

THE Messenger

Lakes, Bay & Region • January 27, 2018

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THE MANGANIYAR SEDUCTION WIN!

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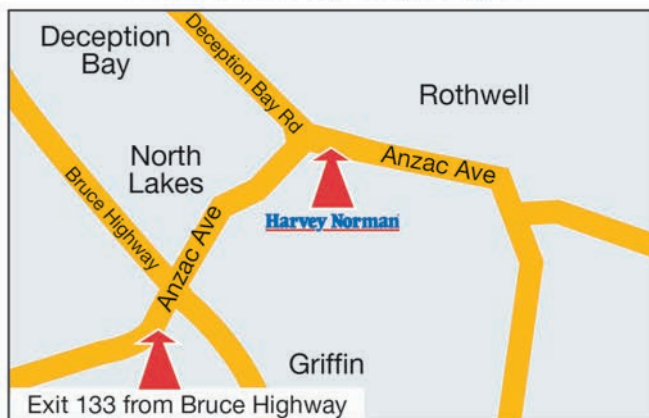


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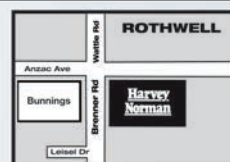
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For all advertising rates, specifications, templates conditions and bookings please contact our advertising department on **3881 3322** Tuesday to Thursday. Other times please call **0488 112 822** or email: **adz@northlakemessenger.com.au**

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- Advertising deadline is 12 midday Wednesday one week prior. Incomplete art due Tuesday midday one week prior.

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The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education. Email reports and pictures to Editor Dan Fidler via:

editor@northlakemessenger.com.au

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For the Community Notice Board and Your Say please email: **community@northlakemessenger.com.au** observing the requisites and disclaimers printed on their relevant pages.

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The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, both past and present.



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THE MANGANIYAR SEDUCTION

One of the most original and mesmerising live performances on earth is headed for Brisbane... and we've got tickets to win

Unless you've travelled to see this show, you won't have seen anything like this before. The Manganiyar Seduction is a visually activated, musically energised masterpiece, and it's coming to Brisbane for the very first time.

*"RAPTUROUS...
JAW-DROPPING...
BUOYANT...
COMPELLING...
TRANQUIL..."*

...is how the production was described by the The New York Times, adding to the chorus of superlatives attributed to the show all over the world. Now, The Manganiyar Seduction will be performed just twice at the Queensland Performing Arts Centre on March 1 and 2, 2018.

During the show, forty musicians are seated in 36 red-curtained cubicles arranged in four horizontal rows stacked on top of the other. The concert begins when a single cubicle lights up and the first singer begins his song. Soon another cubicle lights up and then another - creating a dramatic and astounding crescendo of song and music, mesmerising and transporting audiences to another world.

As the ensemble grows in number and the sound gathers momentum, the skin-pricking climax is heralded by an sumptuous light show as all the pods glow and pulsate along with the musical rhythms in an extraordinary original concept, brilliantly executed.

The Manganiyars are a caste of Muslim musicians wpredominantly settled in the districts of Jaisalmer, Barmer and Jodhpur, in the heart of the Thar Desert, a vast northwestern region of the Indian subcontinent. They traditionally performed for Kings, however over the years their patrons have shifted from Kings to people who could give them a meal. It was in the 1970s that ethno-musicologist, the late Komal Kothari, discovered them and gave them into contemporary performance spaces.

Their repertoire includes ballads about those kings and also Sufi poems written by various mystics. They have songs for birth, marriage, feasts and more, and even though they are classified as folk musicians, their traditional

music is classical and it clearly indicates the roots of classical music in India. It is the combination of raw folk with the complexity of classical music that makes them so special.

Director Roysten Abel has reversed the usual practice of using music for theatre, and instead, uses theatre to create magic in music. He describes what he calls, his First Seduction.

"While directing a play in Spain in 2006, I was accompanied by two Manganiyar musicians who formed part of the company. They would follow me and play music in all the places I went, most of the time overlooking the decorum of that space. I would wake up and sleep to their playing over the course of a fortnight, during which time a strange psychological event took place. Having left for Germany to direct another production, I realised that I missed the music so I would call them and ask them to sing over the phone. I was totally seduced."

"Returning to India filled with inspiration, I wanted to translate this seduction into a physical realm. For some reason, my experience made me think of a red light district, bordering on the burlesque inside my head, heart and body. I thought of windows in Indian palaces where women folk would view ceremonies or processions while unwittingly becoming the subjects of voyeurism themselves. For me, these windows came alive with musicians."

"I went to Jaisalmer and auditioned a thousand musicians, from whom I selected 45. The Manganiyars were not accustomed to rehearsals and I was attempting to translate an experience into a piece of theatre. We got into the process of understanding and trusting each other over a three-year period before arriving at The Manganiyar Seduction. But even after hearing it a thousand times, it still has the power to seduce me."

The Manganiyar Seduction will be presented twice only in Brisbane, on Thursday and Friday, March 1 and 2, 2018 at 8pm at the QPAC Concert Hall (adjoining Southbank).

Tickets start at \$99, with family priced group tickets available starting at \$249, and are available now via www.qpac.com.au or by calling 136 246.

WIN!

The Manganiyar Seduction is an incredible show and the Messenger is celebrating its arrival with two awesome prize packs.

Both prize packs, each with four A-Reserve tickets, are for the Thursday 1 March show, 8.00pm at QPAC Concert Hall. The tickets are valued at \$114 each, for a total prize pool of \$912!

To enter, email comp@northlakesmessenger.com.au with *Manganiyar* in the subject line and tell us how many cubicles are used in the show.

The two winning entries will each receive four A-Reserve ticket packs valued at \$456, so you can take friends or family along.

Get your entries in before Thursday February 26 at 5pm. Correct entries will be chosen at random, don't forget to include your contact details so we can let you you've won.

Good luck!

Privacy: The Messenger complies with the Australian Privacy Act 1988 in safeguarding your privacy. Information submitted by you is used only for purposes of the competition. Your information is not kept on file, collated or distributed in any way.



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THE COST OF EDUCATION

PUBLIC SCHOOL: \$58,352

FAITH BASED SCHOOL: \$251,866

PRIVATE SCHOOL: \$368,573

If your child is born in 2018 and you want to send them to a Brisbane faith based school, it's likely to cost you \$251,866 for their education.

That places Brisbane as Australia's most expensive city for a faith-based education, according to researched recently released by ASG, an education saving and planning trust.

There was good news for private schoolers though as Brisbane was named the most affordable capital for a private education. The forecast cost of a private education in Brisbane fell \$3,464 compared to last year to \$368,573, \$106,769 below the national metropolitan average (\$475,342) and \$178,841 cheaper than Sydney (\$547,414), Australia's most expensive city for private school education.

The *ASG Planning for Education Index* also discovered the forecast cost of a government education in Brisbane (\$58,352) has dropped \$1,783 in the past year. Brisbane is significantly cheaper than Melbourne (\$75,263), Australia's most expensive government school system. The forecast cost of a government education in Brisbane is \$7,968 below the national metropolitan average (\$66,320). But it is \$16,614 more expensive than Hobart (\$41,738), Australia's

most affordable capital for a government education.

The fall in the forecast cost of education across Brisbane's private and government schools, was heavily influenced by slower price rises within secondary education. However, the overall cost of education has skyrocketed 61 per cent in the past decade, dwarfing the 34 per cent rise in wage growth in the same period.

School fees continue to be a major education expense, but many parents fail to appreciate the additional expenses associated with funding a

THE COST OF EDUCATION HAS SOARED 61% IN THE PAST DECADE, DWARFING THE 34% RISE IN WAGE GROWTH IN THE SAME PERIOD.

child's education. This includes extracurricular activities, computers, travel expenses, uniforms, school excursions and camps.

Based on more than 13,500 responses, the ASG Planning for Education Index forecasts Brisbane parents who plan to educate a child in the private school system over 13 years could pay \$49,365 for other non-fee education costs. This is more than parents with children at faith-based schools (\$44,971) and government schools (\$38,661).

Acting ASG COO Bruce Hawkins says despite the forecast fall, the cost of education has risen at more than double the rate of inflation over the past 10 years, and outstripped the growth in wages over the same period.

"The cost of education has soared by 61 per cent compared to the average growth rate in wages of 34 per cent. This means that education costs are demanding a far greater share of the family wallet than in the past, placing more burden on the average family, already challenged by the rising cost of living.

"The research reveals a child's education is one of the most significant investments a family could make. If you have three children, the cost of education at a Brisbane private school could top \$1 million. That's significantly more than the purchase price of the average family home.

"The index also debunks the myth, a government education is a free education, with the latest figures showing Brisbane families could spend on average \$58,352 per child on a so-called, free education.

"ASG advocates parents use a disciplined approach by putting a few dollars aside each week, so they can financially afford to meet their children's educational goals and aspirations," says Mr Hawkins.

Independent statistician and Managing Director of foreseechange, Charlie Nelson says it's unlikely parents will feel the fall in the forecast cost of education.

"Households are in the midst of a double whammy. Wages are stubbornly growing by less than two per cent a year, while essentials like electricity and motor fuel are rising faster than inflation.

"With less discretionary money to spend, it's going to be very hard to pay for the costs of education, which means parents who have saved will be in a better position in the long run."



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DEALING WITH DEMENTIA - FREE SESSIONS

FREE DEMENTIA EDUCATION SESSIONS IN THE MORETON BAY REGION

Are you worried about your memory? Do you know someone living with dementia? Dementia Australia is now holding free education sessions for Moreton Bay residents affected by dementia.

250 Australians are diagnosed with dementia each day. With figures expected to grow to more than 1 million diagnosed by 2056 – it is a disease that touches many.

In Queensland alone, there are currently 77,633 people living with dementia. An estimated 7,211 of these reside in the Moreton Bay region.

Senior Dementia Advisor Amanda Warman said, "The aim of Dementia Australia's education sessions is to provide support for Queensland residents living with dementia, as well as their family, carers and friends who are also impacted.

"When someone you know or love is diagnosed with dementia it can be a daunting and difficult time.

"Facilitated by dementia experts, our workshops cover effective strategies to help manage daily life and to keep healthy while also reminding people that support is available," Amanda said.

Registrations are essential for the below courses and light refreshments will be provided. Specific location details will be provided upon registration.

Dementia – Know the facts (Bribie Island): Wednesday 31 January

Family Carers Course (Bribie Island): Wednesday 21 February

Family Carers Course (Caboolture): Thursday 15 March

To register or to find out more information, including course times and specific locations, please call 1800 588 699, email qld.services@dementia.org.au or visit dementia.org.au.

REDCLIFFE MUSICAL THEATRE AND ROAR ACADEMY OPEN DAY

ROAR Performing Arts Academy are having an open day and invite you to come and find out what the performing arts are all about. On the day you'll be able to meet the teachers and creatives and even participate in some theatre activities.

Based at Redcliffe, ROAR offers performing arts training for children aged 5 -17 years throughout the Moreton Bay Region. They have their own purpose built small theatre and a range of classes designed to develop triple threat skills.

New and current ROAR students are welcome at the open day where attendees will find out about the new classes on offer in 2018. Registration is open now online. Registering either before or on the day and registering will enter you into a competition to win free classes, show tickets and discounts.

ROAR academy can be found at 102 Anzac Avenue Redcliffe. For more information or to register visit www.roaracademy.com

SOCIAL MEDIA SELLING AND SAFETY

Police are appealing to members of the public who use social media and websites to sell items to take precautions and be vigilant when doing so.

North Brisbane police have identified a recent trend



ROAR ACADEMY OPEN DAY



SOCIAL MEDIA SELLING AND SAFETY

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that has seen people who have been selling things online being robbed.

It appears that offenders are taking advantage of the uptake in online selling by making contact with the seller, attending their home or another location, stealing the item and then assaulting the seller.

In some instances, firearms have even been produced.

NEW LOOK FOR GUIDE DOG PUPPIES

Last week, Guide Dogs Queensland unveiled a significant new look for their puppies and Guide Dogs-in-training.

All trainee Guide dogs will now sport easily unidentifiable coats featuring a reflective bright orange colour for visibility and are made of a highly breathable material to keep the newly dapper dogs about town cool, while they are working. While it's a great new look, it's what the new coats represent that's particularly significant.

For the first time in 60 years of community service in Australia, the life-changing service dogs will all wear the same coat, so no matter where you are in the country you will know that it's a Guide Dog-in-training and should not be distracted.

The launch was a timely reminder about how members of community should interact with Guide Dog pups. Yes, they are adorbs, but...

"When you see a Guide Dog wearing one of our new coats in the community, it means they are on an important journey and working towards fulfilling the life-changing role of being someone's guiding eyes," Guide Dogs Queensland CEO Michael Kightley said.

"Whether a dog is walking, sitting or sleeping, a Guide Dog should not be patted, fed or distracted. It also means these dogs are legally allowed to go anywhere their trainer or handler can, to assist with their training."

"We're asking the community to do their bit by making sure our handlers and their dogs feel welcome, and that your pet dog is on a leash and under control whenever you see a Guide Dog in harness or in one of our new bright orange training coats."

The new coats were made possible thanks to the support of Guide Dogs Australia's national partner ADVANCE™ who feed the Guide Dogs nationally, and are the result of a period of testing and consultation with all Guide Dog schools across the country.

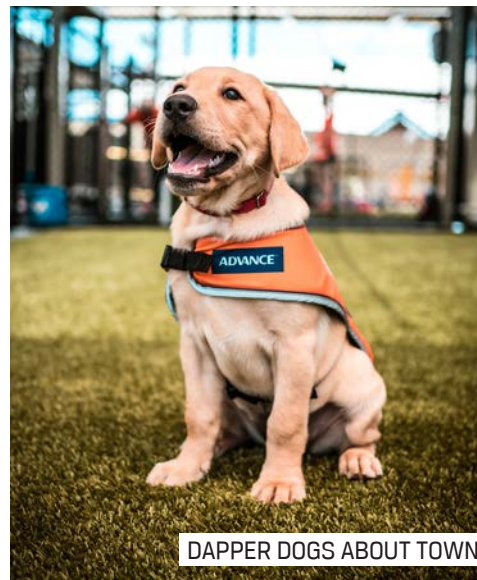
To support our future Guide Dogs, please visit guidedogsaustralia.com.au

GUESS THE EGGS

Have you ever met a person who didn't like free chocolate? Us either. So while we were in at the local Raine & Horne office for the "Locals helping Locals" story (page 16, this edition), we couldn't help but notice the giant jar of Easter eggs on the counter.

Some probing investigative journalism turned up the delicious facts behind the tantalizing jar - it's a 'guess the amount' competition and it's open to the public.

So if you find yourself strolling by (honestly, it's worth going out of your way) the office at 1/23 Discovery Drive, North Lakes, pop in and guess the number and you could win them, just in time for Easter.



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ARE YOU THE FACE OF SMALL BUSINESS?

Shining a light on the real people behind Queensland's small businesses.

Small businesses across Queensland are encouraged to take part in the Queensland Government's new 100 Faces of Small Business initiative.

Minister for Employment and Small Business, Shannon Fentiman said that the 100 Faces of Small Business campaign will celebrate the achievements and highlight Queensland's diverse small businesses.

"100 Faces of Small Business will shine a light on the real people behind Queensland's small businesses.

"More than 97% of Queensland business are small businesses so it is vital that we continue to recognise the valuable contribution they make to our communities across the state.

"By showcasing the faces of

our small business owners and their inspiring stories, we aim to highlight the hard work and heart that goes into running a small business while motivating other small businesses to start, grow and create more jobs."

Owner of Henry Hottie Michelle Cummins said that since starting her small therapeutic pet bed business in 2012, it has since gone from strength to strength.

"I started the business in my garage at home after looking into non-toxic alternatives for pet beds to help my sick little cat Henry who couldn't regulate his body temperature," Ms Cummins said.

"With the help of a Small Business Digital grant, I am now able to update my website to expand to the overseas market and will be launching into the US later this year."

"I love animals and to be able to see my business grow and help other people's pets is just a dream come true."

Minister Fentiman said to be successful, the 100 Faces of Small Business initiative needs the support of businesses across Queensland to become involved by showcasing their business' story.



"I encourage all small businesses across Queensland to nominate themselves to be a part of this exciting opportunity and become a strong advocate for small business in their community."

Nominations for 100 Faces of Small Business are now open. For more information or to nominate your business visit www.business.qld.gov.au, email smallbusiness@dtesb.qld.gov.au, or follow BusinessQLDGov on Facebook and Twitter.

The 100 Faces of Small Business digital showcase will be launched during Queensland Small Business Week 2018 which will run from 28 May to 1 June 2018.

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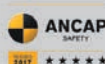
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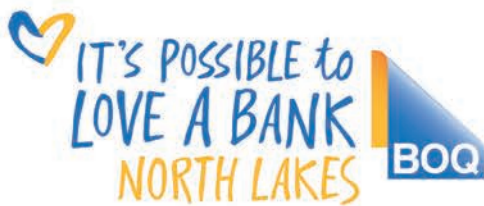


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SHOULD YOU DRINK ALCOHOL IN FRONT OF YOUR CHILDREN?

With alcohol served at almost every social function, have you ever wondered about your drinking habits and how they may impact on your children and their future relationship with alcohol?

DR ANITA GREEN - BRISBANE NORTH PHN

For many parents, the answer is probably "no". And it's understandable, as alcohol is a significant part of Australian culture.

However, the link between children observing their parents drink and their choices around alcohol later in life are proving to be quite closely linked.

Latest research findings published in the January edition of the journal *Drug and Alcohol Review*, points the finger squarely at the highly influential role that parents' attitudes and behaviour have on their school-age children.

Using the results collected from 41,000 teenagers between 1999 and 2015, researchers from Deakin University and the Murdoch Children's Research Institute analysed the data in order to identify trends in adolescent reports of alcohol, tobacco and cannabis use.

Overall, Australian teens are reporting much lower levels of drinking than their peers twenty years ago. The researchers attribute this drop—largely to alcohol being harder to access—either through outlets or from their parents.

The study found that the parental supply of alcohol to adolescents had dropped significantly from a high of 22 per cent (recorded in 2007) down to 12 per cent.

A similar reduction was also found in the underage purchase of alcohol, dropping from 12 per cent in 1999 down to 1 per cent by 2015, with outlets tightening their restrictions on serving minors cited as a likely driver for this change.

THE LINK BETWEEN CHILDREN OBSERVING THEIR PARENTS DRINK AND THEIR CHOICES AROUND ALCOHOL LATER IN LIFE ARE PROVING TO BE QUITE CLOSELY LINKED

According to Deakin University lead researcher Professor John Toumbourou this was a huge success story for public health in Australia.

"It shows parents are making radical changes in their attitude to underage drinking and also how they model their own drinking behaviour," he said.

The research team also identified a substantial drop in the use of tobacco and cannabis over the study period. These findings have been backed up by other Australian health surveys undertaken over the same period.

Meanwhile on the other side of the globe, British researchers investigating what influences teenagers to drink excessively

have revealed parental drinking habits play a "powerful" role.

Similar to the Australian study, research commissioned by the Joseph Rowntree Foundation, involved surveying thousands of teens between 13 and 16 years of age.

In an interview with the BBC, Claire Turner from the Foundation said, "Both what parents say, and how they behave, have a strong impact on their teenager's drinking, drinking regularly and drinking to excess."

The BBC article also noted that the odds of a teenager getting drunk repeatedly was twice as great if they had seen their parents under the influence of alcohol, even if only a few times.

Authors of this research also cite poor parental supervision and teenagers' friends as having a significant impact on drinking behaviour.

Back in Australia, Professor Toumbourou says his research is "a game changer, we can see that parents are taking on the advice from our national health guidelines that even a small amount of alcohol is harmful to teenagers."

"And we believe this is what has seen Australia go from having one of the highest rates of alcohol use by high school students in the world, to one of the lowest," he added.

ABOUT DR ANITA

Dr Anita Green is the Board Chair of Brisbane North PHN and has over 30 years' experience as a general practitioner. She has a long-term commitment to the education of medical and allied health professionals and is involved in teaching and research for the University of Queensland. Dr Anita has also been appointed as the Chief Medical Officer for the 2018 Commonwealth Games on the Gold Coast.



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LOCALS HELPING LOCALS GET BACK TO SCHOOL

Not every local child starts the school year on an equal footing, so this year the good people of Raine & Horne North Lakes (and friends) stepped in to help

As you can read on page 8 of this edition, the cost of modern education, even in our enviable system is anything but cheap. In fact, some of our fellow community members have it tougher than others all year round, so the costs associated with the start of the school year can be daunting.

This is a fact that wasn't lost on the empathetic folks of the local Raine & Horne office, who, enlisting the help of other local generously like-minded companies and individuals, put together six back to school hampers to help six struggling local families get their kids off to a good start for the schooling year.

The team, led by Amanda Pearce and Gina Wells, created an initiative called Help Us Help Them and called on their networks to help.

"Even public schools are getting expensive and we just wanted give back," Gina Wells said.

"We've all been through getting our kids back to school, we know it's expensive but for some of these families, it's not just about the expense, there are other issues at play,"

"Members of the community were asked to nominate families in need but the six that were chosen were really struggling with issues like special needs and domestic violence. They have been through a lot," she said.

The packs, each valued at approximately \$200, were carefully put together with donations from **Lectel Consulting, Officeworks Morayfield, ANZ Burpengary, Hamilton Property Management and Michael Greig** and consisted of the types of items that every school child requires.

*WE REALLY HAVE A HEART
FOR CHILDREN IN THIS
COMMUNITY AND THERE
ARE A LOT OF FAMILIES
WHO ARE DOING IT TOUGH*

"There are a lot of stationary items. It's basically the book list that we as parents receive from schools. Everything they need, minus the books that we wouldn't have known. There was also a \$55 Westfield voucher to help with those specific needs," Amanda Pearce said.

For the good guys at Raine & Horne North Lakes, in the end, it's all about the kids and community spirit.

"We really have a heart for children in this

community and there are a lot of families who are doing it tough. We feel for the children who don't really have a voice, so we want to be able to help these families help their children and put a smile on their faces," Amanda said.

The hard working mums weren't forgotten either. Alongside each back to school pack were lavish bouquets of flowers (courtesy of **Flower Fusion**) to brighten Mum's day.

They're not stopping there, when the Messenger spoke to Amanda and Gina they were already organising another community drive for Easter, with plans to put together four hampers which will include typical Easter food, goodies and soft toys for kids.

"We'll use the same process, people will be able to nominate families they know who are doing it tough via our Facebook page," Amanda said.

You can get behind Raine & Horne's Easter drive by nominating a family or pledging a donation. Donations for the drive will be accepted in kind (suitable goods) or monetary, to purchase suitable goods.

Visit www.facebook.com/rainehorneBMN for more information or drop into the office at 1/23 Discovery Drive, North Lakes. You can also get in touch by phone 3491 9990, or email reception@northlakes.rh.com.au

Far left: Amanda Pearce with one of the hampers

From top: Amanda and Gina Wells with some of the Hamper recipients.

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HOW CAN I
GET OVER A
CHEATER?

Hello Leonie,

I am writing to see if you can help me get over my past marriage. I was married for 15 years and we separated when I found out he played up while he was away working. We separated and I fell into a black hole of despair.

Turned out that I didn't really know who he was because not only had he been cheating the whole time, I found out later that he was smoking dope and gambling the whole time he was away over the course of eleven years. This all ended a couple of years ago and your column really helped pull me through.

I used lots of your suggestions and found that the "Beads of Disgust" trick you wrote about years ago got me through the dark days and helped me keep my job and your "fading picture" technique helped me to get to sleep and ease the mind chatter.

We had no children and I don't see him anymore. I don't want him back because he is a scum bag cheater but I just can't shake the anger or the memories of when times were good and I thought we were happy.

I am dating someone else now and I can see a real future with him so I want to put an end to my thoughts of my ex and move on. So I just wondered why I can be doing so well for months and months and then I start thinking about him and the whole nightmare including the times he must have been lying, and everything he was doing behind my back and BOOM he's on my mind again.

Jennifer/Petrie On Pines

Hi Jennifer,

There are lots of different theories about this but here is mine. When love is the real deal it doesn't just switch on and off and is likely to last over time.

This does not mean that we can't get over someone whom we loved profoundly, but because it was real it leaves a scar on our emotions. So I think there are some emotional imprints left within us just waiting for a trigger to bring the hurt alive again.

An example of this might be hearing a song he always sung around the house or finding an old shirt of his mixed up amongst your belongings. You picture him in that shirt, what you may have been doing on one occasion that you remember him wearing it and so on comes the hurt again.

Real love and connections which are based on a real trust and belief in the person can't easily be erased. However, given time they do move into the background and eventually hold no real power when we remember our ex partners.

Due to the scope of your betrayal, you may have been left with a lot of unfinished business between you and your ex and this has more than likely heightened the emotional intensity of this experience for you. So why do you do better sometimes and worse at others?

I suggest that it is a combination of these triggers and circumstances. When we have lots to do and are moving fast through life it's much easier to stay in the present. However, when we are sad, lonely and at a loose end, we tend to look backwards rather than forwards. So ideally we want you to put your ex in your rear view mirror forever and your current love in your windscreen view which is your future.

I think the best way to do this is to constantly remind yourself that the guy you fell in love with and married all those years ago never truly existed. You disclosed that you never really knew this guy at all and you fell in love with the guy you "thought" he was. Constantly remind yourself of this each time he creeps into your thoughts.

Perhaps use the "Beads of Disgust" strategy again but this time, try making the association about all the times he was acting and hiding his real self. He was just an actor on your stage. Just a character with a face for all seasons in a bad love story that eventually led you to the quality guy you have now.

Til next week, Leonie

E-mail: leonieschilling@bigpond.com

Leonie Schilling is a qualified private practitioner at *North Lakes Counselling Services*

For appointments please phone 3886 2715 or 0423 653 841

www.northlakescounsellingservices.com.au

Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM

**ABOUT LEONIE**

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.





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COUNCIL NEWS WITH JULIE GREER

Representing North Lakes, Mango Hill, Griffin and parts of Kallangur and Deception Bay

Find me on 

Moreton Bay
Regional Council



Happy New Year to everyone

Welcome to 2018. I hope everyone had a wonderful festive season. I am looking forward to continuing working with the local Division 4 community to ensure it remains a safe and happy environment for everyone.

Discovery Drive North Lakes - Widening

Council has partnered with Stockland under the 1999 Mango Hill Infrastructure Agreement to upgrade Discovery Drive to improve road safety for school children, parents and staff accessing local schools in the area.

The \$4.5 million project, funded by Stockland, will involve widening the section of road, additional lanes created between Memorial Drive and Southerden Drive, two intersections converted to signalised intersections, the inclusion of pedestrian crossings, pram ramps and bike lanes to improve accessibility for local residents.

Signalising the intersection will not only improve traffic flow through this area, particularly during busy school drop-off and pick-up times,

but will also help to ensure school children, parents and staff are safe when crossing this intersection to access the child learning centre, North Lakes State College and The Lakes College.

The project will also help cater for future growth, providing additional traffic capacity through that location for motorists and cyclists through additional lanes. Other works include drainage improvements, signs and line marking.

Works are expected to start on site later this month and take about six months to complete, weather permitting. Affected roads will remain open throughout the project, with the contractor scheduling works to minimise delays for local motorists and pedestrians.

Mosquito Update

Council is continuing its mosquito aerial treatment program following recent high tides. On 20 January, council's vector management helicopter treated saltmarsh areas in Clontarf, Rothwell, Deception Bay, Griffin, Lawnton and Toorbul.

The treatments will target mosquito larvae before they have the chance to emerge, and coincides with

council's ongoing program to treat mozzies on the ground in public places like parks, sports facilities and local reserves. By targeting the mosquito larvae, where they breed, the treatment reduces the number of adult mosquitoes, that can fly up to 10 kilometres from the saltmarsh.

Council is urging residents to help do their part to manage mosquito numbers in the region by taking five minutes to empty any containers that might have rainwater and change the water in your pet's bowl, and make sure your swimming pool remains chlorinated.

2018 Library Visits

My first visit to the North Lakes Library will be on Wednesday 7 February from 10am – 11am. Come along if you would like to meet me or have any Council issues you would like to discuss with me.

Julie Greer, Councillor for Division 4 Moreton Bay Regional Council.

PO Box 159 CABOOLTURE QLD 4510. Council: 3480 6666. Office: 3480 6705. Mobile: 0409 274 517. Email: Julie.greer@moretonbay.qld.gov.au.
FOR 24 HR EMERGENCY ASSISTANCE FROM COUNCIL CALL 3480 6666.

Upcoming Events

The Moreton Bay Region has many events and activities on offer, for a variety of ages.

Visit www.moretonbay.qld.gov.au to start exploring the Moreton Bay Region.

Thursday 29 March
North Lakes Teddy Bear's Picnic
Aurora Boulevard Park, Aurora
Boulevard North Lakes
9am-12noon

Grab your favourite teddy for a FREE fun morning out at the Teddy Bears' Picnic. There will be plenty to keep your little ones entertained including stage shows, rides, face painting, kids activities, an animal farm, a teddy bear parade and a visit from the Easter bunny as well as plenty of food and market stalls to enjoy.

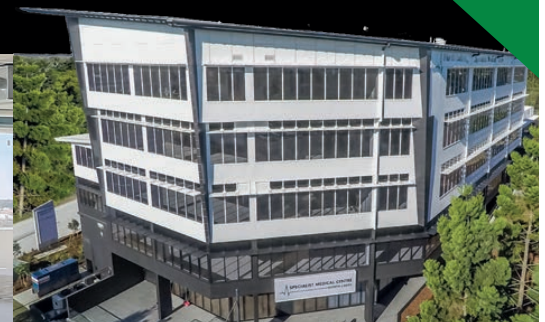
Remember to pack a picnic, your favourite Teddy Bear and a picnic rug to join in the day the Moreton Bay Region Teddy Bears' have their picnic.

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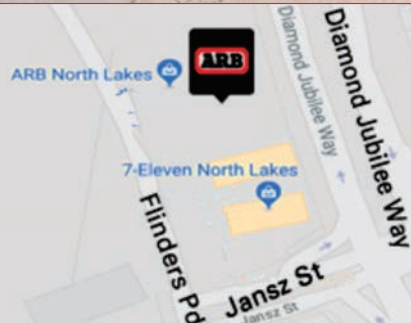


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KEEP KIDS ACTIVE WHEN THEY'RE BACK AT SCHOOL

Real world tips for parents

The start of a new school year means the start of new habits and new routines.

Children exchange hours of bike riding, swimming and playing with friends for hours of sitting – in the classroom, or often, in front of screens.

Yet, keeping children active throughout the year is essential, so it's important for parents and teachers to take steps to get kids moving throughout the day.

Being physically active is good for kids' health, and creates opportunities for making new friends and developing physical and social skills.

Fitting enough exercise into the day may seem difficult at times, so Cancer Council Queensland CEO Ms Chris McMillan shared five tips to help parents, guardians and teachers make physical activity a natural part of the school year.

One, find new ways to increase activity. Kids spend a lot of sedentary time in the classroom, but it's important to offset this. Find ways to break up the day with bursts of exercise, for example, park the car a block away from school and walk the last part with your child, or encourage them to run around and play at lunchtime.

Two, try out a sport or active hobby. Allow children to choose the type of activity they are interested in, or from a few options. It could be a team sport at school, such as soccer, football or netball, or a class like dance or martial arts after school. Teachers and parents can introduce basic sporting skills from a young age, such as ball throwing, skipping and jumping, so they feel more confident across a range of activities.

Three, make exercise a family activity. The entire family could go for a bike ride, take a walk around the neighbourhood before dinner, or head to a local park to shoot a few hoops or kick a ball to get children moving after a day in the classroom.

Four, restrict tech time. Keep screen time to less than two hours per day. If kids have spent a considerable amount of time on



CHILDREN EXCHANGE HOURS OF BIKE RIDING, SWIMMING AND PLAYING WITH FRIENDS FOR HOURS OF SITTING

screens in the classroom, why not switch off at home and find new, active ways to get busy.

Five, model good behaviour. Lace up those running shoes, do stretches or hop on the bike, to show children that you regularly participate in physical activity yourself and enjoy it – both teachers and parents can be a positive role model for healthy habits.

The time that should be spent being active will vary, depending on a child's age.

Australia's Physical Activity and Sedentary Behaviour Guidelines recommends that toddlers and pre-schoolers should be physically active every day for at least three hours, spread throughout the day, with at least one hour of that as energetic play, such as running and throwing.

For health benefits, children and young people, aged over five years, should accumulate at least 60 minutes of moderate to vigorous intensity physical activity every day and minimise the time they spend being sedentary.

A vibrant poster for an Australia Day carpark party. The background features a stylized map of Australia in blue and white, with a kangaroo silhouette. The text 'AUSTRALIA DAY' is in large, bold, white letters with a blue outline. Below it, 'carpark party!' is written in a playful, red and white font. The event details are listed in blue and white text: 'Friday 26th January 11am - 3pm', 'FOOD TRUCKS - LIVE MUSIC - POP UP BAR - WATER SLIDE', 'JUMPING CASTLE - ANIMAL FARM'. A red banner at the bottom says 'PLUS Australia Day Show from 8.30pm!'. The words 'FREE EVENT!' are prominently displayed in large, white, bold letters. The North Lakes Sports Club logo is in the bottom right corner, along with social media icons and the website 'www.northlakessports.com.au'. The address '42 Flinders Parade, North Lakes' and phone number 'PHONE > 1300 006 572' are at the bottom left.

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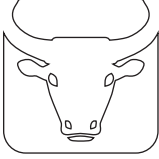
Aquarius Jan 21-Feb 19: An in law will soon need help. A minor in convenience could lead to you getting something you yearn for.



Pisces Feb 20- March 20: a friend is both conscience and memory- especially when they remind you of how you once indulged in the very things your critical of.



Aries March 21- April 20: Your not to enthusiastic about the future of a partnership, but give it a chance. The stars indicate that it will grow on you.



Taurus April 21- May 21: Some much needed perspective to an incendiary situation will come to light this week. Embattled parties are finally ready to listen to reason.



Gemini May 22-June 21: You felt ready for the next step until today. Take a deep breath because the only way to see if things will work out is to give it a try.



Cancer June 22-July 23: what's needed is a budget, not a lecture. Sit down with a loved one and list what they owe versus what they make. You'll find ways to reverse the equation.



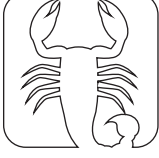
Leo July 24-Aug 23: It may feel like you're taking on a bigger burden than necessary, but the more formidable the challenge; the more satisfying the reward.



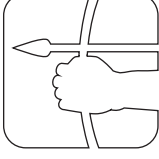
Virgo Aug 24-Sept 23: You voiced your disagreement and got overruled. Don't worry because a month from now you will be vindicated, but not in the way you expect.



Libra Sept 24-Oct 23: You wonder if intimates are right to say your self absorbed. Unlikely. Don't accept a label like that from people who expect you to be at their beck and call.



Scorpio Oct 24-Nov 22: An old friendship moves back into the spotlight. Skip the apologies because they're just happy to be a part of your life again.



Sagittarius Nov 23-Dec 21: A golden opportunity winds up in your lap. So why didn't anyone pounce sooner? Believe it or not, it had your name on it all along.



Capricorn Dec 22-Jan 20: A client assumes your on board and wants to plan for the future. Listen to them describe their vision. It may convince you.

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NINE

6.00 GMA. **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Cybershock. (PG) **12.30** Bangkok Airport. **1.30** Movie: Getting Even With Dad. (PG) (1994) **3.30** Living The Dream. (PG) **4.30** Dream Job. New. **5.00** News. **5.30** Customs. (PG) **6.00** Nine News. **7.00** Movie: Grease. (PG) (1978) John Travolta, Olivia Newton-John. **9.15** Movie: Saturday Night Fever. (MA15+) (1977) John Travolta, Karen Lynne Gorney, Barry Miller. A teenager becomes king of the disco. **11.45** Movie: American Gigolo. (M) (1980) Richard Gere. **2.00** TV Shop. **2.30** Movie: The Darkest Hour. (M) (2011) Emile Hirsch. **4.00** Plonk. (M) **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

GO!

6.00 Children's Programs. **1.30** Young Justice. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** Turning Mecard. (PG) **3.00** Gumball. (PG) **3.30** Scooby-Doo! (PG) **4.00** Teen Titans. (PG) **4.30** Steven Universe. (PG) **5.00** Hammy's Boomerang Adventure. **5.05** Far Far Away Idol. (PG) **5.15** Movie: Teenage Mutant Ninja Turtles II: The Secret Of The Ooze. (PG) (1991) **7.00** Movie: Shrek. (PG) (2001) **8.45** Movie: The Hunger Games. (M) (2012) **11.30** Balls Of Steel Australia. (MA15+) **12.00** Adult Swim. (MA15+) **12.30** Titan Maximum. (MA15+) **1.00** Science Of Stupid. (M) **3.00** Yo-Kai. (PG) **3.30** Young Justice. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Berett's Tour De Cure. (PG) **11.00** The Phantom Of The Opera At The Royal Albert Hall. (PG) **2.30** Movie: Bewitched. (PG) (2005) **4.30** Seven News At 4.30. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **6.30** Tennis. Australian Open. Night 13. Women's singles final and men's doubles final. **9.30** Movie: Bend It Like Beckham. (PG) (2002) Parminder Nagra, Keira Knightley, Jonathan Rhys-Meyers. A girl pursues her dream of playing soccer. **11.45** The Goldbergs. (PG) **12.15** Harry's Practice. Information about pet care. **12.45** The Great Outdoors. **2.00** Shopping. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** The Great Outdoors.

7TWO

6.00 Shopping. **8.00** Travel Oz. (PG) **9.30** NBC Today. **12.00** The Great Outdoors. **1.00** Out Of The Blue. **1.30** SA Weekender. **2.00** The Great Australian Doorstep. **2.30** Vasil's Garden. **3.00** Creek To Coast. **4.00** Qld Weekender. **4.30** The Great Outdoors. **5.30** To Build Or Not To Build. **6.30** Life On The Edge. (PG) A look at life in Darwin. **7.30** The Yorkshire Vet In Autumn. (PG) Various animals come into the clinic, before get ready for a healthy winter hibernation. **8.30** Escape To The Country. Prospective buyers go in search of their dream home in Herefordshire. **10.30** Escape To The Continent. A look at homes across Europe. **11.45** Creek To Coast. **1.00** Psychic TV. (M) **4.00** Qld Weekender. **4.30** Travel Oz. (PG)

TEN

6.00 A Taste Of Travel. **6.30** Everyday Gourmet. **7.00** RPM: Summer Series. **7.30** GCBC. **8.00** Family Feud. **8.30** Weekend Feast. **9.30** St10. (PG) **11.00** Cricket. Women's Big Bash League. Melbourne Stars v Hobart Hurricanes. **2.05** Cricket. Big Bash League. Melbourne Stars v Hobart Hurricanes. **6.15** Cricket. Big Bash League. Brisbane Heat v Melbourne Renegades. **10.00** Cram! (M) Two teams of comedians and celebrities test their memories across a series of general knowledge categories. **11.00** 48 Hours. (M) A look at the story of Sophia Putney-Wilcox. **12.00** 48 Hours. (M) A look at the story of Sebastian Bellin. **1.00** Shopping. **4.30** The Table. **5.00** Hour Of Power.

ONE

6.00 Shopping. **8.00** Jake And The Fatman. (PG) **9.00** Get Smart. (PG) **10.00** Star Trek: Voyager. (PG) **11.00** Diagnosis Murder. (PG) **12.00** All 4 Adventure. (PG) **1.00** Hogan's Heroes. **1.30** Escape Fishing. **2.00** Monster Jam. **3.00** Happy Days. (PG) **4.00** MacGyver. (PG) **5.00** Operation Repo. (PG) **5.30** iFish Summer. **6.00** Football: Just For Kicks. **6.40** Soccer. A-League. Round 18. Central Coast Mariners v Brisbane Roar. **9.00** Attenborough's The Life Of Mammals. **10.00** Homicide: Hours To Kill. (M) **11.00** 48 Hours. (M) **1.00** Cricket. Women's Big Bash League. Melbourne Stars v Hobart Hurricanes. Replay. **4.30** RPM: Summer Series. **5.00** Operation Repo. (PG) **5.30** Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **10.00** Rage: Retro Month. (PG) **11.00** Girt By Sea. **12.00** ABC News At Noon. **12.30** Grantchester. (PG) **1.15** The Best Of Back Roads. (PG) **2.20** Great Expectations: Karta The Orang-Utan's Story. (PG) **3.05** Redesign My Brain With Todd Sampson. (PG) **4.05** David Attenborough's Galapagos. **4.55** QI. (PG) **5.30** Antiques Roadshow. (PG) **6.30** A Taste Of Landline. **7.00** ABC News. **7.30** Grantchester. (M) Final. **8.20** Father Brown. (M) Final. **9.05** Broadchurch. (M) **9.55** Silent Witness. (MA15+) **10.55** Miss Fisher's Murder Mysteries. (M) **11.50** Rage: Retro Month. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **4.40** Tinga Tinga Tales. **5.00** Thomas. **5.10** DinoTrux. **5.30** Peppa Pig. **5.40** Charlie And Lola. **5.55** Hey Duggee. **6.00** Octonauts. **6.15** WildWoods. **6.25** Go Jetters. **6.40** Jamillah And Aladdin. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? **8.30** Live At The Apollo. (M) **9.15** Comedy Next Gen. (M) **10.15** The Best Of Fresh Blood 2017. (MA15+) **10.45** Ill Behaviour. (M) **11.15** Inside Amy Schumer. (M) **11.35** Asian Provocateur. (M) **12.10** The Trip. (M) **12.40** Episodes. (M) **1.10** Episodes. (M) Final. **1.40** Live At The Apollo. (M) **2.25** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Small Business Secrets Summer Encore. **2.30** Figure Skating. ISU European Championships. Men's and Ice Dance competitions. **3.55** Destination Flavour Down Under. **4.30** Greece With Simon Reeve. (PG) **5.35** The Supervet. Return. **6.30** News. **7.35** Mars. **8.30** Mars. Final. **9.30** Movie: Brooklyn. (M) (2015) **11.30** Movie: Drive. (MA15+) (2011) **1.25** Movie: We Are The Night. (MA15+) (2010) **3.15** Movie: Rock The Casbah. (MA15+) (2012) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Mind Versus Body. **1.00** Forever Young. (PG) **1.30** Vs Arashi. (PG) **2.25** 365. (PG) **2.30** Phone Shop Idol. **3.05** Woman With Gloria Steinem. (PG) **3.35** SBS On-Demand Staff Picks. (PG) **3.40** Jungletown. (PG) **4.00** Basketball. NBL. Round 16. Brisbane Bullets v Adelaide 36ers. **6.00** Aussie Jokers. (PG) **7.00** News. **7.30** RAW Comedy Festival. (M) **9.10** Movie: X+Y. (M) (2014) **11.10** Movie: Peggy Sue Got Married. (M) (1986) **1.00** News. **1.30** Hamilton's Pharmacopeia. **2.25** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.20pm Bridget Jones's Baby (2016) Comedy. Renée Zellweger, Colin Firth. (M) **Romance** **8.30pm Wild** (2016) Drama. Lilith Stangenberg. (R18+) **World Movies** **10.25pm 22 Jump Street** (2014) Comedy. Channing Tatum, Jonah Hill. (MA15+) **Comedy**

GENERAL

8.30pm Just For Laughs. (MA15+) **Comedy Channel** **8.30pm Empire**. FOX8 **10.35pm Scandal**. (M) **Showcase**

DOCUMENTARY

8.30pm Where The Wild Men Are With Ben Fogle. (M) **BBC Knowledge** **9.30pm Mommy Dead And Dearest**. (MA15+) **Crime & Investigation** **9.40pm Hell's Kitchen**. (MA15+) **Lifestyle Food**

SPORT

5.30pm Basketball. NBL. Round 13. Brisbane Bullets v Adelaide 36ers. Fox Sports 503 **7.00pm Cricket**. Third Test. South Africa v India. Day 4. Fox Sports 505

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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ROBIN THE HOOD (MEN IN TIGHTS) PRESENTED BY GUYS N' DOLLS REVUE

Date: Season starts January 28th, 2018

Location: Kallangur Community Centre, 1480 Anzac Avenue, Kallangur

Cost: Adults \$20, Seniors \$15, Children >12 Yrs - Free

Oyez, oyez, oyez! Welcome back to the middle ages! A romantic time of fair maidens and knights in shining armour! Well, that's how history wants us to remember it! But what really happened back then? Come with us on an action packed, mad-capped romp through the unknown pages of England!

Our hero is Robin the Hood! Our baddie is the Evil King John! (So far it seems pretty normal) But what a tangled web is weaved when the other characters enter the story! First there's the strange Sheriff of Nottingham, who would be more at home in a spaghetti Western, and then there's the beautiful, if somewhat silly, maid Marian. As for the Merry men, well, they belong in an asylum rather than a forest!!!

So, mix all ...these characters in with a large dollop of comedy, blend in music and song, add just a pinch of participation and Voila! You have "Robin the Hood".

Show dates and times are: January 28th Sunday 2pm - February 3rd Saturday 7pm - February 11th Sunday 2pm - February 17th Saturday 7pm - February 18th Sunday 2pm

www.guysndolls.net.au for more info and tickets. TICKETS also available at the door.

CALLING ALL QUEENSLANDERS - CAMERON SMITH & JOHNATHAN THURSTON TESTIMONIAL MATCH

Date: February 23

Time: Kick off 7pm

Location: Suncorp Stadium

Players like Cameron Smith and Johnathan Thurston come along once in a lifetime, and when they do, it's reason to gather. On February 23 Australian, Queensland and Melbourne Storm and North Queensland Toyota Cowboys legends, Smith and Thurston will be recognised for their incredible contribution to Rugby League in a special testimonial match to be played ahead of the 2018 season. Smith's Storm will take on Thurston's Cowboys at their beloved Suncorp Stadium next year, the start of Thurston's final year in the NRL. It will be the first time the teams have faced each other since the 2017 NRL Grand Final, which Smith's Storm won 34-6 over a Cowboys side playing its second Grand Final in three years after losing co-captain Thurston to a season-ending shoulder injury in Origin II.

Tickets via ticketek.com.au

BRISBANE COMEDY FESTIVAL

Date: Friday 23 February - Sunday 25 March 2018

Location: Various

Cost: Varies, see website.

Brisbane will be plunged into hysterics when the city's largest ever lineup of the best Aussie and international acts lay comical siege to three venues - Brisbane Powerhouse, Brisbane City Hall and new venue SunPAC - as part of Brisbane Comedy Festival 2018.

The ninth instalment of Australia's fastest growing comedy

BLACK IS THE NEW WHITE (POWERFUL THEATRE)

Date: 1 to 17 February 2018, 2018

Location: Playhouse at QPAC, South Brisbane

Black is the New White is the powerful stage story with star studded line-up, set to open Queensland Theatre's 2018 on February 1.

It's an astute and questioning social comedy on identity, politics and family that blends Guess Who's Coming to Dinner? with Meet the Fockers. Black is the New White sold out its world premiere season at Sydney Theatre Company in 2017 - a triumph for Queensland Theatre's Associate Artistic Director Paige Rattray, writer Nakkiah Lui and designer Renée Mulder. Now it's coming to Brisbane.

The stellar cast includes Logie-award winning Shari Sebbens (The Sapphires and Redfern Now), Tom Stokes (The Railway Man), Tony Briggs (co-writer of the Helpmann Award winning play The Sapphires), Miranda Tapsell (Love Child and The Sapphires), Luke Carroll (Play School presenter and Redfern Now), Vanessa Downing (former Home & Away star), Melodie Reynolds-Diarra (Redfern Now and Natural Justice), and NIDA graduate Anthony Taufa (The Golden Age - Sydney Theatre Company, An Octoroon - Queensland Theatre).

TICKETS: 1800 355 528 or queenslandtheatre.com.au

THE MANGANIYAR SEDUCTION

Date: March 1 & 2, 2018

Location: QPAC Concert Hall

Cost: 99 - \$124

One of the most original and mesmerising live performances on earth is headed for Brisbane. The Manganiyar Seduction is a visually and musically stunning masterpiece, where 40 musicians from three generations of Manganiyars perform in a 36-windowed 'jewel box', with the songs slowly building to giddy heights. Celebrating the music of the Manganiyars, a caste of desert musicians from the heart of the Thar Desert in Rajasthan, The Manganiyar Seduction will be performed twice at the Queensland Performing Arts Centre on March 1 and 2, 2018.

The Manganiyars are a caste of Muslim musicians who are predominantly settled in the districts of Jaisalmer, Barmer and Jodhpur, in the heart of the Thar Desert. They traditionally performed for Kings, however over the years their patrons have shifted from Kings to people who could give them a meal.

More info and tickets: www.qpac.com.au

festival will bring more than 70 stellar comedians to Brisbane. Leading the pack of international laughter masters are Jim Gaffigan, Irishmen Jimeoin and Des Bishop, Canadian DeAnne Smith, Englishmen Stephen K Amos and Jeff Green, who will be celebrating 30 years on the comedy circuit with a special show. Also on the bill is beloved Kiwis Cal Wilson and Urzila Carlson, Scottish star Daniel Sloss and American Rich Hall, making his long-awaited return.

Tickets are on sale now via brisbanecomedyfestival.com

NINE

6.00 GMA. **7.00** Weekend Today. **10.00** My Surf TV. **10.30** Kevin Can Wait. (PG) **11.00** World's Best Beaches. **12.00** Al McGlashan's Fish'n With Mates. (PG) **12.30** Cricket. One-Day International Series. Australia v England. **Game 5. Afternoon session. 5.00** Customs. (PG) **5.30** Cricket. One-Day International Series. Australia v England. **Game 5. Evening session. 6.00** Nine News. **6.30** Cricket. One-Day International Series. Australia v England. **Game 5. Evening session. 9.30** 60 Minutes. **10.30** To Be Advised. **11.30** House. (M) **12.30** The Mysteries Of Laura. (M) **1.30** Bad Robots. (M) **2.00** Al McGlashan's Fish'n With Mates. (PG) **2.30** Global Shop. **3.00** The Baron. (PG) **4.00** GMA. **5.00** News. **5.30** Today.

GO!

6.00 Children's Programs. **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Steven Universe. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** Young Justice. (PG) **3.00** Gumball. (PG) **3.30** Scooby-Doo! (PG) **4.00** Teen Titans. (PG) **4.30** Ben 10. (PG) **5.00** Batman. (PG) **5.30** Movie: Valiant. (G) (2005) **7.00** Movie: Legally Blonde 2: Red, White And Blonde. (PG) (2003) **9.00** Movie: The DUFF. (M) (2015) **11.00** The Rich Kids Of Social Media. (M) **12.00** Adult Swim. (MA15+) **12.30** Titan Maximum. (MA15+) **1.00** Top Gear. (PG) **3.00** Yo-Kai. (PG) **3.30** Young Justice. (PG) **4.00** Yu-Gi-Oh! (PG) **4.30** We Bare Bears. (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Cycling. Cadel Evans Great Ocean Road Race. Elite men's race. **3.00** Tennis. Australian Open. Day 14. Mixed doubles final. **5.00** Border Security. (PG) **5.30** The Great Day Out. **6.00** News. **6.30** Tennis. Australian Open. Night 14. Men's final. **9.30** The Good Doctor. (M) The team is initially impressed with a charming doctor, but his true character puts one of them in an awkward position. **10.30** World's Deadliest Weather: Caught On Camera. (PG) Stories of people caught in bad weather. **11.30** The Goldbergs. (PG) **12.00** Movie: Total Stranger. (M) (1999) Lindsay Crouse. **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** To Be Advised. **9.00** Cycling. Cadel Evans Great Ocean Road Race. Elite women's race. Highlights. **10.00** Travel Oz. **11.00** NBC Today. **12.00** Home And Away. (PG) **1.30** The Real Seachange. **3.15** Escape To The Continent. **4.30** Escape To The Country. **6.30** Dog Patrol. (PG) **7.00** Motorway Patrol. (PG) **7.30** Border Security: Int. (PG) **8.30** Border Security. (PG) Narrated by Grant Bowler. **9.30** Brit Cops. (M) Follows British police officers. **10.30** Cities Of The Underworld. (PG) **11.30** Border Security: Int. (PG) **12.30** Psychic TV. (M) **3.30** Seven Year Switch. (M)

TEN

6.00 Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** GCBC. **8.30** Everyday Gourmet. **9.00** Places We Go. **9.30** St10. (PG) **12.00** The Offroad Adventure Show. **1.00** All 4 Adventure. **2.00** Weekend Feast. **3.00** Ben's Menu. **3.30** The 48 Hour Destination. **4.00** A Taste Of Travel. **4.30** RPM: Summer Series. **5.00** News. **6.00** Family Feud: Sunday. **6.30** The Sunday Project. **7.30** I'm A Celebrity... Get Me Out Of Here! Return. Hosted by Julia Morris and Dr Chris Brown. **9.00** SEAL Team. New. Follows an elite US Navy SEAL team as they navigate their professional and personal lives. **10.00** SEAL Team. **11.00** To Be Advised. **12.00** 48 Hours. (M) **1.00** Shopping. **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** Cricket. Women's Big Bash League. Melbourne Stars v Hobart Hurricanes. Replay. **11.30** Cricket. Big Bash League. Melbourne Stars v Hobart Hurricanes. Replay. **3.30** Whacked Out Sports. (PG) **4.00** Operation Repo. (PG) **4.30** A Taste Of Travel. **5.00** Places We Go. **5.30** iFish Summer. **6.00** Hogan's Heroes. **6.30** Scorpion. (PG) **7.30** The Life Of Mammals. **8.30** GC Cops. (PG) **9.00** Movie: The Gambler. (MA15+) (2014) **11.20** Car Crash Global: Caught On Camera. (M) **12.00** When We Go To War. (M) **1.25** RPM: Summer Series. **1.55** Outrun Cancer. (PG) **2.30** Operation Repo. (PG) **4.00** Monster Jam. **5.00** Hogan's Heroes. **5.30** Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **7.00** Weekend Breakfast. **10.00** Offsiders: Summer Edition. **10.30** World This Week. **11.00** Compass. (PG) **11.30** Praise. **12.00** ABC News At Noon. **12.30** Golden Guitar Awards. **1.30** Gardening Aust. **2.30** Julia Zemiro's Home Delivery. (PG) **3.10** Father Brown. (PG) Final. **4.00** Antiques Roadshow. (PG) **5.00** QI. (PG) **5.30** Whitlam: The Power And The Passion. (PG) **6.30** The House. (PG) **7.00** ABC News Sunday. **7.40** Attenborough At 90: Behind The Lens. **8.30** Midsomer Murders. (M) Final. **10.00** The Super-Rich And Us. **10.55** Our Girl. (M) **11.55** Doctor Who. (PG) **12.40** Rage. (MA15+) **1.50** Our Girl. (M) **2.50** Antiques Roadshow. **3.50** The Bill. (M) **4.20** Murder, She Wrote. (PG) **5.05** The Bill. (PG)

ABC COM

6.00 Children's Programs. **5.10** DinoTrux. **5.30** Peppa Pig. **5.40** Charlie And Lola. **5.55** Hey Duggee. **6.00** Octonauts. **6.15** WildWoods. **6.25** Go Jetters. **6.40** Jamillah And Aladdin. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. **8.00** Michael McIntyre's Comedy Roadshow. (M) **8.45** Ricky Gervais Live: Animals. (M) **10.00** Alan Davies: As Yet Untitled. (M) **10.50** Adam Hills: The Last Leg. (M) **11.30** Red Dwarf. (PG) **12.05** The League Of Gentlemen. (M) **12.35** Murder In Successville. (M) **1.10** Michael McIntyre's Comedy Roadshow. (M) **1.55** Dirty Laundry. (M) **2.30** News Update. **2.35** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **7.00** Small Business Secrets Summer Encore. **7.30** WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Speedweek. **2.00** Basketball. NBL. Round 16. Sydney Kings v Melbourne United. **4.00** Arabic News F24. **4.30** Turkish News. **5.00** Small Business Secrets Summer Encore. **5.25** Hitler And Paris: The Untold Story. **6.30** News. **7.30** Secrets Of Tutankhamun's Treasures. **8.30** Movie: Scientology: Going Clear. (M) (2015) Lawrence Wright. **10.40** Last Days Of Solitary. **12.40** Full Frontal. (M) **1.10** Movie: Attila Marcel. (M) (2013) **3.00** The Unknown Known. (PG) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **9.00** PopAsia. (PG) **10.00** WorldWatch. **12.00** Insight. **1.00** Front Up. (PG) **1.30** Huang's World. (PG) **2.20** Huang's World. (M) **3.10** Cyberwar. (PG) **3.40** States Of Undress. (PG) **4.30** Soccer. W-League. Round 13. Adelaide United v Brisbane Roar. **7.00** MythBusters. (PG) **8.00** Full Frontal. (M) **8.35** 24 Hours In Police Custody. (PG) **9.30** RuPaul's Drag Race. **10.25** RuPaul's Drag Race. **11.20** Bobby And Harriet Get Married. New. **11.45** Bobby And Harriet Get Married. **12.15** Bobby And Harriet Get Married. **12.40** Bobby And Harriet Get Married. **1.10** Bobby And Harriet Get Married. **1.35** Bobby And Harriet Get Married. Final. **2.05** The Return Of The Black Death. (M) **2.30** WorldWatch.



MOVIES

6.30pm Kick-Ass (2010) Action. Nicolas Cage, Aaron Johnson. (MA15+) Action
8.30pm The Magnificent Seven (2016) Adventure. Denzel Washington, Chris Pratt. (M) Action
10.35pm Office Christmas Party (2016) Comedy. Jason Bateman, Jennifer Aniston. (MA15+) Premiere

GENERAL

7.30pm Fresh Off The Boat (PG) FOX8
8.00pm Impractical Jokers. (M) Comedy Channel
9.30pm Chicago Fire. (M) FOX8

DOCUMENTARY

7.30pm Savage Kingdom: Uprising. (PG) National Geographic Wild
8.30pm Eat Well For Less. (PG) Lifestyle Food
11.30pm StarTalk. (M) National Geographic

SPORT

3.00pm Basketball. NBL. Round 16. Sydney Kings v Melbourne United. Fox Sports 503

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Agatha Christie's And Then There Were None. (PG) (1974) Oliver Reed, Richard Attenborough, Elke Sommer. Strangers at a hotel are stalked by a killer. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) Return. **9.10** Travel Guides. (PG) Return. **10.10** Better Late Than Never. Return. **11.10** CSI: Crime Scene Investigation. (M) **12.05** Law & Order. (M) **1.00** Postcards Summer. (PG) **1.30** TV Shop: Home Shopping. **2.00** Extra. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Top Gear. (PG) **12.30** World's Funniest Videos Top 10 Countdown. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Star Wars: Droid Tales. (PG) **4.00** Batman. (PG) **4.30** Green Lantern. (PG) **5.00** Uncle Grandpa. (PG) **5.30** Adv Time. (PG) **6.00** Friends. (PG) **7.00** The Middle. (PG) **7.30** American Ninja Warrior. (PG) **9.30** Movie: Rambo: First Blood. (M) (1982) **11.30** Best Ink. (M) **12.30** Friends. (PG) **1.30** Uncle Grandpa. (PG) **2.00** Regular Show. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Green Lantern. (PG) **3.30** Beyblade Burst. **4.00** Scooby-Doo! (PG) **4.30** Adv Time. (PG) **4.50** Power Rangers Dino Charge. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** The 60th Annual Grammy Awards. (PG) **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) Return. Ben searches for a missing Maggie. **7.30** My Kitchen Rules. (PG) Return. A new batch of amateur cooks takes turns transforming a home into a restaurant. **9.00** The Good Doctor. (M) Return. Dr Shaun Murphy takes an impromptu trip with his friend Lea and leaves everything behind. **10.00** The 60th Annual Grammy Awards. (PG) Hosted by James Corden, from Madison Square Garden, New York City. **1.00** Winners & Losers. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Match It. **7.30** It's Academic. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** NBC Today. **10.30** NBC Press. **11.30** The Real Seachange. **12.00** Cities Of The Underworld. **1.30** Million Dollar Minute. **2.00** Medical Emergency. (PG) **3.30** ICU. (PG) **4.00** Room For Improvement. **4.30** The Great Outdoors. **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) **7.30** Rosemary & Thyme. (PG) **8.30** Lewis. (M) Lewis and Hathaway investigate a student's death. **10.30** Escape To The Country. **11.30** Bargain Hunt. (PG) **12.30** Medical Emergency. (PG) **1.00** ICU. (PG) **1.30** Seven Year Switch. (M) **3.30** Late Programs. **5.30** Late Programs.

TEN

6.00 GCBC. **6.30** Alive And Cooking. **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.30** Neighbours. **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** GCBC. Return. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** I'm A Celebrity... Get Me Out Of Here! Hosted by Julia Morris and Dr Chris Brown. **9.00** Law & Order: SVU. (M) Return. Benson discloses some close held secrets as she tries to help a woman remember the details of her assault. **10.00** Law & Order: SVU. (M) The team investigates a possible crime at a frat house. **11.00** The Project. **12.00** Stephen Colbert. (PG) **1.00** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Cricket. Big Bash League. Brisbane Heat v Melbourne Renegades. Replay. From the Gabba, Brisbane. **12.00** RPM: Summer Series. **12.30** Hogan's Heroes. **1.00** Get Smart. (PG) **2.00** Star Trek. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Hogan's Heroes. **6.30** Happy Days. (PG) **7.30** Hawaii Five-0. (M) Final. **8.30** NCIS. (M) **10.30** Elementary. (M) **12.30** Home Shopping. **2.00** Get Smart. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG)

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** Midsomer Murders. (M) Final. **2.35** The Super-Rich And Us. **3.25** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. Return. **6.00** Classic Countdown. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Back Roads. (PG) Final. **8.30** Foreign Corre. Final. **9.00** David Stratton's Stories Of Australian Cinema. (MA15+) **10.00** Stephen Fry In Central America. (PG) **10.50** ABC Late News. **11.20** The Business. **11.35** Golf. PGA Tour. Farmers Insurance Open. Highlights. **12.30** Doctor Who. (PG) **1.15** Rage. (MA15+) **2.25** Stephen Fry In Central America. (PG) **3.15** Antiques Roadshow. **4.20** Late Programs.

ABC COM

6.00 Children's Programs. **5.40** Floogals. **5.55** Hey Duggee. **6.00** Octonauts. **6.15** Peter Rabbit. **6.25** Go Jetters. **6.40** Dot. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Upper Middle Bogan. (M) **8.30** Upper Middle Bogan. (M) **9.00** Tonightly With Tom Ballard. (M) **9.30** Ill Behaviour. (M) **10.00** Inside Amy Schumer. (MA15+) **10.25** Buzzcocks. (M) **10.55** The Office. (PG) **11.15** 30 Rock. (PG) **11.35** Parks And Recreation. (PG) **12.00** Tonightly With Tom Ballard. (M) **12.30** Buzzcocks. (M) **1.00** The Office. (PG) **1.20** 30 Rock. (PG) **1.45** Parks And Recreation. (PG) **2.05** News Update. **2.10** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Al Jazeera. **2.00** Max Raabe: Tonight Or Never. **3.00** Predict My Future: The Science Of Us. (PG) **3.50** Chinese New Year: Biggest Celebration On Earth. **4.55** Living Black. **5.25** Letters And Numbers. **6.00** Food Safari. **6.30** News. **7.30** River Cottage Australia. **8.30** Michael Mosley: Trust Me, I'm A Doctor. **9.40** 24 Hours In Emergency. (M) **10.35** SBS News. **11.05** The World Game. **11.35** Movie: Hero. (M) (2002) **1.25** Atlanta. (M) **1.55** Atlanta. (M) **2.25** Masters Of Sex. (MA15+) **3.25** Masters Of Sex. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Movie: Apart Together. (PG) (2010) **1.45** Rebel Music. (PG) **2.10** Dara Ó Briain: School Of Hard Sums. (PG) **3.05** Vs Arashi. **4.00** The Mindy Project. (PG) **4.30** Cyberwar. (PG) **5.00** News. **5.25** If You Are The One. (PG) **6.40** MythBusters. (PG) **7.35** Brooklyn Nine-Nine. (PG) **8.00** Brooklyn Nine-Nine. (PG) **8.30** Movie: Lovelace. (MA15+) (2013) **10.10** Movie: 24 Hour Party People. (MA15+) (2002) **12.15** Untitled Action Bronson Show. **12.40** Untitled Action Bronson Show. **1.10** Untitled Action Bronson Show. **1.35** Untitled Action Bronson Show. **2.00** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** WorldWatch.



MOVIES

6.25pm Lion (2016) Biographical. Dev Patel, Nicole Kidman. (PG) **Premiere**
8.30pm Dirty Grandpa (2016) Comedy. Robert De Niro, Zac Efron. (MA15+) **Comedy**
10.35pm Personal Shopper (2016) Thriller. Kristen Stewart. (MA15+) **Masterpiece**

GENERAL

8.30pm Rellik. (M) **BBC First**
9.15pm Gotham. (MA15+) **FOX8**
10.30pm The Tonight Show Starring Jimmy Fallon. (M) **E!**

DOCUMENTARY

7.30pm Jay Leno's Garage. (PG) **Discovery Turbo**
8.30pm Van Gogh's Ear. (PG) **Foxtel Arts**
9.30pm Sarah Off The Grid. (PG) **Lifestyle Home**

SPORT

7.00pm The A-League Hour. Fox Sports 501
9.00pm Sport Special. Fox Sports 506
10.00pm History Month: 1980's. 1986 State Of Origin. Victoria v Western Australia. Fox Footy

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2901

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Married At First Sight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) **9.15** One Night With My Ex. New. **10.15** Beauty And The Beach. Return. **11.25** Cold Case. (M) **12.20** 20/20. **1.20** Patriot Games. (PG) **2.30** Global Shop. **3.00** Extra. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** BattleBots. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Nexo Knights. (PG) **4.00** Batman. (PG) **4.30** Green Lantern. (PG) **5.00** Uncle Grandpa. (PG) **5.30** Adv Time. (PG) **6.00** Friends. (PG) **7.00** The Middle. (PG) **7.30** American Ninja Warrior. (PG) **9.30** Movie: Rambo: First Blood Part II. (M) (1985) **11.30** Jail: Big Texas. (M) **12.00** The Crew. (PG) **12.30** Friends. (PG) **1.30** Uncle Grandpa. (PG) **2.00** Regular Show. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Green Lantern. (PG) **3.30** Beyblade Burst. **4.00** Scooby-Doo! (PG) **4.30** Adv Time. (PG) **4.50** Power Rangers Dino Charge. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **1.30** Highway Cops. (PG) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** My Kitchen Rules. (PG) **9.00** The Good Doctor. (M) Dr Shaun Murphy returns to the hospital after his trip with Lea and decides he needs a change. **10.00** Grey's Anatomy. (M) Return. Meredith and the team are focused on helping Owen's sister after her shocking return. **11.00** Grey's Anatomy. (M) Jo makes a surprising choice regarding Alex. **12.00** Time After Time. (M) New. **1.00** Time After Time. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Match It. **7.30** It's Academic. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** The Real Seachange. **12.30** House Calls To The Rescue. **2.00** Million Dollar Minute. **3.00** Medical Emergency. (PG) **3.30** ICU. (PG) **4.00** Room For Improvement. **4.30** The Great Outdoors. **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) **7.30** Hospital. (M) **8.30** Inspector Morse. (M) A friend of Morse's is murdered. **10.30** Escape To The Country. **11.30** Bargain Hunt. (PG) **12.30** Medical Emergency. (PG) **1.00** ICU. (PG) **1.30** Room For Improvement. **2.00** Seven Year Switch. (M) **4.30** Million Dollar Minute. **5.30** Harry's Practice.

TEN

6.00 GCBC. **6.30** Alive And Cooking. **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.30** Neighbours. **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** I'm A Celebrity... Get Me Out Of Here! Hosted by Julia Morris and Dr Chris Brown. **8.30** Hughies, We Have a Problem. New. Dave Hughes is joined by comedians Harley Breen, Anne Edmonds, Nazeem Hussain and Julia Morris. **9.30** NCIS: LA. (M) The team tracks a highly skilled assailant. **10.30** To Be Advised. **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Get Smart. (PG) **9.00** Jake And The Fatman. (PG) **10.00** Reel Action. **10.30** Star Trek: Voyager. (PG) **11.30** Hogan's Heroes. **12.00** Happy Days. (PG) **1.00** Get Smart. (PG) **2.00** Star Trek. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Hogan's Heroes. **6.30** Happy Days. (PG) **7.30** 48 Hours. **8.30** Homicide: Hours To Kill. (M) **9.30** 48 Hours. (M) **10.30** Highlander. (M) **11.30** Hogan's Heroes. **12.00** Home Shopping. **2.00** Jake And The Fatman. (PG) **3.00** Diagnosis Murder. (PG) **4.00** Star Trek: Voyager. (PG) **5.00** Highlander. (M)

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** Foreign Corre. Final. **1.30** Women's Work. Final. **2.00** Pulse. (M) Final. **2.55** Ask The Doctor. (PG) **3.25** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Classic Countdown. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** The Checkout. (PG) Return. **8.30** Catalyst. Return. **9.30** Surviving School: My Year 7 Life. (PG) **10.30** ABC Late News. **11.00** The Business. **11.15** Movie: Dior And I. (M) (2014) Christian Dior. **12.45** Doctor Who. (PG) **1.30** Movie: Dior And I. (M) (2014) **3.20** Antiques Roadshow. **4.20** Murder, She Wrote. (PG) **5.05** The Bill. (PG)

ABC COM

6.00 Children's Programs. **5.40** Floogals. **5.55** Hey Duggee. **6.00** Octonauts. **6.15** Peter Rabbit. **6.25** Go Jetters. **6.40** Dot. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Black Comedy. (M) **8.30** Black Comedy. (M) **9.00** Tonightly With Tom Ballard. (M) **9.30** Red Dwarf. (PG) **10.00** The League Of Gentlemen. (M) **10.30** Buzzcocks. (M) **11.05** The Office. (PG) **11.30** 30 Rock. (PG) **11.50** Parks And Recreation. (PG) **12.10** Tonightly With Tom Ballard. (M) **12.40** Buzzcocks. (M) **1.15** The Office. (PG) **1.45** 30 Rock. (PG) **2.05** Parks And Recreation. (PG) **2.25** News Update. **2.30** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Conchita: Unstoppable. (PG) **3.00** Kylie Kwong: Heart And Soul. **3.30** Rise Of The Machines. **4.30** Secrets Of The Lost Graveyard. (PG) **5.25** Letters And Numbers. **6.00** Food Safari. **6.30** News. **7.30** Who Do You Think You Are? **8.40** Best Of Insight. **9.40** One Born Every Minute UK. (M) **10.35** SBS News. **11.05** Spin. (M) **12.00** Spin. (M) **1.05** Movie: A Better Life. (M) (2011) **3.05** Movie: Dirty Wolves. (MA15+) (2015) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Gameplay: The Story Of The Video Game Revolution. (PG) **1.40** Rebel Music. (PG) **2.10** Dara Ó Briain: School Of Hard Sums. (PG) **3.05** Huang's World. **3.55** 365. (PG) **4.00** The Mindy Project. (PG) **4.30** Tattoo Age. (PG) **5.00** News. **5.25** If You Are The One. (PG) **6.40** MythBusters. (PG) **7.35** Brooklyn Nine-Nine. (PG) **8.30** Hamilton's Pharmacopeia. (MA15+) **9.20** Epicly Later'd. **10.10** Vikings. **11.05** Payday. (MA15+) **12.00** News. **12.25** Desus And Mero. **12.55** Toxic Garbage Island. (PG) **2.05** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** WorldWatch.



MOVIES

6.20pm Allied (2016) Drama. Brad Pitt, Marion Cotillard. (M) **Premiere**
8.30pm Bad Neighbours 2 (2016) Comedy. Seth Rogen, Zac Efron. (MA15+) **Comedy**
10.25pm The Last Song (2010) Drama. Miley Cyrus, Liam Hemsworth, Greg Kinnear. (PG) **Romance**

GENERAL

8.00pm Meet The Hackers. (M) **A&E**
9.15pm Highway Patrol. (PG) **FOX8**
10.05pm Divorce. (MA15+) **Showcase**

DOCUMENTARY

8.30pm SAS: Who Dares Wins. (M) **BBC Knowledge**
8.30pm When Kids Kill. (M) **Crime & Investigation**
9.30pm Shark Tank. (PG) **Discovery Science**

SPORT

8.30pm Rugby Union. French Top 14. Day 16.
Eurosport
9.00pm 30 For 30. **ESPN**
10.30pm Hockey. Men's World League. Final. Australia v Argentina. **Fox Sports 503**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Married At First Sight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) **9.10** Movie: Sisters. (MA15+) (2015) Amy Poehler, Tina Fey, Maya Rudolph. Two sisters try to recapture their glory days by throwing a house party before their parents sell their family home. **11.30** Movie Juice. **12.00** CSI: NY. (M) **1.00** CSI: NY. (M) **2.00** Extra. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** BattleBots. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.00** Pokémon The Series: Sun & Moon. **3.30** Nexō Knights. (PG) **4.00** Batman. (PG) **4.30** Ben 10. (PG) **5.00** Uncle Grandpa. (PG) **5.30** Adv Time. (PG) **6.00** Friends. (PG) **7.00** The Middle. (PG) **7.30** American Ninja Warrior. (PG) **9.30** Movie: Rambo III. (M) (1988) **11.30** Two And A Half Men. (PG) **12.00** The Crew. (PG) **12.30** Friends. (PG) **1.30** Uncle Grandpa. (PG) **2.00** Regular Show. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Scooby-Doo! (PG) **4.30** Adv Time. (PG) **4.50** Power Rangers Dino Charge. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** To Be Advised. **1.30** Highway Cops. (PG) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** My Kitchen Rules. (PG) Hosted by Pete Evans and Manu Feildel. **9.00** Surveillance Oz: Australia's Dumbest Criminals. (PG) Documents the antics of dumb criminals, including a thief who swallows two diamond rings. **10.00** Grammy's Greatest Stories: A 60th Anniversary Special. (M) Epic moments from Grammy history. **12.00** Powerless. (M) New. **12.30** Powerless. (M) **1.00** Bates Motel. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Match It. **7.30** It's Academic. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** The Travel Bug. (PG) **2.00** Million Dollar Minute. **3.00** Medical Emergency. (PG) **3.30** ICU. (PG) **4.00** Room For Improvement. **4.30** The Great Outdoors. **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) Contestants compete at an antiques auction. **7.30** Pie In The Sky. (PG) Detective Constable Ken Shipley disappears. **8.30** A Touch Of Frost. (PG) Jack investigates two cases. **10.30** Brit Cops. (M) **11.30** Bargain Hunt. (PG) **12.30** Medical Emergency. (PG) **1.00** ICU. (PG) **1.30** Million Dollar Minute. **2.00** Seven Year Switch. (M)

TEN

6.00 GCBC. **6.30** Alive And Cooking. **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. Hosted by Grant Denyer. **6.30** The Project. Join the hosts for a look at the day's news, events and hot topics. **7.30** I'm A Celebrity... Get Me Out Of Here! Julia Morris and Dr Chris Brown spring a new trial on the chosen celebrities, Boulder Dash. **9.00** To Be Advised. **10.00** To Be Advised. **11.00** The Project. A look at the day's news. **12.00** Stephen Colbert. (PG) Hosted by Stephen Colbert. **1.00** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Get Smart. (PG) **9.00** Jake And The Fatman. (PG) **10.00** Reel Action. **10.30** Star Trek: Voyager. (PG) **11.30** Hogan's Heroes. **12.00** Happy Days. (PG) **1.00** Get Smart. (PG) **2.00** Star Trek. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Hogan's Heroes. **6.30** Happy Days. (PG) **7.30** Attenborough's Nature's Great Events. (PG) **8.30** Movie: True Story. (M) (2015) Jonah Hill, James Franco, Felicity Jones. **10.40** Homicide: Hours To Kill. (M) **11.40** Hogan's Heroes. **12.10** Home Shopping. **2.10** Whacked Out Sports. (PG) **2.30** Happy Days. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG)

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **12.30** Press Club. **1.30** To Be Advised. **2.00** Newton's Law. (M) **3.00** The Cook And The Chef. **3.30** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Classic Countdown. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Q! (M) **8.30** Shaun Micallef's MAD AS HELL. (M) Return. **9.00** 300 Years Of French And Saunders. **9.50** Adam Hills: The Last Leg. Return. **10.30** Shock Horror Aunty. (MA15+) **11.00** ABC Late News. **11.30** The Business. **11.50** Foreign Corre. Final. **12.20** Adam Hills: The Last Leg. **1.00** Doctor Who. (PG) **1.45** Rage. (MA15+) **3.15** Antiques Roadshow. **4.20** Late Programs.

ABC COM

6.00 Children's Programs. **6.00** Octonauts. **6.15** Peter Rabbit. **6.25** Go Jetties. **6.40** Dot. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Agony Of Modern Manners. (PG) **8.30** The Agony Of Modern Manners. (M) **9.00** Tonightly With Tom Ballard. (M) **9.30** Asian Provocateur. (M) **10.00** The Trip. (M) **10.30** Buzzcocks. (M) **11.00** The Office. (M) **11.20** 30 Rock. (M) **11.40** Parks And Recreation. (PG) **12.05** Tonightly With Tom Ballard. (M) **12.35** Buzzcocks. (M) **1.05** The Office. (M) **1.25** 30 Rock. (M) **1.50** Parks And Recreation. (PG) **2.10** News Update. **2.15** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **1.55** Who Do You Think You Are? **3.00** Heston's Gourmet Tour. **3.30** Best Of Insight. **4.30** Cycling. Herald Sun Tour. Women's Road Race. Highlights. **5.30** Letters And Numbers. **6.00** Food Safari. **6.30** News. **7.30** World's Greatest Bridges. **8.30** Simon Reeve In Russia. **9.40** Vikings. (MA15+) Final. **10.35** Berlin Station. (M) **11.35** SBS News. **12.05** Movie: The Idol. (M) (2015) **1.55** Movie: Tangerines. (MA15+) (2013) **3.30** Sex And The West. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Soccer. EPL. Tottenham Hotspur v Manchester United.

SBS VLND

6.00 WorldWatch. **11.35** Hindi News. **12.00** Movie: A Brony Tale. (PG) (2014) **1.25** Noisy. (PG) **2.15** Superstar DJs With Annie Mac. (PG) **2.40** Dara O Briain: School Of Hard Sums. (PG) **3.30** Des Bishop: Breaking China. (PG) **4.00** The Mindy Project. (PG) **4.30** Dead Set On Life. (PG) **5.00** News. **5.25** If You Are The One. (PG) **6.40** MythBusters. (PG) **7.35** Brooklyn Nine-Nine. (PG) **8.05** Brooklyn Nine-Nine. (PG) **8.30** Movie: Wer. (MA15+) (2013) **10.15** Movie: Wolf. (M) (1994) **12.30** News. **1.00** Desus And Mero. **1.25** Killing Cancer. (PG) **2.10** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.30pm Passengers (2016) Sci-fi. Jennifer Lawrence, Chris Pratt. (M) *Premiere*
8.30pm Sex And The City 2 (2010) Comedy. Sarah Jessica Parker, Kim Cattrall. (MA15+) *Romance*
10.05pm The Boss (2016) Comedy. Melissa McCarthy, Kristen Bell. (MA15+) *Comedy*

GENERAL

7.30pm Forged In Fire. (PG) *A&E*
8.30pm The Flash. (M) *FOX8*
9.30pm Covert Affairs. (M) *Universal Channel*

DOCUMENTARY

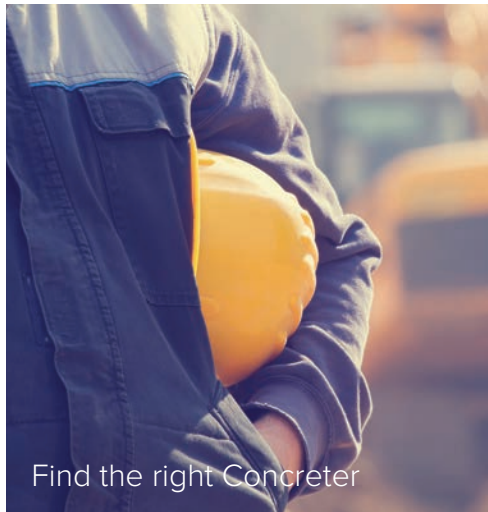
7.30pm Banged Up Abroad. (M) *National Geographic People*
9.00pm John Torode's Asia. (PG) *Lifestyle Food*
9.30pm Elizabeth Smart: Autobiography. (M) *Crime & Investigation*

SPORT

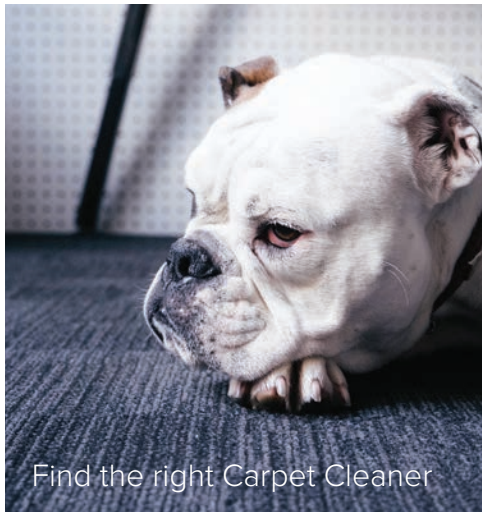
7.00pm FIFA Football Show. *Fox Sports 501*
8.30pm NBA: The Jump. *ESPN*
10.00pm Golc & Wingo. *ESPN2*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

3101



Find the right Concreter



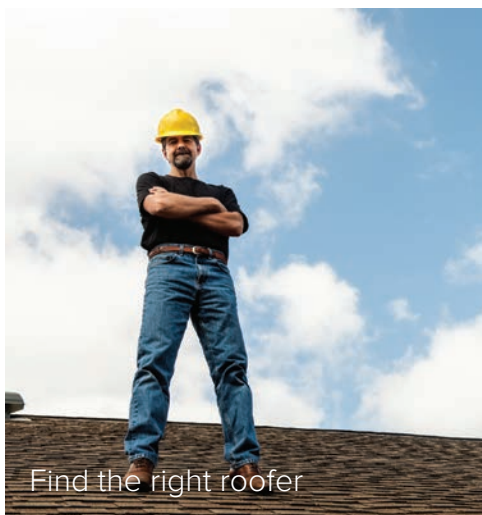
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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Extra. **1.30** Married At First Sight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Married At First Sight. (M) **9.00** Movie: Bride Wars. (PG) (2009) Kate Hudson, Anne Hathaway, Candice Bergen. Two best friends become enemies after they realise they have scheduled their respective weddings for the same day. **10.50** Mom. (M) **11.20** A.D. Kingdom And Empire. (M) **12.15** The Closer. (M) **1.30** TV Shop: Home Shopping. **2.00** Extra. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** BattleBots. (PG) **1.00** World's Funniest Videos Top 10 Countdown. (PG) **1.30** Movie Juice. **2.00** Children's Programs. **4.30** Ben 10. (PG) **5.00** Uncle Grandpa. (PG) **5.30** Adv Time. (PG) **6.00** Friends. (PG) **7.00** The Middle. (PG) **7.30** Robot Wars. (PG) **8.30** Big Bang. (PG) **9.30** Movie: Rambo. (MA15+) (2008) **11.15** WWE Raw. (MA15+) **12.15** Friends. (PG) **1.15** Mike Tyson Mysteries. (MA15+) **1.30** Uncle Grandpa. (PG) **2.00** Regular Show. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Be Cool, Scooby-Doo! (PG) **4.30** Adv Time. (PG) **4.50** Power Rangers Dino Charge. (PG) **5.10** Regular Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: The Perfect Teacher. (M) (2010) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) A terrified Maggie tries to keep her biopsy a secret from Ziggy and Coco. **9.00** Movie: The Bodyguard. (M) (1992) Kevin Costner, Whitney Houston, Gary Kemp. A professional bodyguard falls in love with his latest client, a popular singer-turned-actress. **11.45** The Goldbergs. (PG) Adam and Barry form a rap supergroup. **12.15** Bates Motel. (M) Norma learns the truth about the Arcanum Club. **1.10** Bates Motel. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Match It. **7.30** It's Academic. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** Life On The Edge. (PG) **2.00** Million Dollar Minute. **3.00** Last Chance Learners. (PG) **3.30** ICU. (PG) **4.00** Room For Improvement. **4.30** The Great Outdoors. **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) **7.30** Border Security: Int. (PG) An American traveller can't remember his past. **8.30** Murdoch Mysteries. (M) An investigation leads Murdoch to uncover a high-level conspiracy. **10.30** Houdini & Doyle. (M) **11.00** Bargain Hunt. (PG) **12.30** Psychic TV. (M) **3.30** Seven Year Switch. (M) **4.30** Million Dollar Minute. **5.30** Harry's Practice.

TEN

6.00 GCBC. **6.30** Alive And Cooking. **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.30** Neighbours. **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. Two families try to win big prizes by guessing the most popular responses to a survey of the public. **6.30** The Project. **7.30** Cricket. Big Bash League. First semi-final. **10.10** Blue Bloods. (M) Erin and Anthony investigate the death of prisoner. **11.00** The Project. Join the hosts for a look at the day's news, events and hot topics. **12.00** Stephen Colbert. (PG) Hosted by Stephen Colbert. **1.00** Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Get Smart. (PG) **9.00** Jake And The Fatman. (PG) **10.00** Reel Action. **10.30** Star Trek: Voyager. (PG) **11.30** Hogan's Heroes. **12.00** Happy Days. (PG) **1.00** Get Smart. (PG) **2.00** Cricket. Women's Big Bash League. First semi-final. **5.30** Whacked Out Sports. (PG) **6.00** Hogan's Heroes. **6.30** Happy Days. (PG) **7.30** Car Crash Global: Caught On Camera. (PG) **8.30** Gold Coast Cops. (PG) **9.00** Movie: Bloodsport. (MA15+) (1988) Jean-Claude Van Damme, Donald Gibb, Leah Ayres. **11.00** Get Smart. (PG) **11.30** Hogan's Heroes. **12.00** Home Shopping. **2.00** Get Smart. (PG) **2.30** Happy Days. (PG) **3.30** Hogan's Heroes. **4.00** Muscle Car Masters. **5.00** Muscle Car Masters.

ABC

6.00 News. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** Qi. (M) **1.30** Hannah Gadsby's OZ. (PG) **2.00** Newton's Law. (M) **3.00** The Cook And The Chef. Final. **3.25** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Classic Countdown. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Would I Lie To You? (PG) **8.30** Call The Midwife. (M) **9.30** Good Karma Hospital. (M) **10.20** ABC Late News. **10.45** The Business. **11.05** The Halcyon. (M) Final. **11.50** Would I Lie To You? (PG) **12.20** Doctor Who. (PG) **1.05** Good Karma Hospital. (M) **1.55** Rage. (MA15+) **2.25** Golf. PGA Tour. Farmers Insurance Open. Highlights. **3.20** Late Programs.

ABC COM

6.00 Children's Programs. **5.40** Floogals. **5.55** Hey Duggee. **6.00** Octonauts. **6.15** Peter Rabbit. **6.25** Go Jetters. **6.40** Dot. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Moosys. (M) **8.30** The Moosys. (M) **9.00** Tonightly With Tom Ballard. (M) **9.30** The Best Of Fresh Blood 2017. (M) **10.00** Murder In Successville. (M) **10.30** Buzzcocks. (M) **11.00** The Office. (PG) **11.20** 30 Rock. (PG) **11.40** Parks And Recreation. (PG) **12.05** Tonightly With Tom Ballard. (M) **12.35** Buzzcocks. (M) **1.05** The Office. (PG) **1.30** 30 Rock. (PG) **1.50** Parks And Recreation. (PG) **2.10** News Update. **2.15** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 Soccer. EPL. Tottenham Hotspur v Manchester United. Continued. **8.15** WorldWatch. **1.55** Living Black. **2.25** Soccer. EPL. Tottenham Hotspur v Manchester United. Replay. **4.30** Cycling. Herald Sun Tour. Prologue. Individual time trial. Alexandra Gardens to Queensbridge Square. 1.6km. **5.30** Letters And Numbers. **6.00** Food Safari. **6.30** News. **7.30** Railway Journeys UK. (PG) **8.05** Recipe For Life. **8.35** Knightfall. (MA15+) New. **9.30** Knightfall. (MA15+) **10.20** Ride Upon The Storm. (M) **11.30** SBS News. **12.00** Movie: The Other Son. (M) (2012) **2.00** One Born Every Minute UK. (M) **2.55** One Born Every Minute UK. (M) **3.55** One Born Every Minute UK. (M) **4.55** Poh & Co. Bitesize. **5.00** WorldWatch.

SBS VLND

6.00 WorldWatch. **12.00** Battle For Money. (PG) **1.35** SBS On-Demand Staff Picks. (PG) **1.40** Gaycation. (PG) **2.30** Dara Ó Briain: School Of Hard Sums. **3.30** Des Bishop: Breaking China. (PG) **4.00** The Mindy Project. (PG) **4.25** VICE. (PG) **5.00** News. **5.25** If You Are The One. **6.40** MythBusters. (PG) **7.35** Brooklyn Nine-Nine. (PG) **8.05** Brooklyn Nine-Nine. (PG) **8.30** Full Frontal. (M) **9.00** The Trixie & Katya Show. (MA15+) **9.30** The Girlfriend Experience. **10.00** The Girlfriend Experience. **10.30** The Good Fight. (M) **11.25** The Good Fight. (M) **12.20** News. **12.50** Desus And Mero. **1.15** The Real True Detective. (MA15+) **1.40** Fubar: The Age Of The Computer. (M) **2.10** Deutsche Welle. **3.00** Thai News. **3.30** WorldWatch.



MOVIES

8.30pm Jasper Jones (2017) Drama. Toni Collette, Hugo Weaving. (M) *Masterpiece* **9.10pm Mr Bean's Holiday** (2007) Family. Rowan Atkinson, Willem Dafoe. (PG) *Family* **10.25pm Rupture** (2016) Thriller. Noomi Rapace, Michael Chiklis. (MA15+) *Premiere*

GENERAL

7.30pm Relative Success With Tabatha Coffey (M) *Arena* **8.30pm Blindspot**. (MA15+) *Universal Channel* **10.30pm Project Runway: Junior**. (PG) *Arena*

DOCUMENTARY

8.30pm The Great Australian Bake Off. (PG) *Lifestyle* **9.30pm Copycat Killers**. (M) *Crime & Investigation* **10.00pm Bringing Up Bates**. (PG) *TLC*

SPORT

6.30pm Golf. European PGA Tour. Maybank Championship. First round. *Fox Sports 506* **8.00pm UFC Fight Week**. *Fox Sports 503*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Married At First Sight. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Vet On The Hill. (PG) **8.30** Movie: Miss Congeniality. (M) (2000) Sandra Bullock, Michael Caine, Benjamin Bratt, Candice Bergen. A graceless FBI agent goes undercover in a beauty pageant to catch a terrorist. **10.45** Married At First Sight. (M) **12.25** Rizzoli & Isles. (M) **1.30** TV Shop: Home Shopping. **2.00** Living The Dream. (PG) **3.00** The Avengers. (PG) **4.00** Global Shop. **4.30** The Baron. (M) **5.30** Good Morning America.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** BattleBots. (PG) **1.00** Dawson's Creek. (PG) **2.00** Children's Programs. **3.30** Nexo Knights. (PG) **4.00** Batman. (PG) **4.30** Ben 10. (PG) **5.00** Uncle Grandpa. (PG) **5.30** Adv Time. (PG) **6.00** Movie: Fantastic Mr. Fox. (PG) (2009) **7.45** Movie: Mirror Mirror. (PG) (2012) **10.00** Movie: Hansel & Gretel: Witch Hunters. (MA15+) (2013) **11.45** WWE Smackdown. (MA15+) **12.45** Total Divas. (M) **1.45** Mike Tyson Mysteries. (MA15+) **2.00** Regular Show. (PG) **2.30** Pokémon The Series: Sun & Moon. **3.00** Ben 10. (PG) **3.30** Beyblade Burst. **4.00** Be Cool, Scooby-Doo! (PG) **4.30** Adv Time. (PG) **4.50** Power Rangers Dino Charge. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Tennis. Davis Cup. World Group. First round. Australia v Germany. Day 1. **5.00** The Chase Aust. Hosted by Andrew O'Keefe. **6.00** News. **7.00** Better Homes And Gardens. Return. Joh, Adam, Jason, Graham and Tara help a family finish off the renovations that they began years ago. **8.30** To Be Advised. **12.30** Travel Oz. Greg Grainger explores breathtaking scenery, unique cultures and wildlife around Australia. **1.00** The Great Outdoors. Takes a look at swimming with dolphins in Tahiti, and a cruise on the real Love Boat through Fiji. **2.00** Shopping. **4.00** The Great Outdoors. Jennifer Hawkins meets Shrek. **5.00** NBC Today. News and current affairs.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Match It. **7.30** It's Academic. **8.00** Larry The Lawnmower. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** Better Homes. **1.00** Catch Phrase. **2.00** Million Dollar Minute. **3.00** Last Chance Learners. (PG) **3.30** ICU. (PG) **4.00** Room For Improvement. **4.30** The Great Outdoors. **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) **7.30** Air Crash Investigation. (PG) **8.30** Selling Houses Aust. The team attempts to help a man whose home is located just three metres away from railway tracks in Heathcote. **10.30** To Build Or Not To Build. **11.30** Bargain Hunt. (PG) **12.30** Room For Improvement. **1.00** Psychic TV. (M) **4.00** Seven Year Switch. (M) **5.00** Million Dollar Minute.

TEN

6.00 GCBC. **6.30** Alive And Cooking. **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (M) **1.00** Bondi Vet. (PG) **2.00** Ent. Tonight. **2.30** Neighbours. **3.00** Judge Judy. (PG) **3.30** Everyday Gourmet. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. Two families try to win big prizes by guessing the most popular responses to a survey of the public. **6.30** The Project. A look at the day's news. **7.30** Cricket. Big Bash League. Second semi-final. **10.10** The Graham Norton Show. (M) Graham Norton chats with Tom Cruise, Annabelle Wallis and Zac Efron. **11.00** The Project. A look at the day's news. **12.00** Stephen Colbert. (PG) Hosted by Stephen Colbert. **1.00** Shopping.

ONE

6.00 Home Shopping. **8.00** Cricket. Big Bash League. First semi-final. Replay. **12.00** Happy Days. (PG) **1.00** Get Smart. (PG) **2.00** Cricket. Women's Big Bash League. Second Semi-final. **5.30** Whacked Out Sports. (PG) **6.00** Hogan's Heroes. **6.30** Happy Days. (PG) **7.30** MacGyver. (PG) **8.30** Walker, Texas Ranger. (M) **10.30** Movie: The Mule. (MA15+) (2014) Angus Sampson, Hugo Weaving, Leigh Whannell. **12.30** Home Shopping. **2.00** Cricket. Women's Big Bash League. First semi-final. Replay. **5.30** Whacked Out Sports. (PG)

ABC

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Antiques Roadshow. **11.00** Classic Countdown. (PG) **12.00** ABC News At Noon. **1.00** One Plus One. **1.30** Meet The Mavericks. (M) **1.55** Call The Midwife. (M) **2.55** Dream Gardens. **3.25** Doctor Who. (PG) **4.15** Pointless. **5.00** ABC News At Five. **5.10** The Drum. **6.00** Classic Countdown. (PG) Final. **7.00** ABC News. **7.30** Gardening Australia. **8.30** Vera. (M) **10.05** Griff's Great Britain. **10.25** ABC Late News. **10.55** Shaun Micallef's MAD AS HELL. (M) **11.25** Basketball. NBL. Round 17. Perth Wildcats v Adelaide 36ers. From Perth Arena. **1.10** Rage. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **5.55** Hey Duggee. **6.00** Octonauts. **6.15** Peter Rabbit. **6.25** Go Jetters. **6.40** Dot. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Hard Quiz. (PG) **8.30** Shaun Micallef's MAD AS HELL. (M) **9.00** Tonightly With Tom Ballard. (M) **9.30** Upstart Crow. (M) New. **10.00** The Thick Of It. (M) **10.30** Buzzcocks. (M) **11.05** The Office. (M) **11.25** 30 Rock. (PG) **11.45** Parks And Recreation. (PG) **12.05** Tonightly With Tom Ballard. (M) **12.35** Buzzcocks. (M) **1.10** The Office. (M) **1.30** 30 Rock. (PG) **1.50** Parks And Recreation. (PG) **2.10** News Update. **2.15** Close. **5.00** Lily's Driftwood Bay. **5.05** Arthur. **5.30** Curious George.

SBS

6.00 WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Bon Appetit! Gérard Depardieu's Europe. (PG) **3.00** Bon Appetit! Gérard Depardieu's Europe. (PG) **3.55** Made In Italy. **4.25** Cycling. Herald Sun Tour. Stage 1. Colac to Warrnambool. 161.6 km. Highlights. **5.30** Letters And Numbers. **6.00** Food Safari. **6.30** News. **7.30** Human Planet. **8.30** 24 Hours In Emergency. (M) **9.30** Movie: Frost/Nixon. (2008) **11.40** SBS News. **12.10** Movie: Fado. (2016) **2.00** Vikings. (M) **2.50** Vikings. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. **12.00** Battle For Money. (PG) **1.45** Rise. (PG) **2.35** Dara Ó Briain: School Of Hard Sums. **3.30** Des Bishop: Breaking China. (PG) **4.00** The Mindy Project. (PG) **4.30** The Pizza Show. (PG) **4.55** News. **5.25** If You Are The One. **6.35** It's Suppertime! **7.00** It's Suppertime! **7.30** Batman. (PG) **8.00** Batman. (PG) **8.30** Adam Looking For Eve: Finland. (MA15+) **9.20** Harlots. **10.20** Harlots. **11.15** The Therapist. (M) **11.40** The Therapist. (MA15+) **12.05** Cucumber. (MA15+) **1.00** Banana. (M) **1.25** News. **1.55** Desus And Mero. **2.20** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



MOVIES

6.35pm xXx: Return Of Xander Cage (2017) Action. Vin Diesel, Ruby Rose. (M) **Premiere** **8.30pm** The Godfather (1972) Crime. (MA15+) **Masterpiece** **10.40pm** Failure To Launch (2006) Romance. Matthew McConaughey, Sarah Jessica Parker. (M) **Romance**

GENERAL

8.30pm It's Always Sunny In Philadelphia. (M) **Comedy Channel** **11.30pm** Comic Book Men. (PG) A&E

DOCUMENTARY

8.30pm Lion Kingdom. (PG) **National Geographic Wild** **9.30pm** The Island With Bear Grylls. (PG) **Discovery Science** **10.30pm** Street Justice: The Bronx. (M) **Discovery**

SPORT

7.30pm Football. AFL Women's. Round 1. Carlton v Collingwood. **Fox Footy** **7.30pm** Basketball. NBL. Round 17. Illawarra Hawks v New Zealand Breakers. **Fox Sports** **5.03**

0202

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

After our Christmas break it was time to welcome back everyone to a whole new year of fun and friendship. There was lots of hugs and excitement as we got to see all of our friends again. January birthday ladies were also celebrated with a song and delicious chocolate cake. So much to look forward to this year in our very special Group.

Tuesday 30th January 2018 – Bus trip to Maleny Dairy. Bus departs from the old Masters Car Park at 8am and will return approximately 4pm. Members Only.

Tuesday 4th February 2018 - Our first General Meeting for 2018. Visitors welcome.

Our meetings are open to all women in North Lakes/Mango Hill – Moreton Bay District. Please refer to our listing under the Community Notice Board. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.

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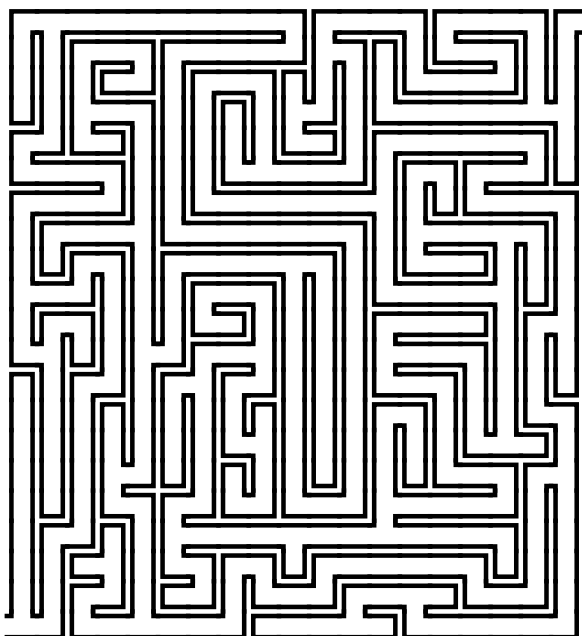
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AMAZING MAZES



CROSSWORD SOLUTION FROM LAST ISSUE

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Crossword 6502

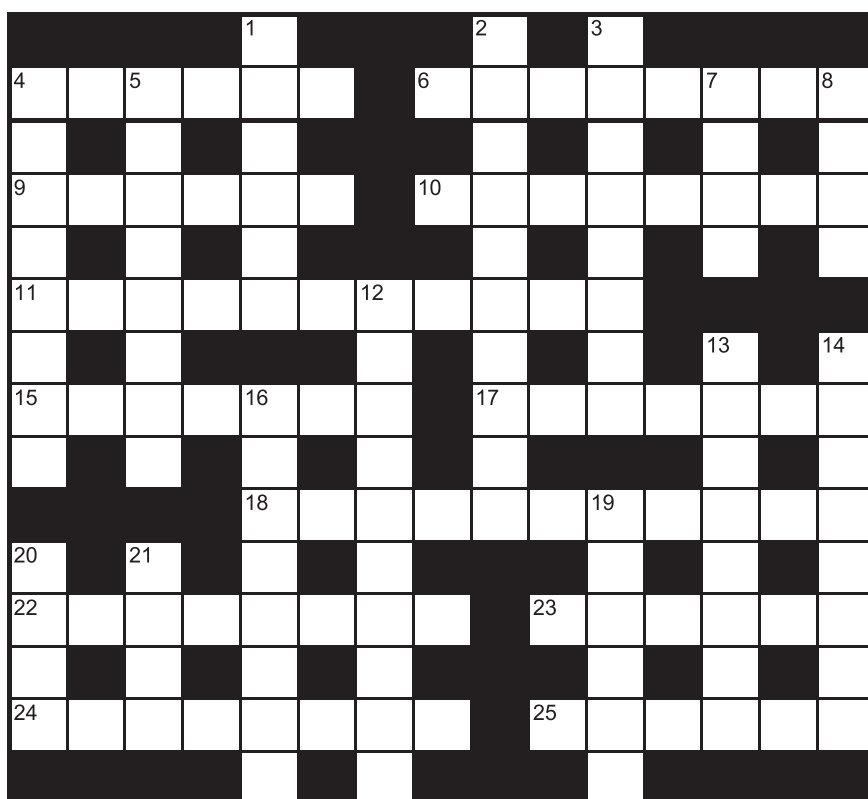
Handcrafted by "Local Hero" Laurie Stibbe with a fresh copy of Office 2010

ACROSS

- 4 Basement
- 6 Lens control on camera
- 9 Area above or below equator
- 10 Clothing for men
- 11 Rapid training program (5,6)
- 15 Automaton resembling a man
- 17 Being born, or beginning
- 18 Solidification by freezing
- 22 Fundamental feeling of delight
- 23 Iguana
- 24 Fondle or pet affectionately
- 25 Laughed at with contempt

DOWN

- 1 Local church community
- 2 Event of coming into view
- 3 Flourishes
- 4 Dolphin or whale
- 5 da Vinci's christian name
- 7 Computer operator
- 8 Merit
- 12 Under normal conditions
- 13 Amateur, novice
- 14 Criterion
- 16 Social function
- 19 Regarded with deep love
- 20 Long narrative poem
- 21 Intend



COMMUNITY NOTICE BOARD ONLINE

Are you looking for something to do? Visit the region's foremost community guide where you'll find like-minded individuals of all interests, events, local special interest groups for all ages, guidance and support if you need it.

www.northlakemessenger.com.au

The Community Notice Board is a free service provided by the Messenger for community, social and non-profit organisations

To post email: community@northlakemessenger.com.au

- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise



SAVING FOR YOUR FIRST HOME? LISTEN UP

Lower your taxable income via super salary sacrificing

Saving for your first home deposit can sometimes feel overwhelming - but thanks to the introduction of the 'First Home Super Saver Scheme', locals will be able to save for their deposit faster.

First announced last May in the Federal Budget, the First Home Super Saver Scheme (FHSSS) gives a leg up to aspiring homeowners aged 18 years or older, who have never owned real property in Australia or are experiencing financial hardship, to put some super towards a home deposit.

The scheme works like salary sacrificing via superannuation; you make voluntary contributions, withdrawing them later (along with the earnings) for a deposit on a home.

"This is great news for locals. Instead of paying tax, they will be able to salary sacrifice up to \$15,000 per year straight into their superannuation," Luke Howarth MP, Federal Member for Petrie said.

"For example someone earning \$60,000 will be able to salary sacrifice \$15,000, bringing their taxable income to \$45,000 per year -



saving them \$5,759 in taxes over two years".

"It's also like a forced savings plan as

*RATHER THAN PAYING TAX
ON YOUR HEARD EARNT
DOLLARS, IT WILL GO
TOWARDS YOUR FIRST HOME
DEPOSIT*

individuals cannot withdraw their money for any other reason than buying their first home or retiring".

From 1 July 2018, first home buyers will be able to withdraw voluntary superannuation contributions they've made since 1 July 2017, along with any interest they have earned to help buy their first home.

"The bottom line is, this is a super saver scheme; rather than paying tax on your heard earned dollars, it will go towards your first home deposit" said Mr Howarth.

If you would like more information about the First Home Super Saver Scheme contact Luke Howarth's office on 07 3284 8008 or luke.howarth.mp@aph.gov.au.



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A word from our clients...

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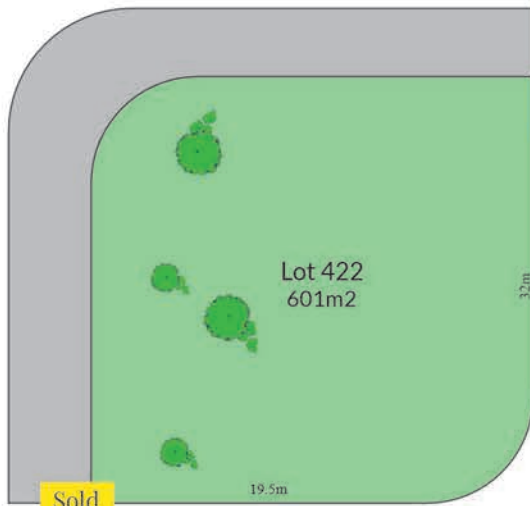
His marketing strategy worked perfectly and he achieved the price and time of sale just as he predicted.

He returns every call or text in a timely manner and always has good news! Very happy to recommend Darren to anyone trying to decide on a sales agent.

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