic peacock subtlety, fire-dancing, and a Viking guard-display. The banquet is a colourful and vibrant expression of the extravagance and affluence of the 'haves' (as opposed to the 'have nots') anytime from the 14th -16th centuries and presents a very unique opportunity for visitors to experience medieval history. Guests are encouraged to come in costume, to take on a medieval persona and to indulge in some 'medieval escapism' of sorts.

Photo by Neda Lundie.

### OPERATION COLD SNAP TARGETS ROAD SAFETY OVER THE WINTER BREAK

Police are urging drivers heading off on winter school holidays to take it easy on the roads as *Operation Cold Snap* kicks off for 2018.

Police Minister Mark Ryan, Minister for Transport and Main Roads Mark Bailey and Assistant Commissioner Mike Keating support the operation launched last week which will run from until July 20.

Cold Snap focuses on the fatal five - the most common killers on Queensland roads - which are speeding, drink and drug driving, fatigue, inattention and seat belt use.

Minister Ryan said the winter school holiday period was one of the busiest times on Queensland roads, with people often travelling long distances to and from destinations in relatively short time frames.

"Road safety is everyone's issue and responsibility, whether you are driving a car, riding a motorcycle



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or bicycle, a pedestrian or a passenger," Minister Ryan said.

"We have already seen too many deaths on our roads, so please remember to take your time, plan ahead, put your phone away when you're behind the wheel, wear your seatbelt, and don't drive if you're under the influence.

Tragically, 116 people have lost their lives in traffic crashes on Queensland's roads so far this year

## CONSTRUCTION BEGINS ON SECOND COSTCO SITE

Queues at North Lakes might get a bit shorter soon as Costco's second Queensland outlet at Bundamba is officially underway.

Costco has selected Ipswich due to its proximity to a large population base that serves the Ipswich region, western suburbs of Brisbane, northern Gold Coast, Logan and the Toowoomba region as it's next warehouse location.

The 6.5 hectare site will include a 14,000 square metre warehouse and parking facilities, and doors open are expected to open in December 2018.

Costco is a United States-based retailer with warehouse operations in eight countries. Queensland's first Costco opened at North Lakes in 2014.

## QSEC'S RODEO ROUND UP

The Queensland State Equestrian Centre's (QSEC) popular Rodeo Round-Up returns this weekend to transform the Main Arena into a rodeo.

QSEC's Rodeo Round-Up is a spectacular event featuring Barrel Races, Steer Wrestling, Breakaway Roping, Saddle Ride, Bareback Ride and the toughest and most adrenaline packed 8 seconds in sport - the Open Bull Ride.

There are also lots of events for the little cowgirls and cowboys on holiday and fun for all the family.

If you haven't been before, the QSEC main arena is an under cover but open air arena so you'll still feel the full atmosphere of rodeo life.

The night concludes with an after-party and entertainment under the stars with food and bar available.

QSEC can be found at Corner Tuckeroo Drive and Beerburum Rd, Caboolture. Adult tickets cost \$20 with concession and early bird available children under 5 are free.

More info via [www.qsec.com.au](http://www.qsec.com.au)

## CONGRATULATIONS TO OUR WHALE WATCHING COMPETITION WINNER

Thanks to all who entered our 2018 Whale Watching Family Pass competition.

The winner this year was Wendy Gledhill who'll be taking her grandchildren out for a day on the bay with Brisbane's premiere whale watching service.

This year's whale watching season runs until November and the best and safest way to see the whales up close is with a whale watching trip like the professional service Brisbane Whale Watching offers. More info via [www.brisbanewhalewatching.com.au](http://www.brisbanewhalewatching.com.au)



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## WHERE DOES YOUR SEAFOOD COME FROM?

### Seafood Industry Australia calls for Country of Origin labelling expansion to include foodservice.

A number of changes impacted the way we as consumers interact with retailers on July 1, not least of them Country of Origin Labelling. Last Sunday, Country of Origin Labelling becoming mandatory for all food sold in retail stores across Australia but the Seafood Industry Australia has suggested this action hasn't gone far enough and is urging consumers to demand the same criteria be expected in foodservice.

Currently, all food sold in retail stores across Australia have to be marked with the product's country of origin but not when you dine.

"The changes to Country of Origin Labelling in retail are excellent as they provide consumers with clear information on where their food comes from, which will allow them to make informed purchasing decisions; but retail is only half of the story," Seafood Industry Australia CEO Jane Lovell said.

"The new laws don't apply food sold in places like restaurants, cafes, pubs, clubs and fish and chip shops. We want to see these labelling laws extended to foodservice."

At the supermarket and when you buy fresh fish, by law, all seafood has to be labelled with its country of origin. But, when you go out to dine, there is no obligation to label where the seafood you are about to order and eat comes from.

"What SIA can't understand what the difference is – the government believes consumers have a right to know where their seafood comes in retail – why not when they are eating out?" Ms Lovell said.

"Australians love their seafood and next to freshness, the country of origin is the second most influential factor for consumer choosing which seafood they buy."

"Twenty years ago almost all the seafood Australians ate was Australian seafood. Most

assume it still is. But, people are flabbergasted when they find out 70 per cent of seafood eaten in Australia is imported."

Ms Lovell said they aren't vilifying imported seafood, but believe consumers should be provided with the same information in foodservice that they have in retail.

"Two Senate inquiries have called for this loophole to be closed More than 86,000 consumers signed petitions asking for Country of Origin Labelling to become compulsory for seafood sold in the foodservice industry. Yet nothing has changed," Ms Lovell said.

*THE NEW LAWS DON'T APPLY  
FOOD SOLD IN PLACES LIKE  
RESTAURANTS, CAFES, PUBS,  
CLUBS AND FISH AND CHIP  
SHOPS. WE WANT TO SEE THESE  
LABELLING LAWS EXTENDED TO  
FOODSERVICE*

"The Northern Territory successfully introduced Country of Origin Labelling for cooked and pre-prepared seafood in the foodservice industry in 2008. We want the rest of the country to follow suit.

"What we'd like to see is Australian seafood identified on menus, simple as that. At a minimum we'd like to see something like Australian Barramundi, but businesses can be as specific as they want. For imported seafood a simple 'i' to denote it's imported with a clear explanation of what it means printed somewhere on the menu."

Other "hero protein" sources like beef and lamb aren't subject to the same import battle as seafood. Ms Lovell said this is why the origin of seafood needs to be listed.

"Australians want to buy Australian products and many are prepared to pay more for Australian seafood," she said.

"Buying Australian seafood supports our Aussie

fishers and supports our world-class fisheries, which provide some of the most sustainable seafood in the world."

"Australian fishers underpin thousands of small Australian businesses and employ thousands of Australians."

Ms Lovell acknowledged there is nothing wrong with ordering and eating imported seafood, however she believes consumers have the right to know where their food comes from.

"We've argued for this change at a political level, however we were told consumers should ask foodservice staff where their seafood is from, this doesn't work," she said.

Research conducted for SIA found 66 per cent of foodservice staff couldn't tell customers where the seafood they were serving was from.

"Everytime Australians go out to dine they should be asking, *Where is my seafood from?*"

"The Australian seafood industry has invested millions so the quality seafood it delivers can be traced from the boat to the back door of every restaurant," she said.

"To give consumers the right of choice and seafood producers a fair go, the Australian Government needs to introduce legislation so the foodservice sector has to label seafood with the country of origin, just like the fish retailers have done since 2006.

"Country of Origin Labelling is already working in some restaurants and cafes in Australia with minimal cost or disruption. The argument that the introduction of Country of Origin Labelling in foodservice would be a huge cost imposition doesn't wash. SIA welcomes the opportunity to work with the foodservice industry, there are practical low cost options out there."

"The debate has run long enough – consumers deserve to know where the seafood they eat is from, no matter where they buy it."



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# DEATH OF THE GO CARD?



## Not quite, but soon you'll be able to pay your fare with a smart phone, smart watch and bank cards

Local bus and train commuters will soon be able to use smart phones and smart watches to pay for trips as Translink recently announced a new hi-tech transport payment system statewide

But for antagonists of the go card system, the phone/watch use may not be the biggest news to come out of this.

The system will also allow commuters to use their bank cards, a feature commuters have been asking for, and go cards and paper tickets will still be offered (for now).

The State Government allocated \$371.1 million to roll out the system including new readers, quicker fare gates and system equipment, an updated app platform, real-time and new ticketing equipment on urban buses.

The new system will be an Australian first, putting Queensland's ticketing system on par with London, Chicago and Vancouver.

RACQ has supported the move away from the current public transport ticketing in favour of commuters using the new system stating it's a win for commuters and echoing consumer sentiment about the current system.

"The current system is quite restrictive only allowing travelers to pay with Go Cards or cash and a shift to a contactless system would make public transport more accessible," RACQ's Dr Rebecca Michael said.

"However, we would need to make sure that any new system introduced would still cater

for those who don't have access to a credit card or smartphone – we don't want to see anyone disadvantaged by the new system."

The new system appears to address security concerns with Translink stating it will include additional security and privacy protection for commuters, including bank-grade security and users will retain the ability to remain anonymous.

"We want to see Queensland public transport being utilised more to reduce congestion on our roads," Dr Michael said.

*"THE CURRENT SYSTEM IS QUITE RESTRICTIVE ONLY ALLOWING TRAVELERS TO PAY WITH GO CARDS OR CASH AND A SHIFT TO A CONTACTLESS SYSTEM WOULD MAKE PUBLIC TRANSPORT MORE ACCESSIBLE"*

"The best way to do that is to have a user-friendly, cost-effective, quality solution that travellers will actually use."

Chris Whiting MP member for Bancroft also weighed in on the merits of the forthcoming system, calling it the next step in the modernisation of the public transport ticketing system that will benefit commuters using local buses and the Redcliffe and Caboolture rail lines.

"go card has served South-East Queensland commuters well for the last decade, but we are now delivering a new payment system with more flexibility, increased accessibility and security," Mr Whiting said.

"Having a more convenient payment system

will also encourage more people to use public transport."

"This is about embracing technologies that have become available since the go card launched in 2008," he said.

To use the system, customers will be able to set up an account via a new app or web platform and have the choice of the above-mentioned payment options.

The current go card system was rolled out 10 years ago and the cards are used on more than 87 percent of all public transport trips – almost 3 million trips each week.

Current go card operator Cubic has been awarded the contract, worth approximately \$276 million, and will deliver the new system in 18 regional areas and the metropolitan south east, with no firm dates on when trials would begin but noted that local buses and the Redcliffe and Caboolture rail lines would take part.

Cubic will be responsible for upgrading the current system to incorporate some of the world's most advanced ticketing technologies including the contactless payment and next-generation real-time passenger information.

Cubic Transportation Systems' credentials are good, having previously received the "London First Award for Innovation" for bringing contactless bankcard technology to public transit in the city and demonstrated its advanced ticketing and payment technologies recently with the installation of new systems in New York and Boston.



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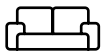
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## IN MY MARRIAGE, ALL MATTERS ARE A NEGOTIATION...

Hello Leonie,

I have a problem which a bit is silly I guess. In my marriage I don't do anything of any importance without long discussions with my husband and his approval. I swear that I always feel that we have come to an agreement on matters.

I have been married to my husband for over 20 years and whenever there is a situation that has turned sour or a decision that has gone bad, my husband always says that it was MY decision and that he did not agree to anything. So, you see, I wear the blame for everything that goes wrong. But if things turn out very well, or even just OK, suddenly it was his planning and idea and he takes credit for the decision, particularly around others.

Another thing that happens between us is that I will suggest something or other and then weeks or months later, he will say that he has a great idea which was the original one that I came up with. I know that this is nothing like the problems that you probably see on a daily basis, but it's driving me nuts. I am really starting to dislike my husband and I have very little respect for him now. Does this happen to others and is it common? I would be grateful for your views on this.

Karen/Clontarf

Hi Karen,

This is not a problem that is isolated to your husband. I believe that human beings have a great capacity to re-write history. It's not just in the decision-making side of relationships (although this is very common) but also in the day to day dynamics of interacting with others. For instance, some people can say and do the most hurtful things and never give it another thought. However, when their partner has had enough and call them on their nasty comments, they may claim to have never have said such things at all. Often, one partner will be continually hurt by callous 'throw away' comments and this may begin to show in a tendency to withdraw affection or just withdrawal in general in an effort to protect themselves from further emotional abuse. The offending partner may then ask what the matter is and when told of the hurtful things they have said or done, totally deny it ever happening.

I also see the phenomena of people using language incorrectly or in the wrong context and the other person taking their comments literally and interpreting what is said verbatim. The offending partner then offers some trite excuse such as,

"I didn't mean it like that" Or "I used the wrong words, it's not what I was meaning to say"

Now this can lead the wronged party to start doubting themselves and sometimes feel that they are going crazy or as you put it "NUTS". So, you can see that this is indeed a common problem and I don't think that there are too many people who haven't experienced or are yet to experience, this type of toxic interplay in their lives.

Now on the flip side, often when we are recovering from a broken relationship and grieving we may only remember all the good stuff and forget all the things that made the relationship unviable.

I advise my clients to keep a diary of all the times they have been treated badly, belittled, humiliated or felt sad about their relationship and to be as honest and non-subjective as possible in the recording. This often helps as a tool to remind them of all the things that happened and help them more accurately predict whether a relationship can be saved. We must think about all that is good and all that is bad to get a balanced and truthful assessment of the health of a relationship. This works both ways. Sometimes we can imagine that something is far worse than it is and a little honest reflection by way of diarised entries can have us seeing things much clearer. I feel that couples should always try to save a relationship before giving up on it and this is where couples counselling can be a real game changer in terms of honestly looking at what is driving the discord and learning effective communication strategies to stop these negative ways of communicating once and for all.

Til next week, Leonie

E-mail: [leonieschilling@bigpond.com](mailto:leonieschilling@bigpond.com)

Leonie Schilling is a qualified private practitioner at *North Lakes Counselling Services*

For appointments please phone 3886 2715 or 0423 653 841

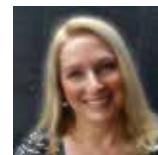
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Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM



#### ABOUT LEONIE

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.



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# BARNUM THE MUSICAL

## Mousetrap Theatre Company's next major production for 2018

The story of Barnum traces the career of America's greatest showman Phineas Taylor (P.T.) Barnum, from 1835 to 1880, the year he joined James A Bailey to form Barnum and Bailey Circus. Barnum is the prince and pioneer of what he calls "the noble art of humbug". The coat of varnish he puts on the hard facts of life. As he sees it people pay him for the privilege of being fooled and hoodwinked!

He brings together people that others call "freaks" and "aberrations" – people he sees as having gifts from God that lift them above the crowd. Such people include Joice Heth – the Oldest Woman Alive; Charles Sherwood Stratton (aka General Tom Thumb) – the Smallest Man in the world; and Jenny Lind – the operatic soprano known as the Swedish Nightingale.

Barnum's closest companion, however, is his wife Charity ("Chairy"), whose wit is easily as sharp as his and who doesn't hesitate to stand up to him and call him out when she knows he's making a mistake. She has strong principles and an iron will, but when it comes to her husband,

and when it comes to humbug, she can give him a run for his money.

*Barnum The Musical* follows Barnum, Chairy, their friends, and their enemies, through sickness, health, sadness, happiness, defeat and triumph, from the sidewalks of Bridgeport to the Greatest Show on Earth.

This is a big production and required an experienced and talented team. When the rehearsal commenced earlier this year Ralph Ashby was to direct it but following his sad and sudden death this was taken over by Theresa Kendall, assisted by Tom Burrell. The music is in the very experienced and safe hands of James Bovill and rounding out the production team is Tamara Jackson as choreographer.

As well as the usual training which goes into any musical production, this show also needed the added essential "circus training". Much fun has been had by all involved in the preparation of the production.

Barnum The Musical, will be staged at Mousetrap Theatre, Redcliffe Showgrounds, (entry via Lamington Drive) Redcliffe, with performance dates 27th 28th July, 3rd 4th 10th and 11th August at 7.30pm and 29th July, 5th and 12th August at 2.00pm.

For more information and tickets visit [www.mousetraptheatre.asn.au](http://www.mousetraptheatre.asn.au) or phone 0439 954 719.



Photos by June Tretheway



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# A DAY'S WORTH OF SUGAR IN ONE HIT

## Tradie fave's sugar level outweighs benefits of milk

One carton of flavoured milk – the well-known tradie morning tea staple – could contain nearly as much sugar as half a packet of lollies, according to a new analysis from LiveLighter.

The survey of more than 90 popular chilled flavoured dairy milks from around the country found some varieties contained almost as much added sugar as a can of cola.

With more than 9 teaspoons of added sugar per bottle – the equivalent of 22 red frog lollies – Ice Break 750ml Iced Coffee was the worst offender.

Ice Break's 750ml Extra Shot Iced Coffee came in second with 8.6 teaspoons – or 21 red frogs worth – of sugar. Browne's Choc-Honeycomb and Oak Chocolate Milk closely followed, with 21 and 20 red frog lollies (8.5 and 8.4 teaspoons) worth of sugar respectively.

The World Health Organisation recommends no more than six teaspoons of added sugar in a day.

"You would never add nine teaspoons of sugar to milk yourself, so understanding the huge sugar content of these drinks should come as a wake-up call to consumers and help with changing habits," said LiveLighter

Campaign Manager and registered dietitian Alison McAleese.

Drinks containing milk do offer health benefits. Plain milk contains many nutrients for good health, such as protein, calcium, zinc, vitamin A, vitamin D, iodine and vitamin B12.

Plain cow's milk contains about 4 to 5g of naturally occurring sugars per 100mL (just over one teaspoon), but anything above is likely to be added sugar.

LiveLighter encourages Australians to check the nutritional panel when considering flavoured milks or better still, switch flavoured milk for plain.

"When choosing a milk drink it's important to compare brands and choose the one with the lowest amount of added sugar per 100g", Ms McAleese said.

"Consider adding a pinch of cinnamon, vanilla bean or nutmeg to plain milk for added flavour, or switch high sugar varieties with no or low sugar alternatives."

The top five worst offenders were Ice Break Regular Strength Iced coffee 750ml with 9.2 added teaspoons, Ice Break Extra Shot Iced Coffee 750ml with 8.6 added teaspoons, Brownes Chocolate Honeycomb 500ml with 8.5 added teaspoons, Oak Chocolate Milk 600ml with 8.4 added teaspoons and Oak Vanilla Malt 600ml with 8 added teaspoons.



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## WHEY TO GO SANDGATE!

Sandgate student cheese-makers cream the competition again



Sandgate District State High School students couldn't 'curd' their excitement last week, taking out the Royal Queensland Show's (Ekka) Student Made Cheese Competition camembert class for the second year in a row at the Brisbane Showgrounds.

The school won the Mould Ripened Cheese White category with its entry titled 'cam you bert the camembert.' Not only has the school won the past two years, it has placed for eight, taking home two thirds, two seconds and four firsts.

Renowned dairy expert and Chief Judge Russell Smith said Sandgate's winning camembert was as good as any commercial product.

"The cheese was superbly made, with a soft texture and engaging earthy mushroom flavour," he said.

"It's quite remarkable that Sandgate has consistently dominated the competition. It's a credit to not only the students, but to the teachers as well - they obviously engage their students to a level that allows them to produce winning cheeses year after year."

Meanwhile in the Mould Ripened Cheese Blue category, Caboolture State High came out on top with their cheese titled Blue Floyd.

Mr Smith said Australia's most awarded cheese maker Ueli Berger from King Island Dairy, who judges the competition with him, was so impressed that he wanted to eat the whole cheese.

"For Ueli to rate this cheese so highly is a huge compliment to the school. It can be difficult to create the right balance of flavours with blue cheese, but this one ticked all the boxes in texture and flavour."

Mr Smith and Mr Berger tasted their way through 154 cheeses from 26 Queensland schools this week and were blown away by the quality.

"The overall standard was just phenomenal, with 80 to 90 per cent of both the blue and white cheeses technically very well made," Mr Smith said.

"The quality increases each year and that is a fantastic credit to the teachers, assistants and students."

Many of the students will return to the Brisbane Showgrounds in August for the Ekka, known as Queensland's largest classroom, which is now just 41 days away.

### 2018 WINNERS:

#### Class 1 – Mould Ripened Cheese – White

Winner – Sandgate District State High School - Cam you bert the camembert

2nd Place – Pacific Lutheran College - Alluring Atlantic

3rd Place – St Paul's School - The Camembears

#### Class 2 – Mould Ripened Cheese – Blue

Winner – Caboolture State High - Blue Floyd

2nd Place – Sandgate District State High School - The Blue-tang Clan

3rd Place – Bowenville State School - Bluey

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The New York smash hit production of Lewis Carroll's timeless classic Alice In Wonderland comes to life on stage in the most hilarity-filled madcap fun – touring Brisbane, Gold Coast & the Sunshine Coast during July school holidays. Tumble down the rabbit hole and join Alice, one of literature's most beloved heroines, in her adventures through Wonderland.

With the cast being summoned from across the country and led by Queensland's first lady of theatre in Karen Crone as the Mad Hatter, this stage production features incredible costumes and sets and is a must-see for children and adults alike.

Australian Producer, Ethan Walker, began this production at the Brisbane Powerhouse in early 2016 and it has since enjoyed sold-out runs all over the world, including in New York & Los Angeles, where it became the highest-grossing show at the El Portal Theatre in North Hollywood for the last five years. He said it was one of the most universal of all stage stories.

"The original Alice's Adventures in Wonderland has been translated into 174 languages. People from all walks of life can relate to it," he said.

"We tell this extraordinary story through actors and puppets. There is something magical about seeing a life size puppet come to life. You truly believe it's the White Rabbit and forget there's a Puppeteer controlling him. Wonderland is a very enchanting place, and that enchantment should not be lost when transitioned onto the stage."

"We have massive mushroom props that the Actors use throughout the performance to tell the story. In one scene the Caterpillar is



sitting on a large mushroom, and in the next scene that same mushroom turns into a tree trunk table for the Mad Hatter's Tea Party. It's truly magical to watch. We also have a highly respected Australian Actress, Karen Crone who plays the Mad Hatter."

"I've never heard of a production before who has cast a female into the role of the Hatter. There would be no point in producing a show that was a cookie cutter of every other Alice in Wonderland production."

"We needed to think outside the box to ensure that this production would be extra special,

while at the same time staying true to the essence of Lewis Carroll's work."

Alice in Wonderland has delighted the world for generations and this newest incarnation will continue that tradition – dazzling family members of all ages!

Don't be late for these very important dates when Aline IN Wonderland Live visits the Powerhouse will visit the Brisbane Powerhouse, 10th July @ 7pm, 11th- 13th July @ 11am & 2pm, 14th July @ 11am, 2pm & 7pm.

Tickets from \$39.90 visit [brisbanepowerhouse.org](http://brisbanepowerhouse.org) for more info.

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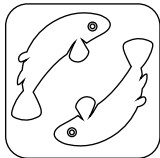
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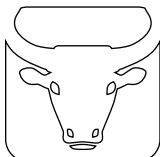
**AQUARIUS JAN 21-FEB 19:** You're in a fix. Do you come on strong or try the soft approach? Be versatile and try a little of each.



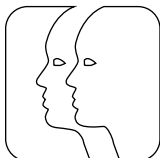
**PISCES FEB 20- MARCH 20:** The most productive working relationships are the ones where you share the same vision. Everyone wins when helping yourself means helping others as well.



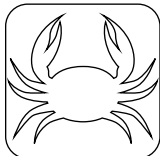
**ARIES MARCH 21-APRIL 20:** You finally hear the words you've been longing to hear. And it's a good thing too because it's been a while since you had to work this hard to get someone to commit.



**TAURUS APRIL 21-MAY 21:** A spectacular Venus/Neptune trine points to inspiration, creativity, and fulfillment. Accent these positives and you will surely feel an uplift in spirits.



**GEMINI MAY 22-JUNE 21:** It isn't easy to trust the decisions you're making when you're not clear on where you're going. Thank heavens you're a Leo and deep down you know you're right.



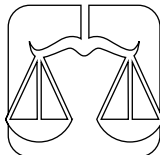
**CANCER JUNE 22-JULY 23:** You like doing things on your own, but that doesn't mean you want to be by yourself. Explain the subtleties to someone who doesn't quite get it.



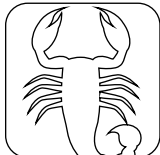
**LEO JULY 24-AUG 23:** Venus trine Neptune is persuasive. This comes in handy for collecting what you're owed today.



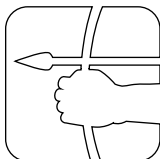
**VIRGO AUG 24-SEPT 23:** Your guilty secret is that you don't like staying angry. Yet that silent admission is a step in the right direction. It's time to let bygones be bygones.



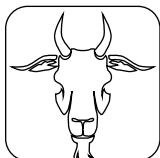
**LIBRA SEPT 24-OCT 23:** Don't believe the hype. With Venus trine Neptune, certain people are under the impression that they can spin straw into gold.



**SCORPIO OCT 24-NOV 22:** You're all into "combining forces", but not before someone else comes through with his/her part of the bargain first.



**SAGITTARIUS NOV 23-DEC 21:** You'd love to give peace a chance but it depends on the other side guaranteeing certain conditions. A truce takes two.



**CAPRICORN DEC 22-JAN 20:** Grudges lose their shape and feuds their fury when Venus trines Neptune. Lose that chip on your shoulder and embrace the healing process.

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## NINE

**6.00** Ellen DeGeneres. (PG) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Surfing. World League. Rip Curl Pro Bells Beach. **1.00** Rugby League. QRL. Intrust Super Cup. Round 17. Tweed Heads Seagulls v Wynnman Manly Seagulls. **3.00** Netball. Super Netball. Round 10. Queensland Firebirds v Melbourne Vixens. **5.00** News. **5.30** Getaway. (PG) **6.00** Nine News. **7.00** Movie: My Big Fat Greek Wedding 2. (PG) (2016) Nia Vardalos. **9.00** Movie: Ghost. (M) (1990) Patrick Swayze, Demi Moore. A murdered man returns as a ghost. **11.30** Movie: Winter's Tale. (M) (2014) Colin Farrell. **2.00** TV Shop. **2.30** Step Dave. (M) **3.30** Getaway. (PG) **4.00** Skippy. **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

## GO!

**6.00** Children's Programs. **11.30** Heidi. **12.00** Move It. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Yu-Gi-Oh! (PG) **2.30** Turning Mecard. (PG) **3.00** Gumball. **3.30** Ben 10. (PG) **4.00** Teen Titans Go! (PG) **4.30** Chomp Squad. **4.35** Looney Tunes Cartoons. **4.45** Be Cool, Scooby-Doo! (PG) **5.15** Clarence. (PG) **5.45** Movie: Stuart Little. (G) (1999) **7.30** Movie: Babe. (G) (1995) **9.30** Movie: Look Who's Talking. (M) (1989) **11.30** 2 Broke Girls. (M) **12.00** Adult Swim. (MA15+) **1.00** Total Divas. (M) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** Kate And Mim-Mim. **4.50** Little Charmers. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** To Be Advised. **1.30** To Be Advised. **2.45** To Be Advised. **4.00** Better Homes. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: Finding Dory. (G) (2016) Ellen DeGeneres, Albert Brooks. Dory searches for her long-lost parents. **9.10** Movie: Kingsman: The Secret Service. (MA15+) (2014) Colin Firth, Samuel L Jackson, Taron Egerton, Mark Strong. A troubled young man must prove his mettle after he is recruited into a secret British spy organisation. **11.40** Tennis. Wimbledon. Day 6. **4.00** Sons And Daughters. (PG) Caroline experiences a hair-raising ordeal. **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

## 7TWO

**6.00** Shopping. **8.00** Travel Oz. (PG) **9.30** Harry's Practice. **10.00** The Real Seachange. **10.30** The Great Outdoors. **11.30** NBC Today. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. **3.00** Qld Weekender. **3.30** The Great Day Out. **4.00** Creek To Coast. **4.30** SA Weekender. Showcases the best South Australian destinations. **5.00** Tennis. Wimbledon. Highlights. **6.00** Crash Investigation Unit. (PG) A man is left with life-threatening injuries. **6.30** Air Crash Investigation. (PG) A look at the crash of Garuda Indonesia Flight 200. **8.30** Tennis. Wimbledon. Day 6. **11.40** Crash Investigation Unit. (PG) **12.10** Vasil's Garden. **1.00** Psychic TV. (M) **4.00** Sydney Weekender. **4.30** Travel Oz. (PG)

## TEN

**6.00** The Home Team. **6.30** Reel Action. **7.00** RPM. **8.00** Family Feud. **8.30** The Living Room. **9.30** ST10. (PG) **12.00** Motor Racing. Supercars Championship. Round 8. Townsville 400. Qualifying and Race 17. **6.00** News. **6.30** Planes Gone Viral. (PG) **7.30** Ambulance. (M) Crewmates Sham and Nina are close by when an elderly couple call for help after the husband falls over. **8.45** NCIS: New Orleans. (M) Sebastian's high-school friend asks for help when her business partner is killed at a gaming convention. **9.45** NCIS: New Orleans. (M) The team investigates a petty officer's murder. **10.45** Instinct. (M) **11.45** 48 Hours. (M) **12.30** Shopping. **4.30** The Table. **5.00** Hour Of Power.

## ONE

**6.00** Home Shopping. **8.00** Cheers. (PG) **8.30** MasterChef Australia. (PG) **11.20** MasterChef Australia. **3.00** Camper Trailer Lifestyle. **3.30** Epic Meal Empire. (PG) **4.00** Reel Action. **4.30** Operation Repo. (PG) **5.00** Merv Hughes Fishing. (PG) **5.30** The Indestructibles. (PG) **6.00** All 4 Adventure. **7.00** Scorpion. (PG) **8.00** MacGyver. (M) **9.00** Hawaii Five-0. (M) **10.50** Movie: Pound Of Flesh. (MA15+) (2015) Jean-Claude Van Damme, Leonard Gonzalez, John Ralston. **1.00** RPM. **2.00** Motorcycle Racing. MotoGP. Race 8. Dutch TT. Replay. From TT Circuit, Assen, Netherlands. **3.40** Operation Repo. (PG) **4.40** The Doctors. (PG) **5.40** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **10.00** Rage. (PG) **11.10** Grand Designs Australia. (PG) **12.00** ABC News At Noon. **12.30** Line Of Duty. (M) **1.30** Endeavour. (M) **3.00** Redesign My Brain With Todd Sampson. (PG) **4.00** Landline. **4.30** The Dreamhouse. (PG) **5.00** Antiques Roadshow. **6.00** Compass. (PG) **6.30** Back Roads. (PG) **7.00** ABC News. **7.30** Shakespeare And Hathaway. (PG) **8.15** Poldark. **9.15** Call The Midwife. (M) **10.20** Mystery Road. (M) Final. **11.10** Unforgotten. (M) Final. **12.00** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **5.50** Jamillah And Aladdin. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Floogals. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? (PG) **8.30** Mock The Week. (M) **9.00** Russell Howard's Stand-Up Central. (M) **9.25** Live At The Apollo. (M) **10.10** Comedy Next Gen. (MA15+) **11.05** Penn & Teller: Fool Us. (PG) **11.50** Detectorists. (M) **12.20** An Idiot Abroad. (M) **1.05** Chewing Gum. (MA15+) **1.35** Live At The Apollo. (M) **2.20** The IT Crowd. (PG) **2.45** News Update. **2.50** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** Soccer. FIFA World Cup. Quarter-final. Continued. **6.30** Soccer. FIFA World Cup. Quarter-final. Replay. **10.00** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **1.55** Gymnastics. FIG Trampoline World Cup Series. **3.30** Soccer. 2006 FIFA World Cup. Semi-final. Italy v Germany. Replay. **5.30** 2018 FIFA World Cup: World Cup Today. **6.30** SBS World News. **7.30** The Secrets Of Chambord Chateau. **8.30** Cycling. Tour de France. Stage 1. Noirmoutier-en-l'île to Fontenay-le-Comte. 201 km flat stage. From France. **11.00** Soccer. FIFA World Cup. Quarter-final. **2.30** 2018 FIFA World Cup: Road To Russia. **3.00** Soccer. FIFA World Cup. Quarter-final.

## SBS VLND

**6.00** WorldWatch. **12.00** Insight. **1.00** Front Up. **1.30** Rise. (PG) **2.20** Huang's World. (PG) **3.05** The Mindy Project. (PG) **3.35** VICE. (PG) **4.30** 365. **4.35** PBS News. **5.35** Community. (PG) **6.10** Community. (PG) **6.40** The Ice Cream Show. **7.05** The Ice Cream Show. **7.30** If You Are The One. Return. **8.30** Movie: Nightcrawler. (M) (2014) **10.40** Great Minds. (M) **10.50** Great Minds. (M) **11.00** Cycling. Tour de France. Stage 1. **12.00** The Movie Show. **12.35** The Movie Show. **1.05** Hate Thy Neighbour. (M) **1.55** Noisy. (M) **2.45** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.05pm Kingsman: The Golden Circle** (2017) Action. Taron Egerton, Colin Firth. (MA15+) **Premiere** **6.40pm The Trip To Spain** (2017) Comedy. Steve Coogan, Rob Brydon. (M) **Masterpiece** **10.30pm Alien: Covenant** (2017) Sci-Fi. Michael Fassbender. (MA15+) **Premiere**

## GENERAL

**3.30pm Flipping Bangers**. A&E **5.00pm The Fosters**. (M) FOX8 **9.30pm The Amazing Race**. (M) FOX8

## DOCUMENTARY

**7.30pm Amazing Journey: The Story Of The Who**. (M) Foxtel Arts **7.30pm Fatal Attraction**. (M) Crime & Investigation **8.30pm Mysteries Of The Missing**. (PG) Discovery Science

## SPORT

**9.30am Basketball**. NBA. Summer League. ESPN2 **7.30pm Rugby Union**. Super Rugby. New South Wales Waratahs v Sunwolves. Fox Sports 501 **7.30pm Football**. AFL. Melbourne v Fremantle. Fox Sports 503

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0707

# Perfect Conditions For TERMITES

The recent weather has created perfect conditions for termites. Subterranean termites are highly attracted to moisture, which they require to create their nests.

Homeowners are often unaware of the conditions conducive to termite attack around their home.

Whilst removing conditions that attract termites to the yard is important, it won't prevent termites from attacking the home. It is recommended that a Timber Pest Inspection is completed by a licensed termite technician and a chemical soil barrier is installed for long lasting protection. For more information regarding termite treatments please...

visit [www.sandgatepest.com.au](http://www.sandgatepest.com.au)

or **CALL 3269 6198** to book your annual timber pest inspection today.

OR to arrange a no obligation FREE assessment and quote, to protect your home today!

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## IRISH NIGHT AT BOARDWALK RESTAURANT

Date: Friday 20th July 6.30 – 9.30PM

Location: Boardwalk Restaurant at the North Lakes Hotel, 22 Lakefield Drive, North Lakes

One of QLD's most popular entertainment bands 'TIS IRISH LIVE will be providing a night of unforgettable fun with their energetic Irish tunes from 6.30PM. Entry is free with beers & special Irish grub available for purchase. Bookings are essential. [Call 07 3180 2888](tel:0731802888).

20  
JULY

## BRISBANE FRENCH THEATRE'S FIRST ORIGINAL PRODUCTION: ALAS, APRIL

Date: 16-19 & 25, 26, 27 July 2018 at 7:30pm

Location: Metro Arts, 109 Edward Street, Brisbane.

Brisbane French Theatre is excited to present its first play of the 2018 season and its first 100% original production. *Alas, April* blends hilarious fast-paced dialogues, reflective moments, and a good dose of goofiness, all to the tune of French classics and original tracks.

The side-splitting romantic comedy will transport you into the Paris Metro where you will witness strangers crossing paths and helping each other out as they navigate the whims of love and life as well as the customary strikes and delays often affecting France's public transports.

Bookings [www.bft.org.au/april](http://www.bft.org.au/april)

16-27  
JULY



Pic: Ange Costes Photography

## INTIMATE SUNDAY CONCERTS AT THE STATE LIBRARY OF QUEENSLAND

Date: 8, 15 and 22 July, 5:30pm – 6:30pm

Location: Red Box, State Library of Queensland

Cost: Adult \$25, Student \$17.50

A series of intimate twilight concerts showcasing renowned Australian and international composers will bring to life the SLQ's picturesque riverfront performance space over three Sundays in July – 8, 15 and 22 – for Queensland Music Festival's Twilight in the Red Box.

8 July: UQ Chamber Choir, 15 July: String Soloists from UQ School of Music, 22 July: Pulse Chamber Orchestra and musicians from the 2018 Tinalley String Quartet Winter School

For more information and to book visit [www.qmf.org.au](http://www.qmf.org.au)

8, 15 &  
22 JULY



Pic: Rob Maccoll

## GUYS N' DOLLS REVUE - "COME SWING WITH US - THOSE WERE THE DAYS!"

Date: Sat Jul 28, Sat Aug 11, Sat Aug 18, Sun Aug 19, Sat Aug 25

Location: Hamilton Town Hall

Let us take you back to a time when the Andrews Sisters blared delightfully across the wireless and Glenn Miller was well known and adored for the sway of his brassy trombone. "Swing" was the new big thing that promised to bring the whole world together. Our new 2018 show, "Come Swing with Us" aims to re-invigorate and re-live this truly wonderful time in musical history.

Guys n' Dolls Revue are a music variety/cabaret-style production group, formed to assist charities and community based organisations in their fundraising endeavours.

Tickets at the door or online via [www.guysndolls.net.au](http://www.guysndolls.net.au)

JUL 28-  
AUG 25



## QUEENSLAND THEATRE'S GOOD MUSLIM BOY

Date: July 12 to August 4

Location: Cremorne Theatre, QPAC

What does it mean to be a good Muslim boy? You probably shouldn't gawk at girls in bikinis or fake a medical degree. If you must be an actor, you shouldn't play a gay man on television, or Saddam Hussein in a post 9/11 American musical. And you definitely, definitely shouldn't leave an arranged bride at the altar.

Osamah Sami, son of one of Australia's leading Islamic clerics has done all of the above.

Drawing from his award-winning novel of the same name and his recent smash hit film *Ali's Wedding*, *Good Muslim Boy* recounts Osama's hilarious and heartbreaking personal history, and the beauty and contradictions found at the cross currents of two cultures.

Tickets at [queenslandtheatre.com.au](http://queenslandtheatre.com.au) or 1800 355 528

JUL 12 -  
AUG 4



## NINE

**6.00** Endangered. (PG) **7.00** Weekend Today. **10.00** Sports Sunday. (PG) **11.00** NRL Sunday Footy Show. (PG) **1.00** Netball. Super Netball. Round 10. Adelaide Thunderbirds v Collingwood Magpies. **3.00** Sunday Football Preview. **4.10** Rugby League. NRL. Round 17. Gold Coast Titans v Brisbane Broncos. From Cbus Super Stadium, Queensland. **6.00** Nine News. **7.00** Australian Ninja Warrior. (PG) Return. **8.40** 60 Minutes. **9.40** Australian Crime Stories. (MA15+) **10.40** Guiltology. (M) **11.40** Major Crimes. (M) **12.35** Cold Case. (M) **1.30** Getaway. (PG) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Sherlock. (M) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Star Wars: Droid Tales. (PG) **11.30** Ninjago. (PG) **12.00** Turning Mecard. (PG) **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Clarence. (PG) **2.00** Yo-Kai. (PG) **2.30** Tom And Jerry. **3.00** Gumball. **3.30** Teen Titans Go! (PG) **4.00** Britain's Got Talent. (PG) **6.00** Big Bang. (PG) **9.00** Movie: John Wick. (MA15+) (2014) **11.00** Big Bang. (PG) **12.00** Adult Swim. (MA15+) **12.30** Frisky Dingo. (MA15+) New. **12.45** Mary Shelley's Frankenstein. (M) New. **1.00** Tattoo Fixers. (MA15+) **2.00** Total Divas. (M) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** Kate And Mim-Mim. **4.50** Little Charmers. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** Business Builders. (PG) **1.30** To Be Advised. **2.45** To Be Advised. **4.00** Better Homes. **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** House Rules. (PG) Hosted by Johanna Griggs. **8.30** Sunday Night. Current affairs program, hosted by Melissa Doyle. **9.30** Crimes That Shook The World. (M) In 1996 and 1997, Siphon Twala terrorised the Durban suburb of Phoenix in South Africa, murdering 16 girls. **10.30** Criminal Confessions. (M) Final. **11.30** Dr Death. (M) **12.30** Bates Motel. (MA15+) **1.30** Grandfathered. (PG) **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. **8.00** David Jeremiah. (PG) **8.30** Shopping. **9.30** Harry's Practice. **10.00** House Of Wellness. (PG) **11.00** The Outdoor Room. **11.30** NBC Today. **12.30** The Real Seachange. **1.30** The Layover. (PG) **2.30** Tennis. Wimbledon. Highlights. **3.30** Free Range Cook. **4.00** Escape To The Country. **5.00** Air Crash Investigation. (PG) **6.00** Mighty Ships. (PG) **7.00** Dog Patrol. (PG) **7.30** Motorway Patrol. (PG) **8.00** Highway Cops. (PG) **8.30** Border Security. (PG) **10.00** Brit Cops. (M) **11.00** Motorway Patrol. (PG) **11.30** Dog Patrol. (PG) **12.00** Highway Cops. (PG) **12.30** Psychic TV. (M) **3.30** Harry's Practice. **4.00** Late Programs.

## TEN

**6.00** Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** GCBC. **8.30** The Living Room. **9.30** St10. (PG) **12.00** Motor Racing. Supercars Championship. Round 8. Townsville 400. Race 18. **6.00** Family Feud. Hosted by Grant Denyer. **6.30** The Sunday Project. A look at the day's news. **7.30** MasterChef Aust. The eight remaining contestants tackle "survival week", competing for a powerful advantage. **9.00** NCIS. (M) Following the apparent suicide of a navy lieutenant, Gibbs and the team investigate her life. **10.00** NCIS. (M) The team investigates when a US Marine is killed in a hit-and-run car incident. **11.00** The Sunday Project. **12.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Rugby Union. Super Rugby. Round 18. Queensland Reds v Melbourne Rebels. Replay. From Suncorp Stadium, Brisbane. **10.00** Esports. Gfinity Elite Series Australia. Rocket League. **1.00** Air Racing. Red Bull Air Race. Race 4. Highlights. From Budapest, Hungary. **2.00** Reel Action. **2.30** Fishing Australia. **3.00** The Indestructibles. (PG) **3.30** Freddie Fries Down Under. (PG) **4.30** iFish. **5.00** TEN Eyewitness News. **6.00** Hogan's Heroes. **6.30** Scorpion. (PG) **7.30** Ambulance. (M) **8.45** Countdown To Murder. (M) **9.45** The Mentalist. (M) **11.45** CSI: NY. (MA15+) **12.45** Muscle Car Masters. **2.45** Operation Repo. (PG) **3.45** The Doctors. (PG) **5.35** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offenders. **10.30** World This Week. **11.00** Compass. (PG) **11.30** Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Cleverman. (M) **2.30** Gardening Australia. **3.30** Ward One. (PG) **3.45** Karrooyul. (PG) **4.00** The Mix. **4.30** One Plus One Redux. **4.45** Shakespeare And Hathaway. (PG) **5.30** Julia Zemiro's Home Delivery. (PG) **6.00** Back In Time For Dinner. (M) **7.00** ABC News Sunday. **7.40** Grand Designs NZ. (PG) **8.30** Jack Irish. (M) Return. **9.25** Namatjira Project. (M) **10.55** Cleverman. (M) **11.50** Cleverman. (M) **12.45** Cleverman. (M) **1.40** Cleverman. (M) **2.35** Cleverman. (M) Final. **3.30** Black Chook. (M) **3.45** Making Dust. (PG) **4.15** Agatha Raisin. (PG) **5.00** Insiders.

## ABC COM

**6.00** Children's Programs. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Floogals. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Penn & Teller: Fool Us. (PG) **8.45** Peter Helliar: Snazzy. (MA15+) **9.50** Gruen XL. (M) **10.40** Alan Davies: As Yet Untitled. (M) **11.45** Absolutely Fabulous. (PG) **12.15** Absolutely Fabulous. (M) **12.50** This Country. (M) **1.10** The Black Adder. (PG) **1.45** Zapped. (PG) **2.20** The Thick Of It. (PG) **2.50** Dirty Laundry. (M) **3.40** News Update. **3.45** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** Tour De France: Daily Update. **7.00** Soccer. FIFA World Cup. Quarter-final. Replay. **10.30** German News. **11.00** Spanish News. **12.00** The Bowls Show. **1.00** Cycling. Tour de France. Stage 1. Replay. **2.30** Soccer. 2014 FIFA World Cup. Semi-final. Brazil v Germany. Replay. **4.30** Cycling. Tour de France. Stage 1. Highlights. **5.30** 2018 FIFA World Cup: World Cup Today. **6.30** News. **7.30** First Civilisations. (PG) **8.30** Cycling. Tour de France. Stage 2. **2.00** Movie: Legend Of The Fist: The Return Of Chen Zhen. (MA15+) (2010) Donnie Yen. **3.55** 24 Hours In Police Custody. (M) **4.50** France Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.00** PopAsia TV. (PG) **10.00** WorldWatch. **12.00** Insight. **1.00** Speedweek. **3.00** Cycling. Tour de France. Stage 1. Replay. **4.30** Cyberwar. (PG) **5.00** Australian: Rage In The Cage. (PG) **5.40** Vs Arashi. **6.35** Vs Arashi. (PG) **7.30** The Crystal Maze. (PG) **8.30** The Island: Women's Island. (M) **9.25** Stacey Dooley: New Drug Frontiers. (MA15+) **10.30** Sex With Sunny Megatron. (MA15+) **11.00** Sex With Sunny Megatron. (MA15+) **11.30** Bear Grylls' Mission Survive. (M) **12.30** Epicly Later'd. (M) **1.20** Fubar: The Age Of The Computer. (M) **1.45** Hamilton's Pharmacopeia. (M) **2.30** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** WorldWatch.



## MOVIES

**6.50pm Overdrive** (2017) Action. Scott Eastwood, Ana De Armas. (M) **Action** **6.55pm Snatched** (2017) Comedy. Amy Schumer, Goldie Hawn. A mother-daughter duo head off on an exotic jungle adventure. (MA15+) **Premiere** **8.30pm Bad Moms 2** (2017) Comedy. Mila Kunis, Kristen Bell. (MA15+) **Premiere**

## GENERAL

**6.30pm Grown-ish.** (M) **FOX8** **7.00pm Superstore.** (PG) **FOX8** **8.30pm Million Dollar Listing NY.** (M) **Arena**

## DOCUMENTARY

**7.30pm Death Row Stories.** (M) **Crime & Investigation** **8.30pm Eat The Week.** **Lifestyle Food** **8.30pm BBC Proms.** **FoxTel Arts**

## SPORT

**9.00am Mixed Martial Arts.** UFC 226: Miocic v Cormier. Pre-fight. **Fox Sports 501** **6.00pm Cricket.** Twenty20 International Tri-Series. Final. **Fox Sports 501** **11.00pm Motor Racing.** Formula 1. Race 10. British Grand Prix. **Fox Sports 506**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0807



Opal North Lakes has an experienced team of Registered Nurses and carers on-site 24/7 to deliver the very best in care.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Australian Ninja Warrior. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Australian Ninja Warrior. (PG) **9.10** Talkin' 'Bout Your Generation. (PG) **10.25** 100% Footy. (M) **11.25** Two And A Half Men. (PG) **11.55** Two And A Half Men. (PG) **12.25** Rizzoli & Isles. (MA15+) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Car SOS. (PG) **12.00** Storage Hunters UK. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Star Wars: Droid Tales. (PG) **4.00** Kids' WB. (PG) **4.05** The Powerpuff Girls. (PG) **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **9.00** Movie: Beverly Hills Cop. (M) (1984) **11.10** Big Bang. (PG) **12.05** Balls Of Steel Australia. (MA15+) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The Powerpuff Girls. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Baby Brokers. (PG) (1994) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** House Rules. (PG) Aussie teams put their homes on the line in a competition for renovation supremacy. **8.45** First Dates Australia. (PG) A flight attendant looks for a man to travel with, while a mumma's boy wants to bring a nice girl home. **9.55** Ramsay's Kitchen Nightmares. (MA15+) Gordon Ramsay visits La Riveria, a French restaurant staffed by Michelin star chefs. **11.00** Tennis. Wimbledon. Day 7. Round of 16. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** Auction Squad. **10.30** The Layover. (PG) **11.30** The Real Seachange. **12.00** NBC Today. **1.00** NBC Press. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Free Range Cook. **5.00** Medical Rookies. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. (PG) **8.30** Tennis. Wimbledon. Day 7. Round of 16. **11.00** Robbie Coltrane's Critical Evidence. (M) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** The Layover. (PG) **3.00** This Rugged Coast. **4.00** Million Dollar Minute. **5.00** Free Range Cook. **5.30** Medical Rookies. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. **8.30** Have You Been Paying Attention? (M) Special guests include Glenn Robbins, Kitty Flanagan and Melanie Bracewell. **9.30** The Graham Norton Show. A compilation of highlights from show, featuring Chris Pratt, Emily Blunt, Ryan Reynolds and Sandra Bullock. **10.30** Man With A Plan. (PG) **11.00** The Project. **12.00** Stephen Colbert. (PG) **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Air Racing. Red Bull Air Race. Race 4. Highlights. From Budapest, Hungary. **9.00** Operation Repo. (PG) **9.30** iFish. **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Hillary: The Man Who Conquered Everest. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** NCIS. (M) **10.30** Motor Racing. Formula 1. Race 10. British Grand Prix. Highlights. From Silverstone Circuit, Silverstone, England. **11.30** Super Rugby Extra Time. **12.30** Home Shopping. **2.00** Walker, Texas Ranger. (M) **3.00** Cheers. (PG) **4.00** Diagnosis Murder. (PG)

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Grand Designs New Zealand. (PG) **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** Landline. **2.00** Redfern Now. (M) **3.00** Agatha Raisin. (PG) **3.45** Gardening Australia. **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Think Tank. **7.00** ABC News. **7.30** 7.30. **8.00** Back Roads. **8.30** Four Corners. **9.15** Media Watch. (PG) **9.35** Q&A: People's Panel - Celebrating 10 Years Of Q&A. **10.40** ABC Late News. **11.10** The Business. **11.25** Cleverman. (M) **12.15** Cleverman. (M) **1.10** Cleverman. (MA15+) **2.05** Cleverman. (M) **2.55** Cleverman. (MA15+) **3.50** Cleverman. (M) Final. **4.45** One Plus One. **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Adam Hills: The Last Leg. **9.00** #Celeste Challenge Accepted. (PG) **9.05** Upper Middle Bogan. (M) **9.35** Tonightly With Tom Ballard. (M) **10.05** Aussie Rangers. (M) **10.10** Kiki And Kitty. (M) **10.35** Kiki And Kitty. (MA15+) **11.00** Kiki And Kitty. (M) **11.30** The League Of Gentlemen. (M) **12.00** Archer. (M) **12.20** This Country. (M) **12.45** 30 Rock. (PG) **1.05** Parks And Recreation. (PG) **1.30** Tonightly. (M) **1.55** The League Of Gentlemen. (M) **2.25** The Office. (PG) **2.50** Archer. (M) **3.10** News Update. **3.15** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** Gumbot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **7.00** Tour De France: Daily Update. **8.10** WorldWatch. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Cycling. Tour de France. Stage 2. Replay. **2.55** Should We Close Our Zoos? (PG) **4.00** Miracles Of Nature. **5.00** Kardiayaru Kangurnu. (PG) **5.30** Cycling. Tour de France. Stage 2. Highlights. **6.30** News. **7.30** Lady Jane Grey: Murder of A Child Queen. (PG) **8.30** Michael Mosley Vs E-Cigarettes. (PG) **9.35** 24 Hours In Emergency. (M) **10.30** Cycling. Tour de France. Stage 3. **2.00** One Born Every Minute. (M) **2.55** One Born Every Minute. (M) **3.55** One Born Every Minute. (M) **4.50** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **12.00** Movie: Little Nicolas. (PG) (2009) **1.40** Cyberwar. (PG) **2.05** Cyberwar. **2.30** 365. (PG) **2.35** Fameless. (PG) **3.00** Cycling. Tour de France. Stage 2. Replay. **5.00** It's Suppertime! (PG) **5.30** If You Are The One. **6.30** MythBusters. (PG) **7.30** The Feed. **8.00** Travel Man. (PG) **8.30** Movie: Play It Again, Sam. (M) (1972) **10.10** Movie: Runaway. (M) (1984) **12.00** Untitled Action Bronson Show. (MA15+) **12.25** Untitled Action Bronson Show. (MA15+) **12.50** Untitled Action Bronson Show. (MA15+) **1.15** Untitled Action Bronson Show. (MA15+) **1.40** Cocaine Of The Poor. (MA15+) **2.30** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** WorldWatch.



## MOVIES

**6.20pm John Wick: Chapter 2** (2017) Action. Keanu Reeves, Ruby Rose. (MA15+) *Premiere*  
**8.30pm Blade Runner 2049** (2017) Sci-Fi. Ryan Gosling, Harrison Ford. (MA15+) *Premiere*  
**11.15pm Jawbone** (2017) Drama. Ray Winstone, Ian McShane. (M) *Premiere*

## GENERAL

**11.00pm Sharp Objects.** (MA15+) *Showcase*

**12.00pm Very Cavallari.** (M) *E!*  
**8.30pm Gotham.** (MA15+) *FOX8*

## DOCUMENTARY

**8.30pm Resilient Cities.** (PG) *Foxtel Arts*  
**8.30pm Sword, Musket & Machine Gun: Britain's Armed History.** (PG) *History*  
**9.30pm The Hotel Inspector.** (M) *Lifestyle*

## SPORT

**6.00am Cricket.** First Test. West Indies v Bangladesh. Day 5. *Fox Sports 505*  
**6.00am Golf.** PGA Tour. The Greenbrier Classic. Final round. *Fox Sports 503*  
**8.30pm Tennis.** Wimbledon. Day 7. Round of 16. *Fox Sports 503*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Australian Ninja Warrior. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Australian Ninja Warrior. (PG) **9.10** Buying Blind. **10.40** To Be Advised. **11.40** The Closer. (M) **12.35** Extra. **1.00** The Avengers. (PG) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Storage Hunters UK. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **4.00** Kids' WB. (PG) **4.05** The Powerpuff Girls. (PG) **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **9.00** Movie: Austin Powers: International Man Of Mystery. (M) (1997) **11.00** Big Bang. (PG) **12.00** Balls Of Steel Australia. (MA15+) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The Powerpuff Girls. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Abandoned And Deceived. (PG) (1995) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. Hosted by Andrew O'Keefe. **6.00** Seven News. **7.00** Home And Away. (PG) The Astoni family clash over Maggie's decision to take part in the medical trial. **7.30** House Rules. (PG) Aussie teams put their homes on the line in a competition for renovation supremacy. **8.45** Interview. (M) Andrew Denton interviews a range of fascinating people in an effort to find out what makes them tick. **9.50** Tennis. Wimbledon. Day 8. Women's quarter-finals. **4.00** NBC Today. **5.00** News. **5.30** Sunrise. News, sport and weather.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** Auction Squad. **10.30** The Layover. (PG) **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Free Range Cook. **5.00** Medical Rookies. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Vicar Of Dibley. (PG) **8.30** The Last Detective. (M) **10.00** Crimes That Shook The World. (MA15+) **11.00** Medical Rookies. (PG) **11.30** Escape To The Country. **12.30** Harry's Practice. **1.00** Auction Squad. **2.00** The Layover. (PG) **3.00** This Rugged Coast. **4.00** Million Dollar Minute. **5.00** Free Range Cook. **5.30** Medical Rookies. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. **8.30** Shark Tank. (PG) A husband and wife seek a \$1.5 million investment in their common cold-curing business. **9.30** NCIS: LA. (M) Sam receives a distress code from his son Aiden, indicating his school has been taken over by an extremist group. **10.30** NCIS: LA. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Super Rugby Extra Time. **9.00** Freddie Fries Down Under. (PG) **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Bondi Rescue. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) **3.30** Super Rugby Extra Time. **4.30** Star Trek: The Next Generation. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** CSI: Miami. (MA15+) **9.30** CSI: NY. (MA15+) **10.30** Instinct. (M) **11.30** 48 Hours. (M) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (PG)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Art & Soul. (PG) **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Redfern Now. (M) **3.00** Agatha Raisin. (PG) **3.45** Julia Zemiro's Home Delivery. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Foreign Corre. Return. **8.30** Back In Time For Dinner. Final. **9.30** Joanna Lumley's Japan. (PG) **10.20** ABC Late News. **10.45** The Business. **11.05** Q&A: People's Panel - Celebrating 10 Years Of Q&A. **12.10** Golf. PGA Tour. The Greenbrier Classic. Highlights. **1.05** Outside Chance. (PG) **1.35** Joanna Lumley's Japan. (PG) **2.25** Rage. (MA15+) **3.40** Agatha Raisin. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Mock The Week. **8.30** The IT Crowd. (PG) **8.55** Mychonnny. (M) **9.30** Tonightly With Tom Ballard. (M) **10.00** Aussie Rangers. (PG) **10.10** This Country. (M) **10.35** The Inbetweeners. (M) **10.55** The League Of Gentlemen. (M) **11.25** Archer. (M) **11.50** The Office. (PG) **12.10** 30 Rock. (M) **12.35** Parks And Recreation. (PG) **12.55** Tonightly With Tom Ballard. (M) **1.25** The League Of Gentlemen. (M) **1.55** The Office. (PG) **2.20** Archer. (M) **2.40** News Update. **2.45** Close. **5.00** The WotVots. **5.10** Arthur. **5.35** Gumbo Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** France 24 English News. **6.30** Al Jazeera. **7.00** Tour De France: Daily Update. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Cycling. Tour de France. Stage 3. Replay. **3.00** Floyd's Fjord Fiesta. (PG) **3.35** What's The Catch With Matthew Evans. (PG) **4.35** Coast To Coast. **5.30** Cycling. Tour de France. Highlights. **6.30** SBS World News. **7.30** Who Do You Think You Are? (PG) **8.30** Insight. **9.30** Dateline. **10.00** Cycling. Tour de France. Stage 4. La Baule to Sarzeau. 195 km flat stage. From France. **2.05** The Crystal Maze. (M) **3.00** Soccer. FIFA World Cup. Semi-final. From Krestovsky Stadium, Saint Petersburg, Russia.

## SBS VLND

**6.00** WorldWatch. **11.35** Hindi News. **12.00** Movie: Little Nicolas On Holiday. (PG) (2014) **1.45** PopAsia TV. (PG) **2.40** Fameless. (PG) **3.05** Cycling. Tour de France. Stage 3. Replay. **5.05** News. **5.30** If You Are The One. **6.30** MythBusters. (PG) **7.30** The Feed. **8.00** Gadget Man. **8.30** Meet The Polygamists. (MA15+) **9.25** Meet The Polygamists. (MA15+) **10.25** The Good Doctor: Korea. (M) **11.40** The Good Doctor: Korea. (M) **12.55** News. **1.25** Desus And Mero. (MA15+) **1.50** Shot By Kern. (MA15+) **2.15** The Feed. **2.40** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.15pm** Pirates Of The Caribbean: Dead Men Tell No Tales (2017) Action. Johnny Depp, Javier Bardem. (M) **Premiere** **8.30pm** The Mountain Between Us (2017) Action. Kate Winslet, Idris Elba. (M) **Premiere** **10.10pm** An Inconvenient Sequel: Truth To Power (2017) Documentary. Al Gore, George W. Bush. (PG) **Masterpiece**

## GENERAL

**8.30pm** Wentworth. (MA15+) **Showcase** **8.30pm** Robot Chicken. (MA15+) **Comedy Channel** **8.30pm** America's Next Top Model. (M) **FOX8**

## DOCUMENTARY

**7.30pm** Landscape Artist Of The Year. (PG) **Foxtel Arts** **7.30pm** Empire Games. (PG) **History** **8.30pm** Navy Seals. (PG) **History**

## SPORT

**7.00am** Basketball. NBA. Summer League. **ESPN** **9.00am** Baseball. Major League. Monday Night Game. **ESPN2** **10.00pm** Tennis. Wimbledon. Day 8. **Fox Sports** **505**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Australian Ninja Warrior. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** State Of Origin Preview. **8.10** Rugby League. State Of Origin. Game 3. Queensland v NSW. From Suncorp Stadium, Brisbane. **10.10** State Of Origin Post-Match. **11.10** Talkin' 'Bout Your Generation. (PG) **12.30** The AFL Footy Show. (M) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Storage Hunters UK. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** The New Looney Tunes. **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie: The Matrix. (M) (1999) **11.10** Big Bang. (PG) **12.05** Balls Of Steel Australia. (MA15+) **12.30** Friends. (PG) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Toni Braxton: Unbreak My Heart. (PG) (2016) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Make You Laugh Out Loud: Cutest Ever Puppy Party. (PG) Clips of puppies doing funny things. **8.30** Ramsay's Kitchen Nightmares. (MA15+) Host Gordon Ramsay heads to La Lanterna, an Italian restaurant in Letchworth, Hertfordshire. **9.30** Modern Family. (PG) The family is invited to Jay and Gloria's for a barbecue. **10.00** Modern Family. (PG) Phil challenges Claire to a race. **10.30** Tennis. Wimbledon. Day 9. Men's quarter-finals. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** Auction Squad. **10.30** The Layover. (PG) **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Free Range Cook. **5.00** Medical Rookies. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Jonathan Creek. (M) **9.30** Border Security: Int. (PG) A discovery is made on a hard drive. **10.00** Tennis. Wimbledon. Day 9. Men's quarter-finals. **10.30** Cities Of The Underworld. (PG) **11.30** Escape To The Country. **12.30** Harry's Practice. **1.00** Auction Squad. **2.00** Shopping. **4.00** Million Dollar Minute. **5.00** Free Range Cook. **5.30** Medical Rookies. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Two contestants tackle a dining challenge. **8.30** Instinct. (M) Two members of an acting troupe are murdered. **9.30** Madam Secretary. (M) Elizabeth's deal with Iran is put in jeopardy when she is sued by a grieving family. **10.30** Hawaii Five-O. (MA15+) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: The Next Generation. (PG) **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Bondi Rescue. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** NCIS: Los Angeles. (M) **10.30** Shark Tank. (PG) **11.30** CSI: NY. (MA15+) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Diagnosis Murder. (PG)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Art & Soul. (PG) **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **12.30** Press Club. **1.30** Cyber Dreaming. **2.00** Redfern Now. (M) **3.00** Agatha Raisin. (PG) **3.45** Julia Zemiro's Home Delivery. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. **7.00** ABC News. **7.30** 7.30. **8.00** Julia Zemiro's Home Delivery. (PG) Final. **8.30** The Weekly. (M) **9.00** You Can't Ask That. (M) Return. **9.35** Adam Hills. **10.15** Tonightly With Tom Ballard. (M) **10.45** ABC Late News. **11.15** The Business. **11.30** Four Corners. **12.15** Media Watch. (PG) **12.35** Outside Chance. (MA15+) **1.05** Outside Chance. (M) **1.35** Rage. (MA15+) **3.30** Press Club. **4.30** Agatha Raisin. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Absolutely Fabulous. (PG) **8.30** Absolutely Fabulous. (PG) **9.00** Upper Middle Bogan. (M) **9.30** Tonightly With Tom Ballard. (M) **10.00** Aussie Rangers. (PG) **10.10** An Idiot Abroad. (M) **10.55** Josh. (M) **11.25** The League Of Gentlemen. (M) **11.55** Archer. (M) **12.15** The Office. (PG) **12.40** 30 Rock. (M) **1.05** Parks And Recreation. (PG) **1.25** Tonightly. (M) **1.55** League Of Gentlemen. (M) **2.25** The Office. (PG) **2.45** Archer. (M) **3.10** News Update. **3.15** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** Soccer. FIFA World Cup. Semi-final. Continued. **6.30** Tour De France: Daily Update. **7.30** Soccer. FIFA World Cup. Semi-final. Replay. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Cycling. Tour de France. Stage 4. La Baule to Sarzeau. 195 km flat stage. Replay. From France. **2.55** Dateline. **3.25** Insight. **4.30** Cycling. Tour de France. La Baule to Sarzeau. 195 km flat stage. Highlights. From France. **5.30** 2018 FIFA World Cup: World Cup Today. **6.30** SBS World News. **7.35** Robson Green's Australian Adventure. (M) **8.30** 24 Hours In Emergency. (M) **9.30** Cycling. Tour de France. Lorient to Quimper. 204.5 km hilly stage. From France. **2.05** The Crystal Maze. (PG) **3.00** Soccer. FIFA World Cup. Semi-final. From Luzhniki Stadium, Moscow, Russia.

## SBS VLND

**6.00** WorldWatch. **9.00** Croatian News. **9.30** Serbian News. **10.00** Dutch News. **10.30** African News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Asterix: The Mansions Of The Gods. (PG) (2014) **1.35** Over The Black Dot. **2.35** Fameless. (PG) **3.00** Cycling. Tour de France. Stage 4. Replay. **5.00** News. **5.35** If You Are The One. **6.40** MythBusters. (PG) **7.35** The Feed. **8.05** South Park. (M) **8.30** Movie: Team America: World Police. (MA15+) (2004) **10.25** Movie: Ra.One. (M) (2011) **1.10** News. **1.35** Desus And Mero. (MA15+) **2.00** The Feed. **2.30** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.25pm Gold** (2016) Drama. Matthew McConaughey, Bryce Dallas Howard. (M)

Premiere  
**10.20pm Victoria & Abdul** (2017) Drama. Judi Dench, Ali Fazal. (PG) **Masterpiece**

**10.30pm Transformers: The Last Knight** (2017) Action. Mark Wahlberg, Josh Duhamel. Humans go to war with the Transformers. (M) Premiere

**GENERAL**  
**1.35pm Below Deck Mediterranean**. (M) Arena  
**4.00pm Swamp People**. (PG) A&E  
**8.30pm The 100**. (M) FOX8

**DOCUMENTARY**  
**8.30pm The Wine Show**. (PG) Lifestyle Food

**8.30pm Beyond The Headlines**. (M) Crime & Investigation

**9.30pm George Clarke's Amazing Spaces**. Lifestyle

**SPORT**  
**6.00am Cricket**. Global Twenty20  
**Canada League**. Fox Sports 503  
**6.30am Basketball**. NBA. Summer League. ESPN  
**10.00am Poker**. World Series.  
Final Table Preview. ESPN

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Buying Blind. **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** RBT. (PG) **8.30** World's Wildest Flights. (PG) **9.30** The NRL Footy Show. (M) **11.00** Embarrassing Bodies. (M) **12.00** House Husbands. (PG) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Airplane Repo. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** The New Looney Tunes. **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie: U.S. Marshals. (M) (1998) **11.15** WWE Raw. (MA15+) **12.15** Friends. (PG) **1.15** Harvey Birdman: Attorney At Law. (M) **1.30** Regular Show. (PG) **2.00** Adv Time. (PG) **2.30** Pokémon. **3.00** Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Ike: Countdown To D-Day. (PG) (2004) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Willow and Dean clash over their mounting debt. Dean realises he needs something from Justin. **7.30** House Rules. (PG) Aussie teams put their homes on the line in a competition for renovation supremacy. **8.45** Movie: The Intern. (M) (2015) Robert De Niro, Anne Hathaway, Rene Russo. A 70-year-old retired widower is hired as a senior intern for an online fashion startup. **11.15** Tennis. Wimbledon. Women's singles semi-finals. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** Auction Squad. **10.30** The Layover. (PG) **11.30** NBC Today. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Free Range Cook. **5.00** Medical Rookies. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Father Brown. (M) **8.30** Murdoch Mysteries. (M) A competitor dies during a bicycle race. **9.30** Border Security: Int. (PG) **10.00** Tennis. Wimbledon. Day 10. Women's singles semi-finals. **11.15** Murdoch Mysteries. (M) **12.30** Psychic TV. (M) **3.30** Harry's Practice. **4.00** Million Dollar Minute. **5.00** Free Range Cook. **5.30** Medical Rookies. (PG)

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. The seven contestants who did not win "survival week" tackle a snow egg elimination challenge. **9.30** Todd Sampson's Body Hack 2.0. (M) Final. Todd visits the youngest fire department in the US where he experiences life as an emergency responder. **10.30** Blue Bloods. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: The Next Generation. (PG) **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Bondi Rescue. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** Cops: Adults Only. (M) **9.00** Movie: Delta Force II. (M) (1990) Chuck Norris, Billy Drago, John P. Ryan. **11.15** Instinct. (M) **12.10** Home Shopping. **2.10** Star Trek: The Next Generation. (PG) **3.05** Diagnosis Murder. (PG) **5.05** The Doctors. (PG)

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Art + Soul. **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** Destination Arnold. (M) **2.00** Redfern Now. (M) **3.00** Agatha Raisin. (PG) **3.45** The Cook And The Chef. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. (PG) **6.55** Sammy J. **7.00** ABC News. **7.30** 7.30. **8.00** Grand Designs Aust. **8.50** HerStory. New. **9.20** Everyone's A Critic. (PG) **9.50** Victoria. (PG) **10.40** ABC Late News. **11.05** The Business. **11.25** Movie: Spear. (M) (2015) **12.45** Outside Chance. (PG) **1.45** Rage. (MA15+) **3.35** Golf. PGA Tour. The Greenbrier Classic. Highlights. **4.30** Agatha Raisin. (PG) **5.15** Pointless.

## ABC COM

**6.00** Children's Programs. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Weekly. (M) **8.30** The Letdown. (M) **8.55** Sammy J. **9.00** Upper Middle Bogan. (M) **9.30** Tonightly With Tom Ballard. (M) **10.00** Aussie Rangers. (PG) **10.10** Chewing Gum. (MA15+) **10.35** Ronny Chieng: Int Student. (M) **11.05** The League Of Gentlemen. (M) **11.35** Archer. (M) **12.00** The Office. (M) **12.20** 30 Rock. (PG) **12.45** Parks And Recreation. (M) **1.05** Tonightly With Tom Ballard. (M) **1.35** The League Of Gentlemen. (M) **2.10** The Office. (PG) **2.30** Archer. (M) **2.55** News Update. **3.00** Close. **5.00** The VotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** Soccer. FIFA World Cup. Semi-final. Continued. **6.30** Tour De France: Daily Update. **7.30** Soccer. FIFA World Cup. Second semi-final. Replay. **11.00** WorldWatch. **1.00** Cycling. Tour de France. Stage 5. Replay. **2.55** The Marngrook Footy Show. **4.30** Cycling. Tour de France. Stage 5. Highlights. **5.30** 2018 FIFA World Cup: World Cup Today. **6.30** News. **7.30** Railway Journeys UK. Final. **8.00** Peter Kuruvita's Coastal Kitchen. (PG) **8.30** The Handmaid's Tale. Final. **9.30** The Secret Life Of The Cat. **10.30** Cycling. Tour de France. Stage 6. **2.00** Inspector Montalbano. (M) **4.05** STUDIO At The MEMO With Tim Rogers. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **10.30** Somali News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Minuscule: The Movie. (G) (2013) **1.35** The Last Lesbian Bars. (PG) **2.05** The Therapist. (PG) **2.30** 365. **2.35** Fameless. **3.00** Cycling. Tour de France. Stage 5. Replay. **5.00** News. **5.30** If You Are The One. **6.30** MythBusters. (PG) **7.30** The Feed. **8.00** Dateline. **8.30** All Governments Lie. (PG) **10.15** Viceland Census UK. (M) **12.25** News. **12.50** Desus And Mero. (MA15+) **1.15** Hate Thy Neighbour. (MA15+) **2.05** The Feed. **2.30** Deutsche Welle. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**10.10pm It Comes At Night** (2017) Horror. Joel Edgerton, Christopher Abbott. (MA15+) *Premiere*  
**10.10pm A Ghost Story** (2017) Drama. Rooney Mara, Casey Affleck. (M) *Masterpiece*  
**11.50pm The Lost City Of Z** (2017) Action. Charlie Hunnam, Robert Pattinson. (M) *Premiere*

## GENERAL

**7.30pm The Outpost.** (M) *SyFy*  
**7.30pm America's Got Talent.** (PG)

FOX8

**9.30pm Don't Tell The Bride.** (M) *Arena*

**DOCUMENTARY**  
**7.30pm All Things Must Pass: The Rise and Fall of Tower Records.** (M) *Foxtel Arts*

**8.30pm Ancient Aliens.** (PG)

*History*  
**8.30pm Bering Sea Gold.** (PG) *Discovery*

## SPORT

**5.10pm Cricket.** First Test. Sri Lanka v South Africa. Day 1. *Fox Sports 505*

**7.30pm Golf.** European PGA Tour. Scottish Open. First round. *Fox Sports 503*

**7.50pm Football.** AFL. Round 17. Adelaide v Geelong. *Fox Footy*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** Ellen  
 DeGeneres. (PG) **1.00** Movie: The  
 Black Stallion Returns. (G) (1983)  
 Kelly Reno, Vincent Spano. **3.00**  
 News. **4.00** Afternoon News. **5.00**  
 Hot Seat. **6.00** Nine News. **7.00** A  
 Current Affair. **7.30** Friday Night  
 Football Preview. **7.55** Rugby  
 League. NRL. Round 18. Newcastle  
 Knights v Parramatta Eels. From  
 McDonald Jones Stadium, NSW.  
**10.45** Movie: Training Day. (M)  
 (2001) Denzel Washington, Ethan  
 Hawke, Scott Glenn. On his first  
 day on the job as a narcotics  
 officer, a rookie cop works with a  
 rogue detective. **1.00** Extra. **1.30**  
 TV Shop. **2.30** Westside. (M) **3.30**  
 Skippy. **4.00** Global Shop. **4.30**  
 The Baron. (PG) **5.30** ACA.

## GO!

**6.00** Children's Programs. **11.00**  
 Friends. (PG) **12.00** Airplane Repo.  
 (PG) **1.00** Dawson's Creek. (PG)  
**2.00** Children's Programs. **4.05**  
 The New Looney Tunes. **4.30** Be  
 Cool, Scooby-Doo! (PG) **5.00** Adv  
 Time. (PG) **5.30** Regular Show.  
 (PG) **6.00** Movie: The Adventures  
 Of Elmo In Grouchland. (G) (1999)  
**7.30** Movie: Kung Fu Panda.  
 (PG) (2008) **9.15** Movie: Spider-  
 Man. (M) (2002) **11.45** WWE  
 Smackdown. (MA15+) **12.45** Total  
 Divas. (M) **1.45** Harvey Birdman:  
 Attorney At Law. (M) **2.00** Adv  
 Time. (PG) **2.30** Pokémon. **3.00**  
 Be Cool, Scooby-Doo! (PG) **3.30**  
 Beyblade Burst. **4.00** The New  
 Looney Tunes. **4.30** Yu-Gi-Oh!  
 (PG) **4.50** Power Rangers Ninja  
 Steel. (PG) **5.10** Regal Academy.  
**5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00**  
 Movie: The Unauthorized Melrose  
 Place Story. (PG) (2015) **2.00**  
 Daily Edition. **3.00** The Chase.  
**4.00** News. **5.00** The Chase Aust.  
 Hosted by Andrew O'Keefe.  
**6.00** News. **7.00** Better Homes  
 And Gardens. Johanna Griggs  
 chats with Home and Away star  
 Ray Meagher. **8.30** Movie: The  
 Proposal. (PG) (2009) Sandra  
 Bullock, Ryan Reynolds, Mary  
 Steenburgen. An editor gets  
 engaged to her assistant, in  
 order to get a green card so she  
 can continue working in the US.  
**10.45** Tennis. Wimbledon. Day 11.  
 Men's singles semi-finals. **4.00** The  
 Great Outdoors. Take a look at  
 Queensland's Couran Cove. **5.00**  
 NBC Today.

## 7TWO

**6.00** Shopping. **6.30** Harry's  
 Practice. **7.00** Beat Bugs. **7.30**  
 Get Clever. **8.00** Pipsqueaks.  
**8.30** Million Dollar Minute.  
**9.30** Auction Squad. **10.30**  
 House Of Wellness. (PG) **11.30**  
 NBC Today. **2.00** Million Dollar  
 Minute. **3.00** Harry's Practice.  
**3.30** Auction Squad. **4.30** Free  
 Range Cook. **5.00** Medical  
 Rookies. (PG) **5.30** Escape To  
 The Country. **6.30** Bargain Hunt.  
**7.30** Border Security: Int. (PG)  
**8.30** The Nation's Favourite Elton  
 John Song. (M) **10.00** Tennis.  
 Wimbledon. Day 11. Men's singles  
 semi-finals. **10.45** Border Security:  
 Int. (PG) **11.15** Escape To The  
 Country. **12.30** Harry's Practice.  
**1.00** Psychic TV. (M) **4.00** Million  
 Dollar Minute. **5.00** Free Range  
 Cook. **5.30** Late Programs.

## TEN

**6.00** The Talk. (PG) **7.00** Ent.  
 Tonight. **7.30** Bold. (PG) **8.00**  
 Family Feud. **8.30** Studio 10. (PG)  
**12.00** Dr Phil. (PG) **1.00** The Living  
 Room. **2.00** Ent. Tonight. **2.30**  
 Neighbours. (PG) **3.00** Judge Judy.  
 (PG) **3.30** My Market Kitchen.  
**4.00** Everyday Gourmet. **4.30**  
 Bold. (PG) **5.00** News. **6.00** Family  
 Feud. **6.30** The Project. **7.30** The  
 Living Room. **8.30** The Graham  
 Norton Show. (M) Graham Norton  
 presents a guide on how to be  
 a good guest with a set of easy-  
 to-remember rules. **9.30** Have  
 You Been Paying Attention? (M)  
 Special guests include Glenn  
 Robbins, Kitty Flanagan and  
 Melanie Bracewell. **10.30** Shark  
 Tank. (PG) **11.30** The Project.  
**12.30** Stephen Colbert. (PG)  
**1.30** Shopping.

## ONE

**6.00** Home Shopping. **8.00** Motor  
 Racing. Formula 1. Race 10. British  
 Grand Prix. Highlights. From  
 Silverstone Circuit, Silverstone,  
 England. **9.00** Star Trek: The  
 Next Generation. (PG) **10.00**  
 Scorpion. (PG) **11.00** Cheers. (PG)  
**12.00** Bondi Rescue. (PG) **1.00**  
 The Doctors. (PG) **2.00** Hogan's  
 Heroes. **2.30** Diagnosis Murder.  
 (PG) **4.30** Star Trek: The Next  
 Generation. (PG) **6.30** MacGyver.  
 (PG) **7.30** Walker, Texas Ranger.  
 (M) **11.30** NCIS: Los Angeles. (M)  
**12.30** Home Shopping. **2.00** The  
 Doctors. (PG) **3.00** Cheers. (PG)  
**4.00** Walker, Texas Ranger. (M)

## ABC

**6.00** News Breakfast. **9.00**  
 ABC News Mornings. **10.00**  
 Antiques Roadshow. **11.00** Classic  
 Countdown. (PG) Final. **12.00** ABC  
 News At Noon. **1.00** One Plus  
 One. **1.30** Foreign Correspondent.  
**2.00** Redfern Now. (M) **3.00**  
 Agatha Raisin. (PG) **3.45** Teenage  
 Boss. **4.15** Pointless. **5.00** ABC  
 News At Five. **5.10** The Drum.  
**6.00** Think Tank. (PG) **7.00** ABC  
 News. **7.30** Gardening Australia.  
**8.30** Endeavour. (M) **10.00** QI. (M)  
**10.30** ABC Late News. **11.00** The  
 Business. **11.15** The Weekly With  
 Charlie Pickering. (M) **11.50** Rage.  
 (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **6.50**  
 Andy's Prehistoric Adventures.  
**7.05** Ben And Holly. **7.20** Shaun  
 The Sheep. **7.30** Spicks And  
 Specks. (PG) **8.00** Hard Quiz.  
 (PG) **8.30** Gruen XL. (M) **9.15**  
 Detectorists. (PG) **9.45** Aussie  
 Rangers. (PG) **9.55** Tonightly With  
 Tom Ballard. (M) **10.25** The Black  
 Adder. (PG) **11.00** The Thick Of It.  
 (MA15+) Final. **11.30** The League  
 Of Gentlemen. (M) **12.00** Archer.  
 (M) **12.20** The Office. (PG) **12.45**  
 30 Rock. (PG) **1.05** Parks And  
 Recreation. (M) **1.30** Tonightly  
 With Tom Ballard. (M) **1.55** The  
 League Of Gentlemen. (M) **2.25**  
 The Office. (M) **2.50** Archer. (M)  
**3.10** News Update. **3.15** Close.  
**5.00** The WotWots. **5.10** Arthur.  
**5.35** Gumboot Kids. **5.40** Bottle  
 Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **7.00** Tour  
 De France: Daily Update. **8.10**  
 WorldWatch. **11.00** Spanish  
 News. **12.00** Arabic News F24.  
**12.30** Turkish News. **1.00** Cycling.  
 Tour de France. Stage 6. Replay.  
**3.00** NITV News Week In Review.  
**3.25** The Point. **4.30** Motorcycle  
 Racing. Superbike World  
 Championship. Round 9. **5.30**  
 Cycling. Tour de France. Stage  
 6. Highlights. **6.30** News. **7.30**  
 Extreme Railway Journeys. **8.25**  
 How Reagan and Thatcher Saved  
 The World. (M) **9.30** Cycling. Tour  
 de France. Stage 7. **2.00** Hard.  
 (MA15+) **2.30** Hard. (MA15+)  
**3.10** Hard. (MA15+) **3.45** Hard.  
 (MA15+) **4.20** Hard. (MA15+)  
**5.00** CGTN English News. **5.15**  
 NHK World English News. **5.30**  
 Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **10.30**  
 Armenian News. **11.00** NHK  
 Japanese News. **11.35** Hindi News.  
**12.00** Movie: Buggy Malone. (PG)  
 (1976) **1.45** Huang's World. (PG)  
**2.35** Fameless. (PG) **3.00** Cycling.  
 Tour de France. Stage 6. Replay.  
**5.00** News. **5.30** If You Are The  
 One. **6.30** Rise Of The Machines.  
 (PG) **7.30** Batman. (PG) **8.00**  
 Batman. (PG) **8.30** The Handmaid's  
 Tale. **9.35** Movie: Friday The 13th.  
 (MA15+) (1980) **11.25** News.  
**11.50** Desus And Mero. (MA15+)  
**12.15** Nirvana. (MA15+) **12.40**  
 Deportee Purgatory. (MA15+)  
**1.30** PopAsia TV. (PG) **2.25** NHK  
 Japanese News. **3.00** Thai News.  
**3.30** Bangla News. **4.00** Punjabi  
 News. **4.30** Sri Lankan Sinhalese  
 News. **5.00** Korean News. **5.30**  
 Indonesian News.

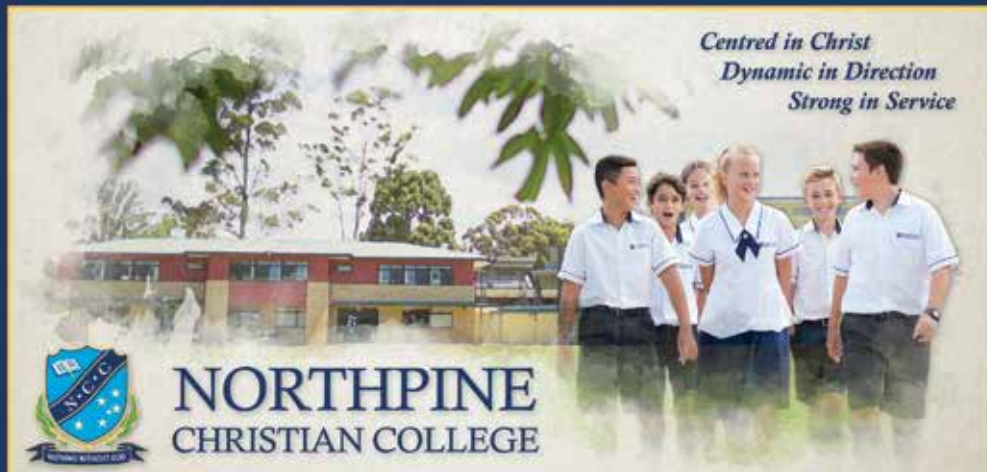


## MOVIES

**6.20pm Alien:**  
**Covenant** (2017)  
 Sci-Fi. Michael  
 Fassbender,  
 Katherine Waterston.  
 (MA15+) **Premiere**  
**8.30pm The Circle**  
 (2017) Drama.  
 Emma Watson,  
 Tom Hanks. (M)  
**Premiere**  
**10.25pm Kingsman:**  
**The Golden Circle**  
 (2017) Action. Taron  
 Egerton, Colin Firth.  
 (MA15+) **Premiere**  
**GENERAL**  
**8.30pm Beyond.** (M)  
 FOX8  
**9.00pm Just For**  
**Laughs.** (MA15+)  
 Comedy Channel  
**9.15pm Locked Up.**  
 (M) Showcase  
**DOCUMENTARY**  
**7.30pm Slavery**  
**Routes.** (PG) History  
**8.30pm Mexico**  
**Untamed.** National  
 Geographic Wild  
**8.30pm #Murder.**  
 (M) Crime &  
 Investigation  
**SPORT**  
**5.30pm Rugby**  
**Union.** Super Rugby.  
 Round 19. Chiefs  
 v Hurricanes. Fox  
 Sports 501  
**5.50pm Cricket.**  
 One-day International  
 Series. Zimbabwe v  
 Pakistan. Game 1.  
 Fox Sports 503  
**10.00pm Darts.**  
 World Series.  
 Shanghai  
 Masters. Day 1. Fox  
 Sports 505

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

1307



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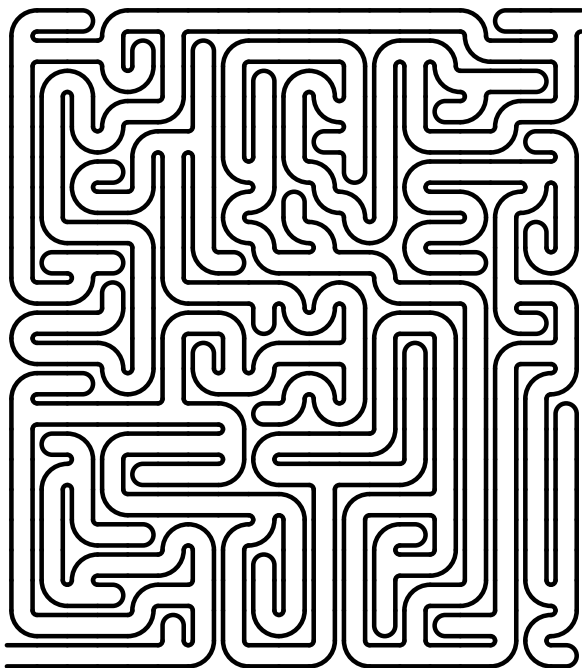
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## AMAZING MAZES



## CROSSWORD SOLUTION FROM LAST ISSUE

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# Crossword 6523

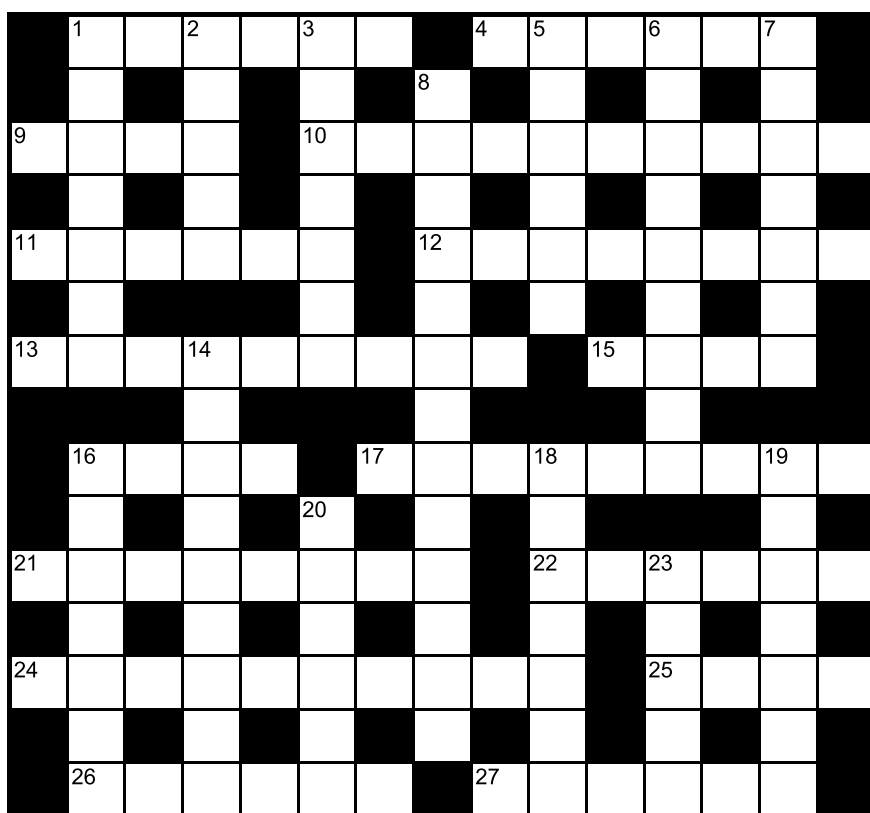
Global media megastar Laurie Stibbe creates these

## ACROSS

- 1 Limb
- 4 Functional
- 9 Prefix - "against"
- 10 Increase car's speed
- 11 Women's brief swimwear
- 12 Codswallop
- 13 Faithfully following a religion
- 15 Involving water
- 16 One side of a leaf of a book
- 17 Modify one's opinion
- 21 Retaliatory action against enemy
- 22 Moisten
- 24 Decrease car's speed
- 25 Close at hand
- 26 Examined someone's knowledge
- 27 Glance directed to one side

## DOWN

- 1 Tossed ball back and forth
- 2 Legal excuse
- 3 Bowl shaped drinking vessel
- 5 Made no sound
- 6 Theatrical entertainment
- 7 Dilation of a hollow organ
- 8 Amusement Park railway
- 14 Avidity
- 16 Stop from happening
- 18 Internal filtering organs
- 19 Dormant
- 20 Member of Jewish sect
- 23 Mood disorder



## NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

This week nearly 60 of us braved the bleak weather to enjoy a few hours at one of our favourite venues, Sea, Salt and Vine. There was much lively chatter and laughter. The meals, as always, were delicious

Tuesday 10th July - Guest Speaker – Mike Tate from Blue Flame Media. This will be followed by a debate on the pros and cons of social media. Our Baby Photo Competition will also be held, with prizes awarded for the most correct guesses.

Tuesday 17th July – Lunch at Café Diversity, Redcliffe – Members only.

Tuesday 24th July – Christmas in July at Fox & Hounds Country Inn, Mt Tamborine – Members only.

Tuesday 31st July – Trivia - Visitors welcome

Our meetings are open to all women in North Lakes/Mango Hill-Moreton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785



## NEW FINANCIAL YEAR ELECTRICITY PRICE CUTS

Electricity rate cuts of between 1.3 and 8.6 per cent kicked in for Queenslanders on July 1

Australia's three biggest gas and electricity providers - EnergyAustralia, Origin and AGL - have announced residential price cuts of between 1.3 and 3.8 per cent for south east Queenslanders.

The QCA confirmed that regional households will also see bill reductions of 1.3 per cent from 1 July.

More than \$464 million also was allocated in the 2018-18 Budget to ensure families in regional areas pay a similar amount for their electricity to a family or household in Brisbane.

"The Palaszczuk Government is putting pressure on prices and they are going down," Energy Minister Dr Anthony Lynham said.

"The benefits of Queensland owning its power assets and of coordinated action under our \$2 billion Affordable Energy Plan, will be felt in the hip pockets of residents and small businesses from Sunday," Dr Lynham said.

"This is in stark contrast to the policy being floated by the LNP which will increase \$434 per year for the average customer, and which in their previous, single term of Government, presided over an overall price increase of more than 40 percent."



Small business in SEQ will receive bill reductions of between 1 and 7.2 per cent whereas regional businesses will see reductions of 3.4 per cent.

Simply Energy also has announced it will cut its rates by 5.4 per cent for residents and 8.5 per cent for small businesses as of August and Powershop has announced it will cut the household rate by 8.6 per cent.

"Many retailers also announce their new rates on

July 1, so it pays to shop around," Dr Lynham said.

"And with the Palaszczuk Government committed to regional Queenslanders paying a similar amount for their electricity to a family or household in Brisbane, competition in the south is also beneficial to regional Queenslanders.

"When you add in the concessions and subsidies available, such as to pensioners and concession card holders, there are real savings to be made."

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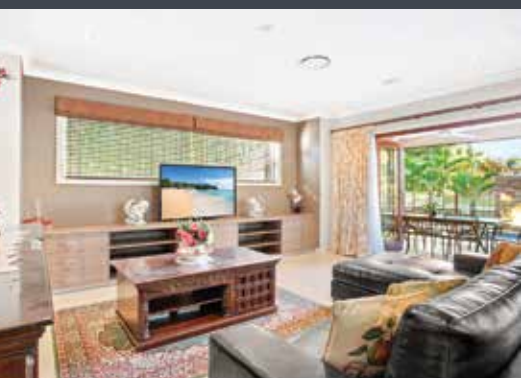
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## A word from our clients...

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- John & Emma

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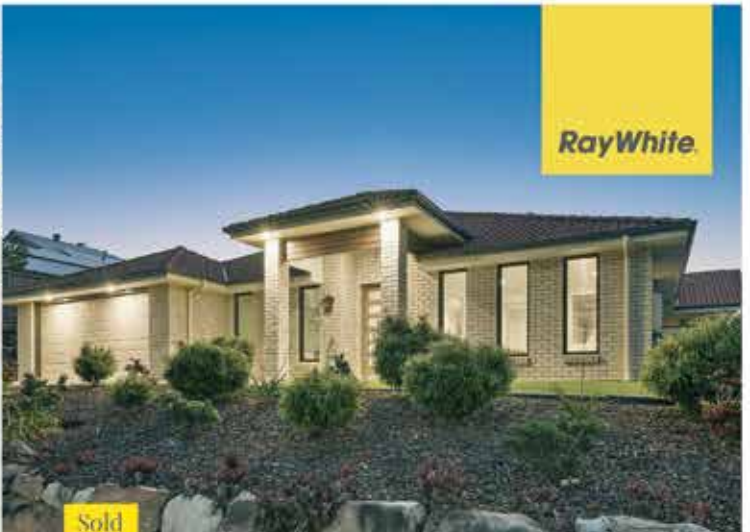
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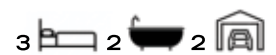


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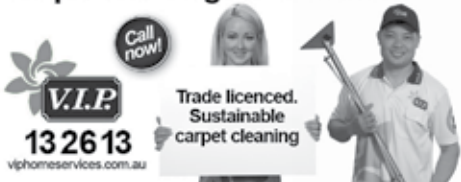
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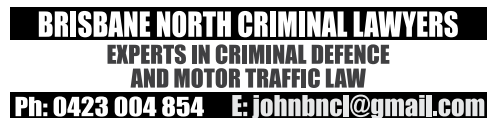


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